

KASSAA Track & Field

Playing Regulations

Revised February 2012

Members of the KASSAA Track and Field Sport Advisory Committee:

Chairperson: Kim James (Kingston CVI)

Members:

- Leslie Lawlor, Sydenham HS
- Shannon Niemi, Bayridge SS
- Laura McDowell, LaSalle SS
- Joanna Besselink, RND
- Marie Hulse, HCCSS
- Tom Worthy, Napanee DSS
- Darcelle McCutcheon, Frontenac SS
- Tanya Heyman, Earnestown SS
- Mel Robinson, Sharbot Lake HS
- Loyalist CVI
- QECVI
- ESC, Marie-Rivier

PLAYING REGULATIONS

1. Date:

The KASSAA Co-educational Track and Field Championship shall be held on the Wednesday / Thursday three (3) weeks prior to the OFSAA Track and Field Championships unless extraordinary circumstances dictate a change.

2. Location:

The location of the Championship shall be decided not later than the first (1st) week of April by the meet convenor.

3. Events and Classifications:

Competition shall be conducted in three (3) age classifications:

SENIOR: The individual's birth certificate indicates that he/she has not yet reached his/her 19th birthday by January 1st prior to the start of the school year in which the competition is held.

JUNIOR: The individual's birth certificate indicates that he/she has not yet reached his/her 15th birthday by January 1st prior to the start of the school year in which the competition is held.

MIDGET: The individual's birth certificate indicates that he/she has not yet reached his/her 14th birthday by January 1st prior to the start of the school year in which the competition is held. Students may compete in this category for one year only in Grade 9.

Girls' Events:

Midget, Junior, Senior 80/100 metre hurdles

100 metres

200 metres

300/400 metre hurdles

400 metres

800 metres

1500 metres

3000 metres

4x 100 metre Relays

High Jump

Long Jump

Triple Jump

Pole Vault
Shot Put
Discus Throw
Javelin Throw
Physically Disabled
800 metre Blind
100 metre Ambulatory
800 metre Wheelchair
Open
4 x 400 metre Relay
1500 metre Steeple Chase

Boy' Events:

Midget, Junior, Senior100/110 metre hurdles

100 metres
200 metres
300/400 metre hurdles
400 metres
800 metres
1500 metres
3000 metres
4x 100 metre Relays
High Jump
Long Jump
Triple Jump
Pole Vault
Shot Put
Discus Throw
Javelin Throw
Physically Disabled
1500 metre Blind
100 metre Ambulatory
1500 metre Wheelchair
Open
4 x 400 metre Relay
2000 metre Steeple Chase

4. Meet Structure:

(a) The meet shall be conducted over one and a half (1.5) days. Events will begin on Wednesday no earlier than 4:00 p.m. and will begin no earlier than 9:00 a.m. on Thursday. The schedule is

attached and any changes must be approved by the KASSAA Track and Field Advisory Committee no later than 4 weeks prior to the Championship.

(b) Qualification From Heats to Finals

(i) sprint hurdles, 100m, 200m:

- 6-Lane Track - the winner in each of four (4) heats and the next two (2) fastest times qualify for final;

- 8-Lane Track - top two (2) finishers in each of three (3) heats and next two (2) fastest times qualify for final;

(ii) For lane designated events, a run-off for all competitors who are tied for the final qualifying position will be conducted.

(c) Starts in Distance Races

(i) in 800m:

6 Lane Track - a box start shall be used in the heats and final;

8 Lane Track - a lane start shall be used in the heats and finals;

(ii) in 1500m and 2000m races, a common start shall be used in all timed finals;

(iii) for 3000m races, there will be two alleys

Inside alley (2/3 of the field – slowest group)

Outside alley (1/3 of the field – fastest group)

5. Entry:

a) Each school is permitted the following entries

Event	MB	JB	SB	OB	MG	JG	SG	OG
100m	4	4	4		4	4	4	
200m	4	4	4		4	4	4	
400m	4	4	4		4	4	4	
800m	4	4	4		4	4	4	
1500m	4	4	4		4	4	4	

3000m	4	4	4		4	4	4	
Sprint Hurdles	4	4	4		4	4	4	
Long Hurdles	4	4	4		4	4	4	
Long Jump	4	4	4		4	4	4	
Triple Jump	4	4	4		4	4	4	
High Jump	4	4	4		4	4	4	
Shot Put	4	4	4		4	4	4	
Discus	4	4	4		4	4	4	
Javelin	4	4	4		4	4	4	
Pole Vault	4	4	4		4	4	4	
4x100m	1	1	1		1	1	1	
4x400m				1				1
Steeple Chase				4				4

(b) Entries will be accepted from staff advisor/teacher coach or designates only.

(c) A competitor may enter any three (3) individual events in the same age class or open class. In addition, a competitor may enter one (1) open relay and one (1) age-class relay provided he/she is not over-age for the age-class relay in which he/she is competing (e.g. a 16-year old may compete in the junior or senior relays). Schools are limited to one relay team per event at the KASSAA Championship.

(d) Entries must be received by the designated Entry Coordinator one week prior to the competition. An entry list will be posted on the KASSAA website on the Monday morning prior to the Championship. All scratches and/or changes must be made via email to the Entry Coordinator that day by 4pm. A revised entry list will be posted on the KASSAA website on the Tuesday morning. Once this list is posted, there will be no additional changes.

6. Expenses:

An Entry Fee shall be charged which shall be sufficient to cover the operating costs of the meet. Schools are responsible for the entry fee of all athletes they have entered by the conclusion of the coaches meeting on the morning of the meet. Any School that does not meet its entry fee commitment after it has declared an entry into the Championship will be required to submit the entry fee and a report will be made to the KASSAA Executive.

Those schools having entries are responsible for arranging and financing their own travel, meals and accommodation for the event if necessary.

7. Rules and Officials:

Revisions to rules governing competition at the KASSAA Championship shall be reviewed by the Track and Field Sport Advisory Committee and approved by KASSAA prior to implementation at any Championship.

(a) In order to clarify rules of competition the following order of interpretation will be used:

- (i) KASSAA, EOSSAA, OFSAA Rules;
- (ii) IAAF Handbook.

(b) Starting blocks do not have to be used by competitors.

(c) Infractions, whether of a technical nature or related to the behaviour of participants, shall be reported to the head referee who shall make a decision. Appeals to that decision, if of a technical nature or if related to behaviour, shall be directed to the Jury of Appeal.

(d) For relay races a school may list five (5) runners for any relay team. A school must declare four (4) relay runners in the marshalling area prior to the final.

(e) Athletes who scratch from a final event after qualifying in a heat shall be ineligible to compete for the remainder of the day in any other events including relays.

** This rule does apply to athletes who run heats of the 100m, 200m, or sprint hurdles and then scratch from the final of that event. **

** This rule does not apply to athletes who advance automatically to a final due to scratches or 'no-shows' at the heats. **

** This rule does not apply to events run a timed section finals (300/400m hurdles, 400m, 800m) or straight finals (1500m, 3000m, steeplechase). **

(f) Field event athletes must report before the final trial in the third round to be eligible to compete in the event.

(g) Once officials assemble to determine the final eight in a field event, the third round is over and no further throws/jumps shall be allowed.

(h) The starting heights for high jump and pole vault shall be determined by the meet convenor based on the minimum seed submitted from school entries.

- (i) The Convenor shall be responsible for supplying competent officials for the meet.

8. Referees:

The KASSAA Championship meet will have three referees with the authority to disqualify competitors from their event. The three referees will consist of the KASSAA Championship Convenor, the Track Referee and the Field Referee. Any decision by a referee to disqualify an athlete will be communicated to the Head Coach of the School of the disqualified athlete and to the results and scoring area.

Any disputes with the decision of a referee should be forwarded to the Jury of Appeal through the convenor.

9. Jury of Appeal:

The Jury of Appeal shall consist of three (3) individuals from different KASSAA schools appointed by the Championship Convenor. The Jury of Appeal shall handle disputes which fall within the realm of:

- (a) Tournament Structure and Procedure;
- (b) Rules and Officials;
- (c) Uniforms and Equipment;
- (d) Scoring.

A dispute must be submitted in writing to the Convenor within thirty (30) minutes of the conclusion of the event in which the incident under dispute occurred. Decisions of the Jury of Appeal shall be final for the duration of the meet.

The Jury may call witnesses and view video tape evidence of the incident as deemed appropriate by the members of the Jury.

A report of the Jury of Appeal decisions shall be forwarded to the KASSAA Executive.

10. Seeding:

- (a) Seeding will be done in order to spread the fastest qualifying times evenly throughout the heats and shall be done randomly in lane designated events from lanes one to eight.

(b) Seeding for the finals will be done from heat times based on the following seeding order

6 Lane Track	8 Lane Track
1 st – Lane 3	1 st – Lane 4
2 nd – Lane 4	2 nd – Lane 5
3 rd – Lane 2	3 rd – Lane 3
4 th – Lane 5	4 th – Lane 6
5 th – Lane 1	5 th – Lane 2
6 th – Lane 6	6 th – Lane 7
	7 th – Lane 1
	8 th – Lane 8

(c) A random draw of order will be used for the all field events.

11. Uniform:

(a) Competitors must compete in their school uniforms. All competitors are expected to dress in uniforms that are neat, clean and which maintain the integrity of the school's name, colours and logos. No sport club insignia on uniforms shall be permitted. A sport club is defined as a community, provincially or nationally based organization whose primary purpose is participation in organized competition in single or multi sport programs.

(b) The tops of all four (4) relay competitors must be identical.

12. Facility and Equipment Specifications:

Whenever possible, the meet should be held on an 8-lane track to accommodate the number of entries in the allotted time.

13. Scoring:

(a) To determine division winners and overall school Champions, the following point system shall be used:

1st - 10 points; 2nd - 8 points; 3rd - 6 points; 4th - 5 points;
5th - 4 points; 6th - 3 points; 7th – 2 points; 8th – 1 point.

14. Awards:

Individual: KASSAA medallions shall be presented to the first (1st) place finishers in each event. KASSAA ribbons shall be presented to the second through sixth place finishers in each event.

Team: the overall winning school team will receive the Championship Trophy to be retained by their school until the subsequent Championship.

15. Eligibility of Coaches:

The coach and/or staff advisor (other than student assistants) shall be a member of the teaching staff concerned unless otherwise designated by the principal of the school.

16. Athlete Eligibility:

To represent a school in any activity co-ordinated by the Federation a student must:

- (i) be eligible for competition under the Constitution, By-Laws and Standing Rules (Playing Regulations) of the Association to which his/her school belongs;
- (ii) be certified as eligible by the Principal of the school and a teacher coach / staff advisor of the school;
- (iii) meet the age requirements as listed in Section 3;
- (iv) be in Grades 9-12;
- (v) be eligible under the OFSAA Transfer Policy (By-Law 5, Section 4(f));
- (vi) be eligible for no more than five (5) consecutive years from date of entry into Grade 9 (By-Law 5, Section 4(g));
- (vii) have signed the Rules of Behaviour signature form for the competition.
- (viii) Any athlete participating in an OFSAA Championship or an OFSAA qualifying event must have participated as a member of a bona fide high school program during the school season (April to June), in a minimum number of practices (twelve (12)), at a location where the majority of their high school practices are held under the supervision of a teacher-coach as certified by the school principal.

17. Medical:

Qualified first-aid personnel and equipment shall be available at the Championship site. Coaches shall provide all consumable medical supplies (e.g. tape, bandaids) for their athletes.

Revised February 2012

SCHEDULE

2014 KASSAA TRACK & FIELD CHAMPIONSHIP - TRACK EVENTS

WEDNESDAY MAY 14TH, 2014

TIME	EVENT	TYPE	ORDER
3:00	200m	Heats/Finals	MG, MB, JG, JB, SG, SB
3:40	300/400m Hurdles	Timed Finals	MG, JG, SG, MB, JB, SB
4:20	1500m	Timed Finals	MG, MB, JG, JB, SG, SB
5:20	200m	Finals	If needed - MG, MB, JG, JB, SG, SB

THURSDAY MAY 15TH, 2014

TIME	EVENT	TYPE	ORDER
8:45	COACHES MEETING		
9:15	1500m Steeplechase	Final	OG
	2000m Steeplechase	Final	OB
9:30	OPENING CEREMONIES		
9:45	80/100/110 Hurdles	Heats	MG, JG, SG, MB, JB, SB
10:30	100m	Heats	MG, MB, JG, JB, SG, SB, AG, AB, IDG, IDB, VIG, VIB
11:30	800m (Box Start)	Timed Finals	MG, MB, JG, JB, SG, SB, VIG, VIB, AG, AB

12:15	100m	Finals	MG, MB, JG, JB, SG, SB
12:35	80/100/110 Hurdles	Finals	MG, JG, SG, MB, JB, SB
Track break, change in finish line crew			
1:30	3000m	Finals	MG, JG, SG (combined)
1:50	400m	Timed Finals	MG, MB, JG, JB, SG, SB, WCG, WCB
2:30	4 x 100m Relays	Timed Finals	SG, SB, JG, JB, MG, MB
3:00	3000m	Finals	MB, JB (combined)
3:15	3000m	Final	SB
3:30	4 x 400m Relays	Timed Finals	OG, OB

2014 KASSAA TRACK & FIELD CHAMPIONSHIP - FIELD EVENTS

WEDNESDAY MAY 14TH, 2014 (RICHARDSON STADIUM)

TIME	MIDGET GIRLS JUNIOR GIRLS	SENIOR GIRLS	MIDGET BOYS	JUNIOR BOYS	SENIOR BOYS
2:00	Discus		Javelin		
3:00		Discus		Javelin	
4:00	Javelin				Discus
5:00		Javelin	Discus		
6:00				Discus	Javelin

THURSDAY MAY 15TH, 2014 (INVISTA CENTRE)

TIME	MIDGET GIRLS	JUNIOR GIRLS	SENIOR GIRLS	MIDGET BOYS	JUNIOR BOYS	SENIOR BOYS
9:00	Long Jump	Triple Jump	High Jump	Shot Put		
10:15	Shot Put			Long Jump	Triple Jump	High Jump
10:30	Girls Pole Vault					

11:30		Shot Put		High Jump	Long Jump	Triple Jump
12:45	High Jump	Long Jump	Triple Jump		Shot Put	
1:00				Boys Pole Vault		
2:00	Triple Jump	High Jump	Long Jump			Shot Put
3:15			Shot Put	Triple Jump	High Jump	Long Jump

Approved June 2013