

KASSAA GIRLS FIELD HOCKEY PLAYING REGULATIONS

June 2013

These playing regulations are for use in the KASSAA/local association field hockey league. It contains information specifically for coaches, convenors, athletic directors and principals.

Any changes to this KASSAA sport guideline should be done at the end of a sporting season and be submitted to the KASSAA Executive, the KASSAA Convener and School Athletic Directors to be discussed at the next KASSAA General Meeting for ratification.

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A. Eligibility of Players

All competitors in K.A.S.S.A.A. contests must be eligible under the KASSAA Constitution eligibility rules and OFSAA transfer policy, as follows :

- A.1 To represent a school in any Championship co-ordinated by the Federation a student must:
 - A.1.1 be eligible for competition under the Constitution, By-Laws and Standing Rules of the Association to which his/her school belongs;
 - A.1.2 be certified as eligible by the principal of the school;
 - A.1.3 meet the following age requirements as outlined in the [OFSAA Bylaws-Bylaw 5; Eligibility for Competition](#)
 - A.1.4 be enroled in grades 9-12
- A.2 All students are eligible for a maximum of five (5) years competition from date of entry into grade nine (9)
- A.3 All students must meet the Ministry of Education and Training Full Time Equivalent requirements to be eligible to participation KASSAA sports. For KASSAA competition students must be enrolled in 3 courses in the semester in which the KASSAA competition takes place. Students must be enrolled in 6 courses over the entire school year in which competition takes place.

- A.4 All participants should be stimulated to achieve creditable academic progress to make a contribution to the general educational program of the school.
- A.5 Players must be listed on at least one regular league match sheet for a team in order to be eligible to play for that team in playoffs.
- A.6 Penalties - any contest in which an ineligible contestant participates shall be reviewed for possible sanctioning of the team using the ineligible player. This review and possible penalty shall be applied, subject to appeal to the Board of Reference, even though a formal protest has not been made.
- A.7 Professional players - Any student who participates in organized practice or game, at which or from which there is remuneration, shall be ineligible for secondary school competition, in that activity for one year from the date of such participation.
- A.8 That a player who is suspended by the Athletic Coordinator on two occasions is henceforth suspended for the remainder of the seasons, including playoffs, in that activity. Please see [Appendix 1 – Code of Behaviour and Appendix 2 – Ejections](#) in the KASSAA constitution.
- A.9 That ejection from a game should be judged, as to further action, on the merits of each the individual case. However, ejections involving flagrant or repeated personal abuse to the officials should constitute an automatic game suspension from the game following the contest, including playoff games, where the ejection took place. This is a minimum requirement. Please see [Appendix 1 – Code of Behaviour and Appendix 2 – Ejections](#) in the KASSAA constitution.
- A.10 For a player to be eligible to play an activity, his/her name must be included on a “certified KASSAA-EOSSAA eligibility list” of all players for that school. This involves the proper completion of and submission to the KASSAA Athletic Coordinator of a team roster using the OFSAA AELS on-line registration system.

Eligibility of Coaches

- A.11 The coach and/or staff advisor (other than student assistants) shall be a member of the teaching staff of the schools involved in the competition.

Eligibility Procedure

- A.12 The Athletic Director in each school shall be responsible for ensuring that the compiling and forwarding of certified KASSAA-EOSSAA eligibility lists of each team be sent to the KASSAA Athletic Coordinator for the activity concerned.
- A.13 All KASSAA schools/teams agree that the OFSAA AELS on-line registration system will be used to electronically forward eligibility lists to the KASSAA Convener.
- A.14 The certified eligibility list must be in the possession of the KASSAA Convener Athletic Coordinator before the second league game.

B. Games and League Structure

- B.1 The KASSAA Athletic Coordinator is to be responsible for the league schedule in cooperation with other fall sports that use the playing fields.
- B.2 Where possible, the order of games will rotate each year, putting the last game of the previous season first, and moving each subsequent game ahead one spot, and reversing the home and away teams.
- B.3 The league schedule will be a single round-robin consistent with the guidelines for scheduling. Please see the K.A.S.S.A.A. Constitution (www.kassaa.ca).
- B.4 Ties at the end of the regular season will be broken using the accepted KASSAA tie-breaking procedure. Please see the K.A.S.S.A.A. Constitution (www.kassaa.ca).
- B.5 The KASSAA Final should be held at least one day before EOSSAA. (Currently – June 2013 – KASSAA is the only EOSSAA association offering Field Hockey)
- B.6 The Deadline for Registration for the OFSAA Championship tournament is posted on the OFSAA web site (www.ofsaa.on.ca) A full registration package using the OFSAA AELS system is also linked to the OFSAA site.
- B.7 Points in league play will be awarded as follows: 2 points for a win, 1 point for a tie, and 0 points for a loss. The winning coach will report the game results (in the case of a tie the home team coach will report) to the KASSAA Athletic Coordinator and the media by using the KASSAA website on-line game report form.
- B.8 Cancelled or rescheduled games:
- B.8.1 Games may be cancelled under the following conditions: decision of the KASSAA Athletic Coordinator; inclement weather; unsafe field.
- B.8.2 The host school's Athletic Director in consultation with the KASSAA Athletic Coordinator will determine if the game is to proceed by 12:00 on the day of the game.
- B.8.3 The KASSAA Athletic Coordinator will inform the opponent and official(s) immediately.
- B.8.4 The KASSAA Athletic Coordinator in consultation with the Athletic Directors from the involved schools will reschedule the game.
- B.9 Where there is a default, the score will be recorded as 1-0 in favour of the non-defaulting team.

C. Playoffs

- C.1 As many teams as possible, up to eight, will participate in the playoffs. Positions for the playoffs will be determined by final league standings.
- C.2 Quarterfinals will take place as follows: A. 8th at 1st B. 7th at 2nd C. 6th at 3rd D. 5th at 4th. The higher seeded team will host this game.
- C.3 Semi-finals will take place as follows: winners of quarterfinals will compete against the higher seeded teams with higher seeded teams hosting the semi final games.
- C.4 The final will be played between the winners of the semi-finals.
- C.5 The final will be played on a neutral turf field to be organized by the KASSAA Athletic Coordinator with direction from the KASSAA pre-season sport group meeting, and if the neutral turf field is not available, the final will be held at the home field of the highest seeded finalist.

D. Expenses

- D.1 The home team is responsible for the lining of the field.
- D.2 The visiting team is responsible for its transportation.
- D.3 In the event that the final game is played on a neutral field, the expenses will be paid from fees collected by the KASSAA Athletic Coordinator.
- D.4 Fees for all regular season games and playoffs will be assessed by the KASSAA Convener Athletic Coordinator and communicated to the Athletic Director in each participating school.

E. Uniforms and Equipment

- E.1 Players must wear shin and mouth guards.
- E.2 The removal of mandatory equipment by a player during a game shall result in the following penalties:
 - E.2.1 for the first offence, the player must be removed from the field for a minimum of one (1) minute, The team has the option of substituting, or of playing short-handed for that 1 minute.
 - E.2.2 for the second offence, a player shall receive a five (5) minute temporary suspension (yellow card).
 - E.2.3 for the third offence, a player shall be expelled from the game (red card).
- E.3 Skirts are preferred, but other school uniforms are acceptable. The visible shirts/sweaters of all team members except the Goal Keeper must be the same

colour, and a team's knee socks must be identical. All team members must be dressed in identical skirts or shorts. If any visible clothing is worn under the skirts or shorts, it must be identical for all team members and socks are to be pulled up to knee height

- E.4 Players must have a clearly visible number (6" high, maximum 2-digit) on the back of their outer clothing.
- E.5 The goalkeeper or designated kicking-back must wear a CSA approved helmet with face protection. A match cannot start nor continue without a goalkeeper wearing a helmet, including during a penalty stroke, unless she is the stroke-taker. No other player may wear a helmet. The goalkeeper's hand protectors may not measure more than 9 inches wide or 13 inches long.
- E.6 The goalkeeper must wear a sweater of a different colour from her own and the opposing team. Any protective equipment must be worn under the sweater.
- E.7 All competitors are expected to dress in uniforms that are neat, clean, and which maintain the integrity of the school's name, colours, and logo. If opposing team jerseys match home team jerseys, home team must wear pinnies. If opposing team socks match home team socks, home team must vary sock colour with tape.
- E.8 Seamless plastic, coloured hockey balls as approved by FHO shall be used.
- E.9 The stick's head must be curved, and be constructed from either wood or composite materials and have rounded edges and no manufactured holes, indentations, or additions. The remainder of the stick shall not include metal or any metallic substance. Any curvature along the length of the stick (the rake or bow) must have a continuous smooth profile along the whole length, must occur along the flat side or the back of the stick but not both and is limited to a depth of 25mm.
- E.10 Indoor sticks are permitted in the outdoor game.

F. Fields and Goals

- F.1 The field measures 91.4m long X 55m wide.
- F.2 The lines on the field should comply with Field Hockey regulations, including the penalty stroke mark, hash marks 5m from the sideline and broken lines are marked with their outer edges 5 meters from the other edge of each circle-line.
- F.3 Fields are not to be marked in any other way other than the official lines. In some cases it may be that lines for football are also marked.

- F.4 Players may not throw any object or piece of playing equipment onto the field, at the ball, at another player, or at an umpire.
- F.5 The goal frames must be regulation size (2.14m X3.66m), have proper netting, and be deemed safe by the umpire. Backboards measuring 460mm in height must line the interior of the goal frames. No game should be played on a field which does not comply.

G. Umpires

- G.1 The KASSAA Athletic Coordinator will arrange payment of umpires according to the agreed to fee schedule and including travel expenses.
- G.2 Two umpires should be scheduled for a game, if possible.
- G.3 Two umpires must be used for the semi-finals and final game.

H. Rules of Play

- H.1 The rules of the International Field Hockey Federation shall govern play in KASSAA with the following exceptions:

H.1.1 length of game - two (2) thirty-minute halves with a five (5)-minute half-time break (ii) substitution: the IFH interchange rule shall be in effect with the following proviso: "Players must leave and enter the field near the centre line on the same side as the team bench," (iii) after a penalty corner hit-out, the ball must be stopped, at some time, outside the circle before a shot on goal is taken. (iv) when free hits, hit-ins, and long corners are taken within the 23m area, all players (other than the taker) must be 5m from the ball and the ball must not be played into the circle until it has travelled at least 5m or has been touched by a player of either team other than the player taking the free hit after travelling at least 5m.

H.1.2 Coaches and team benches – all team personnel should remain within the vicinity of their bench, on the same side of the field, and must remain between the 23m line and the half-line at the end of the field where their bench is located.

H.1.3 Cards

H.1.3.1 A second card of the same colour (or lower) to the same player or for the same offence should not be given.

H.1.3.2 When a yellow card is awarded, a minimum five (5) minutes

may be appropriate for a verbal offence or other minor offences. There is no need to indicate the length of the suspension, and it may be longer.

H.1.3.3 For physical offences, the suspension should be lengthened to ten (10) minutes, and go upwards, depending on the strength of the offence.

H.1.3.4 The suspended player(s) will stand in a designated area behind her team's goal.

H.1.3.5 The suspended player(s) will be signaled to return to play at an appropriate stoppage of play by the use of a double whistle.

H.2. KASSAA coaches are expected to keep themselves apprised of new and revised rules. Please note the following rule interpretations as of 2011:

- centre pass, hit-ins, corners (rule 6.4)
- use of stick (rule 9.2)
- raised ball (rule 9.8-9)
- obstruction (rule 9.12)
- time wasting (rule 9.17)
- manufactured fouls
- penalties - free hits - penalty corner - penalty stroke (rule 12)
- misconduct (please note that the captain, not the coach, is allowed to communicate with the umpire)
- injuries (bleeding)

I. Ties

I.1 Tied games in league play shall stand. Each team will be awarded one point in league standings.

I.2 In the event that teams tie for a position in the final standings, the KASSAA method for breaking tied positions shall be followed. See the KASSAA Constitution (www.kassaa.ca)

I.3 In the event of a tie at the end of regulation time in any playoff game;

I.3.1 After a five minute rest at the end of regulation, two (2) seven-and-a-half minute overtime periods shall be played. At half time the teams shall change ends and recommence play immediately.

- I.3.2 If the game remains tied at the conclusion of the first overtime, after a five (5) minute rest, a ten (10) minute sudden death overtime period shall be played. Teams will toss for choice of ends prior to the start of this overtime period.
- I.3.3 If still tied, each team will select any five (5) players from those listed on the match sheet, except a player who has received a red card or a temporary suspension at the end of the game. These five (5) players shall take penalty strokes alternately. The first team to shoot is decided by a coin toss. The winner shall be the team scoring the most goals.
- I.3.4 If the score is still tied, each team will send any five (5) players, and the process shall be repeated, except that the team that took the first stroke in the initial set shall take the second stroke in this set.
- I.3.5 If the score is still tied, a "sudden death" system will be used. Each team will alternately send one player to take a penalty stroke until the tie is broken. The order of stroking will change with each pair of penalty strokes. No player may take a second stroke in this series until any five (5) players listed on the match sheet (except any under permanent suspension or temporary suspension at the end of overtime) have taken one stroke.

J. Awards

- J.1 The winners of the playoffs are to;
 - J.1.1 receive the KASSAA Championship Trophy
 - J.1.2 receive KASSAA medals (25 medals in total) Extra medals may be ordered from the KASSAA Convener Athletic Coordinator and are to be paid for by the team.
 - J.1.3 represent KASSAA Girls' Field Hockey at the EOSSAA Championships if needed.
 - J.1.4 in the event that there is no challenger at the EOSSAA level, represent EOSSAA at the OFSAA championships.
- J.2 The second place team will receive KASSAA second place medals. (25 medals in total) Extra medals may be ordered from the KASSAA Athletic Coordinator and are to be paid for by the team.

K. First Aid

- K.1 Each team should have available at each of their KASSAA league games a first aid kit.
- K.2 A qualified first-aid person should be in attendance at the KASSAA final.