

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****Women 100 Meter Dash Midget**

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Name	Year	School	Prelims	Wind	H#
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KASSAA: * 12.40 5/11/2006 Jessica Keating, Bayridge S S-					
Preliminaries					
1	Jessa McAuliffe	Kingston - Kingston	13.60Q	NWI	2
2	Meagan Petrie	Sydenham - Sydenham	13.70Q	NWI	1
3	Keagan Davis-Burns	Kingston - Kingston	13.80Q	NWI	1
4	Portia Worthy	Fss - Kingston	14.10Q	NWI	2
5	Selena Buckle	Hccss - Kingston	14.60q	NWI	2
6	Catie Cole	Fss - Kingston	14.70q	NWI	2
7	Bria Wannamaker	Fss - Kingston	14.80q	NWI	1
8	Melissa Brown	Hccss - Kingston	15.00q	NWI	1
9	Justine Orr	Ernestown - Odessa	15.20	NWI	1
10	Katrina Bonderud	Ernestown - Odessa	15.50	NWI	2
10	Cally Keyes	Kingston - Kingston	15.50	NWI	2

**Women 100 Meter Dash Midget**

=====					
Name	Year	School	Finals	Wind	Points
=====					
KASSAA: * 12.40 5/11/2006 Jessica Keating, Bayridge S S-					
Finals					
1	Meagan Petrie	Sydenham - Sydenham	13.60	NWI	
2	Jessa McAuliffe	Kingston - Kingston	13.70	NWI	
3	Keagan Davis-Burns	Kingston - Kingston	13.90	NWI	
4	Portia Worthy	Fss - Kingston	14.20	NWI	
5	Selena Buckle	Hccss - Kingston	14.70	NWI	
6	Bria Wannamaker	Fss - Kingston	J14.70	NWI	
7	Catie Cole	Fss - Kingston	14.80	NWI	
8	Melissa Brown	Hccss - Kingston	15.00	NWI	

**Women 200 Meter Dash Midget**

=====					
Name	Year	School	Prelims	Wind	H#
=====					
KASSAA: * 26.50 5/15/2007 Kristen Mullen, Kingston CVI					
Preliminaries					
1	Meagan Petrie	Sydenham - Sydenham	28.10Q	NWI	1
2	Justine Orr	Ernestown - Odessa	29.50Q	NWI	2
3	Megan Farrow	Kingston - Kingston	28.40Q	NWI	1
4	Selena Buckle	Hccss - Kingston	29.60Q	NWI	2
5	Melissa Brown	Hccss - Kingston	29.40Q	NWI	1
6	Pauline Timmerman	Sydenham - Sydenham	29.80Q	NWI	2
7	Katrina Bonderud	Ernestown - Odessa	30.50q	NWI	1
8	Kate Jackson	Sydenham - Sydenham	30.90q	NWI	1
9	Molly Doherty	Hccss - Kingston	31.00	NWI	1

**Women 200 Meter Dash Midget**

=====					
Name	Year	School	Finals	Wind	Points
=====					
KASSAA: * 26.50 5/15/2007 Kristen Mullen, Kingston CVI					
Finals					
1	Meagan Petrie	Sydenham - Sydenham	27.90	NWI	

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2	Megan Farrow	Kingston - Kingston	28.10	NWI
3	Melissa Brown	Hccss - Kingston	29.40	NWI
4	Selena Buckle	Hccss - Kingston	29.60	NWI
5	Justine Orr	Ernestown - Odessa	29.90	NWI
6	Pauline Timmerman	Sydenham - Sydenham	31.10	NWI
7	Katrina Bonderud	Ernestown - Odessa	31.20	NWI

**Women 400 Meter Dash Midget**

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KASSAA: * 1:03.80 5/11/2006 Laura Ogilvie, Frontenac S S				
Name	Year	School	Finals	Points
=====				
1	Beth Farnell	Kingston - Kingston	1:04.00	
2	Jessa McAuliffe	Kingston - Kingston	1:07.40	
3	Molly Doherty	Hccss - Kingston	1:11.70	

**Women 800 Meter Run Midget**

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KASSAA: * 2:27.70 2005 Catherine Farish, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1	Cleo Boyd	Fss - Kingston	2:28.80	
2	Michela Gossage	Sydenham - Sydenham	2:30.20	
3	Nicole O'Sullivan	Hccss - Kingston	2:32.20	
4	Lacey Tryon	Sydenham - Sydenham	2:35.30	
5	Brianna Lapierre	Hccss - Kingston	2:37.80	
6	Beth Farnell	Kingston - Kingston	2:47.60	
7	Reyjanne Marshall	Sydenham - Sydenham	3:06.70	

**Women 1500 Meter Run Midget**

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KASSAA: * 5:14.20 5/10/2006 Riley Shkimba, Holy Cross S				
Name	Year	School	Finals	Points
=====				
1	Cleo Boyd	Fss - Kingston	5:01.60*	
2	Nicole O'Sullivan	Hccss - Kingston	5:02.30*	
3	Brianna Lapierre	Hccss - Kingston	5:02.40*	
4	Lacey Tryon	Sydenham - Sydenham	5:09.70*	
5	Michela Gossage	Sydenham - Sydenham	5:10.30*	
6	Leah Mcgraw	Fss - Kingston	5:39.30	
7	Avery Michels	Rnd - Kingston	6:03.80	
8	Reyjanne Marshall	Sydenham - Sydenham	6:32.50	
9	Lauren Taylor	Fss - Kingston	6:33.00	

**Women 3000 Meter Run Midget**

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KASSAA: * 11:20.80 5/11/2006 Stephanie Hulse, Holy Cross S				
Name	Year	School	Finals	Points
=====				
1	Nicole O'Sullivan	Hccss - Kingston	10:58.80*	

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
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Results****....Women 3000 Meter Run Midget**

2	Brianna Lapierre	Hccss - Kingston	11:07.10*
3	Lacey Tryon	Sydenham - Sydenham	11:13.20*
4	Michela Gossage	Sydenham - Sydenham	11:22.60
5	Leah Mcgraw	Fss - Kingston	12:16.30
6	Lauren Taylor	Fss - Kingston	14:45.00

**Women 80 Meter Hurdles Midget**

=====				
	KASSAA: * 12.90	5/11/2006	Shannon Walsh, Sydenham H S	
Name	Year	School	Finals	Wind Points
=====				
1	Megan Farrow	Kingston - Kingston	16.40	NWI
2	Avery Michels	Rnd - Kingston	16.70	NWI
3	Katie Glass	Sydenham - Sydenham	17.40	NWI

**Women 300 Meter Hurdles Midget**

=====				
	KASSAA: * 46.40	5/17/2007	Kristen Mullen, Kingston C V I	
Name	Year	School	Finals	Points
=====				
1	Megan Farrow	Kingston - Kingston	50.71	
2	Avery Michels	Rnd - Kingston	53.38	
3	Beth Farnell	Kingston - Kingston	53.58	

**Women 4x100 Meter Relay Midget**

=====				
	KASSAA: * 53.10	5/11/2006	Sydenham H S - eosy, Sydenham H S	
School	Year	School	Finals	Points
=====				
1	Kingston - Kingston	'A'	54.60	
2	Sydenham - Sydenham	'A'	54.80	
3	Regiopolis-Notre Dame-Kingston	'A'	1:00.80	

**Women High Jump Midget**

=====				
	KASSAA: * 1.50m	2005	Shade Makinda, Frontenac S.S.	
Name	Year	School	Finals	Points
=====				
1	Anna Krzemien	Kingston - Kingston	1.48m	
2	Alison Zilstra	Loyalist - Kingston	1.45m	

**Women Long Jump Midget**

=====				
	KASSAA: * 4.78m	5/15/2007	Morgan Young, Sydenham H S	
Name	Year	School	Finals	Wind Points
=====				
1	Portia Worthy	Fss - Kingston	4.36m	NWI
2	Bria Wannamaker	Fss - Kingston	4.07m	NWI
3	Jazmine Holden	Napanee - Napanee	3.97m	NWI
4	Maxime Houde-Shulman	Kingston - Kingston	3.95m	NWI
5	Kate Jackson	Sydenham - Sydenham	3.79m	NWI

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
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Results****....Women Long Jump Midget**

6	Justine Orr	Ernestown - Odessa	3.64m	NWI
7	Pauline Timmerman	Sydenham - Sydenham	3.54m	NWI
8	Taylyn Thomas	Kingston - Kingston	3.02m	NWI
9	Monique Godinho	Rnd - Kingston	2.98m	NWI
10	Bailey Haird	Rnd - Kingston	2.88m	NWI

**Women Triple Jump Midget**

=====				
KASSAA: * 9.93m 5/11/2006 Shannon Walsh, Sydenham H S				
Name	Year	School	Finals	Wind Points
=====				
1	Portia Worthy	Fss - Kingston	10.12m*	NWI
2	Jessa McAuliffe	Kingston - Kingston	9.46m	NWI
3	Jazmine Holden	Napanee - Napanee	8.75m	NWI
4	Maxime Houde-Shulman	Kingston - Kingston	8.32m	NWI
5	Bria Wannamaker	Fss - Kingston	8.22m	NWI
6	Tricia Gray	Slhs - Sharbot L	7.58m	NWI
7	Bailey Haird	Rnd - Kingston	6.92m	NWI
--	Monique Godinho	Rnd - Kingston	FOUL	NWI
--	Sami Stencell	Slhs - Sharbot L	FOUL	NWI
--	Pauline Timmerman	Sydenham - Sydenham	FOUL	NWI

**Women Shot Put Midget**

=====				
KASSAA: * 10.38m 5/11/2006 Julie Sleeth, Sydenham H S				
Name	Year	School	Finals	Points
=====				
1	Brittany Nash	Sydenham - Sydenham	8.89m	
2	Rebecca Batson	Lsss - Kingston	8.59m	
3	Katie Milligan	Sydenham - Sydenham	8.27m	
4	Kelsey Curran	Rnd - Kingston	7.61m	
5	Rachel Bennett	Kingston - Kingston	7.58m	
6	Joanna Hern	Fss - Kingston	7.52m	
7	Alex Jeffries	Ernestown - Odessa	7.12m	
8	Shyanne McGregor	Sydenham - Sydenham	6.95m	
9	Sami Stencell	Slhs - Sharbot L	6.61m	
10	Shelby Cox	Ernestown - Odessa	6.11m	
11	Taylor Lappan	Ernestown - Odessa	6.06m	
12	Sarah McCullough	Slhs - Sharbot L	5.95m	
13	Jacqueline Bates	Lsss - Kingston	5.93m	
14	Tricia Gray	Slhs - Sharbot L	5.92m	
15	Rachel Barr	Kingston - Kingston	5.88m	
16	Taylyn Thomas	Kingston - Kingston	4.86m	

**Women Discus Throw Midget**

=====				
KASSAA: * 27.35m 5/17/2007 Ashley Windmont, Frontenac S S				
Name	Year	School	Finals	Points
=====				
1	Brittany Nash	Sydenham - Sydenham	24.27m	
2	Taylor Lappan	Ernestown - Odessa	18.68m	

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Results****....Women Discus Throw Midget**

3	Shyanne McGregor	Sydenham - Sydenham	17.75m
4	Katie Milligan	Sydenham - Sydenham	17.27m
5	Jacqueline Bates	Lsss - Kingston	16.37m
6	Alex Jeffries	Ernestown - Odessa	15.54m
7	Rachel Barr	Kingston - Kingston	14.49m
8	Shelby Cox	Ernestown - Odessa	13.89m

**Women Javelin Throw Midget**

=====				
KASSAA: * 31.29m 5/11/2006 Meredith Papps, Ernestown S S				
Name	Year	School	Finals	Points
=====				
1	Katie Glass	Sydenham - Sydenham	28.06m	
2	Rebecca Batson	Lsss - Kingston	22.95m	
3	Kate Jackson	Sydenham - Sydenham	20.89m	
4	Katie Milligan	Sydenham - Sydenham	20.63m	
5	Shelby Cox	Ernestown - Odessa	17.28m	
6	Taylyn Thomas	Kingston - Kingston	16.84m	
7	Alex Jeffries	Ernestown - Odessa	16.18m	
8	Taylor Lappan	Ernestown - Odessa	14.78m	
9	Katrina Bonderud	Ernestown - Odessa	14.72m	
10	Joanna Hern	Fss - Kingston	11.53m	

**Women 100 Meter Dash Junior**

=====				
KASSAA: * 12.43 2004 Amy Blaser, Frontenac S.S.				
Name	Year	School	Prelims	Wind H#
=====				
Preliminaries				
1	Sarah Hobbs	Fss - Kingston	13.50Q	NWI 1
2	Melanie Robb	Rnd - Kingston	13.70Q	NWI 3
3	Nicole Stoyles	Fss - Kingston	13.90Q	NWI 2
4	Tasha Urbancic	Fss - Kingston	13.90Q	NWI 3
5	Jen Gatenby	Loyalist - Kingston	14.00Q	NWI 2
6	Megan Leeder	Lsss - Kingston	14.50Q	NWI 1
7	Sarah Blaney	Kingston - Kingston	14.00q	NWI 3
8	Ellie Clark	Kingston - Kingston	14.30q	NWI 2
9	Mia Kilborn	Sydenham - Sydenham	J14.30	NWI 3
10	Portia Ball	Lsss - Kingston	14.50	NWI 2
11	Sarah Buttle	Sydenham - Sydenham	14.60	NWI 1
12	Jen Baxby	Rnd - Kingston	14.70	NWI 2
13	Laura Shurrock	Kingston - Kingston	14.80	NWI 1
14	Megan Jackson	Rnd - Kingston	15.30	NWI 1
15	Katie Driscoll	Escmr - Kingston	15.80	NWI 3
16	Mariah Patrick	Napanee - Napanee	16.00	NWI 2
17	Kayla Throop	Lsss - Kingston	16.20	NWI 3
18	Ashley Lloyd	Rnd - Kingston	16.50	NWI 1

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****Women 100 Meter Dash Junior**

=====				
KASSAA: * 12.43 2004 Amy Blaser, Frontenac S.S.				
Name	Year	School	Finals	Wind Points
=====				
Finals				
1		Melanie Robb	Rnd - Kingston	13.40 NWI
2		Sarah Hobbs	Fss - Kingston	13.60 NWI
3		Nicole Stoyles	Fss - Kingston	13.80 NWI
4		Tasha Urbancic	Fss - Kingston	J13.80 NWI
5		Ellie Clark	Kingston - Kingston	14.00 NWI
6		Jen Gatenby	Loyalist - Kingston	J14.00 NWI
7		Sarah Blaney	Kingston - Kingston	14.10 NWI
8		Megan Leeder	Lsss - Kingston	14.50 NWI

**Women 200 Meter Dash Junior**

=====				
KASSAA: * 27.10 2004 Tiffany Brogan, Ernestown S.S.				
Name	Year	School	Prelims	Wind H#
=====				
Preliminaries				
1		Morgan Young	Sydenham - Sydenham	* 26.60Q NWI 1
2		Sarah Hobbs	Fss - Kingston	28.00Q NWI 2
3		Kristen Mullen	Kingston - Kingston	* 26.70Q NWI 1
4		Ellie Clark	Kingston - Kingston	28.20Q NWI 2
5		Katie Gordanier	Lsss - Kingston	27.50Q NWI 1
6		Nicole Stoyles	Fss - Kingston	28.60Q NWI 2
7		Tasha Urbancic	Fss - Kingston	29.10q NWI 1
8		Sarah Blaney	Kingston - Kingston	29.30q NWI 2
9		Lindsey Thurston	Lsss - Kingston	30.10 NWI 1
10		Melissa Mattson	Hccss - Kingston	30.70 NWI 2
11		Mallory McAuley	Napanee - Napanee	31.00 NWI 1
12		Megan Jackson	Rnd - Kingston	31.30 NWI 2

**Women 200 Meter Dash Junior**

=====				
KASSAA: * 27.10 2004 Tiffany Brogan, Ernestown S.S.				
Name	Year	School	Finals	Wind Points
=====				
Finals				
1		Morgan Young	Sydenham - Sydenham	26.40* NWI
2		Kristen Mullen	Kingston - Kingston	27.10* NWI
3		Katie Gordanier	Lsss - Kingston	27.40 NWI
4		Ellie Clark	Kingston - Kingston	28.20 NWI
5		Nicole Stoyles	Fss - Kingston	28.40 NWI
6		Sarah Hobbs	Fss - Kingston	29.00 NWI
7		Tasha Urbancic	Fss - Kingston	29.30 NWI
8		Sarah Blaney	Kingston - Kingston	31.20 NWI

**Women 400 Meter Dash Junior**

=====				
KASSAA: * 59.40 5/11/2006 Catherine Farish, Frontenac S S				
Name	Year	School	Finals	H# Points
=====				
1		Morgan Young	Sydenham - Sydenham	1:01.30 1

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Results****....Women 400 Meter Dash Junior**

2	Kristen Mullen	Kingston - Kingston	1:04.30	1
3	Megan Hutcheson	Rnd - Kingston	1:05.80	2
4	Riley Shkimba	Hccss - Kingston	1:06.90	1
5	Liz Boag	Lsss - Kingston	1:08.30	2
6	Lindsey Thurston	Lsss - Kingston	1:08.50	2
7	Heather McLay	Lsss - Kingston	1:09.40	1
8	Meredith Hinch	Ernestown - Odessa	1:10.70	2
9	Corrine Finizio	Rnd - Kingston	1:15.20	2
10	Lucy Mazi	Kingston - Kingston	1:25.00	2

**Women 800 Meter Run Junior**

=====				
KASSAA: * 2:23.60 2004 Lauren Moore, Holy Cross S.S.				
Name	Year	School	Finals	Points
=====				
1	Taylor Sills	Ernestown - Odessa	2:25.40	
2	Riley Shkimba	Hccss - Kingston	2:26.60	
3	Kristin Ostler	Fss - Kingston	2:31.20	
4	Megan Hutcheson	Rnd - Kingston	2:35.70	
5	Natalie Bellefleur	Fss - Kingston	2:39.50	
6	Meredith Hinch	Ernestown - Odessa	2:53.50	
7	Corrine Finizio	Rnd - Kingston	2:56.90	
8	Meighen Hodgen	Napanee - Napanee	2:57.40	

**Women 1500 Meter Run Junior**

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KASSAA: * 4:49.20 2004 Lauren Moore, Holy Cross S.S.				
Name	Year	School	Finals	Points
=====				
1	Taylor Sills	Ernestown - Odessa	5:03.00	
2	Riley Shkimba	Hccss - Kingston	5:09.40	
3	Kristin Ostler	Fss - Kingston	5:15.10	
4	Jocelyn Laird	Kingston - Kingston	5:19.70	
5	Megan Hutcheson	Rnd - Kingston	5:21.30	
6	Natalie Bellefleur	Fss - Kingston	5:35.30	
7	Meighen Hodgen	Napanee - Napanee	6:01.00	
8	Corrine Finizio	Rnd - Kingston	6:02.30	
9	Marika Maksymec	Rnd - Kingston	6:02.60	
--	Jennifer Davidson	Bayridge - Kingston	DNF	

**Women 3000 Meter Run Junior**

=====				
KASSAA: * 10:38.00 5/17/2007 Stephanie Hulse, Holy Cross S				
Name	Year	School	Finals	Points
=====				
1	Jocelyn Laird	Kingston - Kingston	12:07.40	
2	Hillary Sweet	Napanee - Napanee	12:08.70	

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
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Results****Women 80 Meter Hurdles Junior**

=====					
Name	Year	School	Prelims	Wind	H#
=====					
KASSAA: * 12.80 5/11/2006 Hannah Bagnall, Kingston C V I					
Preliminaries					
1	Mia Kilborn	Sydenham - Sydenham	13.40Q	NWI	2
2	Tara Worthy	Fss - Kingston	15.40Q	NWI	1
3	Rachel Neadow	Slhs - Sharbot L	15.00Q	NWI	2
4	Jen Gatenby	Loyalist - Kingston	16.10Q	NWI	1
5	Mariah Patrick	Napanee - Napanee	15.40Q	NWI	2
6	Sarah Armstrong	Slhs - Sharbot L	16.60Q	NWI	1
7	Alyssa Dehoop	Fss - Kingston	16.20q	NWI	2
8	Megan Jackson	Rnd - Kingston	16.80q	NWI	1
9	Ashley Lloyd	Rnd - Kingston	17.40	NWI	2
10	Nicola Toffelmire	Fss - Kingston	18.30	NWI	1

**Women 80 Meter Hurdles Junior**

=====					
Name	Year	School	Finals	Wind	Points
=====					
KASSAA: * 12.80 5/11/2006 Hannah Bagnall, Kingston C V I					
Finals					
1	Mia Kilborn	Sydenham - Sydenham	13.80	NWI	
2	Tara Worthy	Fss - Kingston	15.10	NWI	
3	Rachel Neadow	Slhs - Sharbot L	15.70	NWI	
4	Mariah Patrick	Napanee - Napanee	16.00	NWI	
5	Jen Gatenby	Loyalist - Kingston	16.10	NWI	
6	Alyssa Dehoop	Fss - Kingston	16.40	NWI	
7	Megan Jackson	Rnd - Kingston	16.50	NWI	
8	Sarah Armstrong	Slhs - Sharbot L	17.10	NWI	

**Women 300 Meter Hurdles Junior**

=====					
Name	Year	School	Finals	Points	
=====					
KASSAA: * 46.90 5/10/2006 Catherine Farish, Frontenac S S					
1	Jen Gatenby	Loyalist - Kingston	52.02		
2	Mia Kilborn	Sydenham - Sydenham	53.19		

**Women 4x100 Meter Relay Junior**

=====					
School	Year	School	Finals	Points	
=====					
KASSAA: * 52.30 5/16/2007 Sydenham H S - eosy, Sydenham H S					
1	Kingston - Kingston	'A'	53.80		
2	Frontenac - Kingston	'A'	54.70		
3	Regiopolis-Notre Dame-Kingston	'A'	54.90		
4	La Salle - Kingston	'A'	55.80		
5	Holy Cross - Kingston	'A'	57.30		
--	Sydenham - Sydenham	'A'	DQ		



**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
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Results****Women High Jump Junior**

=====				
KASSAA: * 1.55m 5/17/2007 Lindsay Ballance, Ernestown S S				
Name	Year	School	Finals	Points
=====				
1	Portia Ball	Lsss - Kingston	1.62m*	
2	Elyse Owens	Rnd - Kingston	1.45m	
3	Sarah Buttle	Sydenham - Sydenham	1.40m	

**Women Pole Vault Junior**

=====				
KASSAA: * 2.40m 2005 Dominique Cartier, Bayridge S.S.				
Name	Year	School	Finals	Points
=====				
1	Rachel Neadow	Slhs - Sharbot L	1.70m	
2	Anna Krzemien	Kingston - Kingston	1.55m	

**Women Long Jump Junior**

=====					
KASSAA: * 5.07m 2004 Janelle Taylor, Holy Cross S.S.					
Name	Year	School	Finals	Wind	Points
=====					
1	Katie Gordanier	Lsss - Kingston	4.70m	NWI	
2	Morgan Young	Sydenham - Sydenham	4.59m	NWI	
3	Melanie Robb	Rnd - Kingston	4.50m	NWI	
4	Sarah Hobbs	Fss - Kingston	4.49m	NWI	
5	Ashley Perry	Fss - Kingston	4.34m	NWI	
6	Vicky Lewis	Kingston - Kingston	4.18m	NWI	
7	Julia Bannard	Rnd - Kingston	4.05m	NWI	
8	Rachel Neadow	Slhs - Sharbot L	3.99m	NWI	
9	Melissa Mattson	Hccss - Kingston	3.80m	NWI	
10	Laura Shurrock	Kingston - Kingston	3.79m	NWI	
11	Hailey Feijo	Rnd - Kingston	3.39m	NWI	
12	Lucy Mazi	Kingston - Kingston	3.08m	NWI	
13	Sarah Buttle	Sydenham - Sydenham	0.44m	NWI	

**Women Triple Jump Junior**

=====					
KASSAA: * 10.33m 2004 Janelle Taylor, Holy Cross S.S.					
Name	Year	School	Finals	Wind	Points
=====					
1	Katie Gordanier	Lsss - Kingston	10.29m	NWI	
2	Melanie Robb	Rnd - Kingston	10.06m	NWI	
3	Stephanie Drouin	Escmr - Kingston	9.80m	NWI	
4	Chloe Colden	Lsss - Kingston	9.50m	NWI	
5	Melissa Mattson	Hccss - Kingston	9.20m	NWI	
6	Hailey Feijo	Rnd - Kingston	9.14m	NWI	
7	Laura Shurrock	Kingston - Kingston	8.99m	NWI	
8	Alyssa Dehoop	Fss - Kingston	8.82m	NWI	
9	Mariah Patrick	Napanee - Napanee	7.60m	NWI	
--	Ashley Perry	Fss - Kingston	FOUL	NWI	

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****Women Shot Put Junior**

=====				
KASSAA: * 11.20m 5/15/2007 Julie Sleeth, Sydenham H S				
Name	Year	School	Finals	Points
=====				
1 Ashley Widmont		Fss - Kingston	10.44m	
2 Hadley Rombough		Sydenham - Sydenham	10.31m	
3 Amanda Mellon		Ernestown - Odessa	8.30m	
4 Michelle Irvine		Lsss - Kingston	8.27m	
5 Jennafer Pople		Sydenham - Sydenham	8.12m	
6 Marissa Loh		Kingston - Kingston	7.86m	
7 Sam Demers		Rnd - Kingston	7.51m	
8 Mallory McAuley		Napanee - Napanee	7.41m	
9 Brittany Rowsell		Lsss - Kingston	7.02m	
10 Kayla Throop		Lsss - Kingston	6.87m	

**Women Discus Throw Junior**

=====				
KASSAA: * 32.90m 5/17/2007 Julie Sleeth, Sydenham H S				
Name	Year	School	Finals	Points
=====				
1 Ashley Widmont		Fss - Kingston	29.93m	
2 Hadley Rombough		Sydenham - Sydenham	23.36m	
3 Amanda Mellon		Ernestown - Odessa	21.25m	
4 Jennafer Pople		Sydenham - Sydenham	20.58m	
5 Mallory McAuley		Napanee - Napanee	19.85m	
6 Marissa Loh		Kingston - Kingston	19.81m	
7 Jackie Rodgerson		Ernestown - Odessa	18.91m	
8 Brittany Rowsell		Lsss - Kingston	16.79m	
9 Sam Demers		Rnd - Kingston	16.09m	

**Women Javelin Throw Junior**

=====				
KASSAA: * 36.18m 5/16/2007 Meredith Papps, Ernestown S S				
Name	Year	School	Finals	Points
=====				
1 Ashley Widmont		Fss - Kingston	31.98m	
2 Hadley Rombough		Sydenham - Sydenham	31.96m	
3 Michelle Irvine		Lsss - Kingston	29.76m	
4 Jackie Rodgerson		Ernestown - Odessa	24.00m	
5 Jennafer Pople		Sydenham - Sydenham	22.82m	
6 Marissa Loh		Kingston - Kingston	19.17m	
7 Tara Worthy		Fss - Kingston	16.29m	
8 Alyson Gregoire		Escmr - Kingston	16.22m	

**Women 100 Meter Dash Senior**

=====				
KASSAA: * 11.90 5/16/2007 Veronica Catry, Regiopolis				
Name	Year	School	Prelims	Wind H#
=====				
Preliminaries				
1 Shade Makinde		Fss - Kingston	13.20Q	NWI 2
2 Mallory Hart		Sydenham - Sydenham	J13.60Q	NWI 2
2 Amanda Rodrigues		Fss - Kingston	13.60Q	NWI 1
3 Jackie Ho		Kingston - Kingston	J15.30Q	NWI 2
4 Sydney Midwood		Sydenham - Sydenham	13.70Q	NWI 1

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****....Women 100 Meter Dash Senior**

4	Jessica Boivin	Escmr - Kingston	J15.30Q	NWI	2
5	Lori Tibbet	Fss - Kingston	14.60Q	NWI	1
8	Ninya Stein	Kingston - Kingston	15.50q	NWI	1

**Women 100 Meter Dash Senior**

```
=====
KASSAA: * 11.90 5/16/2007 Veronica Catry, Regiopolis
Name Year School Finals Wind Points
=====
```

**Finals**

1	Shade Makinde	Fss - Kingston	12.80	NWI	
2	Mallory Hart	Sydenham - Sydenham	13.50	NWI	
3	Sydney Midwood	Sydenham - Sydenham	J13.50	NWI	
4	Amanda Rodrigues	Fss - Kingston	13.60	NWI	
5	Lori Tibbet	Fss - Kingston	14.40	NWI	
6	Jessica Boivin	Escmr - Kingston	14.70	NWI	
7	Jackie Ho	Kingston - Kingston	14.90	NWI	
8	Ninya Stein	Kingston - Kingston	15.50	NWI	

**Women 200 Meter Dash Senior**

```
=====
KASSAA: * 25.50 2001 Kim Laverty, Holy Cross S.S.
Name Year School Finals Wind Points
=====
```

1	Shade Makinde	Fss - Kingston	27.30	NWI	
2	Mallory Hart	Sydenham - Sydenham	27.60	NWI	
3	Sydney Midwood	Sydenham - Sydenham	28.10	NWI	
4	Amanda Rodrigues	Fss - Kingston	28.40	NWI	
5	Jess Wright	Fss - Kingston	32.10	NWI	

**Women 400 Meter Dash Senior**

```
=====
KASSAA: * 57.70 1984 Cheryl Thibedeau, Frontenac S.S.
Name Year School Finals Points
=====
```

1	Catherine Farish	Fss - Kingston	1:01.80	
2	Meagan King	Sydenham - Sydenham	1:09.40	
3	Lyndsay Glass	Sydenham - Sydenham	1:09.70	
4	Asia Zolnierczyk	Hccss - Kingston	1:10.60	

**Women 800 Meter Run Senior**

```
=====
KASSAA: * 2:18.60 1995 Alison Forrest, Frontenac S.S.
Name Year School Finals Points
=====
```

1	Anne Marie Duarte	Sydenham - Sydenham	2:37.40	
2	Asia Zolnierczyk	Hccss - Kingston	2:51.50	

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****Women 1500 Meter Run Senior**

=====				
KASSAA: * 4:37.40 1999 Emily Tallen, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1	Stephanie Hulse	Hccss - Kingston	4:51.10	
2	Tasha Derzekos	Lsss - Kingston	4:57.40	
3	Adrienne Hollington	Fss - Kingston	5:11.10	
4	Rosanna Beatie	Fss - Kingston	5:13.70	
5	Brianna Jeffrey	Sydenham - Sydenham	5:15.70	
6	Michelle Teeple	Fss - Kingston	5:20.80	
7	Anne Marie Duarte	Sydenham - Sydenham	5:21.10	
8	Jenny Allan	Kingston - Kingston	5:32.90	
9	Lauren Sagadore	Kingston - Kingston	5:54.70	

**Women 3000 Meter Run Senior**

=====				
KASSAA: * 9:57.60 1999 Emily Tallen, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1	Stephanie Hulse	Hccss - Kingston	10:11.70	
2	Tasha Derzekos	Lsss - Kingston	10:44.50	
3	Rosanna Beatie	Fss - Kingston	11:28.10	
4	Adrienne Hollington	Fss - Kingston	11:36.40	
5	Anne Marie Duarte	Sydenham - Sydenham	11:48.60	
6	Michelle Teeple	Fss - Kingston	11:53.70	
7	Jenny Allan	Kingston - Kingston	12:04.30	
8	Brianna Jeffrey	Sydenham - Sydenham	12:07.40	

**Women 100 Meter Hurdles Senior**

=====				
KASSAA: * 15.10 1992 Tracy Higgs, Loyalist C.V.I.				
Name	Year	School	Finals	Wind Points
=====				
1	Hannah Bagnall	Kingston - Kingston	16.70	NWI
2	Shannon Walsh	Sydenham - Sydenham	17.00	NWI
3	Mallory Hart	Sydenham - Sydenham	17.30	NWI
4	Meagan King	Sydenham - Sydenham	17.50	NWI
5	Danielle Boyd	Kingston - Kingston	18.10	NWI

**Women 400 Meter Hurdles Senior**

=====				
KASSAA: * 1:07.40 1993 Rachel Joyce, Loyalist C.V.I.				
Name	Year	School	Finals	Points
=====				
1	Catherine Farish	Fss - Kingston	1:06.10*	
2	Ruth McLean	Kingston - Kingston	1:11.60	
3	Danielle Boyd	Kingston - Kingston	1:12.80	
4	Meagan King	Sydenham - Sydenham	1:15.00	

**Women 4x100 Meter Relay Senior**

=====				
KASSAA: * 49.40 1993 Loyalist C.V.I., Loyalist C.V.I.				
School	Year	School	Finals	Points
=====				
1	Sydenham - Sydenham	'A'	52.50	

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****....Women 4x100 Meter Relay Senior**

2	Frontenac - Kingston	'A'	53.10
3	Kingston - Kingston	'A'	54.10
--	Loyalist - Kingston	'A'	DQ

**Women High Jump Senior**

=====				
KASSAA: * 1.77m 1987 Susan Campbell, Loyalist C.V.I.				
Name	Year	School	Finals	Points
=====				
1	Lindsay Ballance	Ernestown - Odessa	1.57m	
2	Sarah Mills	Kingston - Kingston	1.46m	
3	April Minnie	Sydenham - Sydenham	1.40m	
4	Hilary Mason	Fss - Kingston	1.35m	

**Women Pole Vault Senior**

=====				
KASSAA: * 2.40m 5/16/2007 Sarah Mills, Kingston C V I				
Name	Year	School	Finals	Points
=====				
1	Hannah Bagnall	Kingston - Kingston	2.30m	
2	Jenny Allan	Kingston - Kingston	2.15m	
2	Sarah Mills	Kingston - Kingston	2.15m	

**Women Long Jump Senior**

=====				
KASSAA: * 5.40m 1994 Danielle Froese, Loyalist C.V.I.				
Name	Year	School	Finals	Wind Points
=====				
1	Hannah Bagnall	Kingston - Kingston	4.67m	NWI
2	Heather Zilstra	Loyalist - Kingston	4.48m	NWI
3	Julia Reid	Ernestown - Odessa	4.33m	NWI
4	Lindsay Ballance	Ernestown - Odessa	4.29m	NWI
5	Hilary Mason	Fss - Kingston	4.13m	NWI
6	Kate Running	Hccss - Kingston	4.08m	NWI
7	Brooke Gregoire	Escmr - Kingston	3.61m	NWI
--	Nikki Dickinson	Kingston - Kingston	FOUL	NWI

**Women Triple Jump Senior**

=====				
KASSAA: * 10.93m 1992 Lesley Hughes, Ernestown S.S.				
Name	Year	School	Finals	Wind Points
=====				
1	Heather Zilstra	Loyalist - Kingston	10.36m	NWI
2	Amanda Rodrigues	Fss - Kingston	9.98m	NWI
3	Julia Reid	Ernestown - Odessa	9.91m	NWI
4	Shannon Walsh	Sydenham - Sydenham	9.70m	NWI
5	Sarah Mills	Kingston - Kingston	9.60m	NWI
6	Kate Running	Hccss - Kingston	8.97m	NWI
7	Kelsey Potter	Sydenham - Sydenham	8.46m	NWI
8	Brooke Gregoire	Escmr - Kingston	7.19m	NWI

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****Women Shot Put Senior**

=====				
KASSAA: * 13.22m 1998 Nicole Clarke, LaSalle S.S.				
Name	Year	School	Finals	Points
=====				
1 Julie Sleeth		Sydenham - Sydenham	11.65m	
2 Bobbi Jo Cronk		Hccss - Kingston	10.25m	
3 Stephanie Stewart		Fss - Kingston	9.36m	
4 Whitney Desarmia		Rnd - Kingston	8.79m	
5 Chelsea Finn		Ernestown - Odessa	8.16m	
6 Savannah Cronk		Slhs - Sharbot L	7.60m	

**Women Discus Throw Senior**

=====				
KASSAA: * 41.40m 1998 Erin Sepic, Regiopolis N.D.C.H.S.				
Name	Year	School	Finals	Points
=====				
1 Julie Sleeth		Sydenham - Sydenham	34.08m	
2 Whitney Desarmia		Rnd - Kingston	26.98m	
3 Breanna Donovan		Napanee - Napanee	24.52m	
4 Stephanie Stewart		Fss - Kingston	22.99m	
5 Chelsea Finn		Ernestown - Odessa	22.97m	
6 Caitlin Mears		Rnd - Kingston	17.16m	
7 Jess Medeiros		Rnd - Kingston	16.85m	
8 Jaime Kerr		Sydenham - Sydenham	14.62m	
-- Savannah Cronk		Slhs - Sharbot L	FOUL	

**Women Javelin Throw Senior**

=====				
KASSAA: * 37.63m 2000 Karen Wong, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1 Lindsay Ballance		Ernestown - Odessa	36.40m	
2 Breanna Donovan		Napanee - Napanee	27.49m	
3 Whitney Desarmia		Rnd - Kingston	26.19m	
4 Kelsey Potter		Sydenham - Sydenham	26.04m	
5 Jaime Kerr		Sydenham - Sydenham	25.82m	
6 Sydney Midwood		Sydenham - Sydenham	23.65m	
7 Savannah Cronk		Slhs - Sharbot L	21.77m	
8 Brooke Gregoire		Escmr - Kingston	12.70m	

**Women 1500 Meter Steeplechase Open**

=====				
KASSAA: * 5:54.00 5/16/2007 Michelle Teeple, Frontenac S S				
Name	Year	School	Finals	Points
=====				
1 Brianna Jeffrey		Sydenham - Sydenham	5:51.00*	
2 Michelle Teeple		Fss - Kingston	5:52.00*	
3 Ruth McLean		Kingston - Kingston	6:00.20	
4 Jocelyn Laird		Kingston - Kingston	6:04.70	

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****Women 4x400 Meter Relay Open**

=====			
KASSAA: * 4:08.60 1992		Loyalist C.V.I., Loyalist C.V.I.	
School		Finals	Points
=====			
1	Kingston - Kingston 'A'	4:20.80	
2	Sydenham - Sydenham 'A'	4:21.30	
3	Frontenac - Kingston 'A'	4:25.90	
4	Holy Cross - Kingston 'A'	4:37.40	
5	La Salle - Kingston 'A'	4:42.80	

**Men 100 Meter Dash Midget**

=====			
KASSAA: * 11.40 5/11/2006		Jonathon Ramirez, Frontenac S S	
Name	Year School	Prelims	Wind H#
=====			
Preliminaries			
1	Josh Vanniedek	Sydenham - Sydenham	12.40Q NWI 3
1	Martin Ko	Kingston - Kingston	12.40Q NWI 1
3	Cole Timlin	Sydenham - Sydenham	12.70Q NWI 2
4	Steve Knapton	Sydenham - Sydenham	12.60Q NWI 1
4	Darcy Greenaway	Rnd - Kingston	12.60Q NWI 3
6	Martin LaRose	Lsss - Kingston	13.00Q NWI 2
7	Erik Lacharite	Hccss - Kingston	13.30q NWI 3
7	Ryan McMillan	Napanee - Napanee	13.30q NWI 1
9	Trevor Reade	Hccss - Kingston	13.40 NWI 1
9	Taylor Farrell	Hccss - Kingston	13.40 NWI 2
9	Harvey Teal	Slhs - Sharbot L	13.40 NWI 3
12	Tim Anyoti	Kingston - Kingston	13.50 NWI 3
13	Holly Dorman	Rnd - Kingston	13.60 NWI 1
14	Scott Harrington	Rnd - Kingston	13.70 NWI 2
15	Andrew Teal	Slhs - Sharbot L	14.00 NWI 1
16	Jake Ells	Kingston - Kingston	14.10 NWI 2
16	Jordan Giroux	Ernestown - Odessa	14.10 NWI 2

**Men 100 Meter Dash Midget**

=====			
KASSAA: * 11.40 5/11/2006		Jonathon Ramirez, Frontenac S S	
Name	Year School	Finals	Wind Points
=====			
Finals			
1	Josh Vanniedek	Sydenham - Sydenham	12.10 NWI
2	Martin Ko	Kingston - Kingston	12.30 NWI
3	Steve Knapton	Sydenham - Sydenham	12.40 NWI
4	Darcy Greenaway	Rnd - Kingston	12.50 NWI
5	Cole Timlin	Sydenham - Sydenham	12.80 NWI
6	Ryan McMillan	Napanee - Napanee	J12.80 NWI
7	Erik Lacharite	Hccss - Kingston	13.20 NWI
8	Martin LaRose	Lsss - Kingston	J13.20 NWI

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****Men 200 Meter Dash Midget**

=====					
KASSAA: * 24.40 5/11/2006 Jonathon Ramirez, Frontenac S S					
Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1		Sydenham - Sydenham	24.80Q	NWI	1
2		Hccss - Kingston	25.60Q	NWI	2
3		Rnd - Kingston	25.00Q	NWI	1
4		Lsss - Kingston	26.20Q	NWI	2
5		Kingston - Kingston	25.20Q	NWI	1
6		Rnd - Kingston	26.30Q	NWI	2
7		Sydenham - Sydenham	25.70q	NWI	1
8		Napanee - Napanee	26.30q	NWI	1
9		Hccss - Kingston	26.40	NWI	1
10		Rnd - Kingston	26.50	NWI	2
11		Hccss - Kingston	26.80	NWI	2
11		Sydenham - Sydenham	26.80	NWI	2
13		Ernestown - Odessa	27.00	NWI	2
14		Kingston - Kingston	28.30	NWI	2

**Men 200 Meter Dash Midget**

=====					
KASSAA: * 24.40 5/11/2006 Jonathon Ramirez, Frontenac S S					
Name	Year	School	Finals	Wind	Points
=====					
Finals					
1		Rnd - Kingston	24.60	NWI	
2		Sydenham - Sydenham	24.70	NWI	
3		Hccss - Kingston	25.10	NWI	
4		Kingston - Kingston	25.30	NWI	
5		Sydenham - Sydenham	25.40	NWI	
6		Napanee - Napanee	26.20	NWI	
7		Rnd - Kingston	J26.20	NWI	

**Men 400 Meter Dash Midget**

=====					
KASSAA: * 54.80 2004 Jermaine Edwards, Holy Cross S.S.					
Name	Year	School	Finals	H#	Points
=====					
1		Kingston - Kingston	55.60	1	
2		Sydenham - Sydenham	55.70	1	
3		Kingston - Kingston	59.40	1	
4		Ernestown - Odessa	1:00.30	1	
5		Sydenham - Sydenham	1:01.60	1	
6		Kingston - Kingston	1:02.70	2	
7		Napanee - Napanee	1:03.20	1	
8		Sydenham - Sydenham	1:03.30	2	
9		Hccss - Kingston	1:05.70	2	



**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****Men 800 Meter Run Midget**

=====				
KASSAA: * 2:11.00 5/17/2007 Jeff Davies, Holy Cross S				
Name	Year	School	Finals	Points
=====				
1 Kyle Mckellar		Fss - Kingston	2:08.30*	
2 Blair Morgan		Ernestown - Odessa	2:17.20	
3 Anthony Dionne		Fss - Kingston	2:23.50	
4 Blake Kirkham-Fabri		Loyalist - Kingston	2:27.30	
5 RJ Reid		Loyalist - Kingston	2:28.10	
6 Matt Walsh		Rnd - Kingston	2:31.00	
7 Ethan Lacelle		Sydenham - Sydenham	2:31.60	
8 Brandon Doyle		Sydenham - Sydenham	2:31.80	

**Men 1500 Meter Run Midget**

=====				
KASSAA: * 4:34.60 2005 Josh George, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1 Kyle Mckellar		Fss - Kingston	4:26.30*	
2 Blair Morgan		Ernestown - Odessa	4:42.30	
3 Anthony Dionne		Fss - Kingston	4:45.60	
4 Will Allan		Kingston - Kingston	4:47.70	
5 Josh Lockwood		Kingston - Kingston	4:49.50	
6 Will Langley		Rnd - Kingston	4:53.00	
7 Alex Shotten		Rnd - Kingston	5:14.40	
8 Tyler Macgillivray		Fss - Kingston	5:16.50	
9 Matt Walsh		Rnd - Kingston	5:19.00	
10 Ben Heyman		Sydenham - Sydenham	5:21.20	
11 Eric Bancroft		Sydenham - Sydenham	5:28.80	
12 Alex Kroner		Sydenham - Sydenham	5:41.30	

**Men 3000 Meter Run Midget**

=====				
KASSAA: * 9:37.00 2005 Nick McGraw, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1 Josh Lockwood		Kingston - Kingston	10:33.60	
2 Will Allan		Kingston - Kingston	10:34.60	
3 Will Langley		Rnd - Kingston	10:38.50	
4 Alex Shotten		Rnd - Kingston	11:02.30	
5 Tyler Macgillivray		Fss - Kingston	11:11.20	
6 Eric Bancroft		Sydenham - Sydenham	12:01.80	
7 Alex Kroner		Sydenham - Sydenham	12:35.60	
8 Brandon Doyle		Sydenham - Sydenham	12:51.20	

**Men 100 Meter Hurdles Midget**

=====				
KASSAA: * 15.60 5/16/2007 Josh Thompson, Sydenham H S				
Name	Year	School	Finals	Wind Points
=====				
1 Ben Fisher		Sydenham - Sydenham	17.60	NWI
2 Josh Vanniedek		Sydenham - Sydenham	18.20	NWI
3 Harvey Teal		Slhs - Sharbot L	18.50	NWI
4 Blake Kirkham-Fabri		Loyalist - Kingston	18.70	NWI
5 Avery Walker		Loyalist - Kingston	19.20	NWI

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****....Men 100 Meter Hurdles Midget**

6	Hayden Peters	Sydenham - Sydenham	22.80	NWI
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**Men 300 Meter Hurdles Midget**

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=====
KASSAA: * 43.80 5/17/2007 Matt Fouzie, Sydenham H S
Name Year School Finals Points
=====
1 Josh Vanniedek Sydenham - Sydenham 45.30
2 Hayden Peters Sydenham - Sydenham 45.50
3 Blake Kirkham-Fabri Loyalist - Kingston 49.60
4 Oliver Moyse Sydenham - Sydenham 54.40
=====
```

**Men 4x100 Meter Relay Midget**

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=====
KASSAA: * 48.90 5/16/2007 Sydenham H S - eosy, Sydenham H S
School Finals Points
=====
1 Sydenham - Sydenham 'A' 47.60*
2 Holy Cross - Kingston 'A' 51.20
3 Regiopopolis-Notre Dame-Kingston 'A' 51.40
4 Kingston - Kingston 'A' 51.70
5 Loyalist - Kingston 'A' 54.90
=====
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**Men High Jump Midget**

```
=====
KASSAA: * 1.76m 5/17/2007 Matt McEathron, Frontenac S S
Name Year School Finals Points
=====
1 Jeremy Foshay Fss - Kingston 1.73m
2 Jesse Merrigan Sydenham - Sydenham 1.70m
3 Erik Lacharite Hccss - Kingston 1.65m
4 Pascal Dirocco Hccss - Kingston J1.65m
5 Nate Chomitz Ernestown - Odessa 1.60m
6 Andrew Teal Slhs - Sharbot L J1.60m
7 Andrew Peterson Hccss - Kingston J1.60m
8 Nick Babcock Sydenham - Sydenham J1.60m
=====
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**Men Pole Vault Midget**

```
=====
KASSAA: * 2.55m 2005 Ben Blake, Kingston C.V.I.
Name Year School Finals Points
=====
1 Carter Brundage Kingston - Kingston 2.15m
2 Will Allan Kingston - Kingston J2.15m
3 Wyatt Harvey Kingston - Kingston 1.85m
=====
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**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****Men Long Jump Midget**

=====				
KASSAA: * 5.63m 5/16/2007 Brandon McIntosh, Frontenac S S				
Name	Year	School	Finals	Wind Points
=====				
1 Harvey Teal		Slhs - Sharbot L	5.34m	NWI
2 Bryer Clancy		Fss - Kingston	5.11m	NWI
3 Jeremy Foshay		Fss - Kingston	5.04m	NWI
4 Curtis Matthews		Napanee - Napanee	4.80m	NWI
5 Chase Sheldrick		Sydenham - Sydenham	4.73m	NWI
6 Nick Babcock		Sydenham - Sydenham	4.53m	NWI
7 Callum McGregor		Slhs - Sharbot L	3.96m	NWI

**Men Triple Jump Midget**

=====				
KASSAA: * 11.70m 2005 Brendan Perry, Holy Cross S.S.				
Name	Year	School	Finals	Wind Points
=====				
1 Jeremy Foshay		Fss - Kingston	11.30m	NWI
2 Bryer Clancy		Fss - Kingston	10.96m	NWI
3 Ryan McMillan		Napanee - Napanee	10.30m	NWI
4 Chase Sheldrick		Sydenham - Sydenham	9.98m	NWI
5 Trevor Reade		Hccss - Kingston	9.81m	NWI
6 Curtis Matthews		Napanee - Napanee	9.71m	NWI
-- Callum McGregor		Slhs - Sharbot L	FOUL	NWI

**Men Shot Put Midget**

=====				
KASSAA: * 13.53m 5/16/2007 Brandon McIntosh, Frontenac S S				
Name	Year	School	Finals	Points
=====				
1 Gavin Davis-Young		Sydenham - Sydenham	15.23m*	
2 Josh Dumaresq		Sydenham - Sydenham	10.71m	
3 Casey Murray		Sydenham - Sydenham	10.07m	
4 Nick Lo		Ernestown - Odessa	9.27m	
5 Avery Walker		Loyalist - Kingston	9.24m	
6 Jordan Giroux		Ernestown - Odessa	9.15m	
7 Josh Gutoskie		Fss - Kingston	8.87m	

**Men Discus Throw Midget**

=====				
KASSAA: * 37.29m 2005 Graeme Pickett, Kingston C.V.I.				
Name	Year	School	Finals	Points
=====				
1 Josh Dumaresq		Sydenham - Sydenham	31.06m	
2 Gavin Davis-Young		Sydenham - Sydenham	30.63m	
3 Nick Lo		Ernestown - Odessa	30.09m	
4 Mike McGinn		Sydenham - Sydenham	28.13m	

**Men Javelin Throw Midget**

=====				
KASSAA: * 42.98m 2005 Travis Wowk, Kingston C.V.I.				
Name	Year	School	Finals	Points
=====				
1 Mike McGinn		Sydenham - Sydenham	35.05m	
2 Gavin Davis-Young		Sydenham - Sydenham	34.75m	

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****....Men Javelin Throw Midget**

3	Casey Murray	Sydenham - Sydenham	32.34m
4	Scott Bellanger	Ernestown - Odessa	29.77m
5	Colton Distefano	Napanee - Napanee	29.34m
6	Jordan Giroux	Ernestown - Odessa	28.86m
7	Avery Walker	Loyalist - Kingston	28.85m
8	Nick Lo	Ernestown - Odessa	24.36m
9	Josh Gutoskie	Fss - Kingston	23.83m

**Men 100 Meter Dash Junior**

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KASSAA: \* 10.90 5/15/2007 Jason Steels, Regiopolis

Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1		Sydenham - Sydenham	11.50Q	NWI	3
2		Fss - Kingston	11.80Q	NWI	2
3		Fss - Kingston	12.10Q	NWI	1
4		Fss - Kingston	12.00Q	NWI	3
5		Sydenham - Sydenham	12.20Q	NWI	2
6		Hccss - Kingston	12.60Q	NWI	1
7		Hccss - Kingston	12.40q	NWI	2
8		Hccss - Kingston	12.50q	NWI	3
9		Sydenham - Sydenham	12.80	NWI	1
10		Kingston - Kingston	12.90	NWI	2
11		Kingston - Kingston	13.00	NWI	3
12		Kingston - Kingston	13.10	NWI	1
13		Loyalist - Kingston	13.30	NWI	2
14		Escmr - Kingston	13.50	NWI	1
14		Escmr - Kingston	13.50	NWI	3
16		Bayridge - Kingston	13.60	NWI	3
17		Escmr - Kingston	13.90	NWI	2

**Men 100 Meter Dash Junior**

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KASSAA: \* 10.90 5/15/2007 Jason Steels, Regiopolis

Name	Year	School	Finals	Wind	Points
=====					
Finals					
1		Fss - Kingston	11.50	NWI	
2		Sydenham - Sydenham	11.80	NWI	
3		Fss - Kingston	11.90	NWI	
4		Sydenham - Sydenham	J11.90	NWI	
5		Fss - Kingston	12.00	NWI	
6		Hccss - Kingston	12.40	NWI	
7		Hccss - Kingston	12.50	NWI	
8		Hccss - Kingston	12.70	NWI	

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****Men 200 Meter Dash Junior**

=====					
KASSAA: * 16.60 5/11/2006 Eric Lalonde, Frontenac S S					
Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1	Matt McEathron	Fss - Kingston	23.70Q	NWI	2
2	Nate Hickey	Sydenham - Sydenham	23.90Q	NWI	1
3	Jason Kwan	Sydenham - Sydenham	23.80Q	NWI	2
4	Matt Fouzie	Sydenham - Sydenham	24.20Q	NWI	1
5	Parker Woolcox	Fss - Kingston	24.20q	NWI	2
6	Colin Coon	Kingston - Kingston	25.50q	NWI	1
7	Josh Ho	Kingston - Kingston	25.70q	NWI	2
8	Kevin Round	Lsss - Kingston	25.80q	NWI	1
9	Michael Carroll	Kingston - Kingston	26.60	NWI	1

**Men 200 Meter Dash Junior**

=====					
KASSAA: * 16.60 5/11/2006 Eric Lalonde, Frontenac S S					
Name	Year	School	Finals	Wind	Points
=====					
Finals					
1	Matt McEathron	Fss - Kingston	23.60	NWI	
2	Nate Hickey	Sydenham - Sydenham	23.70	NWI	
3	Jason Kwan	Sydenham - Sydenham	23.80	NWI	
4	Matt Fouzie	Sydenham - Sydenham	J23.80	NWI	
5	Parker Woolcox	Fss - Kingston	24.30	NWI	
6	Josh Ho	Kingston - Kingston	24.80	NWI	
7	Colin Coon	Kingston - Kingston	25.60	NWI	
8	Kevin Round	Lsss - Kingston	25.90	NWI	

**Men 400 Meter Dash Junior**

=====					
KASSAA: * 53.50 5/11/2006 Josh George, Frontenac S S					
Name	Year	School	Finals	Points	
=====					
1	Kieran Doyle	Sydenham - Sydenham	52.70*		
2	Matt Fouzie	Sydenham - Sydenham	54.00		
3	Shane Caird	Sydenham - Sydenham	56.20		
4	Josh Dorey	Hccss - Kingston	57.60		
5	Blair McKenzie	Kingston - Kingston	59.60		
6	Carlos Godinho	Rnd - Kingston	1:01.20		
7	Jesse Burtch	Slhs - Sharbot L	1:01.50		

**Men 800 Meter Run Junior**

=====					
KASSAA: * 2:05.20 5/11/2006 Josh George, Frontenac S S					
Name	Year	School	Finals	Points	
=====					
1	Jeff Davies	Hccss - Kingston	2:05.40		
2	Nathan Jaros	Lsss - Kingston	2:05.80		
3	Kieran Doyle	Sydenham - Sydenham	2:07.60		
4	Stephen Vanderholst	Sydenham - Sydenham	2:10.10		
5	Christian Cole	Ernestown - Odessa	2:11.40		
6	Adrian Marshall	Hccss - Kingston	2:14.90		

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****....Men 800 Meter Run Junior**

7	Jesse Burtch	Slhs - Sharbot L	2:25.10
8	Carlos Godinho	Rnd - Kingston	2:37.40

**Men 1500 Meter Run Junior**

=====				
KASSAA: * 4:10.70 2004 Matt Hulse, Holy Cross S.S.				
Name	Year	School	Finals	Points
=====				
1	Nathan Jaros	Lsss - Kingston	4:16.90	
2	Dylan O'Sullivan	Sydenham - Sydenham	4:18.70	
3	Stephen Vanderholst	Sydenham - Sydenham	4:25.40	
4	Jeff Davies	Hccss - Kingston	4:29.90	
5	Adrian Marshall	Hccss - Kingston	4:30.10	
6	Christian Cole	Ernestown - Odessa	4:31.80	
7	Robert Asselstine	Sydenham - Sydenham	4:40.80	
8	Jesse Burtch	Slhs - Sharbot L	4:44.60	
9	Chris Grady	Hccss - Kingston	5:21.50	

**Men 3000 Meter Run Junior**

=====				
KASSAA: * 9:16.00 5/17/2007 Alexander Hinton, Kingston C V I				
Name	Year	School	Finals	Points
=====				
1	Dylan O'Sullivan	Sydenham - Sydenham	9:26.60	
2	Robert Asselstine	Sydenham - Sydenham	9:51.40	
3	Jeffrey Archer	Sydenham - Sydenham	9:59.70	
4	Adrian Marshall	Hccss - Kingston	10:09.30	
5	Chris Grady	Hccss - Kingston	11:47.30	

**Men 100 Meter Hurdles Junior**

=====				
KASSAA: * 14.50 5/11/2006 Dave McGinn, Sydenham H S				
Name	Year	School	Finals	Wind Points
=====				
1	Matt Henson	Sydenham - Sydenham	16.60	NWI
2	Michael Carroll	Kingston - Kingston	16.80	NWI
3	Josh Thompson	Sydenham - Sydenham	17.00	NWI
4	Matt Kielo	Fss - Kingston	19.00	NWI
5	Sangee Martin	Loyalist - Kingston	20.10	NWI

**Men 300 Meter Hurdles Junior**

=====				
KASSAA: * 41.50 5/10/2006 Dave McGinn, Sydenham H S				
Name	Year	School	Finals	Points
=====				
1	Matt Fouzie	Sydenham - Sydenham	43.10	
2	Sangee Martin	Loyalist - Kingston	45.00	
3	Josh Thompson	Sydenham - Sydenham	45.10	
4	Zach Edwards	Ernestown - Odessa	47.70	
5	Michael Carroll	Kingston - Kingston	48.20	
6	Matt Henson	Sydenham - Sydenham	48.70	

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****Men 4x100 Meter Relay Junior**

=====				
KASSAA: * 47.10 2004 Bayridge S.S., Bayridge S.S.				
School			Finals	Points
=====				
1 Sydenham - Sydenham 'A'			46.30*	
2 Frontenac - Kingston 'A'			47.30	
3 Holy Cross - Kingston 'A'			47.70	
4 Kingston - Kingston 'A'			50.20	

**Men High Jump Junior**

=====				
KASSAA: * 1.85m 2004 Tom Hughes, Sharbot Lake H.S.				
Name	Year	School	Finals	Points
=====				
1 Spencer Lambert		Fss - Kingston	1.81m	
2 Matt McEathron		Fss - Kingston	J1.81m	
3 Charlie Genge		Ernestown - Odessa	1.70m	
4 Eric Williams		Kingston - Kingston	1.60m	
5 Trevor Reade		Hccss - Kingston	1.45m	
6 Trevor Smith		Bayridge - Kingston	J1.45m	

**Men Pole Vault Junior**

=====				
KASSAA: * 3.10m 2005 Rob Hackett, Bayridge S.S.				
Name	Year	School	Finals	Points
=====				
1 Eli Tremblay		Kingston - Kingston	2.60m	
2 Steven Otter		Kingston - Kingston	2.15m	
3 Zach Hawley		Kingston - Kingston	2.00m	

**Men Long Jump Junior**

=====				
KASSAA: * 6.59m 2004 David Jones, Ernestown S.S.				
Name	Year	School	Finals	Wind Points
=====				
1 Sean Ho		Hccss - Kingston	5.43m	NWI
2 Jacob Berndt		Sydenham - Sydenham	5.28m	NWI
3 Spencer Lambert		Fss - Kingston	5.26m	NWI
4 Shane Caird		Sydenham - Sydenham	5.09m	NWI
5 Matthew St-Amour		Escmr - Kingston	5.05m	NWI
6 Jordan Reda		Hccss - Kingston	4.98m	NWI
7 Mike Hinton		Fss - Kingston	4.85m	NWI
8 Kieran Doyle		Sydenham - Sydenham	4.62m	NWI
9 Roland Huneault		Escmr - Kingston	4.36m	NWI
10 Josh Dorey		Hccss - Kingston	4.18m	NWI
11 Colin Coon		Kingston - Kingston	3.93m	NWI

**Men Triple Jump Junior**

=====				
KASSAA: * 12.93m 2004 David Jones, Ernestown S.S.				
Name	Year	School	Finals	Wind Points
=====				
1 Charlie Genge		Ernestown - Odessa	12.42m	NWI
2 Parker Woolcox		Fss - Kingston	11.47m	NWI
3 Spencer Lambert		Fss - Kingston	11.37m	NWI

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****....Men Triple Jump Junior**

4	Josh Thompson	Sydenham - Sydenham	11.23m	NWI
5	Sean Ho	Hccss - Kingston	11.20m	NWI
6	Aaron Gazendam	Hccss - Kingston	11.09m	NWI
7	Jacob Berndt	Sydenham - Sydenham	10.98m	NWI
8	Jordan Reda	Hccss - Kingston	10.54m	NWI
--	Kendall Rowe	Kingston - Kingston	FOUL	NWI

**Men Shot Put Junior**

=====				
KASSAA: * 14.35m 2005 Mathieu Widmont, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1	Brandon Mcintosh	Fss - Kingston	15.20m*	
2	Matt Black	Kingston - Kingston	11.95m	
3	Jason Wowk	Kingston - Kingston	11.71m	
4	Desmond Adams	Loyalist - Kingston	11.69m	
5	Nick Halladay	Sydenham - Sydenham	10.48m	
6	Mike Sproule	Slhs - Sharbot L	10.36m	
7	Dustin Latimer	Sydenham - Sydenham	9.91m	
8	Jonah Bellis	Ernestown - Odessa	9.86m	
9	Jamie Higley	Bayridge - Kingston	8.43m	
10	Jamie Pilon	Bayridge - Kingston	8.01m	

**Men Discus Throw Junior**

=====				
KASSAA: * 43.55m 5/17/2007 Hunter Steward, Bayridge S S-				
Name	Year	School	Finals	Points
=====				
1	Greg Pickett	Kingston - Kingston	40.34m	
2	Brandon Mcintosh	Fss - Kingston	37.62m	
3	Dustin Latimer	Sydenham - Sydenham	35.18m	
4	Adam Bernicky	Rnd - Kingston	31.58m	
5	Jason Wowk	Kingston - Kingston	31.10m	
6	Nick Stewart	Ernestown - Odessa	29.96m	
7	Jordan Reda	Hccss - Kingston	27.34m	
8	Nick Halladay	Sydenham - Sydenham	22.39m	
9	Spencer Shenton	Escmr - Kingston	21.28m	
10	Matt Kielo	Fss - Kingston	20.06m	

**Men Javelin Throw Junior**

=====				
KASSAA: * 43.70m 5/11/2006 Travis Wowk, Kingston C V I				
Name	Year	School	Finals	Points
=====				
1	Aaron Gazendam	Hccss - Kingston	48.85m*	
2	Adam Bernicky	Rnd - Kingston	37.52m	
3	Charlie Genge	Ernestown - Odessa	36.18m	
4	Nick Stewart	Ernestown - Odessa	35.41m	
5	Dustin Latimer	Sydenham - Sydenham	34.53m	
6	Nathan Compeau	Rnd - Kingston	34.30m	
7	Zach Edwards	Ernestown - Odessa	33.64m	



**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****....Men Javelin Throw Junior**

8	Chris Shibley	Sydenham - Sydenham	32.51m
9	Mike Sproule	Slhs - Sharbot L	32.42m
10	Greg Pickett	Kingston - Kingston	30.14m
11	Jason Wowk	Kingston - Kingston	29.64m
12	Desmond Adams	Loyalist - Kingston	25.39m
13	Jamie Pilon	Bayridge - Kingston	24.55m
14	Roland Huneault	Escmr - Kingston	24.13m
15	Jonah Bellis	Ernestown - Odessa	23.16m
16	Jamie Higley	Bayridge - Kingston	22.79m
17	Spencer Shenton	Escmr - Kingston	17.06m
--	Lucas Stott	Sydenham - Sydenham	FOUL

**Men 100 Meter Dash Senior**

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=====
      KASSAA: * 10.70  1980           Mike Plant, Queen Elizabeth C.V.I.
      Name                    Year School                    Prelims  Wind H#
=====
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**Preliminaries**

1	Jason Steels	Rnd - Kingston	11.70Q	NWI	3
2	Josh Vonstransky	Fss - Kingston	12.30Q	NWI	1
3	Johnny Ramirez	Fss - Kingston	12.40Q	NWI	2
4	Nate Emmons	Sydenham - Sydenham	12.10Q	NWI	3
5	Kalib Neadow	Slhs - Sharbot L	12.60Q	NWI	1
6	Josh Asselstine	Sydenham - Sydenham	12.70Q	NWI	2
7	Troy Cleland	Slhs - Sharbot L	12.20q	NWI	3
8	Graham Slaughter	Hccss - Kingston	12.50q	NWI	3
9	Will Reed	Napanee - Napanee	12.60	NWI	3
10	Branden Coulter	Sydenham - Sydenham	12.80	NWI	1
11	John McCombs	Hccss - Kingston	13.00	NWI	2
13	Jason Godfrey	Slhs - Sharbot L	J13.10	NWI	2
13	Andrew Reade	Hccss - Kingston	J13.10	NWI	1
15	Mitch Mortesen	Kingston - Kingston	J13.10	NWI	2
15	Thomas Cox-Rothwell	Kingston - Kingston	13.30	NWI	3
16	Mustafa Khan	Loyalist - Kingston	13.50	NWI	3
16	Liam Coon	Kingston - Kingston	13.50	NWI	1
18	Nick Pappas	Loyalist - Kingston	13.60	NWI	1
19	Sean Page	Rnd - Kingston	14.10	NWI	2

**Men 100 Meter Dash Senior**

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=====
      KASSAA: * 10.70  1980           Mike Plant, Queen Elizabeth C.V.I.
      Name                    Year School                    Finals  Wind Points
=====
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**Finals**

1	Jason Steels	Rnd - Kingston	11.60	NWI	
2	Nate Emmons	Sydenham - Sydenham	11.90	NWI	
3	Troy Cleland	Slhs - Sharbot L	12.10	NWI	
4	Johnny Ramirez	Fss - Kingston	J12.10	NWI	
5	Josh Vonstransky	Fss - Kingston	12.60	NWI	
6	Graham Slaughter	Hccss - Kingston	J12.60	NWI	
7	Kalib Neadow	Slhs - Sharbot L	12.70	NWI	

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****Men 200 Meter Dash Senior**

=====				
KASSAA: * 22.40 2004 Brennan Wright, Regiopolis N.D.C.H.S.				
Name	Year	School	Prelims	Wind H#
=====				
Preliminaries				
1		Ernestown - Odessa	24.00Q	NWI 2
1		Sydenham - Sydenham	24.00Q	NWI 1
3		Sydenham - Sydenham	24.10Q	NWI 2
4		Slhs - Sharbot L	24.40Q	NWI 1
5		Kingston - Kingston	24.60Q	NWI 2
6		Hccss - Kingston	25.30Q	NWI 1
7		Lsss - Kingston	25.20q	NWI 2
8		Fss - Kingston	25.40q	NWI 1
9		Sydenham - Sydenham	25.60	NWI 1
10		Lsss - Kingston	25.70	NWI 1
11		Hccss - Kingston	26.50	NWI 2
12		Kingston - Kingston	27.50	NWI 2

**Men 200 Meter Dash Senior**

=====				
KASSAA: * 22.40 2004 Brennan Wright, Regiopolis N.D.C.H.S.				
Name	Year	School	Finals	Wind Points
=====				
Finals				
1		Ernestown - Odessa	23.30	NWI
2		Sydenham - Sydenham	23.50	NWI
3		Sydenham - Sydenham	24.00	NWI
4		Kingston - Kingston	24.30	NWI
5		Slhs - Sharbot L	24.50	NWI
6		Lsss - Kingston	25.00	NWI
7		Hccss - Kingston	25.60	NWI

**Men 400 Meter Dash Senior**

=====				
KASSAA: * 49.40 1993 Micah McGowan, Frontenac S.S.				
Name	Year	School	Finals	H# Points
=====				
1		Fss - Kingston	50.60	1
2		Fss - Kingston	53.10	1
3		Sydenham - Sydenham	53.30	2
4		Sydenham - Sydenham	53.60	2
5		Sydenham - Sydenham	54.00	2
6		Kingston - Kingston	54.20	1
7		Kingston - Kingston	54.30	1
8		Ernestown - Odessa	55.10	1
9		Lsss - Kingston	55.70	1
10		Lsss - Kingston	58.53	2
11		Hccss - Kingston	1:03.00	2
12		Rnd - Kingston	1:13.20	2

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****Men 800 Meter Run Senior**

=====				
KASSAA: * 1:52.70 1986 Trevor VanNest, Kingston C.V.I.				
Name	Year	School	Finals	Points
=====				
1 Josh George		Fss - Kingston	1:58.00	
2 Charly Allan		Kingston - Kingston	2:01.10	
3 Andrew Dionne		Fss - Kingston	2:03.00	
4 Evan Andrin		Kingston - Kingston	2:03.40	
5 Neil Martin		Hccss - Kingston	2:05.20	
6 Matt Stover		Kingston - Kingston	2:12.50	
7 Dylan McKellar		Fss - Kingston	2:13.30	
8 Chris Hull		Sydenham - Sydenham	2:15.50	

**Men 1500 Meter Run Senior**

=====				
KASSAA: * 3:55.50 1986 Trevor VanNest, Kingston C.V.I.				
Name	Year	School	Finals	Points
=====				
1 Josh George		Fss - Kingston	4:13.30	
2 Alexander Hinton		Kingston - Kingston	4:13.60	
3 Charly Allan		Kingston - Kingston	4:13.90	
4 Evan Andrin		Kingston - Kingston	4:23.00	
5 Neil Martin		Hccss - Kingston	4:27.00	
6 Brant Stachel		Ernestown - Odessa	4:28.00	
7 Erik Bellefleur		Fss - Kingston	4:32.80	
8 Dylan McKellar		Fss - Kingston	4:36.30	
9 Billy Bosted		Lsss - Kingston	4:40.50	
10 Lucas Lobo		Hccss - Kingston	4:41.90	
11 Ty Anderson		Qecvi - Kingston	4:43.80	
12 Chris Hull		Sydenham - Sydenham	4:46.40	

**Men 3000 Meter Run Senior**

=====				
KASSAA: * 8:42.50 2001 Dylan Wykes, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1 Alexander Hinton		Kingston - Kingston	9:01.60	
2 Charly Allan		Kingston - Kingston	9:33.90	
3 Brant Stachel		Ernestown - Odessa	9:56.80	
4 Lucas Lobo		Hccss - Kingston	10:04.70	
5 Billy Bosted		Lsss - Kingston	10:52.70	
6 Mark Dalton		Napanee - Napanee	11:34.00	
7 Will Reed		Napanee - Napanee	11:38.00	
8 Wes Kerr		Napanee - Napanee	11:46.50	

**Men 110 Meter Hurdles Senior**

=====				
KASSAA: * 14.70 2004 Sonny Mercer, Regiopolis N.D.C.H.S.				
Name	Year	School	Finals	Wind Points
=====				
1 Dave McGinn		Sydenham - Sydenham	15.30	NWI
2 Nate Moyse		Sydenham - Sydenham	17.30	NWI
3 Naaman Sugrue		Loyalist - Kingston	18.10	NWI
4 Josh Asselstine		Sydenham - Sydenham	19.10	NWI
5 Will Reed		Napanee - Napanee	19.20	NWI

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****....Men 110 Meter Hurdles Senior**

6	Ben Sagriff	Napanee - Napanee	19.30	NWI
7	Mustafa Khan	Loyalist - Kingston	21.00	NWI

**Men 400 Meter Hurdles Senior**

=====				
	KASSAA: * 57.30	1996	Steve Shragge, Frontenac S.S.	
Name	Year	School	Finals	Points
=====				
1	Dave McGinn	Sydenham - Sydenham	59.80	
2	Nate Moyse	Sydenham - Sydenham	1:01.80	
3	Tom Devlin	Sydenham - Sydenham	1:03.30	
4	Ben Sagriff	Napanee - Napanee	1:04.40	
5	Naaman Sugrue	Loyalist - Kingston	1:07.20	

**Men 4x100 Meter Relay Senior**

=====				
	KASSAA: * 44.00	1989	Kingston C.V.I., Kingston C.V.I.	
School			Finals	Points
=====				
1	Sydenham - Sydenham	'A'	45.90	
2	Holy Cross - Kingston	'A'	48.90	
3	Sharbot Lake - Sharbot Lake	'A'	49.10	
4	Kingston - Kingston	'A'	50.20	

**Men High Jump Senior**

=====				
	KASSAA: * 2.11m	1987	Sanjaya Wijayakoon, Frontenac S.S.	
Name	Year	School	Finals	Points
=====				
1	Scott Wilson	Rnd - Kingston	1.87m	
2	Greg Faulkner	Hccss - Kingston	1.84m	
3	Dustin Harper	Ernestown - Odessa	1.70m	
4	Kyle Dolphin	Kingston - Kingston	J1.70m	
5	Kalib Neadow	Slhs - Sharbot L	1.65m	
6	Jason Godfrey	Slhs - Sharbot L	1.60m	
7	Ryan Morrison	Lsss - Kingston	1.55m	
8	Liam Coon	Kingston - Kingston	1.50m	
9	Tyler Hansen	Sydenham - Sydenham	1.40m	

**Men Pole Vault Senior**

=====				
	KASSAA: * 4.33m	1998	Mike Kleywegt, LaSalle S.S.	
Name	Year	School	Finals	Points
=====				
1	Ian Pinchin	Kingston - Kingston	2.90m	
2	Connor Patterson	Kingston - Kingston	2.75m	
3	Thomas Cox-Rothwell	Kingston - Kingston	2.30m	

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****Men Long Jump Senior**

=====					
KASSAA: * 6.75m 1992 Ted Farndon, Frontenac S.S.					
Name	Year	School	Finals	Wind	Points
=====					
1	Brandon Holden	Napanee - Napanee	6.09m	NWI	
2	Brett Hull	Fss - Kingston	5.93m	NWI	
3	Abraham Anyoti	Kingston - Kingston	5.70m	NWI	
4	Cory Houde-Shulman	Kingston - Kingston	5.52m	NWI	
5	John Sullivan	Hccss - Kingston	5.44m	NWI	
6	Danny Bae	Kingston - Kingston	5.36m	NWI	
7	Josh Lappala	Bayridge - Kingston	5.34m	NWI	
8	Josef Fruendofer	Rnd - Kingston	5.26m	NWI	
9	Jason Godfrey	Slhs - Sharbot L	5.12m	NWI	
10	Kyle Kilpatrick	Rnd - Kingston	4.92m	NWI	
11	Dustin Harper	Ernestown - Odessa	4.78m	NWI	
12	Jerome Quenneville	Escmr - Kingston	4.07m	NWI	
13	Ron Sung	Bayridge - Kingston	4.05m	NWI	
14	Robert Nartowski	Rnd - Kingston	4.02m	NWI	

**Men Triple Jump Senior**

=====					
KASSAA: * 13.82m 1982 Roger Skepple, Frontenac S.S.					
Name	Year	School	Finals	Wind	Points
=====					
1	Brandon Holden	Napanee - Napanee	12.93m	NWI	
2	Josh Lappala	Bayridge - Kingston	12.61m	NWI	
3	Brett Hull	Fss - Kingston	11.95m	NWI	
4	Cory Houde-Shulman	Kingston - Kingston	11.65m	NWI	
5	Mark Dalton	Napanee - Napanee	11.57m	NWI	
6	Josef Fruendofer	Rnd - Kingston	11.34m	NWI	
7	John Sullivan	Hccss - Kingston	11.10m	NWI	
8	Danny Bae	Kingston - Kingston	10.72m	NWI	
9	Kalib Neadow	Slhs - Sharbot L	10.50m	NWI	
10	Darin Evoy	Ernestown - Odessa	10.22m	NWI	
11	Thomas Cox-Rothwell	Kingston - Kingston	9.65m	NWI	
--	Ron Sung	Bayridge - Kingston	FOUL	NWI	

**Men Shot Put Senior**

=====					
KASSAA: * 18.28m 1998 Corey Trudeau, Bayridge S.S.					
Name	Year	School	Finals	Points	
=====					
1	Derek Morris	Napanee - Napanee	13.99m		
2	Hunter Steward	Bayridge - Kingston	13.52m		
3	Mathieu Widmont	Fss - Kingston	12.79m		
4	Josh Prinsen	Hccss - Kingston	12.53m		
5	Adam Stroud	Sydenham - Sydenham	11.86m		
6	Marc Laporte	Fss - Kingston	11.80m		
7	Dave Zanet	Sydenham - Sydenham	11.36m		
8	Mike Sleeth	Sydenham - Sydenham	11.10m		
9	Graeme Pickett	Kingston - Kingston	10.58m		
10	Tyler Grant	Hccss - Kingston	10.55m		
11	Omar Ballantyne	Hccss - Kingston	9.78m		
12	Ron Sung	Bayridge - Kingston	7.69m		
13	Reid Johns	Loyalist - Kingston	7.62m		

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****Men Discus Throw Senior**

=====				
KASSAA: * 51.44m 1998 Corey Trudeau, Bayridge S.S.				
Name	Year	School	Finals	Points
=====				
1		Graeme Pickett	Kingston - Kingston	41.32m
2		Hunter Steward	Bayridge - Kingston	36.17m
3		Mike Sleeth	Sydenham - Sydenham	32.66m
4		Derek Morris	Napanee - Napanee	30.56m
5		Mathieu Widmont	Fss - Kingston	29.05m
6		Ryan Shenk	Hccss - Kingston	26.00m
7		David Heroux	Hccss - Kingston	25.36m
8		Tyler Grant	Hccss - Kingston	22.35m
9		Adam Stroud	Sydenham - Sydenham	20.76m
10		Murray Hodgeson	Sydenham - Sydenham	12.89m
--		Jerome Quenneville	Escmr - Kingston	FOUL

**Men Javelin Throw Senior**

=====				
KASSAA: * 59.32m 2001 Matt Murdock, Bayridge S.S.				
Name	Year	School	Finals	Points
=====				
1		Dave Zanet	Sydenham - Sydenham	44.94m
2		John Sullivan	Hccss - Kingston	43.87m
3		Josh Lappala	Bayridge - Kingston	40.61m
4		Graeme Pickett	Kingston - Kingston	39.02m
5		Mathieu Widmont	Fss - Kingston	38.96m
6		Adam Stroud	Sydenham - Sydenham	38.54m
7		Mark Dalton	Napanee - Napanee	37.59m
8		Branden Lynch	Sydenham - Sydenham	36.51m
9		Kyle Kilpatrick	Rnd - Kingston	35.06m
10		Dustin Harper	Ernestown - Odessa	33.01m
11		John McCombs	Hccss - Kingston	31.83m
12		Jerome Quenneville	Escmr - Kingston	30.51m
13		Colin Grudzien	Bayridge - Kingston	27.02m
14		Wes Kerr	Napanee - Napanee	26.95m

**Men 2000 Meter Steeplechase Open**

=====				
KASSAA: * 6:07.70 2000 Brett Burns, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1		Jeffrey Archer	Sydenham - Sydenham	6:52.00
2		Chris Hull	Sydenham - Sydenham	7:20.10
3		Taylor Robertson	Rnd - Kingston	7:35.50
4		Matt Walsh	Rnd - Kingston	8:04.60
5		Zach Edwards	Ernestown - Odessa	8:13.00

**Men 4x400 Meter Relay Open**

=====				
KASSAA: * 3:30.80 1993 Frontenac S.S., Frontenac S.S.				
School	Year	School	Finals	Points
=====				
1		Sydenham - Sydenham 'A'		3:32.30
2		Frontenac - Kingston 'A'		3:42.00
3		Kingston - Kingston 'A'		3:42.50

**KASSAA 2008 - 5/14/2008 to 5/15/2008**  
**Track and Field**  
**Richardson Stadium**  
**Results**

**....Men 4x400 Meter Relay Open**

4 Regiopolis-Notre Dame-Kingston 'A' 3:55.70

**Men 100 Meter Dash Ambulatory**

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=====
      KASSAA: * 28.70  5/16/2007  Zack Badour, Sharbot Lake
Name                Year School                Finals  Wind Points
=====
  1 Zack Badour                Slhs - Sharbot L                26.60*  NWI

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