

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****Women 100 Meter Dash Midget**

=====				
Name	Year	School	Finals	Wind Points
=====				
KASSAA: * 12.40 5/11/2006 Jessica Keating, Bayridge S S-				
Finals				
1 Meagan Petrie		Sydenham - Sydenham	13.60	NWI
2 Jessa McAuliffe		Kingston - Kingston	13.70	NWI
3 Keagan Davis-Burns		Kingston - Kingston	13.90	NWI
4 Portia Worthy		Fss - Kingston	14.20	NWI

**Women 200 Meter Dash Midget**

=====				
Name	Year	School	Finals	Wind Points
=====				
KASSAA: * 26.50 5/15/2007 Kristen Mullen, Kingston CVI				
Finals				
1 Meagan Petrie		Sydenham - Sydenham	27.90	NWI
2 Megan Farrow		Kingston - Kingston	28.10	NWI
3 Melissa Brown		Hccss - Kingston	29.40	NWI
4 Selena Buckle		Hccss - Kingston	29.60	NWI

**Women 400 Meter Dash Midget**

=====				
Name	Year	School	Finals	Points
=====				
KASSAA: * 1:03.80 5/11/2006 Laura Ogilvie, Frontenac S S				
Finals				
1 Beth Farnell		Kingston - Kingston	1:04.00	
2 Jessa McAuliffe		Kingston - Kingston	1:07.40	
3 Molly Doherty		Hccss - Kingston	1:11.70	

**Women 800 Meter Run Midget**

=====				
Name	Year	School	Finals	Points
=====				
KASSAA: * 2:27.70 2005 Catherine Farish, Frontenac S.S.				
Finals				
1 Cleo Boyd		Fss - Kingston	2:28.80	
2 Michela Gossage		Sydenham - Sydenham	2:30.20	
3 Nicole O'Sullivan		Hccss - Kingston	2:32.20	
4 Lacey Tryon		Sydenham - Sydenham	2:35.30	

**Women 1500 Meter Run Midget**

=====				
Name	Year	School	Finals	Points
=====				
KASSAA: * 5:14.20 5/10/2006 Riley Shkimba, Holy Cross S				
Finals				
1 Cleo Boyd		Fss - Kingston	5:01.60*	
2 Nicole O'Sullivan		Hccss - Kingston	5:02.30*	
3 Brianna Lapierre		Hccss - Kingston	5:02.40*	
4 Lacey Tryon		Sydenham - Sydenham	5:09.70*	

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****Women 3000 Meter Run Midget**

=====				
Name	Year	School	Finals	Points
=====				
KASSAA: * 11:20.80 5/11/2006 Stephanie Hulse, Holy Cross S				
1 Nicole O'Sullivan		Hccss - Kingston	10:58.80*	
2 Brianna Lapierre		Hccss - Kingston	11:07.10*	
3 Lacey Tryon		Sydenham - Sydenham	11:13.20*	
4 Michela Gossage		Sydenham - Sydenham	11:22.60	

**Women 80 Meter Hurdles Midget**

=====				
Name	Year	School	Finals	Wind Points
=====				
KASSAA: * 12.90 5/11/2006 Shannon Walsh, Sydenham H S				
1 Megan Farrow		Kingston - Kingston	16.40	NWI
2 Avery Michels		Rnd - Kingston	16.70	NWI
3 Katie Glass		Sydenham - Sydenham	17.40	NWI

**Women 300 Meter Hurdles Midget**

=====				
Name	Year	School	Finals	Points
=====				
KASSAA: * 46.40 5/17/2007 Kristen Mullen, Kingston C V I				
1 Megan Farrow		Kingston - Kingston	50.71	
2 Avery Michels		Rnd - Kingston	53.38	
3 Beth Farnell		Kingston - Kingston	53.58	

**Women 4x100 Meter Relay Midget**

=====				
School	Year	School	Finals	Points
=====				
KASSAA: * 53.10 5/11/2006 Sydenham H S - eosy, Sydenham H S				
1 Kingston - Kingston	'A'		54.60	
2 Sydenham - Sydenham	'A'		54.80	
3 Regiopolis-Notre Dame-Kingston	'A'		1:00.80	

**Women High Jump Midget**

=====				
Name	Year	School	Finals	Points
=====				
KASSAA: * 1.50m 2005 Shade Makinda, Frontenac S.S.				
1 Anna Krzemien		Kingston - Kingston	1.48m	
2 Alison Zilstra		Loyalist - Kingston	1.45m	

**Women Long Jump Midget**

=====				
Name	Year	School	Finals	Wind Points
=====				
KASSAA: * 4.78m 5/15/2007 Morgan Young, Sydenham H S				
1 Portia Worthy		Fss - Kingston	4.36m	NWI
2 Bria Wannamaker		Fss - Kingston	4.07m	NWI
3 Jazmine Holden		Napanee - Napanee	3.97m	NWI
4 Maxime Houde-Shulman		Kingston - Kingston	3.95m	NWI

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****Women Triple Jump Midget**

=====				
KASSAA: * 9.93m 5/11/2006 Shannon Walsh, Sydenham H S				
Name	Year	School	Finals	Wind Points
=====				
1		Portia Worthy	Fss - Kingston	10.12m* NWI
2		Jessa McAuliffe	Kingston - Kingston	9.46m NWI
3		Jazmine Holden	Napanee - Napanee	8.75m NWI
4		Maxime Houde-Shulman	Kingston - Kingston	8.32m NWI

**Women Shot Put Midget**

=====				
KASSAA: * 10.38m 5/11/2006 Julie Sleeth, Sydenham H S				
Name	Year	School	Finals	Points
=====				
1		Brittany Nash	Sydenham - Sydenham	8.89m
2		Rebecca Batson	Lsss - Kingston	8.59m
3		Katie Milligan	Sydenham - Sydenham	8.27m
4		Kelsey Curran	Rnd - Kingston	7.61m

**Women Discus Throw Midget**

=====				
KASSAA: * 27.35m 5/17/2007 Ashley Windmont, Frontenac S S				
Name	Year	School	Finals	Points
=====				
1		Brittany Nash	Sydenham - Sydenham	24.27m
2		Taylor Lappan	Ernestown - Odessa	18.68m
3		Shyanne McGregor	Sydenham - Sydenham	17.75m
4		Katie Milligan	Sydenham - Sydenham	17.27m

**Women Javelin Throw Midget**

=====				
KASSAA: * 31.29m 5/11/2006 Meredith Papps, Ernestown S S				
Name	Year	School	Finals	Points
=====				
1		Katie Glass	Sydenham - Sydenham	28.06m
2		Rebecca Batson	Lsss - Kingston	22.95m
3		Kate Jackson	Sydenham - Sydenham	20.89m
4		Katie Milligan	Sydenham - Sydenham	20.63m

**Women 100 Meter Dash Junior**

=====				
KASSAA: * 12.43 2004 Amy Blaser, Frontenac S.S.				
Name	Year	School	Finals	Wind Points
=====				
Finals				
1		Melanie Robb	Rnd - Kingston	13.40 NWI
2		Sarah Hobbs	Fss - Kingston	13.60 NWI
3		Nicole Stoyles	Fss - Kingston	13.80 NWI
4		Tasha Urbancic	Fss - Kingston	J13.80 NWI

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****Women 200 Meter Dash Junior**

=====				
KASSAA: * 27.10 2004 Tiffany Brogan, Ernestown S.S.				
Name	Year	School	Finals	Wind Points
=====				
1 Morgan Young		Sydenham - Sydenham	26.40*	NWI
2 Kristen Mullen		Kingston - Kingston	27.10*	NWI
3 Katie Gordanier		Lsss - Kingston	27.40	NWI
4 Ellie Clark		Kingston - Kingston	28.20	NWI

**Women 400 Meter Dash Junior**

=====				
KASSAA: * 59.40 5/11/2006 Catherine Farish, Frontenac S S				
Name	Year	School	Finals	H# Points
=====				
1 Morgan Young		Sydenham - Sydenham	1:01.30	1
2 Kristen Mullen		Kingston - Kingston	1:04.30	1
3 Megan Hutcheson		Rnd - Kingston	1:05.80	2
4 Riley Shkimba		Hccss - Kingston	1:06.90	1

**Women 800 Meter Run Junior**

=====				
KASSAA: * 2:23.60 2004 Lauren Moore, Holy Cross S.S.				
Name	Year	School	Finals	Points
=====				
1 Taylor Sills		Ernestown - Odessa	2:25.40	
2 Riley Shkimba		Hccss - Kingston	2:26.60	
3 Kristin Ostler		Fss - Kingston	2:31.20	
4 Megan Hutcheson		Rnd - Kingston	2:35.70	

**Women 1500 Meter Run Junior**

=====				
KASSAA: * 4:49.20 2004 Lauren Moore, Hoy Cross S.S.				
Name	Year	School	Finals	Points
=====				
1 Taylor Sills		Ernestown - Odessa	5:03.00	
2 Riley Shkimba		Hccss - Kingston	5:09.40	
3 Kristin Ostler		Fss - Kingston	5:15.10	
4 Jocelyn Laird		Kingston - Kingston	5:19.70	

**Women 3000 Meter Run Junior**

=====				
KASSAA: * 10:38.00 5/17/2007 Stephanie Hulse, Holy Cross S				
Name	Year	School	Finals	Points
=====				
1 Jocelyn Laird		Kingston - Kingston	12:07.40	
2 Hillary Sweet		Napanee - Napanee	12:08.70	

**Women 80 Meter Hurdles Junior**

=====				
KASSAA: * 12.80 5/11/2006 Hannah Bagnall, Kingston C V I				
Name	Year	School	Finals	Wind Points
=====				
Finals				
1 Mia Kilborn		Sydenham - Sydenham	13.80	NWI

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
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Results****....Women 80 Meter Hurdles Junior**

2	Tara Worthy	Fss - Kingston	15.10	NWI
3	Rachel Neadow	Slhs - Sharbot L	15.70	NWI
4	Mariah Patrick	Napanee - Napanee	16.00	NWI

**Women 300 Meter Hurdles Junior**

=====				
	KASSAA: *	46.90	5/10/2006	Catherine Farish, Frontenac S S
Name	Year	School	Finals	Points
=====				
1	Jen Gatenby	Loyalist - Kingston	52.02	
2	Mia Kilborn	Sydenham - Sydenham	53.19	

**Women 4x100 Meter Relay Junior**

=====				
	KASSAA: *	52.30	5/16/2007	Sydenham H S - eosy, Sydenham H S
School	Year	School	Finals	Points
=====				
1	Kingston - Kingston	'A'	53.80	
2	Frontenac - Kingston	'A'	54.70	
3	Regiopolis-Notre Dame-Kingston	'A'	54.90	
4	La Salle - Kingston	'A'	55.80	

**Women High Jump Junior**

=====				
	KASSAA: *	1.55m	5/17/2007	Lindsay Ballance, Ernestown S S
Name	Year	School	Finals	Points
=====				
1	Portia Ball	Lsss - Kingston	1.62m*	
2	Elyse Owens	Rnd - Kingston	1.45m	
3	Sarah Buttle	Sydenham - Sydenham	1.40m	

**Women Pole Vault Junior**

=====				
	KASSAA: *	2.40m	2005	Dominique Cartier, Bayridge S.S.
Name	Year	School	Finals	Points
=====				
1	Rachel Neadow	Slhs - Sharbot L	1.70m	
2	Anna Krzemien	Kingston - Kingston	1.55m	

**Women Long Jump Junior**

=====					
	KASSAA: *	5.07m	2004	Janelle Taylor, Holy Cross S.S.	
Name	Year	School	Finals	Wind	Points
=====					
1	Katie Gordanier	Lsss - Kingston	4.70m		NWI
2	Morgan Young	Sydenham - Sydenham	4.59m		NWI
3	Melanie Robb	Rnd - Kingston	4.50m		NWI
4	Sarah Hobbs	Fss - Kingston	4.49m		NWI

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
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Results****Women Triple Jump Junior**

=====				
KASSAA: * 10.33m 2004 Janelle Taylor, Holy Cross S.S.				
Name	Year	School	Finals	Wind Points
=====				
1	Katie	Gordanier	Lsss - Kingston	10.29m NWI
2	Melanie	Robb	Rnd - Kingston	10.06m NWI
3	Stephanie	Drouin	Escmr - Kingston	9.80m NWI
4	Chloe	Colden	Lsss - Kingston	9.50m NWI

**Women Shot Put Junior**

=====				
KASSAA: * 11.20m 5/15/2007 Julie Sleeth, Sydenham H S				
Name	Year	School	Finals	Points
=====				
1	Ashley	Widmont	Fss - Kingston	10.44m
2	Hadley	Rombough	Sydenham - Sydenham	10.31m
3	Amanda	Mellon	Ernestown - Odessa	8.30m
4	Michelle	Irvine	Lsss - Kingston	8.27m

**Women Discus Throw Junior**

=====				
KASSAA: * 32.90m 5/17/2007 Julie Sleeth, Sydenham H S				
Name	Year	School	Finals	Points
=====				
1	Ashley	Widmont	Fss - Kingston	29.93m
2	Hadley	Rombough	Sydenham - Sydenham	23.36m
3	Amanda	Mellon	Ernestown - Odessa	21.25m
4	Jennafer	Pople	Sydenham - Sydenham	20.58m

**Women Javelin Throw Junior**

=====				
KASSAA: * 36.18m 5/16/2007 Meredith Papps, Ernestown S S				
Name	Year	School	Finals	Points
=====				
1	Ashley	Widmont	Fss - Kingston	31.98m
2	Hadley	Rombough	Sydenham - Sydenham	31.96m
3	Michelle	Irvine	Lsss - Kingston	29.76m
4	Jackie	Rodgerson	Ernestown - Odessa	24.00m

**Women 100 Meter Dash Senior**

=====				
KASSAA: * 11.90 5/16/2007 Veronica Catry, Regiopolis				
Name	Year	School	Finals	Wind Points
=====				
Finals				
1	Shade	Makinde	Fss - Kingston	12.80 NWI
2	Mallory	Hart	Sydenham - Sydenham	13.50 NWI
3	Sydney	Midwood	Sydenham - Sydenham	13.50 NWI
4	Amanda	Rodrigues	Fss - Kingston	13.60 NWI

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
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Results****Women 200 Meter Dash Senior**

=====				
KASSAA: * 25.50 2001 Kim Laverty, Holy Cross S.S.				
Name	Year	School	Finals	Wind Points
=====				
1 Shade Makinde		Fss - Kingston	27.30	NWI
2 Mallory Hart		Sydenham - Sydenham	27.60	NWI
3 Sydney Midwood		Sydenham - Sydenham	28.10	NWI
4 Amanda Rodrigues		Fss - Kingston	28.40	NWI

**Women 400 Meter Dash Senior**

=====				
KASSAA: * 57.70 1984 Cheryl Thibedeau, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1 Catherine Farish		Fss - Kingston	1:01.80	
2 Meagan King		Sydenham - Sydenham	1:09.40	
3 Lyndsay Glass		Sydenham - Sydenham	1:09.70	
4 Asia Zolnierczyk		Hccss - Kingston	1:10.60	

**Women 800 Meter Run Senior**

=====				
KASSAA: * 2:18.60 1995 Alison Forrest, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1 Anne Marie Duarte		Sydenham - Sydenham	2:37.40	
2 Asia Zolnierczyk		Hccss - Kingston	2:51.50	

**Women 1500 Meter Run Senior**

=====				
KASSAA: * 4:37.40 1999 Emily Tallen, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1 Stephanie Hulse		Hccss - Kingston	4:51.10	
2 Tasha Derzekos		Lsss - Kingston	4:57.40	
3 Adrienne Hollington		Fss - Kingston	5:11.10	
4 Rosanna Beatie		Fss - Kingston	5:13.70	

**Women 3000 Meter Run Senior**

=====				
KASSAA: * 9:57.60 1999 Emily Tallen, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1 Stephanie Hulse		Hccss - Kingston	10:11.70	
2 Tasha Derzekos		Lsss - Kingston	10:44.50	
3 Rosanna Beatie		Fss - Kingston	11:28.10	
4 Adrienne Hollington		Fss - Kingston	11:36.40	

**Women 100 Meter Hurdles Senior**

=====				
KASSAA: * 15.10 1992 Tracy Higgs, Loyalist C.V.I.				
Name	Year	School	Finals	Wind Points
=====				
1 Hannah Bagnall		Kingston - Kingston	16.70	NWI
2 Shannon Walsh		Sydenham - Sydenham	17.00	NWI

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
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3	Mallory Hart	Sydenham - Sydenham	17.30	NWI
4	Meagan King	Sydenham - Sydenham	17.50	NWI

**Women 400 Meter Hurdles Senior**

=====				
KASSAA: * 1:07.40 1993 Rachel Joyce, Loyalist C.V.I.				
Name	Year	School	Finals	Points
=====				
1	Catherine Farish	Fss - Kingston	1:06.10*	
2	Ruth McLean	Kingston - Kingston	1:11.60	
3	Danielle Boyd	Kingston - Kingston	1:12.80	
4	Meagan King	Sydenham - Sydenham	1:15.00	

**Women 4x100 Meter Relay Senior**

=====				
KASSAA: * 49.40 1993 Loyalist C.V.I., Loyalist C.V.I.				
School			Finals	Points
=====				
1	Sydenham - Sydenham	'A'	52.50	
2	Frontenac - Kingston	'A'	53.10	
3	Kingston - Kingston	'A'	54.10	

**Women High Jump Senior**

=====				
KASSAA: * 1.77m 1987 Susan Campbell, Loyalist C.V.I.				
Name	Year	School	Finals	Points
=====				
1	Lindsay Ballance	Ernestown - Odessa	1.57m	
2	Sarah Mills	Kingston - Kingston	1.46m	
3	April Minnie	Sydenham - Sydenham	1.40m	
4	Hilary Mason	Fss - Kingston	1.35m	

**Women Pole Vault Senior**

=====				
KASSAA: * 2.40m 5/16/2007 Sarah Mills, Kingston C V I				
Name	Year	School	Finals	Points
=====				
1	Hannah Bagnall	Kingston - Kingston	2.30m	
2	Jenny Allan	Kingston - Kingston	2.15m	
2	Sarah Mills	Kingston - Kingston	2.15m	

**Women Long Jump Senior**

=====				
KASSAA: * 5.40m 1994 Danielle Froese, Loyalist C.V.I.				
Name	Year	School	Finals	Wind Points
=====				
1	Hannah Bagnall	Kingston - Kingston	4.67m	NWI
2	Heather Zilstra	Loyalist - Kingston	4.48m	NWI
3	Julia Reid	Ernestown - Odessa	4.33m	NWI
4	Lindsay Ballance	Ernestown - Odessa	4.29m	NWI



**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
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Results****Women Triple Jump Senior**

KASSAA: * 10.93m 1992 Lesley Hughes, Ernestown S.S.				
Name	Year	School	Finals	Wind Points
1 Heather Zilstra		Loyalist - Kingston	10.36m	NWI
2 Amanda Rodrigues		Fss - Kingston	9.98m	NWI
3 Julia Reid		Ernestown - Odessa	9.91m	NWI
4 Shannon Walsh		Sydenham - Sydenham	9.70m	NWI

**Women Shot Put Senior**

KASSAA: * 13.22m 1998 Nicole Clarke, LaSalle S.S.				
Name	Year	School	Finals	Points
1 Julie Sleeth		Sydenham - Sydenham	11.65m	
2 Bobbi Jo Cronk		Hccss - Kingston	10.25m	
3 Stephanie Stewart		Fss - Kingston	9.36m	
4 Whitney Desarmia		Rnd - Kingston	8.79m	

**Women Discus Throw Senior**

KASSAA: * 41.40m 1998 Erin Sepic, Regiopolis N.D.C.H.S.				
Name	Year	School	Finals	Points
1 Julie Sleeth		Sydenham - Sydenham	34.08m	
2 Whitney Desarmia		Rnd - Kingston	26.98m	
3 Breanna Donovan		Napanee - Napanee	24.52m	
4 Stephanie Stewart		Fss - Kingston	22.99m	

**Women Javelin Throw Senior**

KASSAA: * 37.63m 2000 Karen Wong, Frontenac S.S.				
Name	Year	School	Finals	Points
1 Lindsay Ballance		Ernestown - Odessa	36.40m	
2 Breanna Donovan		Napanee - Napanee	27.49m	
3 Whitney Desarmia		Rnd - Kingston	26.19m	
4 Kelsey Potter		Sydenham - Sydenham	26.04m	

**Women 1500 Meter Steeplechase Open**

KASSAA: * 5:54.00 5/16/2007 Michelle Teeple, Frontenac S S				
Name	Year	School	Finals	Points
1 Brianna Jeffrey		Sydenham - Sydenham	5:51.00*	
2 Michelle Teeple		Fss - Kingston	5:52.00*	
3 Ruth McLean		Kingston - Kingston	6:00.20	
4 Jocelyn Laird		Kingston - Kingston	6:04.70	

**Women 4x400 Meter Relay Open**

KASSAA: * 4:08.60 1992 Loyalist C.V.I., Loyalist C.V.I.				
School	Year	Finals	Points	
1 Kingston - Kingston	'A'	4:20.80		

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Results****....Women 4x400 Meter Relay Open**

2	Sydenham - Sydenham	'A'	4:21.30
3	Frontenac - Kingston	'A'	4:25.90
4	Holy Cross - Kingston	'A'	4:37.40

**Men 100 Meter Dash Midget**

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=====
KASSAA: * 11.40 5/11/2006 Jonathon Ramirez, Frontenac S S
Name Year School Finals Wind Points
=====
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**Finals**

1	Josh Vanniedek	Sydenham - Sydenham	12.10	NWI
2	Martin Ko	Kingston - Kingston	12.30	NWI
3	Steve Knapton	Sydenham - Sydenham	12.40	NWI
4	Darcy Greenaway	Rnd - Kingston	12.50	NWI

**Men 200 Meter Dash Midget**

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=====
KASSAA: * 24.40 5/11/2006 Jonathon Ramirez, Frontenac S S
Name Year School Finals Wind Points
=====
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1	Darcy Greenaway	Rnd - Kingston	24.60	NWI
2	Steve Knapton	Sydenham - Sydenham	24.70	NWI
3	Pascal Dirocco	Hccss - Kingston	25.10	NWI
4	Martin Ko	Kingston - Kingston	25.30	NWI

**Men 400 Meter Dash Midget**

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=====
KASSAA: * 54.80 2004 Jermaine Edwards, Holy Cross S.S.
Name Year School Finals Points
=====
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1	Martin Ko	Kingston - Kingston	55.60
2	Steve Knapton	Sydenham - Sydenham	55.70
3	Carter Brundage	Kingston - Kingston	59.40
4	Scott Bellanger	Ernestown - Odessa	1:00.30

**Men 800 Meter Run Midget**

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=====
KASSAA: * 2:11.00 5/17/2007 Jeff Davies, Holy Cross S
Name Year School Finals Points
=====
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1	Kyle Mckellar	Fss - Kingston	2:08.30*
2	Blair Morgan	Ernestown - Odessa	2:17.20
3	Anthony Dionne	Fss - Kingston	2:23.50
4	Blake Kirkham-Fabri	Loyalist - Kingston	2:27.30

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
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=====				
KASSAA: * 4:34.60 2005 Josh George, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1 Kyle Mckellar		Fss - Kingston	4:26.30*	
2 Blair Morgan		Ernestown - Odessa	4:42.30	
3 Anthony Dionne		Fss - Kingston	4:45.60	
4 Will Allan		Kingston - Kingston	4:47.70	

**Men 3000 Meter Run Midget**

=====				
KASSAA: * 9:37.00 2005 Nick McGraw, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1 Josh Lockwood		Kingston - Kingston	10:33.60	
2 Will Allan		Kingston - Kingston	10:34.60	
3 Will Langley		Rnd - Kingston	10:38.50	
4 Alex Shotten		Rnd - Kingston	11:02.30	

**Men 100 Meter Hurdles Midget**

=====				
KASSAA: * 15.60 5/16/2007 Josh Thompson, Sydenham H S				
Name	Year	School	Finals	Wind Points
=====				
1 Ben Fisher		Sydenham - Sydenham	17.60	NWI
2 Josh Vanniedek		Sydenham - Sydenham	18.20	NWI
3 Harvey Teal		Slhs - Sharbot L	18.50	NWI
4 Blake Kirkham-Fabri		Loyalist - Kingston	18.70	NWI

**Men 300 Meter Hurdles Midget**

=====				
KASSAA: * 43.80 5/17/2007 Matt Fouzie, Sydenham H S				
Name	Year	School	Finals	Points
=====				
1 Josh Vanniedek		Sydenham - Sydenham	45.30	
2 Hayden Peters		Sydenham - Sydenham	45.50	
3 Blake Kirkham-Fabri		Loyalist - Kingston	49.60	
4 Oliver Moyse		Sydenham - Sydenham	54.40	

**Men 4x100 Meter Relay Midget**

=====				
KASSAA: * 48.90 5/16/2007 Sydenham H S - eosy, Sydenham H S				
School	Year	School	Finals	Points
=====				
1 Sydenham - Sydenham	'A'		47.60*	
2 Holy Cross - Kingston	'A'		51.20	
3 Regiopolis-Notre Dame-Kingston	'A'		51.40	
4 Kingston - Kingston	'A'		51.70	

**Men High Jump Midget**

=====				
KASSAA: * 1.76m 5/17/2007 Matt McEathron, Frontenac S S				
Name	Year	School	Finals	Points
=====				
1 Jeremy Foshay		Fss - Kingston	1.73m	

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****....Men High Jump Midget**

2	Jesse Merrigan	Sydenham - Sydenham	1.70m
3	Erik Lacharite	Hccss - Kingston	1.65m
4	Pascal Dirocco	Hccss - Kingston	J1.65m

**Men Pole Vault Midget**

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KASSAA: * 2.55m 2005 Ben Blake, Kingston C.V.I.				
Name	Year	School	Finals	Points
1	Carter Brundage	Kingston - Kingston	2.15m	
2	Will Allan	Kingston - Kingston	J2.15m	
3	Wyatt Harvey	Kingston - Kingston	1.85m	

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**Men Long Jump Midget**

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KASSAA: * 5.63m 5/16/2007 Brandon McIntosh, Frontenac S S				
Name	Year	School	Finals	Wind Points
1	Harvey Teal	Slhs - Sharbot L	5.34m	NWI
2	Bryer Clancy	Fss - Kingston	5.11m	NWI
3	Jeremy Foshay	Fss - Kingston	5.04m	NWI
4	Curtis Matthews	Napanee - Napanee	4.80m	NWI

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**Men Triple Jump Midget**

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KASSAA: * 11.70m 2005 Brendan Perry, Holy Cross S.S.				
Name	Year	School	Finals	Wind Points
1	Jeremy Foshay	Fss - Kingston	11.30m	NWI
2	Bryer Clancy	Fss - Kingston	10.96m	NWI
3	Ryan McMillan	Napanee - Napanee	10.30m	NWI
4	Chase Sheldrick	Sydenham - Sydenham	9.98m	NWI

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**Men Shot Put Midget**

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KASSAA: * 13.53m 5/16/2007 Brandon McIntosh, Frontenac S S				
Name	Year	School	Finals	Points
1	Gavin Davis-Young	Sydenham - Sydenham	15.23m*	
2	Josh Dumaresq	Sydenham - Sydenham	10.71m	
3	Casey Murray	Sydenham - Sydenham	10.07m	
4	Nick Lo	Ernestown - Odessa	9.27m	

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**Men Discus Throw Midget**

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KASSAA: * 37.29m 2005 Graeme Pickett, Kingston C.V.I.				
Name	Year	School	Finals	Points
1	Josh Dumaresq	Sydenham - Sydenham	31.06m	
2	Gavin Davis-Young	Sydenham - Sydenham	30.63m	
3	Nick Lo	Ernestown - Odessa	30.09m	

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**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****....Men Discus Throw Midget**

4	Mike McGinn	Sydenham - Sydenham	28.13m
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**Men Javelin Throw Midget**

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=====
KASSAA: * 42.98m 2005 Travis Wowk, Kingston C.V.I.
Name Year School Finals Points
=====
1 Mike McGinn Sydenham - Sydenham 35.05m
2 Gavin Davis-Young Sydenham - Sydenham 34.75m
3 Casey Murray Sydenham - Sydenham 32.34m
4 Scott Bellanger Ernestown - Odessa 29.77m
=====
```

**Men 100 Meter Dash Junior**

```
=====
KASSAA: * 10.90 5/15/2007 Jason Steels, Regiopolis
Name Year School Finals Wind Points
=====
Finals
1 Brandon Mcintosh Fss - Kingston 11.50 NWI
2 Jason Kwan Sydenham - Sydenham 11.80 NWI
3 Matt McEathron Fss - Kingston 11.90 NWI
4 Nate Hickey Sydenham - Sydenham J11.90 NWI
=====
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**Men 200 Meter Dash Junior**

```
=====
KASSAA: * 16.60 5/11/2006 Eric Lalonde, Frontenac S S
Name Year School Finals Wind Points
=====
1 Matt McEathron Fss - Kingston 23.60 NWI
2 Nate Hickey Sydenham - Sydenham 23.70 NWI
3 Jason Kwan Sydenham - Sydenham 23.80 NWI
4 Matt Fouzie Sydenham - Sydenham J23.80 NWI
=====
```

**Men 400 Meter Dash Junior**

```
=====
KASSAA: * 53.50 5/11/2006 Josh George, Frontenac S S
Name Year School Finals Points
=====
1 Kieran Doyle Sydenham - Sydenham 52.70*
2 Matt Fouzie Sydenham - Sydenham 54.00
3 Shane Caird Sydenham - Sydenham 56.20
4 Josh Dorey Hccss - Kingston 57.60
=====
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**Men 800 Meter Run Junior**

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=====
KASSAA: * 2:05.20 5/11/2006 Josh George, Frontenac S S
Name Year School Finals Points
=====
1 Jeff Davies Hccss - Kingston 2:05.40
2 Nathan Jaros Lsss - Kingston 2:05.80
=====
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**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****....Men 800 Meter Run Junior**

3	Kieran Doyle	Sydenham - Sydenham	2:07.60
4	Stephen Vanderholst	Sydenham - Sydenham	2:10.10

**Men 1500 Meter Run Junior**

=====				
KASSAA: * 4:10.70 2004 Matt Hulse, Holy Cross S.S.				
Name	Year	School	Finals	Points
=====				
1	Nathan Jaros	Lsss - Kingston	4:16.90	
2	Dylan O'Sullivan	Sydenham - Sydenham	4:18.70	
3	Stephen Vanderholst	Sydenham - Sydenham	4:25.40	
4	Jeff Davies	Hccss - Kingston	4:29.90	

**Men 3000 Meter Run Junior**

=====				
KASSAA: * 9:16.00 5/17/2007 Alexander Hinton, Kingston C V I				
Name	Year	School	Finals	Points
=====				
1	Dylan O'Sullivan	Sydenham - Sydenham	9:26.60	
2	Robert Asselstine	Sydenham - Sydenham	9:51.40	
3	Jeffrey Archer	Sydenham - Sydenham	9:59.70	
4	Adrian Marshall	Hccss - Kingston	10:09.30	

**Men 100 Meter Hurdles Junior**

=====				
KASSAA: * 14.50 5/11/2006 Dave McGinn, Sydenham H S				
Name	Year	School	Finals	Wind Points
=====				
1	Matt Henson	Sydenham - Sydenham	16.60	NWI
2	Michael Carroll	Kingston - Kingston	16.80	NWI
3	Josh Thompson	Sydenham - Sydenham	17.00	NWI
4	Matt Kielo	Fss - Kingston	19.00	NWI

**Men 300 Meter Hurdles Junior**

=====				
KASSAA: * 41.50 5/10/2006 Dave McGinn, Sydenham H S				
Name	Year	School	Finals	Points
=====				
1	Matt Fouzie	Sydenham - Sydenham	43.10	
2	Sangee Martin	Loyalist - Kingston	45.00	
3	Josh Thompson	Sydenham - Sydenham	45.10	
4	Zach Edwards	Ernestown - Odessa	47.70	

**Men 4x100 Meter Relay Junior**

=====				
KASSAA: * 47.10 2004 Bayridge S.S., Bayridge S.S.				
School	Year	School	Finals	Points
=====				
1	Sydenham - Sydenham	'A'	46.30*	
2	Frontenac - Kingston	'A'	47.30	
3	Holy Cross - Kingston	'A'	47.70	

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****....Men 4x100 Meter Relay Junior**

4 Kingston - Kingston 'A' 50.20

**Men High Jump Junior**

=====				
KASSAA: * 1.85m 2004 Tom Hughes, Sharbot Lake H.S.				
Name	Year	School	Finals	Points
=====				
1	Spencer Lambert	Fss - Kingston	1.81m	
2	Matt McEathron	Fss - Kingston	J1.81m	
3	Charlie Genge	Ernestown - Odessa	1.70m	
4	Eric Williams	Kingston - Kingston	1.60m	

**Men Pole Vault Junior**

=====				
KASSAA: * 3.10m 2005 Rob Hackett, Bayridge S.S.				
Name	Year	School	Finals	Points
=====				
1	Eli Tremblay	Kingston - Kingston	2.60m	
2	Steven Otter	Kingston - Kingston	2.15m	
3	Zach Hawley	Kingston - Kingston	2.00m	

**Men Long Jump Junior**

=====				
KASSAA: * 6.59m 2004 David Jones, Ernestown S.S.				
Name	Year	School	Finals	Wind Points
=====				
1	Sean Ho	Hccss - Kingston	5.43m	NWI
2	Jacob Berndt	Sydenham - Sydenham	5.28m	NWI
3	Spencer Lambert	Fss - Kingston	5.26m	NWI
4	Shane Caird	Sydenham - Sydenham	5.09m	NWI

**Men Triple Jump Junior**

=====				
KASSAA: * 12.93m 2004 David Jones, Ernestown S.S.				
Name	Year	School	Finals	Wind Points
=====				
1	Charlie Genge	Ernestown - Odessa	12.42m	NWI
2	Parker Woolcox	Fss - Kingston	11.47m	NWI
3	Spencer Lambert	Fss - Kingston	11.37m	NWI
4	Josh Thompson	Sydenham - Sydenham	11.23m	NWI

**Men Shot Put Junior**

=====				
KASSAA: * 14.35m 2005 Mathieu Widmont, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1	Brandon Mcintosh	Fss - Kingston	15.20m*	
2	Matt Black	Kingston - Kingston	11.95m	
3	Jason Wowk	Kingston - Kingston	11.71m	
4	Desmond Adams	Loyalist - Kingston	11.69m	

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****Men Discus Throw Junior**

=====				
KASSAA: * 43.55m 5/17/2007 Hunter Steward, Bayridge S S-				
Name	Year	School	Finals	Points
=====				
1 Greg Pickett		Kingston - Kingston	40.34m	
2 Brandon McIntosh		Fss - Kingston	37.62m	
3 Dustin Latimer		Sydenham - Sydenham	35.18m	
4 Adam Bernicky		Rnd - Kingston	31.58m	

**Men Javelin Throw Junior**

=====				
KASSAA: * 43.70m 5/11/2006 Travis Wowk, Kingston C V I				
Name	Year	School	Finals	Points
=====				
1 Aaron Gazendam		Hccss - Kingston	48.85m*	
2 Adam Bernicky		Rnd - Kingston	37.52m	
3 Charlie Genge		Ernestown - Odessa	36.18m	
4 Nick Stewart		Ernestown - Odessa	35.41m	

**Men 100 Meter Dash Senior**

=====				
KASSAA: * 10.70 1980 Mike Plant, Queen Elizabeth C.V.I.				
Name	Year	School	Finals	Wind Points
=====				
Finals				
1 Jason Steels		Rnd - Kingston	11.60	NWI
2 Nate Emmons		Sydenham - Sydenham	11.90	NWI
3 Troy Cleland		Slhs - Sharbot L	12.10	NWI
4 Johnny Ramirez		Fss - Kingston	J12.10	NWI

**Men 200 Meter Dash Senior**

=====				
KASSAA: * 22.40 2004 Brennan Wright, Regiopolis N.D.C.H.S.				
Name	Year	School	Finals	Wind Points
=====				
1 Matt Hummel		Ernestown - Odessa	23.30	NWI
2 Ethan Stott		Sydenham - Sydenham	23.50	NWI
3 Nate Emmons		Sydenham - Sydenham	24.00	NWI
4 Abraham Anyoti		Kingston - Kingston	24.30	NWI

**Men 400 Meter Dash Senior**

=====				
KASSAA: * 49.40 1993 Micah McGowan, Frontenac S.S.				
Name	Year	School	Finals	H# Points
=====				
1 Josh George		Fss - Kingston	50.60	1
2 Andrew Dionne		Fss - Kingston	53.10	1
3 Ethan Stott		Sydenham - Sydenham	53.30	2
4 Tom Devlin		Sydenham - Sydenham	53.60	2



**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****Men 800 Meter Run Senior**

=====				
KASSAA: * 1:52.70 1986 Trevor VanNest, Kingston C.V.I.				
Name	Year	School	Finals	Points
=====				
1 Josh George		Fss - Kingston	1:58.00	
2 Charly Allan		Kingston - Kingston	2:01.10	
3 Andrew Dionne		Fss - Kingston	2:03.00	
4 Evan Andrin		Kingston - Kingston	2:03.40	

**Men 1500 Meter Run Senior**

=====				
KASSAA: * 3:55.50 1986 Trevor VanNest, Kingston C.V.I.				
Name	Year	School	Finals	Points
=====				
1 Josh George		Fss - Kingston	4:13.30	
2 Alexander Hinton		Kingston - Kingston	4:13.60	
3 Charly Allan		Kingston - Kingston	4:13.90	
4 Evan Andrin		Kingston - Kingston	4:23.00	

**Men 3000 Meter Run Senior**

=====				
KASSAA: * 8:42.50 2001 Dylan Wykes, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1 Alexander Hinton		Kingston - Kingston	9:01.60	
2 Charly Allan		Kingston - Kingston	9:33.90	
3 Brant Stachel		Ernestown - Odessa	9:56.80	
4 Lucas Lobo		Hccss - Kingston	10:04.70	

**Men 110 Meter Hurdles Senior**

=====				
KASSAA: * 14.70 2004 Sonny Mercer, Regiopolis N.D.C.H.S.				
Name	Year	School	Finals	Wind Points
=====				
1 Dave McGinn		Sydenham - Sydenham	15.30	NWI
2 Nate Moyse		Sydenham - Sydenham	17.30	NWI
3 Naaman Sugrue		Loyalist - Kingston	18.10	NWI
4 Josh Asselstine		Sydenham - Sydenham	19.10	NWI

**Men 400 Meter Hurdles Senior**

=====				
KASSAA: * 57.30 1996 Steve Shragge, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1 Dave McGinn		Sydenham - Sydenham	59.80	
2 Nate Moyse		Sydenham - Sydenham	1:01.80	
3 Tom Devlin		Sydenham - Sydenham	1:03.30	
4 Ben Sagriff		Napanee - Napanee	1:04.40	

**Men 4x100 Meter Relay Senior**

=====				
KASSAA: * 44.00 1989 Kingston C.V.I., Kingston C.V.I.				
School	Year	School	Finals	Points
=====				
1 Sydenham - Sydenham	'A'		45.90	

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****....Men 4x100 Meter Relay Senior**

2	Holy Cross - Kingston	'A'	48.90
3	Sharbot Lake - Sharbot Lake	'A'	49.10
4	Kingston - Kingston	'A'	50.20

**Men High Jump Senior**

=====				
KASSAA: * 2.11m 1987 Sanjaya Wijayakoon, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1	Scott Wilson	Rnd - Kingston	1.87m	
2	Greg Faulkner	Hccss - Kingston	1.84m	
3	Dustin Harper	Ernestown - Odessa	1.70m	
4	Kyle Dolphin	Kingston - Kingston	J1.70m	

**Men Pole Vault Senior**

=====				
KASSAA: * 4.33m 1998 Mike Kleywegt, LaSalle S.S.				
Name	Year	School	Finals	Points
=====				
1	Ian Pinchin	Kingston - Kingston	2.90m	
2	Connor Patterson	Kingston - Kingston	2.75m	
3	Thomas Cox-Rothwell	Kingston - Kingston	2.30m	

**Men Long Jump Senior**

=====					
KASSAA: * 6.75m 1992 Ted Farndon, Frontenac S.S.					
Name	Year	School	Finals	Wind	Points
=====					
1	Brandon Holden	Napanee - Napanee	6.09m	NWI	
2	Brett Hull	Fss - Kingston	5.93m	NWI	
3	Abraham Anyoti	Kingston - Kingston	5.70m	NWI	
4	Cory Houde-Shulman	Kingston - Kingston	5.52m	NWI	

**Men Triple Jump Senior**

=====					
KASSAA: * 13.82m 1982 Roger Skepple, Frontenac S.S.					
Name	Year	School	Finals	Wind	Points
=====					
1	Brandon Holden	Napanee - Napanee	12.93m	NWI	
2	Josh Lappala	Bayridge - Kingston	12.61m	NWI	
3	Brett Hull	Fss - Kingston	11.95m	NWI	
4	Cory Houde-Shulman	Kingston - Kingston	11.65m	NWI	

**Men Shot Put Senior**

=====				
KASSAA: * 18.28m 1998 Corey Trudeau, Bayridge S.S.				
Name	Year	School	Finals	Points
=====				
1	Derek Morris	Napanee - Napanee	13.99m	
2	Hunter Steward	Bayridge - Kingston	13.52m	
3	Mathieu Widmont	Fss - Kingston	12.79m	

**KASSAA 2008 - 5/14/2008 to 5/15/2008****Track and Field  
Richardson Stadium  
Results****....Men Shot Put Senior**

4	Josh Prinsen	Hccss - Kingston	12.53m
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**Men Discus Throw Senior**

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=====
KASSAA: * 51.44m 1998 Corey Trudeau, Bayridge S.S.
Name Year School Finals Points
=====
1 Graeme Pickett Kingston - Kingston 41.32m
2 Hunter Steward Bayridge - Kingston 36.17m
3 Mike Sleeth Sydenham - Sydenham 32.66m
4 Derek Morris Napanee - Napanee 30.56m
=====
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**Men Javelin Throw Senior**

```
=====
KASSAA: * 59.32m 2001 Matt Murdock, Bayridge S.S.
Name Year School Finals Points
=====
1 Dave Zanet Sydenham - Sydenham 44.94m
2 John Sullivan Hccss - Kingston 43.87m
3 Josh Lappala Bayridge - Kingston 40.61m
4 Graeme Pickett Kingston - Kingston 39.02m
=====
```

**Men 2000 Meter Steeplechase Open**

```
=====
KASSAA: * 6:07.70 2000 Brett Burns, Frontenac S.S.
Name Year School Finals Points
=====
1 Jeffrey Archer Sydenham - Sydenham 6:52.00
2 Chris Hull Sydenham - Sydenham 7:20.10
3 Taylor Robertson Rnd - Kingston 7:35.50
4 Matt Walsh Rnd - Kingston 8:04.60
=====
```

**Men 4x400 Meter Relay Open**

```
=====
KASSAA: * 3:30.80 1993 Frontenac S.S., Frontenac S.S.
School Finals Points
=====
1 Sydenham - Sydenham 'A' 3:32.30
2 Frontenac - Kingston 'A' 3:42.00
3 Kingston - Kingston 'A' 3:42.50
4 Regiopolis-Notre Dame-Kingston 'A' 3:55.70
=====
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**Men 100 Meter Dash Ambulatory**

```
=====
KASSAA: * 28.70 5/16/2007 Zack Badour, Sharbot Lake
Name Year School Finals Wind Points
=====
1 Zack Badour Slhs - Sharbot L 26.60* NWI
=====
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