

**KASSAA 2016 Track & Field Championship - 5/15/2016 to 5/16/2016**

**CaraCo  
Results**

**Women 100 Meter Dash Midget**

**KASSAA: 12.40 \* 2009**

**KASSAA2: 12.40 ~ 2006**

**Taylor Cole, EOFR**

**Jessica Keating, EOBS**

Name	School	Prelims	H#
<b>Preliminaries</b>			
1 113 Meghan Jefferies	Holy Cross - Kingston	13.68 Q	2
2 133 Dacey Richmond	Holy Cross - Kingston	13.99 Q	1
3 82 Claire Lyons	Frontenac - Kingston	14.16 Q	3
4 217 Hannah Gebhart	La Salle - Kingston	14.44 Q	3
5 315 Deborah Mashamba	Regiopolis-Notre Dame-Kingston	14.49 Q	2
6 289 Clara Connors	Regiopolis-Notre Dame-Kingston	14.64 Q	1
7 35 April McQuay	Ernestown - Odessa	14.63 q	2
8 90 Taylor Stickley	Frontenac - Kingston	14.81 q	1
9 415 Ella Phillips	Sydenham - Sydenham	14.83	2
10 301 Chloe Goss	Regiopolis-Notre Dame-Kingston	14.85	3
11 211 Meryka Bessette	La Salle - Kingston	14.97	1
12 143 Mallory Wiley	Holy Cross - Kingston	14.98	3
13 406 Olivia Minifie	Sydenham - Sydenham	15.10	1
14 335 Liz Swindley	Regiopolis-Notre Dame-Kingston	15.13	3
15 178 Victoria Lui	Kingston - Kingston	15.17	3
16 372 Gabby Coens	Sydenham - Sydenham	15.18	3
17 359 Jillian Bandy	Sydenham - Sydenham	15.31	1
18 351 Leah-Anne Muir	Granite Ridge - Sharbot Lake	15.45	2
19 242 Pasha Bardell	Loyalist - Kingston	15.94	2
20 257 Emilia Deguire	Napanee - Napanee	16.14	1
21 146 Brianna Anderson	Kingston - Kingston	16.89	2

**Women 100 Meter Dash Midget**

**KASSAA: 12.40 \* 2009**

**KASSAA2: 12.40 ~ 2006**

**Taylor Cole, EOFR**

**Jessica Keating, EOBS**

Name	School	Finals	
<b>Finals</b>			
1 113 Meghan Jefferies	Holy Cross - Kingston	13.33	
2 133 Dacey Richmond	Holy Cross - Kingston	13.72	
3 82 Claire Lyons	Frontenac - Kingston	13.99	
4 217 Hannah Gebhart	La Salle - Kingston	14.19	
5 35 April McQuay	Ernestown - Odessa	14.28	
6 315 Deborah Mashamba	Regiopolis-Notre Dame-Kingston	14.38	
7 289 Clara Connors	Regiopolis-Notre Dame-Kingston	14.50	
8 90 Taylor Stickley	Frontenac - Kingston	14.81	

**Women 200 Meter Dash Midget**

**KASSAA: 26.30 \* 2009**

**KASSAA2: 26.30 ~ 2006**

**Taylor Cole, EOFR**

Name	School	Prelims	H#
<b>Preliminaries</b>			
1 113 Meghan Jefferies	Holy Cross - Kingston	26.32 Q	1
2 133 Dacey Richmond	Holy Cross - Kingston	27.62 Q	2
3 82 Claire Lyons	Frontenac - Kingston	28.14 Q	3
4 29 Meghan Dundon	Ernestown - Odessa	28.86 Q	3
5 175 Kate Leblanc	Kingston - Kingston	29.32 Q	1
6 335 Liz Swindley	Regiopolis-Notre Dame-Kingston	29.55 Q	2

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**Preliminaries ... (Women 200 Meter Dash Midget)**

Name	School	Prelims	H#
7 260 Halle Gibson	Napanee - Napanee	29.29 q	3
8 301 Chloe Goss	Regiopolis-Notre Dame-Kingston	29.58 q	1
9 415 Ella Phillips	Sydenham - Sydenham	29.83	2
10 90 Taylor Stickley	Frontenac - Kingston	29.92	1
11 339 Jodie Willemse	Regiopolis-Notre Dame-Kingston	30.29	1
12 143 Mallory Wiley	Holy Cross - Kingston	30.66	3
13 304 Olivia Higgins	Regiopolis-Notre Dame-Kingston	31.23	2
14 198 Reagan Tod	Kingston - Kingston	31.41	3
15 204 Sophie Whitehead	Kingston - Kingston	32.03	2
16 66 Laura Carrillo	Frontenac - Kingston	32.42	3

**Women 200 Meter Dash Midget**

**KASSAA: 26.30 \* 2009**

**Taylor Cole, EOFR**

Name	School	Finals
<b>Finals</b>		
1 113 Meghan Jefferies	Holy Cross - Kingston	26.33
2 133 Dacey Richmond	Holy Cross - Kingston	27.54
3 82 Claire Lyons	Frontenac - Kingston	28.37
4 29 Meghan Dundon	Ernestown - Odessa	28.73
5 175 Kate Leblanc	Kingston - Kingston	29.42
6 301 Chloe Goss	Regiopolis-Notre Dame-Kingston	29.89
7 335 Liz Swindley	Regiopolis-Notre Dame-Kingston	30.06
8 260 Halle Gibson	Napanee - Napanee	30.43

**Women 400 Meter Dash Midget**

**KASSAA: 59.60 \* 2011**

**Nicole Armstrong, EOSY**

Name	School	Finals	H#
<b>Finals</b>			
1 113 Meghan Jefferies	Holy Cross - Kingston	1:02.21	2
2 3 Joelle Bradshaw	Bayridge - Kingston	1:06.08	2
3 175 Kate Leblanc	Kingston - Kingston	1:06.87	1
4 333 Sarah Spencer	Regiopolis-Notre Dame-Kingston	1:07.25	2
5 29 Meghan Dundon	Ernestown - Odessa	1:07.60	1
6 321 Abby Plunkett	Regiopolis-Notre Dame-Kingston	1:10.14	2
7 143 Mallory Wiley	Holy Cross - Kingston	1:10.67	2
8 339 Jodie Willemse	Regiopolis-Notre Dame-Kingston	1:11.36	2
9 211 Meryka Bessette	La Salle - Kingston	1:14.77	2
10 338 Anna Vingar	Regiopolis-Notre Dame-Kingston	1:22.03	2
11 52 Ariane Mayrand Nicol	Esc Marie Rivier - Kingston	1:22.97	1

**Women 800 Meter Run Midget**

**KASSAA: 2:23.70 \* 5/14/2015**

**Brogan MacDougall, RND - Kingston**

Name	School	Finals
<b>Finals</b>		
1 97 Allie Arsenault	Holy Cross - Kingston	2:35.58
2 3 Joelle Bradshaw	Bayridge - Kingston	2:38.80
3 286 Isabella Campbell	Regiopolis-Notre Dame-Kingston	2:41.03
4 397 Darcie Lappen	Sydenham - Sydenham	2:45.20
5 123 May McCauley	Holy Cross - Kingston	2:45.82
6 177 Johanna Look	Kingston - Kingston	2:47.63

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**Finals ... (Women 800 Meter Run Midget)**

Name	School	Finals
7 321 Abby Plunkett	Regiopolis-Notre Dame-Kingston	2:55.88
8 257 Emilia Deguire	Napanee - Napanee	2:57.32
9 297 Payton Ford	Regiopolis-Notre Dame-Kingston	3:08.34
10 393 Faith Knapp	Sydenham - Sydenham	3:18.10

**Women 1500 Meter Run Midget**

**KASSAA: 4:50.30 \* 5/13/2015 Brogan MacDougall, RND - Kingston**

Name	School	Finals
<b>Finals</b>		
1 145 Hana Amari	Kingston - Kingston	5:22.83
2 286 Isabella Campbell	Regiopolis-Notre Dame-Kingston	5:30.83
3 230 Bryn Reynolds	La Salle - Kingston	5:33.59
4 411 Mackenzie O'Sullivan	Sydenham - Sydenham	5:33.60
5 177 Johanna Look	Kingston - Kingston	5:33.99
6 261 Georgia Gillan	Napanee - Napanee	5:42.46
7 73 Rylee Henderson	Frontenac - Kingston	5:54.25
8 413 Vanessa Pearce	Sydenham - Sydenham	5:54.71
9 123 May McCauley	Holy Cross - Kingston	5:54.99
10 33 Charlotte Kennedy	Ernestown - Odessa	6:12.72

**Women 3000 Meter Run Midget**

**KASSAA: 10:58.80 \* 2008 Nicole O'Sullivan, EOHC**

Name	School	Finals
<b>Finals</b>		
1 145 Hana Amari	Kingston - Kingston	12:09.34
2 230 Bryn Reynolds	La Salle - Kingston	12:16.82
3 261 Georgia Gillan	Napanee - Napanee	12:28.43
4 411 Mackenzie O'Sullivan	Sydenham - Sydenham	12:38.71
5 177 Johanna Look	Kingston - Kingston	12:54.91
6 413 Vanessa Pearce	Sydenham - Sydenham	13:02.63

**Women 80 Meter Hurdles Midget**

**KASSAA: 12.80 \* 2011 Jazmine Battle, EOKS**

Name	School	Prelims	H#
<b>Preliminaries</b>			
1 155 Sydney Campbell	Kingston - Kingston	13.54 Q	1
2 17 Jayna Mandin	Bayridge - Kingston	17.70 Q	2
3 311 Sabrina Lloyd-Ellis	Regiopolis-Notre Dame-Kingston	14.99 Q	1
4 397 Darcie Lappen	Sydenham - Sydenham	16.31 Q	1
5 413 Vanessa Pearce	Sydenham - Sydenham	16.71 q	1
6 206 Heidi Wirsig	Kingston - Kingston	16.72 q	1
7 387 Rebecca Hillis	Sydenham - Sydenham	17.84 q	1
8 204 Sophie Whitehead	Kingston - Kingston	17.90 q	1
9 146 Brianna Anderson	Kingston - Kingston	18.02	1

**Women 80 Meter Hurdles Midget**

**KASSAA: 12.80 \* 2011 Jazmine Battle, EOKS**

Name	School	Finals
<b>Finals</b>		
1 155 Sydney Campbell	Kingston - Kingston	13.33
2 311 Sabrina Lloyd-Ellis	Regiopolis-Notre Dame-Kingston	14.89

**KASSAA 2016 Track & Field Championship - 5/15/2016 to 5/16/2016****CaraCo  
Results****Finals ... (Women 80 Meter Hurdles Midget)**

Name	School	Finals
3 397 Darcie Lappen	Sydenham - Sydenham	16.39
4 413 Vanessa Pearce	Sydenham - Sydenham	16.52
5 206 Heidi Wirsig	Kingston - Kingston	17.12
6 387 Rebecca Hillis	Sydenham - Sydenham	17.62
7 204 Sophie Whitehead	Kingston - Kingston	17.92
8 17 Jayna Mandin	Bayridge - Kingston	18.96

**Women 300 Meter Hurdles Midget**

KASSAA: 46.40 \* 2007

Kristen Mullen, EOKS

Name	School	Finals
<b>Finals</b>		
1 397 Darcie Lappen	Sydenham - Sydenham	51.07
2 3 Joelle Bradshaw	Bayridge - Kingston	51.63
3 311 Sabrina Lloyd-Ellis	Regiopolis-Notre Dame-Kingston	53.77
4 206 Heidi Wirsig	Kingston - Kingston	56.20
5 204 Sophie Whitehead	Kingston - Kingston	1:01.87
6 387 Rebecca Hillis	Sydenham - Sydenham	1:04.13

**Women 4x100 Meter Relay Midget**

KASSAA: 53.10 \* 2006

Sydenham H.S., EOSY

Team	Relay	Finals
<b>Finals</b>		
1 Regiopolis-Notre Dame-Kingston		55.69
2 Sydenham - Sydenham		56.12
3 La Salle - Kingston		56.25
4 Kingston - Kingston		58.90
--- Holy Cross - Kingston		DQ

**Women High Jump Midget**

KASSAA: 1.50m \* 2005

Shade Makinde, EOFR

Name	School	Finals
<b>Finals</b>		
1 351 Leah-Anne Muir	Granite Ridge - Sharbot Lake	1.46m
2 37 Anez Poulos	Ernestown - Odessa	1.35m
3 162 Katie Drover	Kingston - Kingston	1.20m
4 345 Jessie Mae Ferguson	Granite Ridge - Sharbot Lake	1.20m
5 17 Jayna Mandin	Bayridge - Kingston	1.15m

**Women Pole Vault Midget**

KASSAA: 2.10m \* 2013

Jenny Lapp, EOKS

Name	School	Finals
<b>Finals</b>		
1 164 Anna Foreman-Willms	Kingston - Kingston	1.80m
2 133 Dacey Richmond	Holy Cross - Kingston	1.65m
3 439 Jaclyn Kennedy	Sydenham - Sydenham	1.65m
--- 173 Wanqin Koh	Kingston - Kingston	NH
--- 169 Kristen Hirschfield	Kingston - Kingston	NH

**KASSAA 2016 Track & Field Championship - 5/15/2016 to 5/16/2016****CaraCo  
Results****Women Long Jump Midget****KASSAA: 4.82m \* 2011****Celina Grey, EOSY**

Name	School	Finals
<b>Finals</b>		
1 97 Allie Arsenaault	Holy Cross - Kingston	4.65m
2 29 Meghan Dundon	Ernestown - Odessa	4.49m
3 95 Karleigh Young	Frontenac - Kingston	4.29m
4 239 Scout Watkins Southward	La Salle - Kingston	4.25m
5 292 Grace Dixon	Regiopolis-Notre Dame-Kingston	4.22m
6 35 April McQuay	Ernestown - Odessa	4.18m
7 256 Morgan Botting	Napanee - Napanee	3.99m
8 201 Sophia Van	Kingston - Kingston	3.95m
9 260 Halle Gibson	Napanee - Napanee	3.93m
10 315 Deborah Mashamba	Regiopolis-Notre Dame-Kingston	3.85m
11 406 Olivia Minifie	Sydenham - Sydenham	3.80m
12 250 Ann Marie McMullen	Loyalist - Kingston	3.75m
13 168 Chanel Hasselaar	Kingston - Kingston	3.67m
14 90 Taylor Stickley	Frontenac - Kingston	3.66m
15 37 Anez Poulos	Ernestown - Odessa	3.54m
16 359 Jillian Bandy	Sydenham - Sydenham	3.25m
17 52 Ariane Mayrand Nicol	Esc Marie Rivier - Kingston	3.15m

**Women Triple Jump Midget****KASSAA: 10.29m \* 2011****Celina Grey, EOSY**

Name	School	Finals
<b>Finals</b>		
1 155 Sydney Campbell	Kingston - Kingston	10.49m *
2 97 Allie Arsenaault	Holy Cross - Kingston	9.55m
3 289 Clara Connors	Regiopolis-Notre Dame-Kingston	9.53m
4 95 Karleigh Young	Frontenac - Kingston	9.40m
5 256 Morgan Botting	Napanee - Napanee	9.18m
6 169 Kristen Hirschfield	Kingston - Kingston	8.93m
7 260 Halle Gibson	Napanee - Napanee	8.70m
8 292 Grace Dixon	Regiopolis-Notre Dame-Kingston	8.48m
9 37 Anez Poulos	Ernestown - Odessa	8.20m
10 359 Jillian Bandy	Sydenham - Sydenham	7.91m
11 347 Tangie Howes	Granite Ridge - Sharbot Lake	7.51m
--- 250 Ann Marie McMullen	Loyalist - Kingston	FOUL

**Women Shot Put Midget****KASSAA: 10.38m \* 2006****Julie Sleeth, EOSY**

Name	School	Finals
<b>Finals</b>		
1 84 Alysia Moger	Frontenac - Kingston	9.61m
2 328 Destiny Scott	Regiopolis-Notre Dame-Kingston	8.99m
3 225 Cessalie Pacheco	La Salle - Kingston	6.98m
4 255 Echo Terrell	Loyalist - Kingston	6.90m
5 52 Ariane Mayrand Nicol	Esc Marie Rivier - Kingston	6.07m

**KASSAA 2016 Track & Field Championship - 5/15/2016 to 5/16/2016**

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**Women Discus Throw Midget**

**KASSAA: 29.20m \* 5/15/2014 Emily Fawcett, HCCSS - Kingston**

Name	School	Finals
<b>Finals</b>		
1 379 Jocelyn Farmer	Sydenham - Sydenham	21.18m
2 380 Grace Finucan	Sydenham - Sydenham	20.20m
3 255 Echo Terrell	Loyalist - Kingston	18.15m
4 328 Destiny Scott	Regiopolis-Notre Dame-Kingston	18.00m
5 338 Anna Vingar	Regiopolis-Notre Dame-Kingston	11.88m

**Women Javelin Throw Midget**

**KASSAA: 31.29m \* 2006 Meredith Papps, EOET**

Name	School	Finals
<b>Finals</b>		
1 379 Jocelyn Farmer	Sydenham - Sydenham	21.25m
2 375 Cailey Cotnam	Sydenham - Sydenham	20.85m
3 380 Grace Finucan	Sydenham - Sydenham	19.34m
4 347 Tangie Howes	Granite Ridge - Sharbot Lake	18.24m
5 328 Destiny Scott	Regiopolis-Notre Dame-Kingston	17.49m
6 255 Echo Terrell	Loyalist - Kingston	14.70m

**Women 100 Meter Dash Junior**

**KASSAA: 12.43 \* 2004 Amy Blaser, EOFR**

Name	School	Prelims	H#
<b>Preliminaries</b>			
1 148 Sarah Bell	Kingston - Kingston	13.44 Q	2
2 24 Tori Wentz	Bayridge - Kingston	13.92 Q	1
3 361 Kayla Battler	Sydenham - Sydenham	14.10 Q	1
4 284 Chloe Cabral	Regiopolis-Notre Dame-Kingston	14.34 Q	2
5 120 Meghan Macpherson	Holy Cross - Kingston	14.70 Q	2
6 346 Morgan Howes	Granite Ridge - Sharbot Lake	15.14 Q	1
7 248 Caitlyn Lariviere	Loyalist - Kingston	15.11 q	2
8 32 Layne Kelman	Ernestown - Odessa	15.16 q	2
9 243 Molly Brant	Loyalist - Kingston	16.40	1
10 241 Osma Aziz	Loyalist - Kingston	16.46	1
11 207 Ariyah Woodward	Kingston - Kingston	16.51	2
12 199 Alexandria Trefzger	Kingston - Kingston	17.47	2

**Women 100 Meter Dash Junior**

**KASSAA: 12.43 \* 2004 Amy Blaser, EOFR**

Name	School	Finals
<b>Finals</b>		
1 148 Sarah Bell	Kingston - Kingston	13.03
2 24 Tori Wentz	Bayridge - Kingston	13.38
3 361 Kayla Battler	Sydenham - Sydenham	13.90
4 120 Meghan Macpherson	Holy Cross - Kingston	13.98
5 284 Chloe Cabral	Regiopolis-Notre Dame-Kingston	14.01
6 248 Caitlyn Lariviere	Loyalist - Kingston	14.50
7 346 Morgan Howes	Granite Ridge - Sharbot Lake	14.96

**KASSAA 2016 Track & Field Championship - 5/15/2016 to 5/16/2016****CaraCo  
Results****Women 200 Meter Dash Junior**

KASSAA: 26.20 \* 2010

Taylor Cole, EOFR

Name	School	Prelims	H#
<b>Preliminaries</b>			
1 148 Sarah Bell	Kingston - Kingston	26.21 Q	2
2 24 Tori Wentz	Bayridge - Kingston	27.79 Q	1
3 361 Kayla Battler	Sydenham - Sydenham	28.65 Q	2
4 203 Yolanda Watungwa	Kingston - Kingston	29.80 Q	1
5 309 Megan Hynes	Regiopolis-Notre Dame-Kingston	29.65 Q	2
6 346 Morgan Howes	Granite Ridge - Sharbot Lake	30.51 Q	1
7 248 Caitlyn Lariviere	Loyalist - Kingston	29.95 q	2
8 360 Evelyn Batson	Sydenham - Sydenham	31.04 q	1
9 122 Brigitte Matthias	Holy Cross - Kingston	31.80	2
10 243 Molly Brant	Loyalist - Kingston	33.52	1
11 370 Brianna Clow	Sydenham - Sydenham	36.21	2

**Women 200 Meter Dash Junior**

KASSAA: 26.20 \* 2010

Taylor Cole, EOFR

Name	School	Finals
<b>Finals</b>		
1 148 Sarah Bell	Kingston - Kingston	26.45
2 24 Tori Wentz	Bayridge - Kingston	27.19
3 361 Kayla Battler	Sydenham - Sydenham	28.96
4 248 Caitlyn Lariviere	Loyalist - Kingston	30.00
5 309 Megan Hynes	Regiopolis-Notre Dame-Kingston	30.16
6 203 Yolanda Watungwa	Kingston - Kingston	30.40
7 346 Morgan Howes	Granite Ridge - Sharbot Lake	30.49
8 360 Evelyn Batson	Sydenham - Sydenham	31.19

**Women 400 Meter Dash Junior**

KASSAA: 59.40 \* 2006

Catherine Farish, EOFR

Name	School	Finals
<b>Finals</b>		
1 365 Brianna Burgess	Sydenham - Sydenham	1:06.23
2 122 Brigitte Matthias	Holy Cross - Kingston	1:13.21
3 81 Jasmine Lewis	Frontenac - Kingston	1:13.33

**Women 800 Meter Run Junior**

KASSAA: 2:18.40 \* 2013

Heather Jaros, EOLS

Name	School	Finals
<b>Finals</b>		
1 313 Brogan MacDougall	Regiopolis-Notre Dame-Kingston	2:21.95
2 83 Logan Medeiros	Frontenac - Kingston	2:32.98
3 197 Jane Smallman	Kingston - Kingston	2:41.84
4 194 Adrienne Scott	Kingston - Kingston	2:44.07
5 248 Caitlyn Lariviere	Loyalist - Kingston	2:49.66
6 81 Jasmine Lewis	Frontenac - Kingston	2:59.99

**KASSAA 2016 Track & Field Championship - 5/15/2016 to 5/16/2016****CaraCo  
Results****Women 1500 Meter Run Junior**

KASSAA: 4:47.00 \* 5/15/2014 Branna MacDougall, RND - Kingston

Name	School	Finals
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**Finals**

1	313 Brogan MacDougall	Regiopolis-Notre Dame-Kingston	4:44.98 *
2	83 Logan Medeiros	Frontenac - Kingston	5:25.62
3	323 Daniella Rojas	Regiopolis-Notre Dame-Kingston	5:35.23
4	197 Jane Smallman	Kingston - Kingston	5:36.53
5	194 Adrienne Scott	Kingston - Kingston	5:37.43
6	246 Katie Feng	Loyalist - Kingston	5:48.48

**Women 3000 Meter Run Junior**

KASSAA: 9:53.80 \* 5/16/2014 Branna MacDougall, RND - Kingston

Name	School	Finals
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**Finals**

1	313 Brogan MacDougall	Regiopolis-Notre Dame-Kingston	10:07.38
2	323 Daniella Rojas	Regiopolis-Notre Dame-Kingston	12:08.39
3	194 Adrienne Scott	Kingston - Kingston	12:23.26
4	246 Katie Feng	Loyalist - Kingston	12:30.92

**Women 80 Meter Hurdles Junior**

KASSAA: 11.90 \* 2012 Katie Zohorsky, EOBR

Name	School	Prelims
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**Preliminaries**

1	334 Clare Stafford	Regiopolis-Notre Dame-Kingston	13.19 Q
2	365 Brianna Burgess	Sydenham - Sydenham	13.33 Q
3	314 Celina Marques	Regiopolis-Notre Dame-Kingston	16.47 Q
4	283 Rebekah Boudreau	Regiopolis-Notre Dame-Kingston	16.63 Q
5	285 Courtney Campbell	Regiopolis-Notre Dame-Kingston	17.70 Q

**Women 80 Meter Hurdles Junior**

KASSAA: 11.90 \* 2012 Katie Zohorsky, EOBR

Name	School	Finals
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**Finals**

1	334 Clare Stafford	Regiopolis-Notre Dame-Kingston	13.16
2	365 Brianna Burgess	Sydenham - Sydenham	13.46
3	314 Celina Marques	Regiopolis-Notre Dame-Kingston	16.28
4	283 Rebekah Boudreau	Regiopolis-Notre Dame-Kingston	16.71
5	285 Courtney Campbell	Regiopolis-Notre Dame-Kingston	17.37

**Women 300 Meter Hurdles Junior**

KASSAA: 46.90 \* 2006 Catherine Farish, EOFR

Name	School	Finals
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**Finals**

1	365 Brianna Burgess	Sydenham - Sydenham	49.81
2	334 Clare Stafford	Regiopolis-Notre Dame-Kingston	50.67

**Women 4x100 Meter Relay Junior**

KASSAA: 52.30 \* 2007 Sydenham H.S., EOSY

Team	Relay	Finals
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**Finals**

1	Sydenham - Sydenham	53.96
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**KASSAA 2016 Track & Field Championship - 5/15/2016 to 5/16/2016****CaraCo  
Results****Finals ... (Women 4x100 Meter Relay Junior)**

Team	Relay	Finals
2 Regiopolis-Notre Dame-Kingston		54.00
3 Holy Cross - Kingston		55.64
4 Kingston - Kingston		59.69
5 Loyalist - Kingston		1:02.02

**Women High Jump Junior**

KASSAA: 1.62m \* 2008

Portia Ball, EOLS

Name

School

Finals

**Finals**

1 65 Emily Cameron	Frontenac - Kingston	1.50m
2 203 Yolanda Watungwa	Kingston - Kingston	1.40m
3 122 Brigitte Matthias	Holy Cross - Kingston	1.30m

**Women Pole Vault Junior**

KASSAA: 2.40m \* 2005

Amanda Ho, EOHC

KASSAA2: 2.40m ~ 2005

Dominique Cartier, EOBR

Name

School

Finals

**Finals**

1 144 Danielle Adam	Kingston - Kingston	2.42m *
2 203 Yolanda Watungwa	Kingston - Kingston	2.10m
3 184 Rita Morais	Kingston - Kingston	1.80m
--- 91 Sarah Tan	Frontenac - Kingston	NH

**Women Long Jump Junior**

KASSAA: 5.27m \* 5/14/2015

Amanda Black, KCVI - Kingston

Name

School

Finals

**Finals**

1 65 Emily Cameron	Frontenac - Kingston	4.73m
2 110 Aimee Hale	Holy Cross - Kingston	4.49m
3 293 Brianna Dondero	Regiopolis-Notre Dame-Kingston	4.48m
4 363 Taryn Blais	Sydenham - Sydenham	4.22m
5 108 Nikki Godin	Holy Cross - Kingston	4.08m
6 360 Evelyn Batson	Sydenham - Sydenham	4.00m
7 32 Layne Kelman	Ernestown - Odessa	3.91m
8 207 Ariyah Woodward	Kingston - Kingston	3.18m
9 199 Alexandria Trefzger	Kingston - Kingston	2.99m

**Women Triple Jump Junior**

KASSAA: 10.56m \* 2012

Kenya Costa Dookhan, EOHC

Name

School

Finals

**Finals**

1 65 Emily Cameron	Frontenac - Kingston	9.97m
2 282 Morgan Boucher	Regiopolis-Notre Dame-Kingston	9.59m
3 110 Aimee Hale	Holy Cross - Kingston	9.57m

**Women Shot Put Junior**

KASSAA: 11.05m \* 2016

Chelsea Hiemstra, EOSY

KASSAA2: 11.20m ~ 2007

Julie Sleeth

Name

School

Finals

**Finals**

1 218 Chelsea Hiemstra	La Salle - Kingston	11.05m *
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**KASSAA 2016 Track & Field Championship - 5/15/2016 to 5/16/2016**

**CaraCo  
Results**

**Finals ... (Women Shot Put Junior)**

Name	School	Finals
2 352 Michaela Paddick	Granite Ridge - Sharbot Lake	9.69m
3 54 Laury-Jade Mercier-Loyer	Esc Marie Rivier - Kingston	9.45m
4 392 Samantha Kempe	Sydenham - Sydenham	9.39m
5 150 Jaime Blair	Kingston - Kingston	8.47m

**Women Discus Throw Junior**

**KASSAA: 32.90m \* 2007**

**Julie Sleeth, EOSY**

Name	School	Finals
<b>Finals</b>		
1 278 Mary Baker	Regiopolis-Notre Dame-Kingston	26.29m
2 392 Samantha Kempe	Sydenham - Sydenham	21.51m
3 150 Jaime Blair	Kingston - Kingston	18.16m
4 54 Laury-Jade Mercier-Loyer	Esc Marie Rivier - Kingston	16.94m
5 417 Ameleah Planetta	Sydenham - Sydenham	16.28m

**Women Javelin Throw Junior**

**KASSAA: 36.18m \* 2007**

**Meredith Papps, EOET**

Name	School	Finals
<b>Finals</b>		
1 221 Jenna Kane	La Salle - Kingston	30.93m
2 215 Kaitlin Edwards	La Salle - Kingston	29.96m
3 278 Mary Baker	Regiopolis-Notre Dame-Kingston	28.75m
4 220 Aly Kane	La Salle - Kingston	28.30m
5 171 Arielle Kaplan	Kingston - Kingston	20.14m
6 371 Molly Clow	Sydenham - Sydenham	20.11m
7 165 Mary Frost	Kingston - Kingston	18.12m
8 408 Hannah Nelles	Sydenham - Sydenham	17.42m
9 353 Kate Scobie	Granite Ridge - Sharbot Lake	16.18m
10 417 Ameleah Planetta	Sydenham - Sydenham	9.10m

**Women 100 Meter Dash Senior**

**KASSAA: 11.90 \* 2007**

**Veronica Catry, EORN**

Name	School	Prelims	H#
<b>Preliminaries</b>			
1 147 Marissa Battle	Kingston - Kingston	13.29 Q	1
2 27 Nicole Zohorsky	Bayridge - Kingston	13.61 Q	2
3 251 Claire Millard	Loyalist - Kingston	13.84 Q	2
4 116 Amanda Lalonde	Holy Cross - Kingston	14.11 Q	1
5 109 Anna Greentree	Holy Cross - Kingston	13.87 Q	2
6 139 Nicole Skolnick	Holy Cross - Kingston	15.48 Q	1
7 358 Keisha Badour	Sydenham - Sydenham	14.78 q	2
8 7 Sam Campbell	Bayridge - Kingston	15.52 q	1
9 310 Gillian Lackie	Regiopolis-Notre Dame-Kingston	15.54	1
10 331 Mikayla Smallegange	Regiopolis-Notre Dame-Kingston	15.60	2
11 222 Eiryn Laing	La Salle - Kingston	15.97	1
12 70 Brittany Galler	Frontenac - Kingston	16.69	2
13 92 Madelin Thompson	Frontenac - Kingston	17.06	1

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**Women 100 Meter Dash Senior**

KASSAA: 11.90 * 2007		Veronica Catry, EORN	
Name	School	Finals	
<b>Finals</b>			
1	147 Marissa Battle	Kingston - Kingston	12.96
2	27 Nicole Zohorsky	Bayridge - Kingston	13.57
3	251 Claire Millard	Loyalist - Kingston	13.76
4	109 Anna Greentree	Holy Cross - Kingston	13.92
5	116 Amanda Lalonde	Holy Cross - Kingston	14.06
6	358 Keisha Badour	Sydenham - Sydenham	14.61
7	139 Nicole Skolnick	Holy Cross - Kingston	15.22
8	7 Sam Campbell	Bayridge - Kingston	15.40

**Women 200 Meter Dash Senior**

KASSAA: 25.50 * 2001		Kim Laverty, EOHC	
Name	School	Prelims	H#
<b>Preliminaries</b>			
1	147 Marissa Battle	Kingston - Kingston	26.05 Q 2
2	109 Anna Greentree	Holy Cross - Kingston	27.99 Q 1
3	118 Abbey Lanzo	Holy Cross - Kingston	28.08 Q 2
4	1 Katrina Babcock	Bayridge - Kingston	30.28 Q 1
5	116 Amanda Lalonde	Holy Cross - Kingston	28.37 Q 2
6	92 Madelin Thompson	Frontenac - Kingston	35.13 Q 1
7	358 Keisha Badour	Sydenham - Sydenham	29.54 q 2
8	7 Sam Campbell	Bayridge - Kingston	29.68 q 2
9	407 Kiera Myers	Sydenham - Sydenham	30.56 2
10	70 Brittany Galler	Frontenac - Kingston	35.19 2

**Women 200 Meter Dash Senior**

KASSAA: 25.50 * 2001		Kim Laverty, EOHC	
Name	School	Finals	
<b>Finals</b>			
1	147 Marissa Battle	Kingston - Kingston	25.88
2	109 Anna Greentree	Holy Cross - Kingston	27.73
3	118 Abbey Lanzo	Holy Cross - Kingston	28.26
4	116 Amanda Lalonde	Holy Cross - Kingston	28.87
5	7 Sam Campbell	Bayridge - Kingston	29.57
6	1 Katrina Babcock	Bayridge - Kingston	30.14
7	92 Madelin Thompson	Frontenac - Kingston	35.28

**Women 400 Meter Dash Senior**

KASSAA: 57.70 * 1984		Cheryl Thibedeau, EOFR	
Name	School	Finals	H#
<b>Finals</b>			
1	69 Blaire Dunn	Frontenac - Kingston	1:01.94 2
2	118 Abbey Lanzo	Holy Cross - Kingston	1:02.88 2
3	322 Megan Rodrigues	Regiopoliis-Notre Dame-Kingston	1:04.61 2
4	384 Danielle Gossage	Sydenham - Sydenham	1:06.39 2
5	1 Katrina Babcock	Bayridge - Kingston	1:08.17 2
6	53 Andréanne Ménard	Esc Marie Rivier - Kingston	1:10.88 1
7	227 Lydia Perry	La Salle - Kingston	1:11.07 1
8	431 Cassidy Trueman	Sydenham - Sydenham	1:15.53 1

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Results****Women 800 Meter Run Senior**

KASSAA: 2:14.90 \* 5/16/2014

Heather Jaros, LSSS - Kingston

Name	School	Finals
<b>Finals</b>		
1 312 Branna MacDougall	Regiopolis-Notre Dame-Kingston	2:20.92
2 191 Jackie Quesnel	Kingston - Kingston	2:22.76
3 100 Mary Besselink	Holy Cross - Kingston	2:33.17
4 384 Danielle Gossage	Sydenham - Sydenham	2:35.97
5 299 Daniella Gilmour	Regiopolis-Notre Dame-Kingston	2:42.69
6 227 Lydia Perry	La Salle - Kingston	2:59.85
7 18 Catherine Noble	Bayridge - Kingston	3:02.46
8 26 Anni Zechel	Bayridge - Kingston	3:11.94
9 9 Kendra Dehnert	Bayridge - Kingston	3:15.88
10 436 Cassie White	Sydenham - Sydenham	3:24.25
11 262 Leah Hagerman	Napanee - Napanee	3:31.01

**Women 1500 Meter Run Senior**

KASSAA: 4:37.40 \* 1999

Emily Tallen, EOFR

Name	School	Finals
<b>Finals</b>		
1 312 Branna MacDougall	Regiopolis-Notre Dame-Kingston	4:36.19 *
2 191 Jackie Quesnel	Kingston - Kingston	5:00.70
3 384 Danielle Gossage	Sydenham - Sydenham	5:18.18
4 195 Heidi Scott	Kingston - Kingston	5:18.38
5 209 Bella Adam	La Salle - Kingston	5:35.09
6 336 Cristina Tavares	Regiopolis-Notre Dame-Kingston	5:42.95
7 189 Rachel Porter	Kingston - Kingston	5:44.35
8 160 Caroline Cote	Kingston - Kingston	5:48.88
9 234 Andrea Scott	La Salle - Kingston	6:18.05
10 76 Sarah Kinney	Frontenac - Kingston	6:24.18
11 390 Ainsley Jeffrey	Sydenham - Sydenham	6:34.64
12 18 Catherine Noble	Bayridge - Kingston	6:37.86
13 436 Cassie White	Sydenham - Sydenham	6:55.08
14 9 Kendra Dehnert	Bayridge - Kingston	6:56.20
15 26 Anni Zechel	Bayridge - Kingston	6:57.90
16 262 Leah Hagerman	Napanee - Napanee	7:26.99

**Women 3000 Meter Run Senior**

KASSAA: 9:57.60 \* 1999

Emily Tallen, EOFR

Name	School	Finals
<b>Finals</b>		
1 312 Branna MacDougall	Regiopolis-Notre Dame-Kingston	10:56.19
2 195 Heidi Scott	Kingston - Kingston	11:57.54
3 209 Bella Adam	La Salle - Kingston	12:19.89
4 189 Rachel Porter	Kingston - Kingston	12:43.56
5 160 Caroline Cote	Kingston - Kingston	13:07.72
6 234 Andrea Scott	La Salle - Kingston	13:45.17
7 76 Sarah Kinney	Frontenac - Kingston	13:46.35
8 390 Ainsley Jeffrey	Sydenham - Sydenham	15:13.57

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**Women 100 Meter Hurdles Senior**

**KASSAA: 15.10 \* 2008**

**KASSAA2: 15.10 ~ 1992**

**Veronica Catry, EORN**

**Tracy Higgs, EOLS**

Name	School	Prelims
<b>Preliminaries</b>		
1 69 Blaire Dunn	Frontenac - Kingston	* 15.05 Q
2 251 Claire Millard	Loyalist - Kingston	15.53 Q
3 27 Nicole Zohorsky	Bayridge - Kingston	15.97 Q
4 316 Hannah Merjavec	Regiopolis-Notre Dame-Kingston	16.23 Q
5 149 Amanda Black	Kingston - Kingston	16.73 Q
6 53 Andréanne Ménard	Esc Marie Rivier - Kingston	20.59 Q

**Women 100 Meter Hurdles Senior**

**KASSAA: 15.10 \* 2008**

**KASSAA2: 15.10 ~ 1992**

**Veronica Catry, EORN**

**Tracy Higgs, EOLS**

Name	School	Finals
<b>Finals</b>		
1 69 Blaire Dunn	Frontenac - Kingston	14.78 *
2 251 Claire Millard	Loyalist - Kingston	15.25
3 27 Nicole Zohorsky	Bayridge - Kingston	15.54
4 149 Amanda Black	Kingston - Kingston	16.17
5 316 Hannah Merjavec	Regiopolis-Notre Dame-Kingston	16.43

**Women 400 Meter Hurdles Senior**

**KASSAA: 1:06.10 \* 2008**

**Name**

**Catherine Farish, EOFR**

**School**

**Finals**

<b>Finals</b>		
1 69 Blaire Dunn	Frontenac - Kingston	1:04.90 *
2 27 Nicole Zohorsky	Bayridge - Kingston	1:09.92
3 20 Alyssa Platt	Bayridge - Kingston	1:16.16
4 53 Andréanne Ménard	Esc Marie Rivier - Kingston	1:19.35

**Women 4x100 Meter Relay Senior**

**KASSAA: 49.40 \* 1993**

**Team**

**Loyalist C.V.I., EOLO**

**Relay**

**Finals**

<b>Finals</b>		
1 Holy Cross - Kingston		53.37
2 Regiopolis-Notre Dame-Kingston		53.63
3 Bayridge - Kingston		54.60
4 Sydenham - Sydenham		56.25
--- Kingston - Kingston		DQ

**Women High Jump Senior**

**KASSAA: 1.77m \* 1987**

**Name**

**Susan Campbell, EOLO**

**School**

**Finals**

<b>Finals</b>		
1 149 Amanda Black	Kingston - Kingston	1.50m
2 435 Shawna VanLeeuwen	Sydenham - Sydenham	1.45m

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Results****Women Pole Vault Senior**

KASSAA: 2.40m \* 2007

Sarah Mills, EOKS

Name	School	Finals
<b>Finals</b>		
1 179 Maddie MacPherson	Kingston - Kingston	2.35m
2 244 Kay Byers-Richards	Loyalist - Kingston	2.10m
3 394 Serena Koen	Sydenham - Sydenham	J2.10m
4 308 Thalia Hoxford	Regiopolis-Notre Dame-Kingston	J2.10m
5 186 Waverly Mulligan	Kingston - Kingston	1.80m

**Women Long Jump Senior**

KASSAA: 5.40m \* 1994

Danielle Froese, EOLO

Name	School	Finals
<b>Finals</b>		
1 149 Amanda Black	Kingston - Kingston	5.02m
2 127 Courtney Norman	Holy Cross - Kingston	4.40m
3 349 Cassy Lowery	Granite Ridge - Sharbot Lake	4.13m
4 337 Amy Van Nest	Regiopolis-Notre Dame-Kingston	3.68m

**Women Triple Jump Senior**

KASSAA: 10.93m \* 1992

Lesley Hughes, EOET

Name	School	Finals
<b>Finals</b>		
1 251 Claire Millard	Loyalist - Kingston	10.44m
2 127 Courtney Norman	Holy Cross - Kingston	10.26m
3 337 Amy Van Nest	Regiopolis-Notre Dame-Kingston	9.38m
4 349 Cassy Lowery	Granite Ridge - Sharbot Lake	9.09m
5 94 Claire Wiersema	Frontenac - Kingston	9.06m

**Women Shot Put Senior**

KASSAA: 13.22m \* 1998

Nicole Clarke, EOLS

Name	School	Finals
<b>Finals</b>		
1 340 Hailey Wolfgram	Regiopolis-Notre Dame-Kingston	11.98m
2 263 Leah Hill	Napanee - Napanee	11.33m
3 106 Emily Fawcett	Holy Cross - Kingston	9.28m
4 385 Morgan Hamilton	Sydenham - Sydenham	8.55m
5 319 Mady O'Coin	Regiopolis-Notre Dame-Kingston	8.23m
6 10 Mariah Emmons	Bayridge - Kingston	8.03m
7 356 Taylor Welch	Granite Ridge - Sharbot Lake	7.40m
8 125 Mackenzie Melim	Holy Cross - Kingston	7.21m
9 23 Amber Van Hooser	Bayridge - Kingston	7.11m
10 267 Michaela Lasher	Napanee - Napanee	6.42m
11 427 Amanda Silver	Sydenham - Sydenham	5.75m

**Women Discus Throw Senior**

KASSAA: 41.40m \* 1998

Erin Sepic, EORN

Name	School	Finals
<b>Finals</b>		
1 106 Emily Fawcett	Holy Cross - Kingston	31.53m
2 340 Hailey Wolfgram	Regiopolis-Notre Dame-Kingston	31.22m
3 263 Leah Hill	Napanee - Napanee	28.15m

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**CaraCo  
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**Finals ... (Women Discus Throw Senior)**

Name	School	Finals
4 10 Mariah Emmons	Bayridge - Kingston	27.32m
5 385 Morgan Hamilton	Sydenham - Sydenham	23.32m
6 423 Mackenzie Ryan	Sydenham - Sydenham	23.15m
7 427 Amanda Silver	Sydenham - Sydenham	16.46m

**Women Javelin Throw Senior**

**KASSAA: 38.41m \* 2010**

**Ashley Widmont, EOFR**

Name	School	Finals
<b>Finals</b>		
1 409 Kat Newton	Sydenham - Sydenham	27.85m
2 431 Cassidy Trueman	Sydenham - Sydenham	26.91m
3 125 Mackenzie Melim	Holy Cross - Kingston	25.16m
4 94 Claire Wiersema	Frontenac - Kingston	22.96m
5 435 Shawna VanLeeuwen	Sydenham - Sydenham	22.19m
6 423 Mackenzie Ryan	Sydenham - Sydenham	21.72m
7 10 Mariah Emmons	Bayridge - Kingston	21.29m
8 268 Jenny Lewis	Napanee - Napanee	21.00m
9 158 Sidonie Chard	Kingston - Kingston	18.85m
10 106 Emily Fawcett	Holy Cross - Kingston	18.41m
11 172 Kiko Kellway	Kingston - Kingston	17.56m
12 263 Leah Hill	Napanee - Napanee	16.40m
13 115 Jamie Knights	Holy Cross - Kingston	10.86m
14 267 Michaela Lasher	Napanee - Napanee	10.55m
--- 444 Hannah Avery	Holy Cross - Kingston	FOUL

**Women 1500 Meter Steeplechase Open**

**KASSAA: 5:30.60 \* 5/16/2014**

**Emily Drouin, RND - Kingston**

Name	School	Finals
<b>Finals</b>		
1 100 Mary Besselink	Holy Cross - Kingston	5:47.93
2 195 Heidi Scott	Kingston - Kingston	5:52.19
3 230 Bryn Reynolds	La Salle - Kingston	5:57.72
4 160 Caroline Cote	Kingston - Kingston	6:07.46
5 336 Cristina Tavares	Regiopolis-Notre Dame-Kingston	6:23.41

**Women 4x400 Meter Relay Open**

**KASSAA: 4:08.60 \* 1992**

**Loyalist C.V.I., EOLO**

Team	Relay	Finals
<b>Finals</b>		
1 Holy Cross - Kingston		4:21.96
2 Bayridge - Kingston		4:32.24
3 Kingston - Kingston		4:38.01
4 Regiopolis-Notre Dame-Kingston		4:40.28
5 Sydenham - Sydenham		4:45.69
6 La Salle - Kingston		5:02.85

**Women 100 Meter Dash Ambulatory**

**KASSAA: 16.40 \* 5/14/2015**

**Shirley Hughes-Ryan, SHS - Sydenham**

Name	School	Finals
<b>Finals</b>		
1 388 Shirley Hughes	Sydenham - Sydenham	17.95

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**Women 800 Meter Run Ambulatory**

KASSAA: 4:13.90 * 5/14/2015		Shirley Hughes-Ryan, SHS - Sydenham		
Name	School	Finals		
<b>Finals</b>				
1	388 Shirley Hughes	Sydenham - Sydenham	4:04.17	*

**Women 100 Meter Dash Intellectually Imp.**

KASSAA: 15.70 * 5/14/2015		Dominique Hannah, SHS - Sydenham		
Name	School	Finals		
<b>Finals</b>				
1	370 Brianna Clow	Sydenham - Sydenham	16.96	
2	238 Sydney Vallier-Pratt	La Salle - Kingston	18.00	
3	442 Jaedra Marshalleck	Holy Cross - Kingston	19.46	
4	326 Emily Roy	Regiopolis-Notre Dame-Kingston	22.23	

**Men 100 Meter Dash Midget**

KASSAA: 11.10 * 5/14/2015		Cole Horsman, FSS - Kingston		
Name	School	Prelims	H#	
<b>Preliminaries</b>				
1	72 Joel Gurnsey	Frontenac - Kingston	12.66 Q	1
1	141 Dylan Thomason	Holy Cross - Kingston	12.66 Q	2
3	294 Jamaree Downer	Regiopolis-Notre Dame-Kingston	12.68 Q	2
4	101 McKendry Birtch	Holy Cross - Kingston	12.95 Q	1
5	56 Evan Randall	Esc Marie Rivier - Kingston	13.08 Q	1
6	39 Zack Sagriff	Ernestown - Odessa	14.06 Q	2
7	208 Ali Zaidi	Kingston - Kingston	13.13 q	1
8	40 Jerome Smith	Ernestown - Odessa	13.61 q	1
9	34 Liam Lowe	Ernestown - Odessa	13.88	1
10	163 Rowan Engen	Kingston - Kingston	15.94	2

**Men 100 Meter Dash Midget**

KASSAA: 11.10 * 5/14/2015		Cole Horsman, FSS - Kingston		
Name	School	Finals		
<b>Finals</b>				
1	141 Dylan Thomason	Holy Cross - Kingston	12.49	
2	72 Joel Gurnsey	Frontenac - Kingston	12.56	
3	294 Jamaree Downer	Regiopolis-Notre Dame-Kingston	12.59	
4	101 McKendry Birtch	Holy Cross - Kingston	12.80	
5	56 Evan Randall	Esc Marie Rivier - Kingston	12.97	
6	208 Ali Zaidi	Kingston - Kingston	13.06	
7	40 Jerome Smith	Ernestown - Odessa	13.50	
8	39 Zack Sagriff	Ernestown - Odessa	13.58	

**Men 200 Meter Dash Midget**

KASSAA: 23.10 * 5/14/2015		Cole Horsman, FSS - Kingston		
Name	School	Prelims	H#	
<b>Preliminaries</b>				
1	141 Dylan Thomason	Holy Cross - Kingston	24.55 Q	2
2	374 Simon Cook	Sydenham - Sydenham	25.13 Q	1
3	72 Joel Gurnsey	Frontenac - Kingston	25.14 Q	1
4	56 Evan Randall	Esc Marie Rivier - Kingston	25.59 Q	2
5	101 McKendry Birtch	Holy Cross - Kingston	25.79 Q	1



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**Preliminaries ... (Men 200 Meter Dash Midget)**

Name	School	Prelims	H#
6 187 Wail Osman	Kingston - Kingston	26.02 Q	2
7 433 Nick Vankoughnut	Sydenham - Sydenham	26.71 q	2
8 193 Sean Reed	Kingston - Kingston	26.74 q	2
9 96 Joey An	Holy Cross - Kingston	26.86	2
10 48 Adam Jones	Esc Marie Rivier - Kingston	27.79	1
11 39 Zack Sagriff	Ernestown - Odessa	27.87	2
12 135 Lucas Rollins	Holy Cross - Kingston	29.30	1

**Men 200 Meter Dash Midget**

**KASSAA: 23.10 \* 5/14/2015 Cole Horsman, FSS - Kingston**

Name	School	Finals	H#
<b>Finals</b>			
1 141 Dylan Thomason	Holy Cross - Kingston	24.67	
2 72 Joel Gurnsey	Frontenac - Kingston	25.24	
3 374 Simon Cook	Sydenham - Sydenham	25.26	
4 101 McKendry Birtch	Holy Cross - Kingston	25.54	
5 56 Evan Randall	Esc Marie Rivier - Kingston	25.73	
6 187 Wail Osman	Kingston - Kingston	26.25	
7 193 Sean Reed	Kingston - Kingston	27.14	

**Men 400 Meter Dash Midget**

**KASSAA: 54.00 \* 5/14/2015 Max Taylor, HCCSS - Kingston**

Name	School	Finals	H#
<b>Finals</b>			
1 56 Evan Randall	Esc Marie Rivier - Kingston	57.71	1
2 64 Cameron Bruce	Frontenac - Kingston	57.73	2
3 187 Wail Osman	Kingston - Kingston	59.33	1
4 305 Ben Higgs	Regiopolis-Notre Dame-Kingston	59.88	1
5 101 McKendry Birtch	Holy Cross - Kingston	1:00.15	2
6 193 Sean Reed	Kingston - Kingston	1:01.64	2
7 48 Adam Jones	Esc Marie Rivier - Kingston	1:02.39	2
8 216 Sean Evans	La Salle - Kingston	1:03.19	2

**Men 800 Meter Run Midget**

**KASSAA: 2:08.30 \* 2008 Kyle McKellar, EOFR**

Name	School	Finals	H#
<b>Finals</b>			
1 152 Miles Brackenbury	Kingston - Kingston	2:09.87	
2 138 Nick Santucci	Holy Cross - Kingston	2:11.69	
3 64 Cameron Bruce	Frontenac - Kingston	2:13.57	
4 205 Matthew Wilson	Kingston - Kingston	2:17.48	
5 383 Jacob Gilpin	Sydenham - Sydenham	2:20.16	
6 426 Rayden Shetler	Sydenham - Sydenham	2:20.96	
7 332 Jack Smith	Regiopolis-Notre Dame-Kingston	2:24.21	
8 156 Alex Chan	Kingston - Kingston	2:33.17	
9 135 Lucas Rollins	Holy Cross - Kingston	2:36.44	
10 154 Emmett Brundage	Kingston - Kingston	2:37.76	
11 410 Brock Norman	Sydenham - Sydenham	2:40.06	

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**Men 1500 Meter Run Midget**

**KASSAA: 4:26.30 \* 2008**

**Kyle McKellar, EOFR**

Name	School	Finals
<b>Finals</b>		
1 152 Miles Brackenbury	Kingston - Kingston	4:29.09
2 138 Nick Santucci	Holy Cross - Kingston	4:34.39
3 252 Chet Moran	Loyalist - Kingston	4:34.95
4 64 Cameron Bruce	Frontenac - Kingston	4:35.46
5 205 Matthew Wilson	Kingston - Kingston	4:37.07
6 332 Jack Smith	Regiopolis-Notre Dame-Kingston	4:42.15
7 383 Jacob Gilpin	Sydenham - Sydenham	4:48.75
8 59 Evan Yakimov-Benabdallah	Esc Marie Rivier - Kingston	5:01.63
9 426 Rayden Shetler	Sydenham - Sydenham	5:03.03
10 14 Ian Jarvis	Bayridge - Kingston	5:03.14
11 237 William Smith	La Salle - Kingston	5:06.14
12 200 Sebastian Valencia	Kingston - Kingston	5:10.45
13 324 Matt Rostek	Regiopolis-Notre Dame-Kingston	5:11.40
14 156 Alex Chan	Kingston - Kingston	5:13.15
15 13 Alex Hamelinck	Bayridge - Kingston	5:14.45
16 341 Aidan Zabukovec	Regiopolis-Notre Dame-Kingston	5:18.31
17 105 Thomas Coleman	Holy Cross - Kingston	5:18.97
18 30 Eli Grange	Ernestown - Odessa	5:30.42
19 253 Keegan Parker	Loyalist - Kingston	5:36.99
20 410 Brock Norman	Sydenham - Sydenham	5:52.19
21 236 Matthew Sherwood	La Salle - Kingston	6:42.71

**Men 3000 Meter Run Midget**

**KASSAA: 9:26.40 \* 2012**

**Kieran L'Abbe, EOKS**

Name	School	Finals
<b>Finals</b>		
1 252 Chet Moran	Loyalist - Kingston	10:26.38
2 332 Jack Smith	Regiopolis-Notre Dame-Kingston	10:31.23
3 237 William Smith	La Salle - Kingston	10:32.58
4 205 Matthew Wilson	Kingston - Kingston	10:45.58
5 14 Ian Jarvis	Bayridge - Kingston	10:58.23
6 200 Sebastian Valencia	Kingston - Kingston	11:29.70
7 13 Alex Hamelinck	Bayridge - Kingston	11:59.76
8 253 Keegan Parker	Loyalist - Kingston	12:30.72

**Men 100 Meter Hurdles Midget**

**KASSAA: 14.90 \* 2012**

**Brodie Latimer, EOSY**

**KASSAA2: 14.90 ~ 5/14/2015**

**Liam Sands, EOSY**

Name	School	Prelims
<b>Preliminaries</b>		
1 374 Simon Cook	Sydenham - Sydenham	16.01 Q
2 433 Nick Vankoughnut	Sydenham - Sydenham	17.31 Q
3 305 Ben Higgs	Regiopolis-Notre Dame-Kingston	19.34 Q
4 96 Joey An	Holy Cross - Kingston	19.61 Q

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**Men 100 Meter Hurdles Midget**

**KASSAA: 14.90 \* 2012 Brodie Latimer, EOSY**  
**KASSAA2: 14.90 ~ 5/14/2015 Liam Sands, EOSY**

Name	School	Finals
<b>Finals</b>		
1 374 Simon Cook	Sydenham - Sydenham	16.26
2 433 Nick Vankoughnutt	Sydenham - Sydenham	17.02
3 305 Ben Higgs	Regiopolis-Notre Dame-Kingston	19.39
4 96 Joey An	Holy Cross - Kingston	19.63

**Men 300 Meter Hurdles Midget**

**KASSAA: 43.80 \* 2007 Matt Fouzie, EOSY**

Name	School	Finals
<b>Finals</b>		
1 374 Simon Cook	Sydenham - Sydenham	48.04
2 305 Ben Higgs	Regiopolis-Notre Dame-Kingston	49.55

**Men 4x100 Meter Relay Midget**

**KASSAA: 47.60 \* 2008 Sydenham H.S., EOSY**

Team	Relay	Finals
<b>Finals</b>		
1 Holy Cross - Kingston		48.93
2 Sydenham - Sydenham		49.57
3 Kingston - Kingston		50.23

**Men High Jump Midget**

**KASSAA: 1.76m \* 2007 Matt McEathron, EOFR**

Name	School	Finals
<b>Finals</b>		
1 373 Jaden Collier	Sydenham - Sydenham	1.70m
2 344 Jackson Emmons	Granite Ridge - Sharbot Lake	1.45m
3 163 Rowan Engen	Kingston - Kingston	1.40m

**Men Pole Vault Midget**

**KASSAA: 2.55m \* 2005 Ben Blake, EOKS**

Name	School	Finals
<b>Finals</b>		
1 344 Jackson Emmons	Granite Ridge - Sharbot Lake	2.45m

**Men Long Jump Midget**

**KASSAA: 5.63m \* 2007 Brandon McIntosh, EOFR**

Name	School	Finals
<b>Finals</b>		
1 245 MooEh Doe	Loyalist - Kingston	5.65m *
2 86 Damon Peters	Frontenac - Kingston	5.37m
3 294 Jamaree Downer	Regiopolis-Notre Dame-Kingston	5.30m
4 174 Declan Lawford-Wickham	Kingston - Kingston	4.99m
5 434 Jason VanLeeuwen	Sydenham - Sydenham	J4.99m
6 75 Tyler Huffman	Frontenac - Kingston	4.93m
7 320 Colin O'Keefe	Regiopolis-Notre Dame-Kingston	4.76m
8 187 Wail Osman	Kingston - Kingston	4.60m
9 30 Eli Grange	Ernestown - Odessa	4.07m

**KASSAA 2016 Track & Field Championship - 5/15/2016 to 5/16/2016**

**CaraCo  
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**Finals ... (Men Long Jump Midget)**

Name	School	Finals
10 34 Liam Lowe	Ernestown - Odessa	4.04m
11 96 Joey An	Holy Cross - Kingston	3.90m

**Men Triple Jump Midget**

**KASSAA: 11.94m \* 5/16/2014** **Maverick Snyder, NDSS - Napanee**

Name	School	Finals
1 245 MooEh Doe	Loyalist - Kingston	12.01m *
2 75 Tyler Huffman	Frontenac - Kingston	10.95m
3 86 Damon Peters	Frontenac - Kingston	10.91m
4 259 Kyle Garrett	Napanee - Napanee	10.85m
5 320 Colin O'Keefe	Regiopolis-Notre Dame-Kingston	9.93m
6 163 Rowan Engen	Kingston - Kingston	7.69m

**Men Shot Put Midget**

**KASSAA: 15.23m \* 2008** **Gavin Davis-Young, EOSY**

Name	School	Finals
1 275 Zack Deir	Queen Elizabeth - Kingston	12.51m
2 174 Declan Lawford-Wickham	Kingston - Kingston	11.51m
3 188 Gabriel Peters	Kingston - Kingston	10.91m
4 350 Cash Matson	Granite Ridge - Sharbot Lake	9.43m
5 36 Lucas Mulder	Ernestown - Odessa	9.28m
6 274 Parker Beaton	Queen Elizabeth - Kingston	9.27m
7 430 Jordan Troyer	Sydenham - Sydenham	9.16m
8 48 Adam Jones	Esc Marie Rivier - Kingston	8.86m
9 30 Eli Grange	Ernestown - Odessa	8.73m
10 269 Aaron Magee	Napanee - Napanee	8.71m
11 266 Elias Korporaal	Napanee - Napanee	8.46m
12 414 Noah Pederson	Sydenham - Sydenham	7.79m

**Men Discus Throw Midget**

**KASSAA: 40.25m \* 2013** **Sam Mace, EOLO**

Name	School	Finals
1 188 Gabriel Peters	Kingston - Kingston	31.96m
2 275 Zack Deir	Queen Elizabeth - Kingston	30.31m
3 428 Max Snider	Sydenham - Sydenham	30.13m
4 274 Parker Beaton	Queen Elizabeth - Kingston	26.54m
5 266 Elias Korporaal	Napanee - Napanee	24.46m
6 350 Cash Matson	Granite Ridge - Sharbot Lake	23.54m
7 264 Brandon Howes	Napanee - Napanee	23.43m
8 414 Noah Pederson	Sydenham - Sydenham	21.94m
9 430 Jordan Troyer	Sydenham - Sydenham	20.88m
10 434 Jason VanLeeuwen	Sydenham - Sydenham	20.86m
11 269 Aaron Magee	Napanee - Napanee	15.96m

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**Men Javelin Throw Midget**

**KASSAA: 51.52m \* 2012**

**Ben Cross, EOFR**

Name	School	Finals
<b>Finals</b>		
1 245 MooEh Doe	Loyalist - Kingston	36.96m
2 373 Jaden Collier	Sydenham - Sydenham	34.45m
3 437 Ray Whitehead	Sydenham - Sydenham	31.90m
4 188 Gabriel Peters	Kingston - Kingston	31.41m
5 275 Zack Deir	Queen Elizabeth - Kingston	30.85m
6 62 Stephen Andrews	Frontenac - Kingston	30.31m
7 138 Nick Santucci	Holy Cross - Kingston	26.73m
8 434 Jason VanLeeuwen	Sydenham - Sydenham	24.96m
9 174 Declan Lawford-Wickham	Kingston - Kingston	23.80m
10 36 Lucas Mulder	Ernestown - Odessa	22.30m
11 414 Noah Pederson	Sydenham - Sydenham	17.00m

**Men 100 Meter Dash Junior**

**KASSAA: 10.90 \* 2007**

**Jason Steels, EORN**

Name	School	Prelims	H#
<b>Preliminaries</b>			
1 21 Adam Sherbino	Bayridge - Kingston	12.37 Q	2
2 296 Ethan Finnegan	Regiopolis-Notre Dame-Kingston	12.68 Q	1
3 112 Christian Ibanez	Holy Cross - Kingston	12.65 Q	2
4 5 Aiden Buck	Bayridge - Kingston	12.96 Q	1
5 167 Mishel Goldvasser	Kingston - Kingston	12.89 Q	2
6 291 Josh Dafoe	Regiopolis-Notre Dame-Kingston	13.19 Q	1
7 281 Mitchell Blasko	Regiopolis-Notre Dame-Kingston	12.89 q	2
8 137 Liam Ryan	Holy Cross - Kingston	13.21 q	1
9 128 Connell Pelow	Holy Cross - Kingston	13.37	1

**Men 100 Meter Dash Junior**

**KASSAA: 10.90 \* 2007**

**Jason Steels, EORN**

Name	School	Finals
<b>Finals</b>		
1 21 Adam Sherbino	Bayridge - Kingston	12.17
2 296 Ethan Finnegan	Regiopolis-Notre Dame-Kingston	12.44
3 112 Christian Ibanez	Holy Cross - Kingston	12.52
4 137 Liam Ryan	Holy Cross - Kingston	12.59
5 167 Mishel Goldvasser	Kingston - Kingston	12.74
6 281 Mitchell Blasko	Regiopolis-Notre Dame-Kingston	12.83
7 5 Aiden Buck	Bayridge - Kingston	12.84
8 291 Josh Dafoe	Regiopolis-Notre Dame-Kingston	13.08

**Men 200 Meter Dash Junior**

**KASSAA: 23.30 \* 2007**

**Matt Hummel, EORN**

Name	School	Prelims	H#
<b>Preliminaries</b>			
1 102 Emmett Bravakis	Holy Cross - Kingston	23.80 Q	3
2 21 Adam Sherbino	Bayridge - Kingston	24.27 Q	2
3 281 Mitchell Blasko	Regiopolis-Notre Dame-Kingston	25.61 Q	1
4 403 Bryce Marchen	Sydenham - Sydenham	24.76 Q	2
5 378 Cole Edwards	Sydenham - Sydenham	25.40 Q	3

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**Preliminaries ... (Men 200 Meter Dash Junior)**

Name	School	Prelims	H#
6 167 Mishel Goldvasser	Kingston - Kingston	25.79 Q	1
7 318 Nathan Nowak	Regiopolis-Notre Dame-Kingston	25.17 q	2
8 44 Érick Dotel	Esc Marie Rivier - Kingston	25.99 q	3
9 128 Connell Pelow	Holy Cross - Kingston	26.17	1
10 5 Aiden Buck	Bayridge - Kingston	26.27	2
11 422 Adam Rose	Sydenham - Sydenham	28.31	1
12 396 Gavin Lamont	Sydenham - Sydenham	28.57	3
13 247 Sebastien L'Abbe	Loyalist - Kingston	31.22	1

**Men 200 Meter Dash Junior**

**KASSAA: 23.30 \* 2007 Matt Hummel, EORN**

Name	School	Finals	H#
<b>Finals</b>			
1 102 Emmett Bravakis	Holy Cross - Kingston	23.56	
2 21 Adam Sherbino	Bayridge - Kingston	24.40	
3 403 Bryce Marchen	Sydenham - Sydenham	24.79	
4 378 Cole Edwards	Sydenham - Sydenham	24.92	
5 318 Nathan Nowak	Regiopolis-Notre Dame-Kingston	25.17	
6 44 Érick Dotel	Esc Marie Rivier - Kingston	25.49	
7 281 Mitchell Blasko	Regiopolis-Notre Dame-Kingston	25.68	
8 167 Mishel Goldvasser	Kingston - Kingston	25.83	

**Men 400 Meter Dash Junior**

**KASSAA: 52.70 \* 2008 Kieran Doyle, EOSY**

**KASSAA2: 52.70 ~ 5/14/2015 Thomas Lambert, EOSY**

Name	School	Finals	H#
<b>Finals</b>			
1 140 Max Taylor	Holy Cross - Kingston	51.48 *	2
2 102 Emmett Bravakis	Holy Cross - Kingston	52.35 *	2
3 412 Karsten Patterson	Sydenham - Sydenham	55.52	2
4 129 Tommy Pendergast	Holy Cross - Kingston	55.87	1
5 403 Bryce Marchen	Sydenham - Sydenham	56.21	2
6 12 Alex Foster	Bayridge - Kingston	56.99	2
7 272 Brock Vale	Napanee - Napanee	59.33	1
8 131 Marcus Pye-Condie	Holy Cross - Kingston	1:00.24	1
9 396 Gavin Lamont	Sydenham - Sydenham	1:02.61	2
10 43 David Bourguignon	Esc Marie Rivier - Kingston	1:04.17	1
11 51 Tristan Lécuyer	Esc Marie Rivier - Kingston	1:04.70	1
12 378 Cole Edwards	Sydenham - Sydenham	1:04.72	2

**Men 800 Meter Run Junior**

**KASSAA: 2:05.20 \* 2006 Josh George, EOFR**

Name	School	Finals	H#
<b>Finals</b>			
1 93 Konnor Weston	Frontenac - Kingston	2:02.49 *	
2 140 Max Taylor	Holy Cross - Kingston	2:08.02	
3 55 Aaron Poirier	Esc Marie Rivier - Kingston	2:13.50	
4 12 Alex Foster	Bayridge - Kingston	2:13.54	
5 61 Jake Adair	Frontenac - Kingston	2:16.53	
6 157 Ian Chan	Kingston - Kingston	2:17.42	

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Results****Finals ... (Men 800 Meter Run Junior)**

Name	School	Finals
7 405 Ryan McLay	Sydenham - Sydenham	2:18.51
8 166 Noah Frymire	Kingston - Kingston	2:18.52
9 134 Robbie Roaques	Holy Cross - Kingston	3:07.43

**Men 1500 Meter Run Junior**

KASSAA: 4:10.70 \* 2004

Matt Hulse, EOHC

Name	School	Finals
<b>Finals</b>		
1 93 Konnor Weston	Frontenac - Kingston	4:19.33
2 166 Noah Frymire	Kingston - Kingston	4:34.37
3 55 Aaron Poirier	Esc Marie Rivier - Kingston	4:41.32
4 405 Ryan McLay	Sydenham - Sydenham	4:49.84
5 157 Ian Chan	Kingston - Kingston	4:54.93
6 367 Ben Callendar	Sydenham - Sydenham	4:58.64
7 131 Marcus Pye-Condie	Holy Cross - Kingston	5:15.84
8 46 Zachary Hamel	Esc Marie Rivier - Kingston	5:40.82
9 28 Dylan Carey	Ernestown - Odessa	5:52.75
10 134 Robbie Roaques	Holy Cross - Kingston	6:22.10

**Men 3000 Meter Run Junior**

KASSAA: 9:16.00 \* 2007

Alexander Hinton, EOKS

Name	School	Finals
<b>Finals</b>		
1 166 Noah Frymire	Kingston - Kingston	9:59.46
2 55 Aaron Poirier	Esc Marie Rivier - Kingston	10:00.51
3 258 Carter Free	Napanee - Napanee	10:04.81
4 2 Geoff Blackwell	Bayridge - Kingston	10:09.31
5 367 Ben Callendar	Sydenham - Sydenham	10:49.24

**Men 100 Meter Hurdles Junior**

KASSAA: 14.20 \* 5/14/2015

Merik Wilcock, SHS - Sydenham

Name	School	Prelims
<b>Preliminaries</b>		
1 425 Liam Sands	Sydenham - Sydenham	14.94 Q
2 288 Conor Coady	Regiopolis-Notre Dame-Kingston	16.53 Q
3 58 Simon Smith	Esc Marie Rivier - Kingston	19.40 Q

**Men 100 Meter Hurdles Junior**

KASSAA: 14.20 \* 5/14/2015

Merik Wilcock, SHS - Sydenham

Name	School	Finals
<b>Finals</b>		
1 425 Liam Sands	Sydenham - Sydenham	14.79
2 288 Conor Coady	Regiopolis-Notre Dame-Kingston	16.75
3 58 Simon Smith	Esc Marie Rivier - Kingston	19.48

**Men 300 Meter Hurdles Junior**

KASSAA: 41.50 \* 2006

Dave McGinn, EOSY

Name	School	Finals
<b>Finals</b>		
1 425 Liam Sands	Sydenham - Sydenham	42.35
2 412 Karsten Patterson	Sydenham - Sydenham	42.78

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**Finals ... (Men 300 Meter Hurdles Junior)**

Name	School	Finals
3 129 Tommy Pendergast	Holy Cross - Kingston	44.05
4 58 Simon Smith	Esc Marie Rivier - Kingston	52.17
5 366 Matt Caird	Sydenham - Sydenham	1:02.67

**Men 4x100 Meter Relay Junior**

KASSAA: 46.30 \* 2008

Sydenham H.S., EOSY

Team	Relay	Finals
<b>Finals</b>		
1 Sydenham - Sydenham		47.00
2 Holy Cross - Kingston		48.39
3 Regiopolis-Notre Dame-Kingston		48.40
--- Kingston - Kingston		DQ
--- Frontenac - Kingston		DQ

**Men High Jump Junior**

KASSAA: 1.85m \* 2004

Tom Hughes, EOSH

Name	School	Finals
<b>Finals</b>		
1 325 Michael Rowsell	Regiopolis-Notre Dame-Kingston	1.85m *
2 412 Karsten Patterson	Sydenham - Sydenham	1.60m
3 366 Matt Caird	Sydenham - Sydenham	J1.60m
4 5 Aiden Buck	Bayridge - Kingston	1.55m
5 367 Ben Callendar	Sydenham - Sydenham	1.50m
6 364 Colin Bowman	Sydenham - Sydenham	J1.50m

**Men Pole Vault Junior**

KASSAA: 3.10m \* 2005

Rob Hackett, EOBR

Name	School	Finals
<b>Finals</b>		
1 425 Liam Sands	Sydenham - Sydenham	2.75m
2 342 Alex Botting	Granite Ridge - Sharbot Lake	2.15m

**Men Long Jump Junior**

KASSAA: 6.59m \* 2004

David Jones, EOET

Name	School	Finals
<b>Finals</b>		
1 31 Josh Grawberger	Ernestown - Odessa	5.93m
2 443 Zach Froats-Crowder	Frontenac - Kingston	5.68m
3 214 Jack Duff	La Salle - Kingston	5.39m
4 399 Zach Lollar	Sydenham - Sydenham	5.36m
5 281 Mitchell Blasko	Regiopolis-Notre Dame-Kingston	5.33m
6 140 Max Taylor	Holy Cross - Kingston	5.26m
7 369 Wyatt Claus	Sydenham - Sydenham	5.13m
8 68 Evan Desarmia	Frontenac - Kingston	5.02m
9 348 Jaydn Lane	Granite Ridge - Sharbot Lake	4.22m
10 43 David Bourguignon	Esc Marie Rivier - Kingston	3.93m
11 45 Nicholas Duguay	Esc Marie Rivier - Kingston	3.90m
12 51 Tristan Lécuyer	Esc Marie Rivier - Kingston	3.67m
--- 44 Érick Dotel	Esc Marie Rivier - Kingston	FOUL



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**Men Triple Jump Junior**

**KASSAA: 12.93m \* 2004**

**David Jones, EOET**

Name	School	Finals
<b>Finals</b>		
1 31 Josh Grawberger	Ernestown - Odessa	12.16m
2 443 Zach Froats-Crowder	Frontenac - Kingston	11.80m
3 399 Zach Lollar	Sydenham - Sydenham	11.68m
4 88 Spencer Riley	Frontenac - Kingston	11.15m
5 369 Wyatt Claus	Sydenham - Sydenham	10.97m
6 129 Tommy Pendergast	Holy Cross - Kingston	10.80m

**Men Shot Put Junior**

**KASSAA: 15.57m \* 2010**

**Brandon Deslauriers, EONA**

Name	School	Finals
<b>Finals</b>		
1 79 Omar Komeha	Frontenac - Kingston	13.14m
2 103 Joey Cantarutti	Holy Cross - Kingston	12.40m
3 219 Shane Hiemstra	La Salle - Kingston	12.14m
4 348 Jaydn Lane	Granite Ridge - Sharbot Lake	11.67m
5 366 Matt Caird	Sydenham - Sydenham	11.37m
6 153 Toban Bradlynn	Kingston - Kingston	10.48m

**Men Discus Throw Junior**

**KASSAA: 49.11m \* 2010**

**Brandon Deslauriers, EONA**

Name	School	Finals
<b>Finals</b>		
1 348 Jaydn Lane	Granite Ridge - Sharbot Lake	34.78m
2 153 Toban Bradlynn	Kingston - Kingston	31.77m
3 68 Evan Desarmia	Frontenac - Kingston	26.81m

**Men Javelin Throw Junior**

**KASSAA: 48.85m \* 2008**

**Aaron Gazendam, EOHC**

Name	School	Finals
<b>Finals</b>		
1 228 Jeremy Piazzi	La Salle - Kingston	44.15m
2 272 Brock Vale	Napanee - Napanee	38.93m
3 68 Evan Desarmia	Frontenac - Kingston	37.50m
4 58 Simon Smith	Esc Marie Rivier - Kingston	31.58m
5 210 Hamza Ahmad	La Salle - Kingston	29.50m
6 136 Cole Rooks	Holy Cross - Kingston	29.04m
7 153 Toban Bradlynn	Kingston - Kingston	27.85m
8 45 Nicholas Duguay	Esc Marie Rivier - Kingston	26.47m
9 103 Joey Cantarutti	Holy Cross - Kingston	21.62m

**Men 100 Meter Dash Senior**

**KASSAA: 10.60 \* 2012**

**Wade Embury, EOSY**

Name	School	Prelims	H#
<b>Preliminaries</b>			
1 119 Devin Leblanc	Holy Cross - Kingston	11.90 Q	3
2 22 Mavrick Snider	Bayridge - Kingston	11.91 Q	1
3 117 Jordan Langille	Holy Cross - Kingston	12.25 Q	2
4 295 Malik Downer	Regiopolis-Notre Dame-Kingston	12.24 Q	1

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**Preliminaries ... (Men 100 Meter Dash Senior)**

Name	School	Prelims	H#
5 277 Josh Andrews	Regiopolis-Notre Dame-Kingston	12.35 Q	3
6 104 Grant Chenier	Holy Cross - Kingston	12.46 Q	2
7 376 Jason Dowker	Sydenham - Sydenham	12.48 q	1
8 60 Jean-David Young	Esc Marie Rivier - Kingston	12.54 q	1
9 232 Caedan Saulnier	La Salle - Kingston	12.75	2
10 15 Hayden Lane	Bayridge - Kingston	12.79	3
11 19 Alex Perrin	Bayridge - Kingston	12.99	2
12 159 Matthew Coon	Kingston - Kingston	13.05	1
13 306 Bryan Hoang	Regiopolis-Notre Dame-Kingston	13.51	2
14 87 Bret Phillips	Frontenac - Kingston	18.84	3

**Men 100 Meter Dash Senior**

**KASSAA: 10.60 \* 2012**

**Wade Embury, EOSY**

Name	School	Finals
<b>Finals</b>		
1 119 Devin Leblanc	Holy Cross - Kingston	11.66
2 22 Mavrick Snider	Bayridge - Kingston	11.71
3 295 Malik Downer	Regiopolis-Notre Dame-Kingston	12.08
4 277 Josh Andrews	Regiopolis-Notre Dame-Kingston	12.14
5 117 Jordan Langille	Holy Cross - Kingston	12.32
6 60 Jean-David Young	Esc Marie Rivier - Kingston	12.43
7 376 Jason Dowker	Sydenham - Sydenham	12.48
8 104 Grant Chenier	Holy Cross - Kingston	12.52

**Men 200 Meter Dash Senior**

**KASSAA: 22.40 \* 2004**

**Brennan Wright, EORN**

Name	School	Prelims	H#
<b>Preliminaries</b>			
1 119 Devin Leblanc	Holy Cross - Kingston	23.00 Q	3
2 8 Kyle Cumming	Bayridge - Kingston	23.89 Q	2
3 382 Ryan Gibson	Sydenham - Sydenham	24.04 Q	1
4 117 Jordan Langille	Holy Cross - Kingston	23.91 Q	2
5 224 Drew Marquette	La Salle - Kingston	24.21 Q	3
6 60 Jean-David Young	Esc Marie Rivier - Kingston	24.27 Q	1
7 240 Cody Webb	La Salle - Kingston	23.92 q	2
8 192 Evan Reed	Kingston - Kingston	24.17 q	2
9 104 Grant Chenier	Holy Cross - Kingston	24.28	3
10 404 Daret McKay	Sydenham - Sydenham	24.43	2
11 395 Thomas Lambert	Sydenham - Sydenham	24.51	3
12 183 Tim Montgomery	Kingston - Kingston	24.53	1
13 42 Timothée Beyret	Esc Marie Rivier - Kingston	25.02	3
14 49 Louis Kossonou	Esc Marie Rivier - Kingston	25.26	2
15 376 Jason Dowker	Sydenham - Sydenham	25.31	1
16 159 Matthew Coon	Kingston - Kingston	25.80	3
17 232 Caedan Saulnier	La Salle - Kingston	26.26	1
18 306 Bryan Hoang	Regiopolis-Notre Dame-Kingston	26.41	2
19 57 Michael Scott	Esc Marie Rivier - Kingston	26.48	1

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**Men 200 Meter Dash Senior**

**KASSAA: 22.40 \* 2004**

**Brennan Wright, EORN**

Name	School	Finals
<b>Finals</b>		
1 119 Devin Leblanc	Holy Cross - Kingston	22.98
2 382 Ryan Gibson	Sydenham - Sydenham	23.84
3 117 Jordan Langille	Holy Cross - Kingston	23.93
4 8 Kyle Cumming	Bayridge - Kingston	24.04
5 240 Cody Webb	La Salle - Kingston	24.09
6 192 Evan Reed	Kingston - Kingston	24.21
7 60 Jean-David Young	Esc Marie Rivier - Kingston	24.27

**Men 400 Meter Dash Senior**

**KASSAA: 49.10 \* 2013**

**Wade Embury, EOSY**

Name	School	Finals	H#
<b>Finals</b>			
1 119 Devin Leblanc	Holy Cross - Kingston	50.44	3
2 226 Liam Pedersen	La Salle - Kingston	50.71	3
3 240 Cody Webb	La Salle - Kingston	51.76	3
4 395 Thomas Lambert	Sydenham - Sydenham	52.02	3
5 420 Brady Robertson	Sydenham - Sydenham	52.48	3
6 192 Evan Reed	Kingston - Kingston	54.45	1
7 382 Ryan Gibson	Sydenham - Sydenham	54.69	3
8 404 Daret McKay	Sydenham - Sydenham	54.90	2
9 60 Jean-David Young	Esc Marie Rivier - Kingston	55.64	2
10 8 Kyle Cumming	Bayridge - Kingston	57.00	3
11 42 Timothée Beyret	Esc Marie Rivier - Kingston	58.19	1
12 306 Bryan Hoang	Regiopolis-Notre Dame-Kingston	58.65	2
13 25 Connor Wood	Bayridge - Kingston	58.94	2
14 57 Michael Scott	Esc Marie Rivier - Kingston	1:00.42	1
15 114 Stephen Johnston	Holy Cross - Kingston	1:14.21	2
16 71 Jordan Graham	Frontenac - Kingston	1:17.38	2

**Men 800 Meter Run Senior**

**KASSAA: 1:52.70 \* 1986**

**Trevor VanNest, EOKS**

Name	School	Finals
<b>Finals</b>		
1 226 Liam Pedersen	La Salle - Kingston	1:57.11
2 99 Jonathan Besselink	Holy Cross - Kingston	1:58.52
3 357 Nick Adams	Sydenham - Sydenham	1:58.61
4 420 Brady Robertson	Sydenham - Sydenham	1:59.19
5 302 Julien Guyon	Regiopolis-Notre Dame-Kingston	2:11.01
6 47 Benjamin Hickling	Esc Marie Rivier - Kingston	2:20.87
7 130 Kyle Penney	Holy Cross - Kingston	2:21.76
8 182 Arie Moffat	Kingston - Kingston	2:24.21

**Men 1500 Meter Run Senior**

**KASSAA: 3:55.50 \* 1986**

**Trevor VanNest, EOKS**

Name	School	Finals
<b>Finals</b>		
1 99 Jonathan Besselink	Holy Cross - Kingston	4:10.46
2 357 Nick Adams	Sydenham - Sydenham	4:11.78

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**Finals ... (Men 1500 Meter Run Senior)**

Name	School	Finals
3 327 Paul Sagriff	Regiopolis-Notre Dame-Kingston	4:13.18
4 161 Alex Drover	Kingston - Kingston	4:14.99
5 11 Matt Flood	Bayridge - Kingston	4:21.10
6 302 Julien Guyon	Regiopolis-Notre Dame-Kingston	4:30.35
7 279 Paul Bates	Regiopolis-Notre Dame-Kingston	4:35.82
8 185 Edwin Morelli	Kingston - Kingston	4:49.17
9 196 Sebastian Scott	Kingston - Kingston	4:50.80
10 47 Benjamin Hickling	Esc Marie Rivier - Kingston	4:51.13
11 182 Arie Moffat	Kingston - Kingston	4:54.03
12 362 Josh Bennett	Sydenham - Sydenham	5:07.51
13 80 Eric Leonard	Frontenac - Kingston	5:12.46

**Men 3000 Meter Run Senior**

**KASSAA: 8:42.50 \* 2001**

**Dylan Wykes, EOFR**

Name	School	Finals
<b>Finals</b>		
1 11 Matt Flood	Bayridge - Kingston	9:20.03
2 327 Paul Sagriff	Regiopolis-Notre Dame-Kingston	9:26.45
3 176 Cameron Linscott	Kingston - Kingston	9:39.94
4 185 Edwin Morelli	Kingston - Kingston	10:40.85

**Men 110 Meter Hurdles Senior**

**KASSAA: 14.40 \* 2012**

**Hayden Peters, EOSY**

Name	School	Prelims
<b>Preliminaries</b>		
1 438 Merik Wilcock	Sydenham - Sydenham	17.07 Q
2 368 Tyler Cancian	Sydenham - Sydenham	17.55 Q
3 401 Eric Lusk	Sydenham - Sydenham	17.57 Q
4 121 Andrew Martins	Holy Cross - Kingston	18.62 Q

**Men 110 Meter Hurdles Senior**

**KASSAA: 14.40 \* 2012**

**Hayden Peters, EOSY**

Name	School	Finals
<b>Finals</b>		
1 438 Merik Wilcock	Sydenham - Sydenham	16.42
2 401 Eric Lusk	Sydenham - Sydenham	16.83
3 368 Tyler Cancian	Sydenham - Sydenham	16.93
4 121 Andrew Martins	Holy Cross - Kingston	18.85

**Men 400 Meter Hurdles Senior**

**KASSAA: 56.30 \* 2012**

**Hayden Peters, EOSY**

Name	School	Finals
<b>Finals</b>		
1 438 Merik Wilcock	Sydenham - Sydenham	1:01.21
2 382 Ryan Gibson	Sydenham - Sydenham	1:02.02
3 389 Matt Hunt	Sydenham - Sydenham	1:09.21
4 121 Andrew Martins	Holy Cross - Kingston	1:13.06
5 57 Michael Scott	Esc Marie Rivier - Kingston	1:15.20

**KASSAA 2016 Track & Field Championship - 5/15/2016 to 5/16/2016****CaraCo  
Results****Men 4x100 Meter Relay Senior**

KASSAA: 44.00 \* 1989

Kingston C.V.I., EOKS

Team	Relay	Finals
<b>Finals</b>		
1 Sydenham - Sydenham		44.88
2 Holy Cross - Kingston		45.23
3 Regiopolis-Notre Dame-Kingston		47.22
4 Kingston - Kingston		47.94
5 Esc Marie Rivier - Kingston		48.17

**Men High Jump Senior**

KASSAA: 2.11m \* 1987

Sanjaya Wijayakoon, EOFR

Name	School	Finals
<b>Finals</b>		
1 290 Robert Connors	Regiopolis-Notre Dame-Kingston	1.90m
2 401 Eric Lusk	Sydenham - Sydenham	1.65m
3 49 Louis Kossonou	Esc Marie Rivier - Kingston	J1.65m
4 4 Michael Brodie	Bayridge - Kingston	1.60m
5 98 Jeff Babic	Holy Cross - Kingston	1.55m
6 354 Devon Scott	Granite Ridge - Sharbot Lake	J1.55m

**Men Pole Vault Senior**

KASSAA: 4.33m \* 1998

Mike Kleywegt, EOLS

Name	School	Finals
<b>Finals</b>		
1 190 Derek Posthumus	Kingston - Kingston	3.25m
2 180 Cameron McIver	Kingston - Kingston	2.75m
3 416 Jack Pickernell	Sydenham - Sydenham	2.15m

**Men Long Jump Senior**

KASSAA: 6.75m \* 1992

Ted Farnden, EOFR

Name	School	Finals
<b>Finals</b>		
1 22 Mavrick Snider	Bayridge - Kingston	6.28m
2 132 Brayden Raymond	Holy Cross - Kingston	6.13m
3 49 Louis Kossonou	Esc Marie Rivier - Kingston	5.74m
4 67 Ben Cross	Frontenac - Kingston	5.70m
5 404 Daret McKay	Sydenham - Sydenham	5.60m
6 98 Jeff Babic	Holy Cross - Kingston	5.37m
7 42 Timothée Beyret	Esc Marie Rivier - Kingston	5.29m
8 377 Sam Earle	Sydenham - Sydenham	5.16m
9 355 Riley Teal	Granite Ridge - Sharbot Lake	4.93m
10 416 Jack Pickernell	Sydenham - Sydenham	4.83m
11 4 Michael Brodie	Bayridge - Kingston	4.81m
12 124 Connor McNally	Holy Cross - Kingston	4.67m
13 63 Whistler Brown	Frontenac - Kingston	4.61m

**Men Triple Jump Senior**

KASSAA: 13.82m \* 1982

Roger Skepple, EOFR

Name	School	Finals
<b>Finals</b>		
1 22 Mavrick Snider	Bayridge - Kingston	12.90m

**KASSAA 2016 Track & Field Championship - 5/15/2016 to 5/16/2016****CaraCo  
Results****Finals ... (Men Triple Jump Senior)**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
2	183 Tim Montgomery	Kingston - Kingston	12.32m
3	132 Brayden Raymond	Holy Cross - Kingston	12.20m
4	67 Ben Cross	Frontenac - Kingston	11.97m
5	354 Devon Scott	Granite Ridge - Sharbot Lake	10.84m
6	355 Riley Teal	Granite Ridge - Sharbot Lake	10.41m
7	63 Whistler Brown	Frontenac - Kingston	10.24m

**Men Shot Put Senior****KASSAA: 18.28m \* 1998****Corey Trudeau, EOBR**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	224 Drew Marquette	La Salle - Kingston	13.58m
2	343 Robert Crawford	Granite Ridge - Sharbot Lake	12.81m
3	223 Sam Mace	La Salle - Kingston	11.33m
4	38 Brenden Quinn	Ernestown - Odessa	10.53m
5	85 Hartley Norris	Frontenac - Kingston	10.37m
6	254 Jacob Philips	Loyalist - Kingston	10.17m
7	377 Sam Earle	Sydenham - Sydenham	9.79m
8	212 Spencer Boven	La Salle - Kingston	9.12m
9	107 Tyson Fletcher	Holy Cross - Kingston	9.11m
10	419 Scott Richards	Sydenham - Sydenham	8.91m
11	78 Mo Komeha	Frontenac - Kingston	8.45m
12	41 Austin Wood	Ernestown - Odessa	6.95m

**Men Discus Throw Senior****KASSAA: 53.06m \* 2012****Brandon Deslauriers, EOSY**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	223 Sam Mace	La Salle - Kingston	36.39m
2	424 William Sanderson	Sydenham - Sydenham	34.27m
3	85 Hartley Norris	Frontenac - Kingston	34.05m
4	6 Adam Burggraf	Bayridge - Kingston	33.76m
5	401 Eric Lusk	Sydenham - Sydenham	33.15m
6	343 Robert Crawford	Granite Ridge - Sharbot Lake	28.19m
7	107 Tyson Fletcher	Holy Cross - Kingston	27.74m
8	254 Jacob Philips	Loyalist - Kingston	23.80m
9	377 Sam Earle	Sydenham - Sydenham	23.72m
10	419 Scott Richards	Sydenham - Sydenham	23.08m

**Men Javelin Throw Senior****KASSAA: 59.32m \* 2001****Matt Murdock, EOFR**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	67 Ben Cross	Frontenac - Kingston	55.44m
2	6 Adam Burggraf	Bayridge - Kingston	45.16m
3	229 Mathieu Piazzi	La Salle - Kingston	40.45m
4	421 Dawson Robertson	Sydenham - Sydenham	39.79m
5	368 Tyler Cancian	Sydenham - Sydenham	34.32m
6	181 Tanner McKinnon	Kingston - Kingston	33.44m
7	424 William Sanderson	Sydenham - Sydenham	30.10m

**KASSAA 2016 Track & Field Championship - 5/15/2016 to 5/16/2016**

**CaraCo  
Results**

**Finals ... (Men Javelin Throw Senior)**

Name	School	Finals
8 124 Connor McNally	Holy Cross - Kingston	29.77m
9 419 Scott Richards	Sydenham - Sydenham	29.24m
10 114 Stephen Johnston	Holy Cross - Kingston	24.84m

**Men 2000 Meter Steeplechase Open**

**KASSAA: 6:07.70 \* 2000**

**Brett Burns, EOFR**

Name	School	Finals
<b>Finals</b>		
1 99 Jonathan Besselink	Holy Cross - Kingston	6:20.80
2 161 Alex Drover	Kingston - Kingston	6:32.36
3 279 Paul Bates	Regiopolis-Notre Dame-Kingston	7:08.87
4 231 Jake Sartor	La Salle - Kingston	7:24.41
5 362 Josh Bennett	Sydenham - Sydenham	7:26.49
6 182 Arie Moffat	Kingston - Kingston	7:31.99
7 389 Matt Hunt	Sydenham - Sydenham	7:54.74
8 130 Kyle Penney	Holy Cross - Kingston	7:56.42
9 154 Emmett Brundage	Kingston - Kingston	8:18.19
10 46 Zachary Hamel	Esc Marie Rivier - Kingston	8:44.46

**Men 4x400 Meter Relay Open**

**KASSAA: 3:30.10 \* 2010**

**Sydenham H.S., EOSY**

Team	Relay	Finals
<b>Finals</b>		
1 Holy Cross - Kingston		3:27.83 *
2 Sydenham - Sydenham		3:30.73
3 La Salle - Kingston		3:43.58
4 Kingston - Kingston		3:46.60
5 Bayridge - Kingston		3:54.32

**Men 100 Meter Dash Intellectually Imp.**

**KASSAA: 13.40 \* 5/16/2014**

**Danny Amaral, RND - Kingston**

Name	School	Prelims	H#
<b>Preliminaries</b>			
1 318 Nathan Nowak	Regiopolis-Notre Dame-Kingston	* 12.30 Q	2
2 440 Ryan O'Brien	Holy Cross - Kingston	15.40 Q	1
3 422 Adam Rose	Sydenham - Sydenham	13.80 Q	2
4 391 JP Kehoe	Sydenham - Sydenham	16.10 Q	1
5 235 Brenden Sherwood	La Salle - Kingston	14.70 Q	2
6 441 Ryan Clement	Holy Cross - Kingston	16.60 Q	1
7 280 Mark Bento	Regiopolis-Notre Dame-Kingston	15.90 q	2
8 71 Jordan Graham	Frontenac - Kingston	16.20 q	2
9 303 John Gwyne-Timothy	Regiopolis-Notre Dame-Kingston	16.40	2
10 298 Trey Gibson-Leduc	Regiopolis-Notre Dame-Kingston	17.00	1
11 287 Andrew Chabot	Regiopolis-Notre Dame-Kingston	18.00	1
12 381 Taylor George	Sydenham - Sydenham	20.70	1

**Men 100 Meter Dash Intellectually Imp.**

**KASSAA: 13.40 \* 5/16/2014**

**Danny Amaral, RND - Kingston**

Name	School	Finals
<b>Finals</b>		
1 318 Nathan Nowak	Regiopolis-Notre Dame-Kingston	12.34 *

**KASSAA 2016 Track & Field Championship - 5/15/2016 to 5/16/2016**

**CaraCo**

**Results**

**Finals ... (Men 100 Meter Dash Intellectually Imp.)**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
2	422 Adam Rose	Sydenham - Sydenham	13.87
3	235 Brenden Sherwood	La Salle - Kingston	14.73
4	280 Mark Bento	Regiopolis-Notre Dame-Kingston	15.86
5	71 Jordan Graham	Frontenac - Kingston	15.92
6	391 JP Kehoe	Sydenham - Sydenham	16.26