

2019 KASSAA Track & Field Championships

TRACK EVENTS

*The track schedule can run up to 30 minutes ahead of schedule so it is important to be aware of how things are moving on the track.

Wednesday May 15 2019

2:30 p.m.	200m Heats	WCG, WCB, MG, JG, SG, MB, JB, SB
3:15 p.m.	300mH Timed-Sections	MG, JG
3:25 p.m.	400mH Timed Sections	SG
3:30 p.m.	300mH Timed Sections	MB, JB
3:40 p.m.	400mH Timed Sections	SB
3:45 p.m.	1500m Final	MG
3:55 p.m.	1500m Final	MB
4:05 p.m.	1500m Final	JG
4:15 p.m.	1500m Final	JB
4:25 p.m.	1500m Final	SG
4:35 p.m.	1500m Final	SB
4:45 p.m.	200m Finals	WCG, WCB, MG, JG, SG, MB, JB, SB
3pm	Para SP – AG, IDG	
4pm	Para SP – AB, IDB	

Thursday May 16, 2019

8:30 a.m.	Submit Forms & Fees to Stephanie Howie = Pick-up School #'s Package	
9:15 a.m.	Coaches Meeting (Ben and Kim)	
	Student Volunteers Meeting (Jess Taylor)	
9:30 a.m.	2000m Steeplechase Final	OG, OB
9:50 a.m.	Opening Ceremonies and Mascot Run	
10:00 a.m.	100m Heats	AMBG, AMBB, VIG, VIB, IDG, IDB, MG, JG, SG, MB, JB, SB
10:45 a.m.	80/100/110 m Hurdles heats	MG, JG, SG, MB, JB, SB
11:15 a.m.	3000m Final	MG, MB
11:40 a.m.	400m Final (Timed Sections)	WCG, WCB, MG, MB, JG, JB, SG, SB
12:20 p.m.	3000m Final	JG, JB
	Track Break	
1:15 p.m.	Sprint Hurdle Finals	SB, JB, MB, SG, JG, MG
1:30 p.m.	3000m Final	SG, SB
1:55 p.m.	100m Final	AMBG, AMBB, VIG, VIB, IDG, IDB, SG, SB, JG, JB, MG, MB
2:15 p.m.	800m Final (Timed Sections)	AMBG, AMBB, VIG, VIB, IDG, IDB, MG, MB, JG, JB, SG, SB
2:30 p.m.	Relay Judge Meeting (Laura McDowell)	
3:00 p.m.	4x100m Relay Timed Sections	SG, SB, JG, JB, MG, MB
3:30 p.m.	4x400m Relay Timed Sections	OG, OB
4:00 p.m.	Award Presentations (or at the conclusion of the field events)	

Field Events

Wednesday May 15, 2019

Time	Midget Girls	Junior Girls	Senior Girls	Midget Boys	Junior Boys	Senior Boys
12:00 pm	Javelin					
12:45 pm		Javelin				
1:30 pm			Javelin			
2:15 pm				Javelin		
3:00 pm					Javelin	
3:45 pm						Javelin

Thursday May 16, 2019

Time	Midget Girls	Junior Girls	Senior Girls	Midget Boys	Junior Boys	Senior Boys
9:00 am	Long Jump	Triple Jump	High Jump	Shot put		Discus
10 am	Pole Vault					
10:15 am	Shot Put	Discus		Long jump	Triple Jump	High Jump
11:30 am	High Jump	Long Jump	Triple jump	Discus	Shot Put	
12:45 pm		Shot Put	Discus	High Jump	Long Jump	Triple Jump
1 pm				Pole Vault		
2:00 pm	Triple Jump	High Jump	Long Jump		Discus	Shot Put
3:15 pm	Discus		Shot Put	Triple Jump	High Jump	Long Jump