

**KASSAA 2022 Track & Field Championship - 2022-05-11 to 2022-05-12**

**CaraCo  
Results**

**Women 100 Meter Dash Novice**

Name	School	Prelims
<b>Preliminaries</b>		
1	#342 Brynn Evans	Rnd - Kingston 13.73Q
2	#244 Alice Southall	Kcvi - Kingston 14.67Q
3	#260 Laurianne Delisle	Lsss - Kingston 14.83Q
4	#116 Isla Weir	Fss - Kingston 14.37Q
5	#161 Uche Ibida	Hccss - Kingston 14.87Q
6	#188 Emily VanDyke	Hccss - Kingston 15.18Q
7	#295 grace windsor	Lsss - Kingston 14.39q
8	#420 Shelby Terry	Shs - Sydenham 14.50q
9	#242 Lia Schocten	Kcvi - Kingston 14.58
10	#142 Olivia Brown	Hccss - Kingston 14.88
11	#183 Miranda Rebelo	Hccss - Kingston 15.26
12	#214 Gwen Gilbert	Kcvi - Kingston 15.27
13	#366 Teagan Bylsma	Shs - Sydenham 15.61
14	#343 Hope Gargaro	Rnd - Kingston 16.83
15	#59 Arianne Rhéaume	Escmr - Kingston 18.18
16	#274 ullah leaf	Lsss - Kingston 18.82

**Women 100 Meter Dash Novice**

Name	School	Finals
<b>Finals</b>		
1	#342 Brynn Evans	Rnd - Kingston 13.68
2	#116 Isla Weir	Fss - Kingston 14.39
3	#295 grace windsor	Lsss - Kingston 14.41
4	#244 Alice Southall	Kcvi - Kingston 14.49
5	#161 Uche Ibida	Hccss - Kingston 14.54
6	#420 Shelby Terry	Shs - Sydenham 14.80
7	#260 Laurianne Delisle	Lsss - Kingston 14.82
8	#188 Emily VanDyke	Hccss - Kingston 15.28

**Women 200 Meter Dash Novice**

Name	School	Prelims
<b>Preliminaries</b>		
1	#342 Brynn Evans	Rnd - Kingston 28.44Q
2	#171 Ella LeBlanc	Hccss - Kingston 28.54Q
3	#231 Hannah Noble-Duphney	Kcvi - Kingston 29.44Q
4	#116 Isla Weir	Fss - Kingston 30.31Q
5	#104 Olivia Mortimer	Fss - Kingston 29.96q
6	#307 Giselle Griffin	Lcvi - Kingston 30.07q
7	#232 Naomi Owen	Kcvi - Kingston 30.36q
8	#193 Ashley Woodcock	Hccss - Kingston 30.62q
9	#242 Lia Schocten	Kcvi - Kingston 30.63
10	#260 Laurianne Delisle	Lsss - Kingston 31.14
11	#142 Olivia Brown	Hccss - Kingston 31.29
12	#378 Jamie Hennessy	Shs - Sydenham 31.48
13	#188 Emily VanDyke	Hccss - Kingston 31.80
14	#355 Lena Ryan	Rnd - Kingston 31.93
15	#214 Gwen Gilbert	Kcvi - Kingston 32.70
16	#428 Emily Wemp	Shs - Sydenham 33.07
17	#366 Teagan Bylsma	Shs - Sydenham 33.22
18	#429 Sage White	Shs - Sydenham 33.43
19	#254 Grace Anderson	Lsss - Kingston 33.54
20	#75 Hazel Cartmell	Fss - Kingston 33.57

21	#343 Hope Gargaro	Rnd - Kingston 34.63
22	#59 Arianne Rhéaume	Escmr - Kingston 39.46

**Women 200 Meter Dash Novice**

Name	School	Finals
<b>Finals</b>		
1	#342 Brynn Evans	Rnd - Kingston 28.35
2	#171 Ella LeBlanc	Hccss - Kingston 28.86
3	#231 Hannah Noble-Duphney	Kcvi - Kingston 29.26
4	#104 Olivia Mortimer	Fss - Kingston 30.01
5	#116 Isla Weir	Fss - Kingston 30.15
6	#232 Naomi Owen	Kcvi - Kingston 30.67
7	#193 Ashley Woodcock	Hccss - Kingston 30.98

**Women 400 Meter Dash Novice**

Name	School	Finals
<b>Finals</b>		
1	#171 Ella LeBlanc	Hccss - Kingston 1:03.36
2	#342 Brynn Evans	Rnd - Kingston 1:03.88
3	#231 Hannah Noble-Duphney	Kcvi - Kingston 1:04.73
4	#278 reece leeder	Lsss - Kingston 1:06.02
5	#355 Lena Ryan	Rnd - Kingston 1:09.19
6	#195 Anna-Claire Young	Hccss - Kingston 1:11.47
7	#382 Alyssa Johnston	Shs - Sydenham 1:11.70
8	#210 Cate Duggan	Kcvi - Kingston 1:11.82
9	#135 Riah Beckwith	Hccss - Kingston 1:12.03
10	#216 Madi Hampton	Kcvi - Kingston 1:12.78
11	#93 Olivia Hobin	Fss - Kingston 1:13.76
12	#109 Lylah Robichaud	Fss - Kingston 1:14.15
13	#183 Miranda Rebelo	Hccss - Kingston 1:14.56
14	#90 Keira Hemming	Fss - Kingston 1:16.43
15	#429 Sage White	Shs - Sydenham 1:17.66

**Women 800 Meter Run Novice**

Name	School	Finals
<b>Finals</b>		
1	#430 Anais Payne	Kcvi - Kingston 2:33.75
2	#171 Ella LeBlanc	Hccss - Kingston 2:39.97
3	#278 reece leeder	Lsss - Kingston 2:40.60
4	#277 Jocelyn Leeder	Lsss - Kingston 2:50.74
5	#382 Alyssa Johnston	Shs - Sydenham 2:52.60
6	#355 Lena Ryan	Rnd - Kingston 2:53.50
7	#109 Lylah Robichaud	Fss - Kingston 2:54.17
8	#115 Sophie Weber	Fss - Kingston 3:05.19
9	#238 Kayla Ringrose	Kcvi - Kingston 3:18.14
10	#205 Sophie Collins	Kcvi - Kingston 3:23.65

**Women 1500 Meter Run Novice**

Name	School	Finals
<b>Finals</b>		
1	#430 Anais Payne	Kcvi - Kingston 5:23.50
2	#278 reece leeder	Lsss - Kingston 5:39.72
3	#188 Emily VanDyke	Hccss - Kingston 5:47.82
4	#277 Jocelyn Leeder	Lsss - Kingston 5:48.33
5	#135 Riah Beckwith	Hccss - Kingston 5:51.59
6	#252 Tova Wells	Kcvi - Kingston 5:58.42

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Results**

**Finals ... (Women 1500 Meter Run Novice)**

Name	School	Finals
7 #115 Sophie Weber	Fss - Kingston	6:26.33
8 #178 Kate Mignault	Hccss - Kingston	6:44.72
9 #90 Keira Hemming	Fss - Kingston	6:48.18
10 #238 Kayla Ringrose	Kcvi - Kingston	6:49.79

**Women 3000 Meter Run Novice**

Name	School	Finals
<b>Finals</b>		
1 #430 Anais Payne	Kcvi - Kingston	11:43.23
2 #72 Meredith Brown	Fss - Kingston	13:42.76
3 #164 Sarah Irwin	Hccss - Kingston	13:43.39
4 #115 Sophie Weber	Fss - Kingston	14:07.44
5 #110 Olivia Serson	Fss - Kingston	14:21.51

**Women 80 Meter Hurdles Novice**

Name	School	Prelims
<b>Preliminaries</b>		
1 #378 Jamie Hennessy	Shs - Sydenham	13.92Q
2 #196 Claire Allen	Kcvi - Kingston	15.48Q
3 #252 Tova Wells	Kcvi - Kingston	14.38Q
4 #295 grace windsor	Lsss - Kingston	16.19Q
5 #232 Naomi Owen	Kcvi - Kingston	16.92Q
6 #220 Robin Howe	Kcvi - Kingston	17.41Q
7 #104 Olivia Mortimer	Fss - Kingston	17.49q
8 #428 Emily Wemp	Shs - Sydenham	17.69q
9 #419 Jordan Snider	Shs - Sydenham	18.78
10 #427 Abigail Wartman	Shs - Sydenham	22.58

**Women 80 Meter Hurdles Novice**

Name	School	Finals
<b>Finals</b>		
1 #378 Jamie Hennessy	Shs - Sydenham	14.14
2 #252 Tova Wells	Kcvi - Kingston	14.21
3 #196 Claire Allen	Kcvi - Kingston	15.08
4 #104 Olivia Mortimer	Fss - Kingston	15.32
5 #295 grace windsor	Lsss - Kingston	16.03
6 #232 Naomi Owen	Kcvi - Kingston	16.36
7 #220 Robin Howe	Kcvi - Kingston	17.18
8 #428 Emily Wemp	Shs - Sydenham	17.42

**Women 300 Meter Hurdles Novice**

Name	School	Finals
<b>Finals</b>		
1 #252 Tova Wells	Kcvi - Kingston	53.06
2 #295 grace windsor	Lsss - Kingston	54.11
3 #419 Jordan Snider	Shs - Sydenham	55.35
4 #183 Miranda Rebelo	Hccss - Kingston	57.71
5 #135 Riah Beckwith	Hccss - Kingston	1:00.11
6 #220 Robin Howe	Kcvi - Kingston	1:01.62
7 #72 Meredith Brown	Fss - Kingston	1:02.73
8 #110 Olivia Serson	Fss - Kingston	1:07.61

**Women 4x100 Meter Relay Novice**

Team	Relay	Finals
<b>Finals</b>		
1 Frontenac - Kingston		55.43
2 La Salle - Kingston		55.96
3 Sydenham - Sydenham		56.72
4 Holy Cross - Kingston		57.06
5 Kingston - Kingston		57.11
6 Rnd - Kingston		59.54

**Women High Jump Novice**

Name	School	Finals
<b>Finals</b>		
1 #78 Makayla Conley	Fss - Kingston	J1.40m
2 #244 Alice Southall	Kcvi - Kingston	J1.40m
3 #104 Olivia Mortimer	Fss - Kingston	1.35m

**Women Pole Vault Novice**

Name	School	Finals
<b>Finals</b>		
1 #244 Alice Southall	Kcvi - Kingston	1.85m

**Women Long Jump Novice**

Name	School	Finals
<b>Finals</b>		
1 #78 Makayla Conley	Fss - Kingston	4.73m
2 #193 Ashley Woodcock	Hccss - Kingston	4.49m
3 #163 Isla Irving	Hccss - Kingston	4.21m
4 #420 Shelby Terry	Shs - Sydenham	4.14m
5 #196 Claire Allen	Kcvi - Kingston	4.12m
6 #93 Olivia Hobin	Fss - Kingston	4.05m
7 #311 Carolyn McMullen	Lcvi -kingston	3.85m
8 #257 Lily Butler	Lsss - Kingston	3.75m
9 #195 Anna-Claire Young	Hccss - Kingston	3.57m
10 #129 Julie Armstrong	Hccss - Kingston	3.10m
11 #412 Livia Robb	Shs - Sydenham	2.98m
12 #268 alyssa kauffman	Lsss - Kingston	2.85m

**Women Triple Jump Novice**

Name	School	Finals
<b>Finals</b>		
1 #311 Carolyn McMullen	Lcvi -kingston	9.41m
2 #193 Ashley Woodcock	Hccss - Kingston	J9.33m
3 #420 Shelby Terry	Shs - Sydenham	J9.33m
4 #307 Giselle Griffin	Lcvi -kingston	9.14m
5 #260 Laurianne Delisle	Lsss - Kingston	9.08m
6 #196 Claire Allen	Kcvi - Kingston	9.00m
7 #257 Lily Butler	Lsss - Kingston	8.92m
8 #163 Isla Irving	Hccss - Kingston	8.80m
9 #419 Jordan Snider	Shs - Sydenham	8.75m
10 #268 alyssa kauffman	Lsss - Kingston	7.94m
11 #412 Livia Robb	Shs - Sydenham	7.45m
--- #81 Elizabeth Creighton	Fss - Kingston	ND

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**Women Shot Put Novice**

Name	School	Finals
<b>Finals</b>		
1 #305 Kiersten Galloway	Lcvi -kingston	8.71m
2 #187 Marianne Scully	Hccss - Kingston	8.48m
3 #170 Alana Kutama	Hccss - Kingston	8.41m
4 #150 Ella Douglas	Hccss - Kingston	7.37m
5 #146 Gracie Coffin	Hccss - Kingston	7.02m

**Women Discus Throw Novice**

Name	School	Finals
<b>Finals</b>		
1 #150 Ella Douglas	Hccss - Kingston	20.60m
2 #187 Marianne Scully	Hccss - Kingston	20.34m
3 #421 Bella Thake	Shs - Sydenham	17.96m
4 #414 Lilly Rumbolt	Shs - Sydenham	16.81m
5 #146 Gracie Coffin	Hccss - Kingston	15.66m

**Women Javelin Throw Novice**

Name	School	Finals
<b>Finals</b>		
1 #78 Makayla Conley	Fss - Kingston	21.24m
2 #305 Kiersten Galloway	Lcvi -kingston	18.98m
3 #97 Derilana Labrie	Fss - Kingston	18.42m
4 #220 Robin Howe	Kcvi - Kingston	18.01m
5 #150 Ella Douglas	Hccss - Kingston	17.55m
6 #412 Livia Robb	Shs - Sydenham	17.26m
7 #414 Lilly Rumbolt	Shs - Sydenham	15.99m
8 #421 Bella Thake	Shs - Sydenham	14.30m
--- #170 Alana Kutama	Hccss - Kingston	ND
--- #146 Gracie Coffin	Hccss - Kingston	ND

**Women 100 Meter Dash Junior**

Name	School	Prelims
<b>Preliminaries</b>		
1 #288 saddie southward-watkir	Lsss - Kingston	13.51Q
2 #403 Silka Olvet	Shs - Sydenham	13.85Q
3 #31 Alana VanHooser	Bss - Kingston	14.13Q
4 #114 Vanessa Tapper	Fss - Kingston	14.29Q
5 #34 Aidan Kirkpatrick	Ess - Odessa	14.48Q
6 #347 Evangelyn Kelvin	Rnd - Kingston	14.76Q
7 #138 Christa Biller	Hccss - Kingston	14.75q
8 #86 Grace Gavel	Fss - Kingston	14.82q
9 #2 Mya Berezny	Bss - Kingston	15.13
10 #99 Lydia Lesage-Cooper	Fss - Kingston	15.16
11 #273 katie lawson	Lsss - Kingston	15.20
12 #127 Hailey Whitton	Grec - Sharbot L	15.42
13 #271 mackenzie landry	Lsss - Kingston	16.28
14 #9 Madeline Curtis	Bss - Kingston	16.32
15 #225 Linda Li	Kcvi - Kingston	16.35
16 #314 Jyra Ponio	Lcvi -kingston	16.59
17 #74 April Cairns	Fss - Kingston	17.27
18 #283 marlina reis	Lsss - Kingston	17.32

**Women 100 Meter Dash Junior**

Name	School	Finals
<b>Finals</b>		
1 #288 saddie southward-watkir	Lsss - Kingston	13.48
2 #403 Silka Olvet	Shs - Sydenham	13.61
3 #114 Vanessa Tapper	Fss - Kingston	14.02
4 #34 Aidan Kirkpatrick	Ess - Odessa	14.34
5 #31 Alana VanHooser	Bss - Kingston	14.35
6 #138 Christa Biller	Hccss - Kingston	14.46
7 #347 Evangelyn Kelvin	Rnd - Kingston	14.71
8 #86 Grace Gavel	Fss - Kingston	14.78

**Women 200 Meter Dash Junior**

Name	School	Prelims
<b>Preliminaries</b>		
1 #288 saddie southward-watkir	Lsss - Kingston	28.17Q
2 #287 reene schaule	Lsss - Kingston	29.06Q
3 #86 Grace Gavel	Fss - Kingston	30.57Q
4 #31 Alana VanHooser	Bss - Kingston	29.65Q
5 #114 Vanessa Tapper	Fss - Kingston	29.74Q
6 #328 Meg Miller	Ndss - Napanee	30.82Q
7 #34 Aidan Kirkpatrick	Ess - Odessa	30.33q
8 #347 Evangelyn Kelvin	Rnd - Kingston	30.75q
9 #273 katie lawson	Lsss - Kingston	31.75
10 #49 Jordan Brown	Escmr - Kingston	31.92
11 #2 Mya Berezny	Bss - Kingston	32.36
12 #271 mackenzie landry	Lsss - Kingston	33.55
13 #225 Linda Li	Kcvi - Kingston	33.93
14 #162 Uzo Ibida	Hccss - Kingston	34.61
15 #74 April Cairns	Fss - Kingston	37.68

**Women 200 Meter Dash Junior**

Name	School	Finals
<b>Finals</b>		
1 #288 saddie southward-watkir	Lsss - Kingston	27.97
2 #287 reene schaule	Lsss - Kingston	29.20
3 #114 Vanessa Tapper	Fss - Kingston	29.55
4 #31 Alana VanHooser	Bss - Kingston	30.05
5 #347 Evangelyn Kelvin	Rnd - Kingston	30.59
6 #34 Aidan Kirkpatrick	Ess - Odessa	30.62
7 #86 Grace Gavel	Fss - Kingston	30.77
8 #328 Meg Miller	Ndss - Napanee	30.94

**Women 400 Meter Dash Junior**

Name	School	Finals
<b>Finals</b>		
1 #250 Andrea Wang	Kcvi - Kingston	1:04.33
2 #287 reene schaule	Lsss - Kingston	1:04.56
3 #293 Alexis Vrana	Lsss - Kingston	1:06.15
4 #83 Sara Davis	Fss - Kingston	1:08.73
5 #31 Alana VanHooser	Bss - Kingston	1:09.92
6 #49 Jordan Brown	Escmr - Kingston	1:12.58
7 #230 Cameron Millotte	Kcvi - Kingston	1:13.28
8 #176 Kate McKinley	Hccss - Kingston	1:13.70
9 #273 katie lawson	Lsss - Kingston	1:14.94

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Results**

**Finals ... (Women 400 Meter Dash Junior)**

Name	School	Finals
10 #127 Hailey Whitton	Grec - Sharbot L	1:21.93

**Women 800 Meter Run Junior**

Name	School	Finals
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**Finals**

1 #83 Sara Davis	Fss - Kingston	2:44.49
2 #176 Kate McKinley	Hccss - Kingston	2:55.96
3 #230 Cameron Millotte	Kcvi - Kingston	3:03.30
4 #47 Emma Arellano	Escmr - Kingston	3:05.78
5 #100 Emily Liscumb	Fss - Kingston	3:10.39
6 #79 Taya Cooper	Fss - Kingston	3:15.38
7 #317 Jana Sorour	Levi -kingston	4:27.31

**Women 1500 Meter Run Junior**

Name	School	Finals
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**Finals**

1 #173 Gates McAllister	Hccss - Kingston	5:35.36
2 #83 Sara Davis	Fss - Kingston	5:37.20
3 #66 Lyla Attwood	Fss - Kingston	5:42.96
4 #323 Payton Brown	Ndss - Napanee	5:49.20
5 #241 Sophie Saunders-Lambe	Kcvi - Kingston	6:01.61
6 #316 Presley Snowdon	Levi -kingston	6:19.53
7 #47 Emma Arellano	Escmr - Kingston	6:24.79
8 #79 Taya Cooper	Fss - Kingston	7:14.31

**Women 3000 Meter Run Junior**

Name	School	Finals
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**Finals**

1 #66 Lyla Attwood	Fss - Kingston	12:40.16
2 #316 Presley Snowdon	Levi -kingston	12:44.87
3 #173 Gates McAllister	Hccss - Kingston	13:02.12
4 #241 Sophie Saunders-Lambe	Kcvi - Kingston	13:18.43

**Women 80 Meter Hurdles Junior**

Name	School	Prelims
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**Preliminaries**

1 #403 Silka Olvet	Shs - Sydenham	13.22Q
2 #388 Lola Kenney	Shs - Sydenham	13.83Q
3 #215 Emily Haberer	Kcvi - Kingston	14.41Q
4 #138 Christa Biller	Hccss - Kingston	15.55Q
5 #368 Emilienne Chabot	Shs - Sydenham	16.02Q

**Women 80 Meter Hurdles Junior**

Name	School	Finals
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**Finals**

1 #403 Silka Olvet	Shs - Sydenham	13.13
2 #215 Emily Haberer	Kcvi - Kingston	13.75
3 #388 Lola Kenney	Shs - Sydenham	13.93
4 #138 Christa Biller	Hccss - Kingston	14.66
5 #368 Emilienne Chabot	Shs - Sydenham	15.65

**Women 300 Meter Hurdles Junior**

Name	School	Finals
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**Finals**

1 #215 Emily Haberer	Kcvi - Kingston	52.44
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2 #250 Andrea Wang	Kcvi - Kingston	52.48
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**Women 4x100 Meter Relay Junior**

Team	Relay	Finals
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**Finals**

1 La Salle - Kingston		55.07
2 Sydenham - Sydenham		55.45
3 Kingston - Kingston		56.66
4 Frontenac - Kingston		57.59
5 Loyalist - Kingston		59.00
6 Holy Cross - Kingston		59.65

**Women High Jump Junior**

Name	School	Finals
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**Finals**

1 #368 Emilienne Chabot	Shs - Sydenham	1.50m
2 #388 Lola Kenney	Shs - Sydenham	1.40m

**Women Pole Vault Junior**

Name	School	Finals
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**Finals**

1 #328 Meg Miller	Ndss - Napanee	1.70m
2 #215 Emily Haberer	Kcvi - Kingston	1.40m

**Women Long Jump Junior**

Name	School	Finals
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**Finals**

1 #138 Christa Biller	Hccss - Kingston	4.51m
2 #321 Naomi Xu	Levi -kingston	4.34m
3 #166 Hannah Jeffs	Hccss - Kingston	4.04m
4 #9 Madeline Curtis	Bss - Kingston	3.75m
5 #133 Hailey Bauder	Hccss - Kingston	3.70m
6 #127 Hailey Whitton	Grec - Sharbot L	3.68m
--- #422 Katie Tye	Shs - Sydenham	ND
--- #411 Morgan Rines	Shs - Sydenham	ND
--- #373 Parker Friendship	Shs - Sydenham	ND

**Women Triple Jump Junior**

Name	School	Finals
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**Finals**

1 #288 saddie southward-watkir	Lsss - Kingston	10.10m
2 #388 Lola Kenney	Shs - Sydenham	9.37m
3 #321 Naomi Xu	Levi -kingston	9.29m
4 #166 Hannah Jeffs	Hccss - Kingston	9.24m
5 #328 Meg Miller	Ndss - Napanee	8.81m
6 #9 Madeline Curtis	Bss - Kingston	8.07m
7 #380 Hannah Huckabone	Shs - Sydenham	8.00m

**Women Shot Put Junior**

Name	School	Finals
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**Finals**

1 #136 Abbey Besselink	Hccss - Kingston	9.39m
2 #10 Lila Doering	Bss - Kingston	8.26m
3 #162 Uzo Ibida	Hccss - Kingston	5.86m

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**Women Discus Throw Junior**

Name	School	Finals
<b>Finals</b>		
1 #133 Hailey Bauder	Hccss - Kingston	19.05m
2 #136 Abbey Besselink	Hccss - Kingston	17.80m
3 #191 Jessica White	Hccss - Kingston	16.10m
4 #10 Lila Doering	Bss - Kingston	14.42m
5 #317 Jana Sorour	Lcvi -kingston	9.18m

**Women Javelin Throw Junior**

Name	School	Finals
<b>Finals</b>		
1 #422 Katie Tye	Shs - Sydenham	22.20m
2 #362 Anna Barton	Shs - Sydenham	21.86m
3 #133 Hailey Bauder	Hccss - Kingston	20.58m
4 #136 Abbey Besselink	Hccss - Kingston	19.27m
5 #10 Lila Doering	Bss - Kingston	19.03m
6 #191 Jessica White	Hccss - Kingston	13.76m

**Women 100 Meter Dash Senior**

Name	School	Prelims
<b>Preliminaries</b>		
1 #131 Jessica Asuncion	Hccss - Kingston	13.53Q
2 #137 Ella Best-Taylor	Hccss - Kingston	13.95Q
3 #89 Hailey Hart	Fss - Kingston	14.03Q
4 #185 Shelby Robertson	Hccss - Kingston	14.06Q
5 #145 Kyra Charlery-Franklyn	Hccss - Kingston	14.27q
6 #402 Sophie Norman	Shs - Sydenham	14.40q
7 #76 Stella Cartmell	Fss - Kingston	14.46q
8 #367 Emma Cabral	Shs - Sydenham	14.55q
9 #400 Jenna Norman	Shs - Sydenham	14.59
10 #33 Sarah Gillan	Ess - Odessa	14.65
11 #258 Marissa Cassell	Lsss - Kingston	14.71
12 #102 Jordyn Merriam	Fss - Kingston	14.75
13 #35 Morgyn Knetsch	Ess - Odessa	14.82
14 #20 Alexa Kerr	Bss - Kingston	14.96
15 #8 Karissa Cumming	Bss - Kingston	15.01
16 #249 Gia Venter	Kcvi - Kingston	15.15
17 #228 Katherine McLachlan	Kcvi - Kingston	15.17
18 #82 Isabella Cruz	Fss - Kingston	15.26
19 #13 Tina Ferjani	Bss - Kingston	15.31
20 #341 Angelica Doctolero	Rnd - Kingston	15.77
21 #266 Abby Huffman	Lsss - Kingston	15.91
22 #302 Felicia Doemer	Lcvi -kingston	16.62
23 #19 Maya Kabasawa	Bss - Kingston	17.44
24 #37 Lilly Lalande	Ess - Odessa	18.05

**Women 100 Meter Dash Senior**

Name	School	Finals
<b>Finals</b>		
1 #131 Jessica Asuncion	Hccss - Kingston	13.27
2 #137 Ella Best-Taylor	Hccss - Kingston	13.73
3 #89 Hailey Hart	Fss - Kingston	13.88
4 #145 Kyra Charlery-Franklyn	Hccss - Kingston	14.15
5 #402 Sophie Norman	Shs - Sydenham	14.21

6 #76 Stella Cartmell	Fss - Kingston	14.31
7 #367 Emma Cabral	Shs - Sydenham	14.39

**Women 200 Meter Dash Senior**

Name	School	Prelims
<b>Preliminaries</b>		
1 #131 Jessica Asuncion	Hccss - Kingston	27.88Q
2 #137 Ella Best-Taylor	Hccss - Kingston	28.75Q
3 #33 Sarah Gillan	Ess - Odessa	29.28Q
4 #76 Stella Cartmell	Fss - Kingston	29.52Q
5 #400 Jenna Norman	Shs - Sydenham	29.67Q
6 #286 maeve schaule	Lsss - Kingston	29.83Q
7 #145 Kyra Charlery-Franklyn	Hccss - Kingston	29.63q
8 #402 Sophie Norman	Shs - Sydenham	30.06q
9 #35 Morgyn Knetsch	Ess - Odessa	31.10
10 #223 YeJin Kim	Kcvi - Kingston	32.04
11 #124 Elayna Jackson	Grec - Sharbot L	32.17
12 #1 Emily Abbasi	Bss - Kingston	33.13
13 #302 Felicia Doemer	Lcvi -kingston	34.75

**Women 200 Meter Dash Senior**

Name	School	Finals
<b>Finals</b>		
1 #131 Jessica Asuncion	Hccss - Kingston	27.79
2 #137 Ella Best-Taylor	Hccss - Kingston	28.74
3 #33 Sarah Gillan	Ess - Odessa	29.29
4 #145 Kyra Charlery-Franklyn	Hccss - Kingston	29.31
5 #76 Stella Cartmell	Fss - Kingston	29.54
6 #286 maeve schaule	Lsss - Kingston	29.64
7 #400 Jenna Norman	Shs - Sydenham	30.18
8 #402 Sophie Norman	Shs - Sydenham	30.22

**Women 400 Meter Dash Senior**

Name	School	Finals
<b>Finals</b>		
1 #400 Jenna Norman	Shs - Sydenham	1:04.03
2 #286 maeve schaule	Lsss - Kingston	1:05.06
3 #33 Sarah Gillan	Ess - Odessa	1:06.42
4 #233 Benedetta Paganelli	Kcvi - Kingston	1:06.44
5 #76 Stella Cartmell	Fss - Kingston	1:07.57
6 #325 Emily DeRoche	Ndss - Napanee	1:08.90
7 #398 Avery Nelder	Shs - Sydenham	1:10.91
8 #1 Emily Abbasi	Bss - Kingston	1:15.63

**Women 800 Meter Run Senior**

Name	School	Finals
<b>Finals</b>		
1 #203 Alex Campbell	Kcvi - Kingston	2:26.19
2 #201 Claire Brackenbury	Kcvi - Kingston	2:31.94
3 #294 teagan whitney	Lsss - Kingston	2:33.40
4 #350 Sienna Matheson	Rnd - Kingston	2:36.34
5 #284 nicole ryan	Lsss - Kingston	2:40.26
6 #286 maeve schaule	Lsss - Kingston	2:43.89
7 #157 Claire Hamilton	Hccss - Kingston	2:46.29
8 #398 Avery Nelder	Shs - Sydenham	2:55.93
9 #23 Lisa Mohl	Bss - Kingston	3:01.43

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**Finals ... (Women 800 Meter Run Senior)**

Name	School	Finals
10 #61 Sophia Smith	Escmr - Kingston	3:37.63
11 #4 Athena Cellini	Bss - Kingston	3:44.87

**Women 1500 Meter Run Senior**

Name	School	Finals
<b>Finals</b>		
1 #203 Alex Campbell	Kcvi - Kingston	4:57.53
2 #213 Haley Fraser	Kcvi - Kingston	5:00.68
3 #294 teagan whitney	Lsss - Kingston	5:08.72
4 #201 Claire Brackenbury	Kcvi - Kingston	5:11.99
5 #197 Kira Allen	Kcvi - Kingston	5:15.30
6 #157 Claire Hamilton	Hccss - Kingston	5:23.06
7 #284 nicole ryan	Lsss - Kingston	5:43.58
8 #346 Olivia James	Rnd - Kingston	5:48.01
9 #23 Lisa Mohl	Bss - Kingston	6:14.92
10 #64 Zoe St-Louis	Escmr - Kingston	6:26.45
11 #61 Sophia Smith	Escmr - Kingston	7:50.37
--- #206 Jillian Dalton	Kcvi - Kingston	X5:25.37

**Women 3000 Meter Run Senior**

Name	School	Finals
<b>Finals</b>		
1 #213 Haley Fraser	Kcvi - Kingston	11:08.86
2 #294 teagan whitney	Lsss - Kingston	11:30.68
3 #157 Claire Hamilton	Hccss - Kingston	12:06.72
4 #346 Olivia James	Rnd - Kingston	12:49.49
5 #64 Zoe St-Louis	Escmr - Kingston	14:45.43

**Women 100 Meter Hurdles Senior**

Name	School	Prelims
<b>Preliminaries</b>		
1 #89 Hailey Hart	Fss - Kingston	18.74Q
2 #233 Benedetta Paganelli	Kcvi - Kingston	19.31Q
3 #424 Siyerra Vanderwal	Shs - Sydenham	18.91Q
4 #423 Olivya Vanderwal	Shs - Sydenham	20.46Q
5 #235 Milan Rice	Kcvi - Kingston	19.36Q
6 #266 Abby Huffman	Lsss - Kingston	21.03Q
7 #228 Katherine McLachlan	Kcvi - Kingston	21.13q
8 #353 Abby Ows	Rnd - Kingston	21.50q

**Women 100 Meter Hurdles Senior**

Name	School	Finals
<b>Finals</b>		
1 #89 Hailey Hart	Fss - Kingston	18.52
2 #233 Benedetta Paganelli	Kcvi - Kingston	18.69
3 #424 Siyerra Vanderwal	Shs - Sydenham	19.12
4 #235 Milan Rice	Kcvi - Kingston	19.17
5 #423 Olivya Vanderwal	Shs - Sydenham	19.42
6 #266 Abby Huffman	Lsss - Kingston	20.86
7 #353 Abby Ows	Rnd - Kingston	21.02
8 #228 Katherine McLachlan	Kcvi - Kingston	21.06

**Women 400 Meter Hurdles Senior**

Name	School	Finals
<b>Finals</b>		
1 #350 Sienna Matheson	Rnd - Kingston	1:17.63
2 #228 Katherine McLachlan	Kcvi - Kingston	1:23.40
3 #353 Abby Ows	Rnd - Kingston	1:30.70

**Women 4x100 Meter Relay Senior**

Team	Relay	Finals
<b>Finals</b>		
1 Holy Cross - Kingston		54.54
2 Sydenham - Sydenham		54.61
3 Frontenac - Kingston		55.69
4 Bayridge - Kingston		56.58
5 Kingston - Kingston		56.75
6 La Salle - Kingston		59.03
7 Grec - Sharbot L		59.59
8 Ernestown - Odessa		1:00.06

**Women High Jump Senior**

Name	School	Finals
<b>Finals</b>		
1 #292 hailey twigg	Lsss - Kingston	1.55m
2 #423 Olivya Vanderwal	Shs - Sydenham	J1.50m
3 #424 Siyerra Vanderwal	Shs - Sydenham	J1.50m
4 #126 Amber Verbruggen	Grec - Sharbot L	1.35m

**Women Pole Vault Senior**

Name	School	Finals
<b>Finals</b>		
1 #50 Sandra Hacault	Escmr - Kingston	2.20m
2 #122 Maddy Gunsinger	Grec - Sharbot L	1.85m
3 #125 Katie Tryon	Grec - Sharbot L	1.55m

**Women Long Jump Senior**

Name	School	Finals
<b>Finals</b>		
1 #292 hailey twigg	Lsss - Kingston	4.71m
2 #50 Sandra Hacault	Escmr - Kingston	4.65m
3 #13 Tina Ferjani	Bss - Kingston	4.45m
4 #399 Sam Nicholson	Shs - Sydenham	4.43m
5 #82 Isabella Cruz	Fss - Kingston	4.27m
6 #396 Oliva Melo	Shs - Sydenham	4.26m
7 #8 Karissa Cumming	Bss - Kingston	4.14m
8 #124 Elayna Jackson	Grec - Sharbot L	4.04m
9 #152 Ava Fisher	Hccss - Kingston	3.98m
10 #20 Alexa Kerr	Bss - Kingston	3.95m
11 #325 Emily DeRoche	Ndss - Napanee	3.93m
12 #125 Katie Tryon	Grec - Sharbot L	3.87m
13 #122 Maddy Gunsinger	Grec - Sharbot L	3.49m
14 #341 Angelica Doctolero	Rnd - Kingston	3.41m
15 #266 Abby Huffman	Lsss - Kingston	3.38m
16 #19 Maya Kabasawa	Bss - Kingston	3.32m
--- #353 Abby Ows	Rnd - Kingston	ND

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**Women Triple Jump Senior**

Name	School	Finals
<b>Finals</b>		
1 #292 hailey twigg	Lsss - Kingston	10.48m
2 #50 Sandra Hacault	Escmr - Kingston	9.71m
3 #399 Sam Nicholson	Shs - Sydenham	9.66m
4 #98 Amelie Leger	Fss - Kingston	9.61m
5 #396 Oliva Melo	Shs - Sydenham	9.10m
6 #20 Alexa Kerr	Bss - Kingston	8.92m
7 #8 Karissa Cumming	Bss - Kingston	8.68m
8 #152 Ava Fisher	Hccss - Kingston	8.63m
9 #19 Maya Kabasawa	Bss - Kingston	8.34m
--- #17 Paige Hart	Bss - Kingston	ND
--- #13 Tina Ferjani	Bss - Kingston	ND

**Women Shot Put Senior**

Name	School	Finals
<b>Finals</b>		
1 #84 Jessie Dean-Savage	Fss - Kingston	9.24m
2 #121 Amanda Crawford	Grec - Sharbot L	8.89m
3 #181 Sophia Nikitopoulos	Hccss - Kingston	8.44m
4 #152 Ava Fisher	Hccss - Kingston	7.80m
5 #208 Catherine Davison	Kcvi - Kingston	6.92m
6 #44 Saige Traise	Ess - Odessa	6.83m
7 #37 Lilly Lalande	Ess - Odessa	6.00m
8 #212 Randi Foster	Kcvi - Kingston	5.44m
9 #243 Kaleigh Skinner	Kcvi - Kingston	4.15m

**Women Discus Throw Senior**

Name	School	Finals
<b>Finals</b>		
1 #84 Jessie Dean-Savage	Fss - Kingston	26.58m
2 #121 Amanda Crawford	Grec - Sharbot L	24.31m
3 #44 Saige Traise	Ess - Odessa	22.66m
4 #208 Catherine Davison	Kcvi - Kingston	21.69m
5 #243 Kaleigh Skinner	Kcvi - Kingston	16.51m
6 #212 Randi Foster	Kcvi - Kingston	14.08m

**Women Javelin Throw Senior**

Name	School	Finals
<b>Finals</b>		
1 #126 Amber Verbruggen	Grec - Sharbot L	26.10m
2 #84 Jessie Dean-Savage	Fss - Kingston	25.28m
3 #124 Elayna Jackson	Grec - Sharbot L	25.15m
4 #424 Siyerra Vanderwal	Shs - Sydenham	24.51m
5 #95 Makenzi Jones	Fss - Kingston	24.19m
6 #423 Olivya Vanderwal	Shs - Sydenham	23.16m
7 #112 Ruby Spencer	Fss - Kingston	22.32m
8 #325 Emily DeRoche	Ndss - Napanee	20.78m
9 #265 Ashley Garofolo	Lsss - Kingston	19.43m
10 #202 Rylie Bradlynn	Kcvi - Kingston	18.96m
11 #181 Sophia Nikitopoulos	Hccss - Kingston	17.31m
12 #44 Saige Traise	Ess - Odessa	16.72m
13 #121 Amanda Crawford	Grec - Sharbot L	16.71m
14 #249 Gia Venter	Kcvi - Kingston	16.63m

15 #208 Catherine Davison	Kcvi - Kingston	15.84m
16 #37 Lilly Lalande	Ess - Odessa	12.23m
17 #243 Kaleigh Skinner	Kcvi - Kingston	11.59m
18 #212 Randi Foster	Kcvi - Kingston	9.14m
--- #102 Jordyn Merriam	Fss - Kingston	ND

**Women 2000 Meter Steeplechase Open**

Name	School	Finals
<b>Finals</b>		
1 #201 Claire Brackenbury	Kcvi - Kingston	8:02.99
2 #350 Sienna Matheson	Rnd - Kingston	8:18.40
3 #206 Jillian Dalton	Kcvi - Kingston	8:25.67
4 #173 Gates McAllister	Hccss - Kingston	8:47.30
5 #277 Jocelyn Leeder	Lsss - Kingston	9:05.39
6 #72 Meredith Brown	Fss - Kingston	9:18.12
7 #110 Olivia Serson	Fss - Kingston	9:25.44
8 #176 Kate McKinley	Hccss - Kingston	9:58.06
9 #81 Elizabeth Creighton	Fss - Kingston	10:20.98
10 #238 Kayla Ringrose	Kcvi - Kingston	10:49.61

**Women 4x400 Meter Relay Open**

Team	Relay	Finals
<b>Finals</b>		
1 La Salle - Kingston		4:31.54
2 Sydenham - Sydenham		4:42.05
3 Kingston - Kingston		4:44.86
4 Holy Cross - Kingston		4:45.26
5 Rnd - Kingston		4:50.81

**Women 100 Meter Dash Intellectual**

Name	School	Prelims
<b>Preliminaries</b>		
1 #417 Summer Sears	Shs - Sydenham	19.25Q
2 #416 Skyler Sears	Shs - Sydenham	19.75q

**Women 100 Meter Dash Intellectual**

Name	School	Finals
<b>Finals</b>		
1 #416 Skyler Sears	Shs - Sydenham	17.98
2 #417 Summer Sears	Shs - Sydenham	24.19

**Women 800 Meter Run Intellectual**

Name	School	Finals
<b>Finals</b>		
1 #416 Skyler Sears	Shs - Sydenham	4:19.12
2 #417 Summer Sears	Shs - Sydenham	4:57.27

**Women Shot Put Ambulatory Intellectual**

Name	School	Finals
<b>Finals</b>		
1 #416 Skyler Sears	Shs - Sydenham	6.65m
2 #417 Summer Sears	Shs - Sydenham	5.48m
3 #303 Kelsy Easton	Lcvi - kingston	4.21m

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**Men 100 Meter Dash Novice**

Name	School	Prelims
<b>Preliminaries</b>		
1 #418 Ian Sheppard	Shs - Sydenham	12.55Q
2 #57 Léo Ouellet	Escmr - Kingston	12.67Q
3 #105 Cameron Moses	Fss - Kingston	12.79Q
4 #369 Michael Curragh	Shs - Sydenham	12.94Q
5 #306 Jacob Girard	Lcvi -kingston	13.20q
6 #267 Alex Huneault	Lsss - Kingston	13.23q
7 #143 Tayln Brown	Hccss - Kingston	13.31q
8 #36 Alex Lalande	Ess - Odessa	13.32q
9 #53 Ashwin Laird	Escmr - Kingston	13.36
10 #151 Simon Everson	Hccss - Kingston	13.38
11 #281 matt pain	Lsss - Kingston	13.41
12 #256 David Bratt	Lsss - Kingston	13.48
13 #39 Isaac McNulty	Ess - Odessa	13.52
14 #337 Conor Baker	Rnd - Kingston	13.72
15 #289 Chuck Spuzak	Lsss - Kingston	13.86
16 #189 James Webb	Hccss - Kingston	13.87
16 #335 Elijah Wilson	Ndss - Napanee	13.87
18 #43 Kenon Thomas	Ess - Odessa	13.95
19 #154 James Fraser	Hccss - Kingston	14.01
20 #253 Miles Wind	Kcvi - Kingston	14.13
21 #38 Ben Leilunas	Ess - Odessa	14.14
22 #326 Isaac Hayes	Ndss - Napanee	14.17
23 #324 Wesley Cote	Ndss - Napanee	14.34
24 #60 Joey Sabat	Escmr - Kingston	14.64
25 #204 Kenneth Chen	Kcvi - Kingston	15.73

**Men 100 Meter Dash Novice**

Name	School	Finals
<b>Finals</b>		
1 #418 Ian Sheppard	Shs - Sydenham	12.21
2 #57 Léo Ouellet	Escmr - Kingston	12.23
3 #105 Cameron Moses	Fss - Kingston	12.35
4 #369 Michael Curragh	Shs - Sydenham	12.80
5 #306 Jacob Girard	Lcvi -kingston	12.94
6 #36 Alex Lalande	Ess - Odessa	12.95
7 #267 Alex Huneault	Lsss - Kingston	12.98
8 #143 Tayln Brown	Hccss - Kingston	13.27

**Men 200 Meter Dash Novice**

Name	School	Prelims
<b>Preliminaries</b>		
1 #57 Léo Ouellet	Escmr - Kingston	25.43Q
2 #418 Ian Sheppard	Shs - Sydenham	25.72Q
3 #105 Cameron Moses	Fss - Kingston	26.20Q
4 #306 Jacob Girard	Lcvi -kingston	25.54Q
5 #36 Alex Lalande	Ess - Odessa	26.33Q
6 #143 Tayln Brown	Hccss - Kingston	26.74Q
7 #369 Michael Curragh	Shs - Sydenham	26.55q
7 #151 Simon Everson	Hccss - Kingston	26.55q
9 #256 David Bratt	Lsss - Kingston	26.90
10 #189 James Webb	Hccss - Kingston	27.49
11 #39 Isaac McNulty	Ess - Odessa	27.61

12 #229 Dale Millican	Kcvi - Kingston	27.62
13 #281 matt pain	Lsss - Kingston	27.92
14 #335 Elijah Wilson	Ndss - Napanee	28.19
15 #253 Miles Wind	Kcvi - Kingston	28.26
16 #160 Ryan Howlett	Hccss - Kingston	28.66
17 #62 Chris Stachow	Escmr - Kingston	28.69
18 #38 Ben Leilunas	Ess - Odessa	28.91
19 #324 Wesley Cote	Ndss - Napanee	29.60
20 #209 Lewis Day	Kcvi - Kingston	31.21
21 #204 Kenneth Chen	Kcvi - Kingston	31.80

**Men 200 Meter Dash Novice**

Name	School	Finals
<b>Finals</b>		
1 #57 Léo Ouellet	Escmr - Kingston	25.21
2 #418 Ian Sheppard	Shs - Sydenham	25.48
3 #306 Jacob Girard	Lcvi -kingston	25.54
4 #105 Cameron Moses	Fss - Kingston	25.97
5 #36 Alex Lalande	Ess - Odessa	26.19
6 #143 Tayln Brown	Hccss - Kingston	26.80
7 #151 Simon Everson	Hccss - Kingston	26.96
8 #369 Michael Curragh	Shs - Sydenham	27.32

**Men 400 Meter Dash Novice**

Name	School	Finals
<b>Finals</b>		
1 #57 Léo Ouellet	Escmr - Kingston	59.58
2 #119 Liam Wolsey	Fss - Kingston	1:02.08
3 #159 James Howlett	Hccss - Kingston	1:02.42
4 #229 Dale Millican	Kcvi - Kingston	1:03.22
5 #335 Elijah Wilson	Ndss - Napanee	1:04.70
6 #269 Joe Kaufman	Lsss - Kingston	1:05.47
7 #62 Chris Stachow	Escmr - Kingston	1:08.12
8 #160 Ryan Howlett	Hccss - Kingston	1:09.44
9 #204 Kenneth Chen	Kcvi - Kingston	1:09.68
10 #165 Caleb Jeffs	Hccss - Kingston	1:17.03

**Men 800 Meter Run Novice**

Name	School	Finals
<b>Finals</b>		
1 #351 Willem Mckeown	Rnd - Kingston	2:18.25
2 #219 Garret Hopkins	Kcvi - Kingston	2:21.01
3 #371 Tommy Flemming	Shs - Sydenham	2:21.39
4 #159 James Howlett	Hccss - Kingston	2:21.83
5 #160 Ryan Howlett	Hccss - Kingston	2:27.92
6 #276 hayden leeder	Lsss - Kingston	2:29.79
7 #46 William Anderson	Escmr - Kingston	2:31.87
8 #386 Simon Keene	Shs - Sydenham	2:31.91
9 #309 Reed Mastorakos	Lcvi -kingston	2:36.37
10 #358 Nolan Swerdfeger	Rnd - Kingston	2:41.97

**Men 1500 Meter Run Novice**

Name	School	Finals
<b>Finals</b>		
1 #219 Garret Hopkins	Kcvi - Kingston	4:44.56
2 #371 Tommy Flemming	Shs - Sydenham	4:48.58



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**Finals ... (Men 1500 Meter Run Novice)**

Name	School	Finals
3 #276 hayden leeder	Lsss - Kingston	4:49.39
4 #218 Adam Hendry	Kcvi - Kingston	4:49.76
5 #159 James Howlett	Hccss - Kingston	4:51.87
6 #194 Andrew Young	Hccss - Kingston	4:56.79
7 #351 Willem Mckeown	Rnd - Kingston	5:01.31
8 #386 Simon Keene	Shs - Sydenham	5:06.62
9 #63 Noah St-Louis	Escmr - Kingston	5:33.86
10 #32 Nate Wilson	Bss - Kingston	6:03.18

**Men 3000 Meter Run Novice**

Name	School	Finals
<b>Finals</b>		
1 #219 Garret Hopkins	Kcvi - Kingston	11:09.67
2 #276 hayden leeder	Lsss - Kingston	11:11.26
3 #218 Adam Hendry	Kcvi - Kingston	11:19.82
4 #46 William Anderson	Escmr - Kingston	11:36.54

**Men 100 Meter Hurdles Novice**

Name	School	Prelims
<b>Preliminaries</b>		
1 #418 Ian Sheppard	Shs - Sydenham	17.08Q
2 #352 Braeden Medd	Rnd - Kingston	17.94Q
3 #326 Isaac Hayes	Ndss - Napanee	22.05Q

**Men 100 Meter Hurdles Novice**

Name	School	Finals
<b>Finals</b>		
1 #352 Braeden Medd	Rnd - Kingston	17.05
2 #418 Ian Sheppard	Shs - Sydenham	17.57
3 #326 Isaac Hayes	Ndss - Napanee	21.08

**Men 300 Meter Hurdles Novice**

Name	School	Finals
<b>Finals</b>		
1 #309 Reed Mastorakos	Lcvi -kingston	54.74

**Men 4x100 Meter Relay Novice**

Team	Relay	Finals
<b>Finals</b>		
1 Sydenham - Sydenham		50.99
2 Ernestown - Odessa		51.48
3 La Salle - Kingston		51.60
4 Holy Cross - Kingston		51.64
5 Escmr - Kingston		54.77
6 Kingston - Kingston		55.24
--- Napanee - Napanee		DQ

**Men High Jump Novice**

Name	School	Finals
<b>Finals</b>		
1 #282 Leif Piatkowski	Lsss - Kingston	1.70m
2 #267 Alex Huneault	Lsss - Kingston	1.60m
3 #359 Taye Wiwchar	Rnd - Kingston	1.55m
--- #53 Ashwin Laird	Escmr - Kingston	NH
--- #63 Noah St-Louis	Escmr - Kingston	NH

**Men Pole Vault Novice**

Name	School	Finals
<b>Finals</b>		
1 #248 Ben Strand	Kcvi - Kingston	1.40m

**Men Long Jump Novice**

Name	School	Finals
<b>Finals</b>		
1 #30 Zac Vandermeer	Bss - Kingston	4.98m
2 #194 Andrew Young	Hccss - Kingston	4.97m
3 #151 Simon Everson	Hccss - Kingston	4.92m
4 #269 Joe Kaufman	Lsss - Kingston	4.91m
5 #42 Pavidran Thipakaran	Ess - Odessa	4.90m
6 #359 Taye Wiwchar	Rnd - Kingston	4.79m
7 #36 Alex Lalande	Ess - Odessa	4.74m
8 #119 Liam Wolsey	Fss - Kingston	4.69m
9 #394 Iain McShane	Shs - Sydenham	4.63m
10 #43 Kenon Thomas	Ess - Odessa	4.54m
11 #326 Isaac Hayes	Ndss - Napanee	4.36m
12 #306 Jacob Girard	Lcvi -kingston	4.34m
13 #255 Jackson Baldree	Lsss - Kingston	4.10m
14 #165 Caleb Jeffs	Hccss - Kingston	3.88m
15 #364 Cole Blakely	Shs - Sydenham	0.44m
--- #324 Wesley Cote	Ndss - Napanee	ND
--- #330 Jack Murphy	Ndss - Napanee	ND
--- #154 James Fraser	Hccss - Kingston	ND
--- #39 Isaac McNulty	Ess - Odessa	ND
--- #289 Chuck Spuzak	Lsss - Kingston	ND
--- #253 Miles Wind	Kcvi - Kingston	ND
--- #395 Campbell Melo	Shs - Sydenham	ND

**Men Triple Jump Novice**

Name	School	Finals
<b>Finals</b>		
1 #30 Zac Vandermeer	Bss - Kingston	10.91m
2 #194 Andrew Young	Hccss - Kingston	10.49m
3 #394 Iain McShane	Shs - Sydenham	10.27m
4 #143 Tayln Brown	Hccss - Kingston	10.10m
5 #119 Liam Wolsey	Fss - Kingston	10.07m
6 #359 Taye Wiwchar	Rnd - Kingston	9.92m
7 #330 Jack Murphy	Ndss - Napanee	9.28m
8 #154 James Fraser	Hccss - Kingston	8.87m
9 #255 Jackson Baldree	Lsss - Kingston	8.76m
10 #165 Caleb Jeffs	Hccss - Kingston	8.65m

**Men Shot Put Novice**

Name	School	Finals
<b>Finals</b>		
1 #106 Phil Perot	Fss - Kingston	13.00m
2 #352 Braeden Medd	Rnd - Kingston	10.96m
3 #120 Aodhan Woogh-Dunleav	Fss - Kingston	9.64m
4 #263 Westion Ebrahim	Lsss - Kingston	9.32m
5 #410 Trentin Richardson	Shs - Sydenham	9.04m
6 #32 Nate Wilson	Bss - Kingston	7.86m
7 #177 Alex Merkley	Hccss - Kingston	5.75m

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**Men Discus Throw Novice**

Name	School	Finals
<b>Finals</b>		
1 #32 Nate Wilson	Bss - Kingston	24.50m
2 #60 Joey Sabat	Escmr - Kingston	22.90m
3 #120 Aodhan Woogh-Dunleav	Fss - Kingston	22.86m
4 #177 Alex Merkley	Hccss - Kingston	13.95m

**Men Javelin Throw Novice**

Name	School	Finals
<b>Finals</b>		
1 #267 Alex Huneault	Lsss - Kingston	40.57m
2 #101 Lukas McDowell	Fss - Kingston	40.41m
3 #53 Ashwin Laird	Escmr - Kingston	36.05m
4 #87 Jimmy Gibson	Fss - Kingston	35.41m
5 #352 Braeden Medd	Rnd - Kingston	33.41m
6 #269 Joe Kaufman	Lsss - Kingston	33.39m
7 #60 Joey Sabat	Escmr - Kingston	30.06m
8 #410 Trentin Richardson	Shs - Sydenham	23.78m
9 #189 James Webb	Hccss - Kingston	22.86m
10 #120 Aodhan Woogh-Dunleav	Fss - Kingston	22.48m
11 #177 Alex Merkley	Hccss - Kingston	10.03m
--- #63 Noah St-Louis	Escmr - Kingston	ND
--- #332 Jackson Verbruggen	Ndss - Napanee	ND

**Men 100 Meter Dash Junior**

Name	School	Prelims
<b>Preliminaries</b>		
1 #264 Cutter Ferguson	Lsss - Kingston	12.08Q
2 #246 Noah Stevens	Kcvi - Kingston	12.47Q
3 #139 Noah Borges	Hccss - Kingston	12.54Q
4 #279 amar leonard	Lsss - Kingston	12.24Q
5 #29 Wenyu Sun	Bss - Kingston	12.83Q
6 #148 Andrew Colling	Hccss - Kingston	13.14Q
7 #77 Ben Clark	Fss - Kingston	12.69q
8 #128 Mateo Algieri	Hccss - Kingston	12.70q
9 #344 Wyatt Gregory	Rnd - Kingston	13.05
10 #180 Aidan Myers	Hccss - Kingston	13.40
11 #285 tristan savard	Lsss - Kingston	13.43
12 #308 Zaryab Khan	Levi -kingston	13.66
13 #304 Jacob Fu	Levi -kingston	13.67
14 #259 Aaron Curtis	Lsss - Kingston	13.91
15 #28 Lucas Smith	Bss - Kingston	13.97
16 #65 Anthony Tran	Escmr - Kingston	14.16

**Men 100 Meter Dash Junior**

Name	School	Finals
<b>Finals</b>		
1 #264 Cutter Ferguson	Lsss - Kingston	12.07
2 #246 Noah Stevens	Kcvi - Kingston	12.17
3 #279 amar leonard	Lsss - Kingston	12.18
4 #128 Mateo Algieri	Hccss - Kingston	12.51
5 #139 Noah Borges	Hccss - Kingston	12.53
6 #77 Ben Clark	Fss - Kingston	12.98
7 #29 Wenyu Sun	Bss - Kingston	13.15

8 #148 Andrew Colling Hccss - Kingston 13.44

**Men 200 Meter Dash Junior**

Name	School	Prelims
<b>Preliminaries</b>		
1 #246 Noah Stevens	Kcvi - Kingston	25.42Q
2 #29 Wenyu Sun	Bss - Kingston	26.45Q
3 #344 Wyatt Gregory	Rnd - Kingston	26.70q
4 #148 Andrew Colling	Hccss - Kingston	26.99q
5 #96 Ryan Kreick	Fss - Kingston	27.31q
6 #24 Jonathan Pierson	Bss - Kingston	28.29q
7 #391 Jack McCaughtery	Shs - Sydenham	31.66q

**Men 200 Meter Dash Junior**

Name	School	Finals
<b>Finals</b>		
1 #246 Noah Stevens	Kcvi - Kingston	25.07
2 #96 Ryan Kreick	Fss - Kingston	25.17
3 #29 Wenyu Sun	Bss - Kingston	26.28
4 #344 Wyatt Gregory	Rnd - Kingston	26.62
5 #148 Andrew Colling	Hccss - Kingston	26.88
6 #24 Jonathan Pierson	Bss - Kingston	27.57
7 #391 Jack McCaughtery	Shs - Sydenham	32.93

**Men 400 Meter Dash Junior**

Name	School	Finals
<b>Finals</b>		
1 #237 Nolan Rider	Kcvi - Kingston	57.57
2 #406 Beau Reade	Shs - Sydenham	57.90
3 #365 Will Brown	Shs - Sydenham	1:02.22
4 #391 Jack McCaughtery	Shs - Sydenham	1:13.18

**Men 800 Meter Run Junior**

Name	School	Finals
<b>Finals</b>		
1 #94 Jordan Huddleston	Fss - Kingston	2:12.21
2 #237 Nolan Rider	Kcvi - Kingston	2:14.39
3 #118 Josh Wilson	Fss - Kingston	2:19.94
4 #200 Dylan Blackwell	Kcvi - Kingston	2:21.11
5 #327 Ian Isbester	Ndss - Napanee	2:21.97
6 #224 Edward King	Kcvi - Kingston	2:26.63

**Men 1500 Meter Run Junior**

Name	School	Finals
<b>Finals</b>		
1 #94 Jordan Huddleston	Fss - Kingston	4:40.07
2 #348 Brady Kyle	Rnd - Kingston	4:42.87
3 #237 Nolan Rider	Kcvi - Kingston	4:44.06
4 #224 Edward King	Kcvi - Kingston	4:45.39
5 #118 Josh Wilson	Fss - Kingston	4:46.75
6 #327 Ian Isbester	Ndss - Napanee	5:03.01
7 #200 Dylan Blackwell	Kcvi - Kingston	5:05.34
8 #340 Graeme David	Rnd - Kingston	5:47.23

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**Men 3000 Meter Run Junior**

Name	School	Finals
<b>Finals</b>		
1 #348 Brady Kyle	Rnd - Kingston	11:04.32
2 #224 Edward King	Kcvi - Kingston	11:10.13
3 #345 Jace James	Rnd - Kingston	12:54.44
4 #340 Graeme David	Rnd - Kingston	12:59.47

**Men 4x100 Meter Relay Junior**

Team	Relay	Finals
<b>Finals</b>		
1 La Salle - Kingston		48.92
2 Holy Cross - Kingston		49.25
3 Sydenham - Sydenham		50.89
4 Loyalist - Kingston		54.08

**Men High Jump Junior**

Name	School	Finals
<b>Finals</b>		
1 #96 Ryan Kreick	Fss - Kingston	1.55m
2 #148 Andrew Colling	Hccss - Kingston	1.40m

**Men Long Jump Junior**

Name	School	Finals
<b>Finals</b>		
1 #139 Noah Borges	Hccss - Kingston	5.52m
2 #392 Noah McDougall	Shs - Sydenham	5.46m
3 #363 Blake Benze	Shs - Sydenham	5.05m
4 #180 Aidan Myers	Hccss - Kingston	5.03m
5 #413 Josh Rowe	Shs - Sydenham	4.68m
6 #29 Wenyu Sun	Bss - Kingston	4.62m
7 #308 Zaryab Khan	Lcvi -kingston	4.60m
8 #304 Jacob Fu	Lcvi -kingston	4.03m
9 #28 Lucas Smith	Bss - Kingston	3.83m
--- #132 Gaige Austin	Hccss - Kingston	ND

**Men Triple Jump Junior**

Name	School	Finals
<b>Finals</b>		
1 #392 Noah McDougall	Shs - Sydenham	11.24m
2 #139 Noah Borges	Hccss - Kingston	11.09m
3 #180 Aidan Myers	Hccss - Kingston	11.01m
4 #363 Blake Benze	Shs - Sydenham	10.77m
5 #413 Josh Rowe	Shs - Sydenham	9.84m

**Men Shot Put Junior**

Name	School	Finals
<b>Finals</b>		
1 #407 Dylan Redmond	Shs - Sydenham	10.60m
2 #58 Carel Poirier-De Guzman	Escmr - Kingston	10.33m
3 #299 Luke Biddlestone	Lcvi -kingston	10.27m
--- #408 Kaydin Richardson	Shs - Sydenham	ND
--- #217 Rowan Hanes	Kcvi - Kingston	ND

**Men Discus Throw Junior**

Name	School	Finals
<b>Finals</b>		
1 #58 Carel Poirier-De Guzman	Escmr - Kingston	36.27m
2 #407 Dylan Redmond	Shs - Sydenham	32.05m
3 #299 Luke Biddlestone	Lcvi -kingston	30.57m
4 #385 Mason Joynt	Shs - Sydenham	29.37m
5 #401 Lane Norman	Shs - Sydenham	26.15m
6 #372 Kaden Fowler	Shs - Sydenham	23.34m
7 #52 Dylan Kendell	Escmr - Kingston	22.32m

**Men Javelin Throw Junior**

Name	School	Finals
<b>Finals</b>		
1 #401 Lane Norman	Shs - Sydenham	40.02m
2 #385 Mason Joynt	Shs - Sydenham	38.67m
3 #52 Dylan Kendell	Escmr - Kingston	31.34m
4 #291 simon thompson	Lsss - Kingston	29.81m
5 #270 Blake Kekewich	Lsss - Kingston	29.18m
6 #128 Mateo Algieri	Hccss - Kingston	28.35m
7 #372 Kaden Fowler	Shs - Sydenham	28.00m
8 #58 Carel Poirier-De Guzman	Escmr - Kingston	27.16m
9 #310 Akira McLaren	Lcvi -kingston	16.80m
10 #299 Luke Biddlestone	Lcvi -kingston	13.41m

**Men 100 Meter Dash Senior**

Name	School	Prelims
<b>Preliminaries</b>		
1 #168 Jack Kenney	Hccss - Kingston	11.96Q
2 #108 Caleb Podgers	Fss - Kingston	12.10Q
3 #140 Andrew Botting	Hccss - Kingston	12.14Q
4 #144 Danny Carroll	Hccss - Kingston	12.22Q
5 #117 Zaidan Westcott	Fss - Kingston	12.37Q
6 #155 Dylan Garrison	Hccss - Kingston	12.45Q
7 #222 Evan Ingham	Kcvi - Kingston	12.54q
8 #239 Harris Ruttan	Kcvi - Kingston	12.69q
9 #251 Thomas Wartman	Kcvi - Kingston	12.71
9 #71 Jagger Brown	Fss - Kingston	12.71
11 #409 Owen Richardson	Shs - Sydenham	12.92
12 #70 Jamieson Britton	Fss - Kingston	12.99
13 #40 Ryan Ray	Ess - Odessa	13.22
14 #376 Ryan Hammond	Shs - Sydenham	13.25
15 #426 Alex Varrette	Shs - Sydenham	13.29
16 #55 Garner Milner	Escmr - Kingston	13.34
17 #3 Jayden Blundell	Bss - Kingston	13.62
18 #6 William Choi	Bss - Kingston	14.25
19 #16 Kaelen Gauthier	Bss - Kingston	14.33

**Men 100 Meter Dash Senior**

Name	School	Finals
<b>Finals</b>		
1 #168 Jack Kenney	Hccss - Kingston	11.64
2 #140 Andrew Botting	Hccss - Kingston	11.98
3 #108 Caleb Podgers	Fss - Kingston	12.03
4 #144 Danny Carroll	Hccss - Kingston	12.16

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**Finals ... (Men 100 Meter Dash Senior)**

Name	School	Finals
5 #155 Dylan Garrison	Hccss - Kingston	12.35
6 #222 Evan Ingham	Kcvi - Kingston	12.39
7 #117 Zaidan Westcott	Fss - Kingston	12.43
8 #239 Harris Ruttan	Kcvi - Kingston	12.66

**Men 200 Meter Dash Senior**

Name	School	Prelims
<b>Preliminaries</b>		
1 #156 Quinten George	Hccss - Kingston	24.27Q
2 #117 Zaidan Westcott	Fss - Kingston	24.67Q
3 #7 James Compeau	Bss - Kingston	24.88Q
4 #234 Athman Ram	Kcvi - Kingston	25.99Q
5 #384 Barret Joynt	Shs - Sydenham	24.76q
6 #222 Evan Ingham	Kcvi - Kingston	24.91q
7 #389 Sam MacLeod	Shs - Sydenham	24.95q
8 #73 Jordan Buick	Fss - Kingston	25.04q
9 #239 Harris Ruttan	Kcvi - Kingston	25.18
10 #172 Ian MacDonnell	Hccss - Kingston	25.32
11 #70 Jamieson Britton	Fss - Kingston	25.51
12 #409 Owen Richardson	Shs - Sydenham	25.60
13 #247 Carson Stevenson	Kcvi - Kingston	25.63
14 #179 Matt Mignault	Hccss - Kingston	25.78
15 #376 Ryan Hammond	Shs - Sydenham	26.47
16 #40 Ryan Ray	Ess - Odessa	26.56
17 #149 Peyton DaSilva	Hccss - Kingston	27.33
18 #3 Jayden Blundell	Bss - Kingston	27.52
19 #56 Lucien Mulder	Escmr - Kingston	27.71
20 #333 Nathan Wheeler	Ndss - Napanee	28.31
21 #55 Garner Milner	Escmr - Kingston	28.33
22 #103 Jericho Mordasiewicz	Fss - Kingston	28.82
23 #6 William Choi	Bss - Kingston	29.31
--- #251 Thomas Wartman	Kcvi - Kingston	X26.10
--- #236 Angus Ricketts	Kcvi - Kingston	X26.69

**Men 200 Meter Dash Senior**

Name	School	Finals
<b>Finals</b>		
1 #156 Quinten George	Hccss - Kingston	23.97
2 #384 Barret Joynt	Shs - Sydenham	24.58
3 #117 Zaidan Westcott	Fss - Kingston	24.62
4 #222 Evan Ingham	Kcvi - Kingston	24.83
5 #73 Jordan Buick	Fss - Kingston	25.27
6 #234 Athman Ram	Kcvi - Kingston	25.53
7 #389 Sam MacLeod	Shs - Sydenham	25.61
8 #7 James Compeau	Bss - Kingston	28.25

**Men 400 Meter Dash Senior**

Name	School	Finals
<b>Finals</b>		
1 #381 Evan Jarvis	Shs - Sydenham	54.14
2 #184 Jonah Reynolds	Hccss - Kingston	56.19
3 #186 Jack Saganowich	Hccss - Kingston	56.65
4 #182 Emiliano Pimental	Hccss - Kingston	56.69
5 #169 Owen Kinney	Hccss - Kingston	57.80

6 #234 Athman Ram	Kcvi - Kingston	57.93
7 #247 Carson Stevenson	Kcvi - Kingston	58.75
8 #15 Cam Fraser	Bss - Kingston	1:01.61
9 #56 Lucien Mulder	Escmr - Kingston	1:02.42
10 #236 Angus Ricketts	Kcvi - Kingston	1:06.11
11 #315 Russel Reid	Lcvi - Kingston	1:29.04

**Men 800 Meter Run Senior**

Name	School	Finals
<b>Finals</b>		
1 #262 Grayson Ebrahim	Lsss - Kingston	2:06.73
2 #186 Jack Saganowich	Hccss - Kingston	2:11.93
3 #184 Jonah Reynolds	Hccss - Kingston	2:18.47
4 #272 alexander langelier	Lsss - Kingston	2:22.88
5 #14 Ben Fink-Jensen	Bss - Kingston	2:25.41
6 #26 Hayden Sherwin	Bss - Kingston	2:41.80
7 #25 Florian Roma	Bss - Kingston	2:48.02
8 #338 Liam Baker	Rnd - Kingston	2:49.18
9 #315 Russel Reid	Lcvi - Kingston	3:33.76

**Men 1500 Meter Run Senior**

Name	School	Finals
<b>Finals</b>		
1 #111 Angus Skinner	Fss - Kingston	4:23.43
2 #69 Noah Booth	Fss - Kingston	4:28.34
3 #186 Jack Saganowich	Hccss - Kingston	4:33.99
4 #240 Jack Sacilotto	Kcvi - Kingston	4:42.23
5 #211 Sam Fillion	Kcvi - Kingston	4:50.03
6 #272 alexander langelier	Lsss - Kingston	4:52.56
7 #375 Franklin Goodfellow	Shs - Sydenham	5:05.61
8 #190 Riley Webb	Hccss - Kingston	5:06.60
9 #141 Josh Bowry	Hccss - Kingston	5:09.37
10 #130 Connor Asuncion	Hccss - Kingston	5:28.63
11 #18 Hajime Hirozane	Bss - Kingston	5:43.09
12 #41 Cian Rodgers	Ess - Odessa	5:43.60
13 #26 Hayden Sherwin	Bss - Kingston	5:47.08
14 #25 Florian Roma	Bss - Kingston	5:52.87
15 #338 Liam Baker	Rnd - Kingston	5:57.95

**Men 3000 Meter Run Senior**

Name	School	Finals
<b>Finals</b>		
1 #111 Angus Skinner	Fss - Kingston	9:26.36
2 #405 David Pickard	Shs - Sydenham	9:43.72
3 #69 Noah Booth	Fss - Kingston	9:55.59
4 #207 Owen Danby	Kcvi - Kingston	10:02.02
5 #240 Jack Sacilotto	Kcvi - Kingston	10:18.62
6 #272 alexander langelier	Lsss - Kingston	10:19.03
7 #211 Sam Fillion	Kcvi - Kingston	10:48.73
8 #182 Emiliano Pimental	Hccss - Kingston	11:11.32
9 #375 Franklin Goodfellow	Shs - Sydenham	11:11.66
10 #141 Josh Bowry	Hccss - Kingston	11:33.13

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**Men 110 Meter Hurdles Senior**

Name	School	Prelims
<b>Preliminaries</b>		
1 #108 Caleb Podgers	Fss - Kingston	16.55Q
2 #393 Kieran McNeeley	Shs - Sydenham	16.61Q
3 #174 Kieran McAllister	Hccss - Kingston	20.71Q

**Men 110 Meter Hurdles Senior**

Name	School	Finals
<b>Finals</b>		
1 #108 Caleb Podgers	Fss - Kingston	16.09
2 #393 Kieran McNeeley	Shs - Sydenham	16.36
3 #174 Kieran McAllister	Hccss - Kingston	20.42

**Men 400 Meter Hurdles Senior**

Name	School	Finals
<b>Finals</b>		
1 #393 Kieran McNeeley	Shs - Sydenham	1:01.43
2 #108 Caleb Podgers	Fss - Kingston	1:01.89
3 #226 Nate Loken	Kcvi - Kingston	1:05.34
4 #174 Kieran McAllister	Hccss - Kingston	1:11.87

**Men 4x100 Meter Relay Senior**

Team	Relay	Finals
<b>Finals</b>		
1 Holy Cross - Kingston		45.44
2 Sydenham - Sydenham		46.58
3 Frontenac - Kingston		47.35
4 Kingston - Kingston		47.53
5 Bayridge - Kingston		52.15

**Men High Jump Senior**

Name	School	Finals
<b>Finals</b>		
1 #336 Delali Afidenyo	Rnd - Kingston	1.75m
2 #68 Spencer Beaubien	Fss - Kingston	1.70m
3 #156 Quinten George	Hccss - Kingston	1.60m
4 #361 Keaton Baker	Shs - Sydenham	1.55m
5 #123 Storm Hunter	Grec - Sharbot L	1.50m
5 #51 Cory Hilton	Escmr - Kingston	1.50m
--- #298 Travis Ball	Levi -kingston	NH

**Men Pole Vault Senior**

Name	School	Finals
<b>Finals</b>		
1 #68 Spencer Beaubien	Fss - Kingston	3.60m

**Men Long Jump Senior**

Name	School	Finals
<b>Finals</b>		
1 #370 Brennan Finucane	Shs - Sydenham	5.98m
2 #140 Andrew Botting	Hccss - Kingston	5.69m
3 #92 Connor Hobin	Fss - Kingston	5.60m
4 #73 Jordan Buick	Fss - Kingston	5.50m
5 #383 Andrew Johnston	Shs - Sydenham	5.40m
6 #336 Delali Afidenyo	Rnd - Kingston	5.37m

7 #298 Travis Ball	Levi -kingston	5.17m
8 #319 Rowan Van Hal	Levi -kingston	5.10m
9 #155 Dylan Garrison	Hccss - Kingston	5.04m
10 #40 Ryan Ray	Ess - Odessa	5.00m
11 #425 Josh Vanheyst	Shs - Sydenham	4.86m
12 #144 Danny Carroll	Hccss - Kingston	4.81m
13 #15 Cam Fraser	Bss - Kingston	4.73m
14 #56 Lucien Mulder	Escmr - Kingston	4.57m
15 #313 Jay Park	Levi -kingston	4.35m
16 #88 Joseph Hall	Fss - Kingston	3.98m

**Men Triple Jump Senior**

Name	School	Finals
<b>Finals</b>		
1 #370 Brennan Finucane	Shs - Sydenham	12.59m
2 #140 Andrew Botting	Hccss - Kingston	12.27m
3 #393 Kieran McNeeley	Shs - Sydenham	12.12m
4 #336 Delali Afidenyo	Rnd - Kingston	11.73m
5 #319 Rowan Van Hal	Levi -kingston	11.38m
6 #383 Andrew Johnston	Shs - Sydenham	10.98m
7 #425 Josh Vanheyst	Shs - Sydenham	10.97m
8 #130 Connor Asuncion	Hccss - Kingston	9.82m
--- #192 Liam Wier	Hccss - Kingston	ND

**Men Shot Put Senior**

Name	School	Finals
<b>Finals</b>		
1 #404 Zac Osbourne	Shs - Sydenham	14.39m
2 #329 Maxwell Morrissey	Ndss - Napanee	12.24m
3 #80 Bryan Cowtan	Fss - Kingston	11.63m
4 #22 Jack McCullough	Bss - Kingston	10.65m
5 #217 Rowan Hanes	Kcvi - Kingston	10.58m
6 #408 Kaydin Richardson	Shs - Sydenham	10.43m
7 #331 Ben Taylor	Ndss - Napanee	9.83m
8 #134 Jeremiah Beckwith	Hccss - Kingston	9.50m
9 #174 Kieran McAllister	Hccss - Kingston	9.14m
10 #5 Brody Charles	Bss - Kingston	8.88m
11 #261 Carter Ebrahim	Lsss - Kingston	8.67m
11 #21 Xander Lynch	Bss - Kingston	8.67m
13 #245 Aiden St.Germain	Kcvi - Kingston	8.63m
14 #54 Tristan Lechasseur	Escmr - Kingston	8.43m
15 #313 Jay Park	Levi -kingston	8.36m
16 #280 wesley lockwood	Lsss - Kingston	8.25m
17 #153 Chad Fowler	Hccss - Kingston	8.19m
18 #18 Hajime Hirozane	Bss - Kingston	8.17m
19 #147 Luke Coffin	Hccss - Kingston	7.82m

**Men Discus Throw Senior**

Name	School	Finals
<b>Finals</b>		
1 #329 Maxwell Morrissey	Ndss - Napanee	37.01m
2 #404 Zac Osbourne	Shs - Sydenham	31.71m
3 #298 Travis Ball	Levi -kingston	26.48m
4 #217 Rowan Hanes	Kcvi - Kingston	25.52m
5 #280 wesley lockwood	Lsss - Kingston	24.60m
6 #333 Nathan Wheeler	Ndss - Napanee	22.89m

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**Finals ... (Men Discus Throw Senior)**

Name	School	Finals
7 #261 Carter Ebrahim	Lsss - Kingston	22.46m
8 #313 Jay Park	Lcvi -kingston	21.45m
9 #147 Luke Coffin	Hccss - Kingston	20.94m
10 #331 Ben Taylor	Ndss - Napanee	20.89m
11 #130 Connor Asuncion	Hccss - Kingston	20.50m
12 #54 Tristan Lechasseur	Escmr - Kingston	20.47m
13 #21 Xander Lynch	Bss - Kingston	19.94m
14 #134 Jeremiah Beckwith	Hccss - Kingston	19.16m
15 #245 Aiden St.Germain	Kcvi - Kingston	15.31m
--- #48 Kensey Bazira	Escmr - Kingston	ND

**Men Javelin Throw Senior**

Name	School	Finals
1 #71 Jagger Brown	Fss - Kingston	41.79m
2 #80 Bryan Cowtan	Fss - Kingston	40.68m
3 #384 Barret Joynt	Shs - Sydenham	40.31m
4 #123 Storm Hunter	Grec - Sharbot L	35.82m
5 #329 Maxwell Morrissey	Ndss - Napanee	34.23m
6 #190 Riley Webb	Hccss - Kingston	32.87m
7 #376 Ryan Hammond	Shs - Sydenham	28.27m
8 #397 Hudson Moon	Shs - Sydenham	27.58m
9 #261 Carter Ebrahim	Lsss - Kingston	26.25m
10 #134 Jeremiah Beckwith	Hccss - Kingston	25.44m
11 #333 Nathan Wheeler	Ndss - Napanee	25.08m
12 #153 Chad Fowler	Hccss - Kingston	24.97m
13 #408 Kaydin Richardson	Shs - Sydenham	24.86m
14 #21 Xander Lynch	Bss - Kingston	24.74m
15 #331 Ben Taylor	Ndss - Napanee	21.83m
16 #280 wesley lockwood	Lsss - Kingston	21.59m
17 #54 Tristan Lechasseur	Escmr - Kingston	19.69m
18 #318 Johnathan Summers	Levi -kingston	18.55m
19 #147 Luke Coffin	Hccss - Kingston	16.55m
20 #296 Sabbir Ahmed	Levi -kingston	12.69m

**Men 2000 Meter Steeplechase Open**

Name	School	Finals
1 #405 David Pickard	Shs - Sydenham	6:38.24
2 #207 Owen Danby	Kcvi - Kingston	6:40.93
3 #69 Noah Booth	Fss - Kingston	6:57.18
4 #262 Grayson Ebrahim	Lsss - Kingston	7:01.40
5 #348 Brady Kyle	Rnd - Kingston	7:29.21
6 #327 Ian Isbester	Ndss - Napanee	7:33.15
7 #190 Riley Webb	Hccss - Kingston	7:41.48
8 #107 Owen Pitcher-Bond	Fss - Kingston	7:59.56
9 #309 Reed Mastorakos	Levi -kingston	8:38.56

**Men 4x400 Meter Relay Open**

Team	Relay	Finals
1 Sydenham - Sydenham		3:40.02
2 Frontenac - Kingston		3:41.29
3 Holy Cross - Kingston		3:51.78

4 Kingston - Kingston 3:52.12

**Men 100 Meter Dash Visually Impaired**

Name	School	Prelims
1 #275 hayen leaf	Lsss - Kingston	15.43Q

**Men 100 Meter Dash Visually Impaired**

Name	School	Finals
1 #275 hayen leaf	Lsss - Kingston	15.16

**Men 100 Meter Dash Intellectual**

Name	School	Prelims
1 #390 Corey McCaughtery	Shs - Sydenham	13.42Q
2 #379 Aidan Holman	Shs - Sydenham	15.03Q
3 #209 Lewis Day	Kcvi - Kingston	15.32Q
4 #300 Cam Davidson	Lcvi -kingston	19.08Q
5 #320 Michael Wilson	Lcvi -kingston	16.30Q
6 #301 Max Davidson	Lcvi -kingston	19.54Q
7 #377 Tommy Hassler	Shs - Sydenham	16.47q
8 #45 Kai Young	Ess - Odessa	16.80q
9 #312 Imad Nhari	Lcvi -kingston	24.62

**Men 100 Meter Dash Intellectual**

Name	School	Finals
1 #390 Corey McCaughtery	Shs - Sydenham	13.21
2 #379 Aidan Holman	Shs - Sydenham	14.71
3 #209 Lewis Day	Kcvi - Kingston	14.88
4 #377 Tommy Hassler	Shs - Sydenham	16.20
5 #320 Michael Wilson	Lcvi -kingston	16.27
6 #45 Kai Young	Ess - Odessa	17.16
7 #301 Max Davidson	Lcvi -kingston	19.15
8 #300 Cam Davidson	Lcvi -kingston	20.37

**Men 800 Meter Run Intellectual**

Name	School	Finals
1 #390 Corey McCaughtery	Shs - Sydenham	2:26.05
2 #379 Aidan Holman	Shs - Sydenham	3:20.40
3 #377 Tommy Hassler	Shs - Sydenham	3:28.58

**Men Shot Put Ambulatory Intellectual**

Name	School	Finals
1 #318 Johnathan Summers	Lcvi -kingston	9.18m
2 #198 William Becker	Kcvi - Kingston	9.11m
3 #45 Kai Young	Ess - Odessa	7.13m
4 #320 Michael Wilson	Lcvi -kingston	6.65m
5 #296 Sabbir Ahmed	Lcvi -kingston	5.44m