

KASSAA 2007 - 5/15/2007 to 5/16/2007**Track and Field
Richardson Stadium
Results****Women 100 Meter Dash Midget**

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KASSAA: * 12.40 5/11/2006 Jessica Keating, Bayridge S S-
Name Year School Prelims Wind H#
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Preliminaries

1	Melanie Robb	Regiopolis	13.30Q	NWI	1
2	Sarah Hobbs	Frontenac S S	13.50Q	NWI	2
3	Mia Kilborn	Sydenham H S - eosy	13.90Q	NWI	3
4	Ellie Clark	Kingston C V I	13.60Q	NWI	1
5	Sarah Blaney	Kingston C V I	14.10Q	NWI	3
6	Marissa Rockwood	Kingston C V I	14.30Q	NWI	2
7	Caitlyn Cox	Bayridge S S - eobr	13.90q	NWI	1
8	Shannon Wylie	Bayridge S S - eobr	14.20q	NWI	3
9	Sara McVeigh	Sharbot Lake	14.40	NWI	1
9	Wight Jessica	Frontenac S S	14.40	NWI	3
11	Jenn Baxby	Regiopolis	14.60	NWI	3
12	Lori Tibbut	Frontenac S S	14.90	NWI	1
13	Melanie Budd	Regiopolis	15.20	NWI	2
13	Codie Cassibo	Napanee D S S-	15.20	NWI	1
15	Katie King-Harrison	Napanee D S S-	16.70	NWI	2
16	Meighen Hodgen	Napanee D S S-	18.40	NWI	3

Women 100 Meter Dash Midget

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KASSAA: * 12.40 5/11/2006 Jessica Keating, Bayridge S S-
Name Year School Finals Wind Points
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Finals

1	Sarah Hobbs	Frontenac S S	13.40	NWI
2	Ellie Clark	Kingston C V I	13.50	NWI
3	Melanie Robb	Regiopolis	13.80	NWI
4	Mia Kilborn	Sydenham H S - eosy	14.10	NWI
5	Sarah Blaney	Kingston C V I	14.20	NWI
6	Marissa Rockwood	Kingston C V I	14.40	NWI
7	Shannon Wylie	Bayridge S S - eobr	14.60	NWI
8	Caitlyn Cox	Bayridge S S - eobr	14.90	NWI

Women 200 Meter Dash Midget

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=====
KASSAA: * 26.70 5/11/2006 Jessica Keating, Bayridge S S-
Name Year School Prelims Wind H#
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Preliminaries

1	Morgan Young	Sydenham H S - eosy	26.90Q	NWI	2
2	Kristen Mullen	Kingston C V I	27.50Q	NWI	1
3	Sarah Hobbs	Frontenac S S	28.70Q	NWI	2
4	Ellie Clark	Kingston C V I	29.40Q	NWI	1
5	Sarah Blaney	Kingston C V I	30.30Q	NWI	2
6	Wight Jessica	Frontenac S S	30.50Q	NWI	1
7	Randi Hollingsworth	Sydenham H S - eosy	30.80q	NWI	1
8	Melissa Mattson	Holy Cross S	31.10q	NWI	2
9	Lori Tibbut	Frontenac S S	32.10	NWI	2
10	Taylor Morgan	Regiopolis	32.30	NWI	1
11	Sam Dallow	Regiopolis	32.40	NWI	1

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Results****Women 200 Meter Dash Midget**

=====				
Name	Year	School	Finals	Wind Points
=====				
KASSAA: * 26.70 5/11/2006 Jessica Keating, Bayridge S S-				
Finals				
1	Kristen Mullen	Kingston C V I	26.50*	NWI
2	Morgan Young	Sydenham H S - eosy	26.60*	NWI
3	Ellie Clark	Kingston C V I	26.70*	NWI
4	Sarah Hobbs	Frontenac S S	28.60	NWI
5	Sarah Blaney	Kingston C V I	29.00	NWI
6	Randi Hollingsworth	Sydenham H S - eosy	29.80	NWI
7	Wight Jessica	Frontenac S S	J29.80	NWI
8	Melissa Mattson	Holy Cross S	30.30	NWI

Women 400 Meter Dash Midget

=====				
Name	Year	School	Finals	H# Points
=====				
KASSAA: * 1:03.80 5/11/2006 Laura Ogilvie, Frontenac S S				
1	Kristen Mullen	Kingston C V I	1:04.10	1
2	Meredith Hinch	Ernestown S S	1:08.80	1
3	Randi Hollingsworth	Sydenham H S - eosy	1:08.90	2
4	Caitlyn Cox	Bayridge S S - eobr	1:09.40	1
5	Alicia Deodato	Regiopolis	1:12.30	2
6	Melissa Mattson	Holy Cross S	1:12.80	1
7	Dionne Gaudet	LaSalle S S - nols	1:13.30	2
8	Taylor Morgan	Regiopolis	1:15.60	1
9	Leonie Muller	Kingston C V I	1:17.00	2
10	Leah Flecker	Kingston C V I	1:19.30	1
11	Rebecca Sproule	Sharbot Lake	1:19.90	2

Women 800 Meter Run Midget

=====				
Name	Year	School	Finals	Points
=====				
KASSAA: * 2:27.70 2005 Catherine Farish, Frontenac S.S.				
1	Taylor Sills	Ernestown S S	2:40.00	
2	Kaitlyn Bilkovski	Bayridge S S - eobr	2:46.00	
3	Meighen Hodgen	Napanee D S S-	2:53.00	
4	Randi Hollingsworth	Sydenham H S - eosy	2:56.00	
5	Kristina Silver	Kingston C V I	3:09.00	
6	Carlee Ferguson	Sharbot Lake	3:14.00	

Women 1500 Meter Run Midget

=====				
Name	Year	School	Finals	Points
=====				
KASSAA: * 5:14.20 5/10/2006 Riley Shkimba, Holy Cross S				
1	Taylor Sills	Ernestown S S	5:23.50	
2	Kaitlyn Bilkovski	Bayridge S S - eobr	5:35.60	
3	Jocelyn Laird	Kingston C V I	5:38.80	
4	Natalie Bellefleur	Frontenac S S	5:44.10	
5	Meredith Hinch	Ernestown S S	5:45.50	
6	Jacque Kueper	Regiopolis	5:52.30	

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Results****....Women 1500 Meter Run Midget**

7	Dionne Gaudet	LaSalle S S - nols	6:14.70
8	Megan Kaiser	Regiopolis	6:37.50
9	Carlee Ferguson	Sharbot Lake	7:30.60
10	Cassie Asselstine	Sharbot Lake	9:12.30

Women 3000 Meter Run Midget

=====				
KASSAA: * 11:20.80 5/11/2006 Stephanie Hulse, Holy Cross S				
Name	Year	School	Finals	Points
=====				
1	Taylor Sills	Ernestown S S	11:35.30	
2	Jocelyn Laird	Kingston C V I	12:01.70	
3	Jacque Kueper	Regiopolis	12:04.90	
4	Megan Hutcheson	Regiopolis	12:14.70	
5	Meredith Hinch	Ernestown S S	12:28.00	
6	Natalie Bellefleur	Frontenac S S	13:35.00	
7	Megan Kaiser	Regiopolis	14:15.00	

Women 80 Meter Hurdles Midget

=====				
KASSAA: * 12.90 5/11/2006 Shannon Walsh, Sydenham H S				
Name	Year	School	Finals	Wind Points
=====				
1	Mia Kilborn	Sydenham H S - eosy	13.60	NWI
2	Rachael Boyd	Kingston C V I	14.00	NWI
3	Rachel Neadow	Sharbot Lake	14.50	NWI
4	Tara Worthy	Frontenac S S	15.50	NWI
5	Sarah Armstrong	Sharbot Lake	17.70	NWI

Women 300 Meter Hurdles Midget

=====				
KASSAA: * 50.60 5/10/2006 Lydia Farnell, Kingston C V I				
Name	Year	School	Finals	Points
=====				
1	Kristen Mullen	Kingston C V I	46.40*	
2	Morgan Young	Sydenham H S - eosy	46.70*	
3	Rachel Neadow	Sharbot Lake	56.80	
4	Sarah Armstrong	Sharbot Lake	1:00.10	

Women 4x100 Meter Relay Midget

=====				
KASSAA: * 53.10 5/11/2006 Sydenham H S - eosy, Sydenham H S				
School	Year	School	Finals	Points
=====				
1	Kingston C & V I - eoks	'A'	55.20	
2	Frontenac S S - eoft	'A'	55.40	
3	Regiopolis-Notre Dame - eorn	'A'	55.50	
4	Sydenham H S - eosy	'A'	55.80	
5	La Salle S S - eols	'A'	56.90	
6	Sharbot Lake H S - eosh	'A'	1:00.10	

KASSAA 2007 - 5/15/2007 to 5/16/2007**Track and Field
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Results****Women High Jump Midget**

=====				
KASSAA: * 1.50m 2005 Shade Makinda, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1	Christie DeHopp	Frontenac S S	1.45m	
2	Shannon Wylie	Bayridge S S - eobr	1.40m	
3	Elyse Owens	Regiopolis	J1.40m	
4	Sara McVeigh	Sharbot Lake	1.30m	
5	Codie Cassibo	Napanee D S S-	1.15m	

Women Long Jump Midget

=====				
KASSAA: * 4.62m 5/11/2006 Jessica Keating, Bayridge S S-				
Name	Year	School	Finals	Wind Points
=====				
1	Morgan Young	Sydenham H S - eosy	4.78m*	NWI
2	Melanie Robb	Regiopolis	4.64m*	NWI
3	Sarah Hobbs	Frontenac S S	4.51m	NWI
4	Julia Bannard	Regiopolis	4.24m	NWI
5	Vicky Lewis	Kingston C V I	4.10m	NWI
6	Ashley Perry	Frontenac S S	4.07m	NWI
7	Taylor Morgan	Regiopolis	3.96m	NWI
8	Codie Cassibo	Napanee D S S-	3.92m	NWI
9	Tara Worthy	Frontenac S S	3.79m	NWI
10	Laura Shurrock	Kingston C V I	3.48m	NWI
11	Rebecca Pae	Bayridge S S - eobr	3.40m	NWI
12	Melissa Holmes	Bayridge S S - eobr	3.13m	NWI
13	Meighen Hodgen	Napanee D S S-	3.12m	NWI
14	Mackenzie McNevin	Kingston C V I	3.07m	NWI
15	Rebecca Sproule	Sharbot Lake	3.06m	NWI
16	Katie King-Harrison	Napanee D S S-	2.65m	NWI

Women Triple Jump Midget

=====				
KASSAA: * 9.93m 5/11/2006 Shannon Walsh, Sydenham H S				
Name	Year	School	Finals	Wind Points
=====				
1	Melanie Robb	Regiopolis	9.66m	NWI
2	Ashley Perry	Frontenac S S	9.28m	NWI
3	Chloe Colden	LaSalle S S - nols	8.98m	NWI
4	Shannon Wylie	Bayridge S S - eobr	8.64m	NWI
5	Mia Kilborn	Sydenham H S - eosy	8.55m	NWI
6	Rachel Neadow	Sharbot Lake	8.41m	NWI
7	Laura Shurrock	Kingston C V I	8.19m	NWI
8	Rebecca Pae	Bayridge S S - eobr	8.09m	NWI
9	Jenny Ashbury	Kingston C V I	7.79m	NWI
10	Jenny Cota	Sharbot Lake	7.59m	NWI
11	Alyson Gregoire	Marie Rivier	7.06m	NWI
12	Melissa Holmes	Bayridge S S - eobr	6.40m	NWI
--	Rebecca Sproule	Sharbot Lake	FOUL	NWI

KASSAA 2007 - 5/15/2007 to 5/16/2007**Track and Field
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Results****Women Shot Put Midget**

=====				
KASSAA: * 10.38m 5/11/2006 Julie Sleeth, Sydenham H S				
Name	Year	School	Finals	Points
=====				
1 Ashley Widmont		Frontenac S S	9.39m	
2 Hadley Rombough		Sydenham H S - eosy	8.54m	
3 Marissa Loh		Kingston C V I	8.28m	
4 Sam Demers		Regiopolis	7.14m	
5 Krystan Smith		Frontenac S S	7.00m	
6 Victoria Willes		Kingston C V I	6.88m	

Women Discus Throw Midget

=====				
KASSAA: * 25.81m 2005 Stephanie Stewart, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1 Ashley Widmont		Frontenac S S	27.35m*	
2 Hadley Rombough		Sydenham H S - eosy	21.74m	
3 Marissa Loh		Kingston C V I	20.31m	
4 Victoria Willes		Kingston C V I	17.81m	
5 Nadia Putos		Kingston C V I	17.58m	
6 Sam Demers		Regiopolis	16.04m	

Women Javelin Throw Midget

=====				
KASSAA: * 31.29m 5/11/2006 Meredith Papps, Ernestown S S				
Name	Year	School	Finals	Points
=====				
1 Hadley Rombough		Sydenham H S - eosy	28.21m	
2 Ashley Widmont		Frontenac S S	28.02m	
3 Nadia Putos		Kingston C V I	26.11m	
4 Jenny Ashbury		Kingston C V I	22.20m	
5 Rachael Boyd		Kingston C V I	20.20m	
6 Sam Demers		Regiopolis	15.84m	

Women 100 Meter Dash Junior

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KASSAA: * 12.43 2004 Amy Blaser, Frontenac S.S.				
Name	Year	School	Prelims	Wind H#
=====				
Preliminaries				
1 Amanda Rodriguez		Frontenac S S	13.00Q	NWI 1
2 Mallory Hart		Sydenham H S - eosy	13.20Q	NWI 2
3 Sidney Midwood		Sydenham H S - eosy	13.40Q	NWI 1
4 Robyn Young		Regiopolis	13.70Q	NWI 2
5 Hilary Thompson		Frontenac S S	14.10Q	NWI 2
6 Rebecca Asselstine		Napanee D S S-	14.30Q	NWI 1
7 Julia Reid		Ernestown S S	14.40q	NWI 1
7 Maygen Sudes		LaSalle S S - nols	14.40q	NWI 2
9 Heather Gale		Kingston C V I	14.90	NWI 2
10 Grace Robertson		Kingston C V I	15.00	NWI 1
11 Ninya Stein		Kingston C V I	15.20	NWI 2

KASSAA 2007 - 5/15/2007 to 5/16/2007**Track and Field
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Results****Women 100 Meter Dash Junior**

=====				
Name	Year	School	Finals	Wind Points
=====				
KASSAA: * 12.43 2004 Amy Blaser, Frontenac S.S.				
Finals				
1		Amanda Rodriguez	Frontenac S S	13.30 NWI
2		Sidney Midwood	Sydenham H S - eosy	13.50 NWI
3		Mallory Hart	Sydenham H S - eosy	J13.50 NWI
4		Robyn Young	Regiopolis	14.00 NWI
5		Julia Reid	Ernestown S S	14.40 NWI
6		Hilary Thompson	Frontenac S S	14.50 NWI
7		Maygen Sudes	LaSalle S S - nols	14.70 NWI
8		Rebecca Asselstine	Napanee D S S-	J14.70 NWI

Women 200 Meter Dash Junior

=====				
Name	Year	School	Prelims	Wind H#
=====				
KASSAA: * 27.10 2004 Tiffany Brogan, Ernestown S.S.				
Preliminaries				
1		Mallory Hart	Sydenham H S - eosy	28.10Q NWI 2
2		Sidney Midwood	Sydenham H S - eosy	28.20Q NWI 1
3		Amanda Rodriguez	Frontenac S S	28.20Q NWI 2
4		Lyndsay Glass	Sydenham H S - eosy	29.40Q NWI 1
5		Brittany Belanger	Ernestown S S	29.50Q NWI 2
6		Liz Cockerham	Frontenac S S	31.10Q NWI 1
7		Rebecca Asselstine	Napanee D S S-	31.70q NWI 2
8		Heather Gale	Kingston C V I	32.70q NWI 1

Women 200 Meter Dash Junior

=====				
Name	Year	School	Finals	Wind Points
=====				
KASSAA: * 27.10 2004 Tiffany Brogan, Ernestown S.S.				
Finals				
1		Mallory Hart	Sydenham H S - eosy	28.10 NWI
2		Amanda Rodriguez	Frontenac S S	28.20 NWI
3		Sidney Midwood	Sydenham H S - eosy	J28.20 NWI
4		Lyndsay Glass	Sydenham H S - eosy	29.40 NWI
5		Brittany Belanger	Ernestown S S	29.50 NWI
6		Liz Cockerham	Frontenac S S	31.10 NWI
7		Rebecca Asselstine	Napanee D S S-	31.70 NWI
8		Heather Gale	Kingston C V I	32.70 NWI

Women 400 Meter Dash Junior

=====				
Name	Year	School	Finals	Points
=====				
KASSAA: * 59.40 5/11/2006 Catherine Farish, Frontenac S S				
1		Laura Ogilvie	Frontenac S S	1:03.50
2		Lydia Farnell	Kingston C V I	1:06.20
3		Brittany Belanger	Ernestown S S	1:07.40
4		Kassidy Fenwick-VanDuine	Regiopolis	1:10.50
5		Grace Robertson	Kingston C V I	1:12.50

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Results****....Women 400 Meter Dash Junior**

6	Liz Rivera	Regiopolis	1:15.30
7	Victoria Reed	Sydenham H S - eosity	1:15.60

Women 800 Meter Run Junior

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KASSAA: * 2:23.60 2004 Lauren Moore, Holy Cross S.S.
Name Year School Finals H# Points
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1	Stephanie Hulse	Holy Cross S	2:28.00	2
2	Riley Schkimba	Holy Cross S	2:32.00	2
3	Laura Ogilvie	Frontenac S S	2:38.00	2
4	Brianna Jeffrey	Sydenham H S - eosity	2:42.00	1
5	Tamara Ramsy	Regiopolis	2:43.00	1
6	Ruth McLean	Kingston C V I	2:52.00	2
7	Emilie Brent	Bayridge S S - eobr	3:00.00	1
8	Liz Rivera	Regiopolis	3:03.00	2

Women 1500 Meter Run Junior

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KASSAA: * 4:49.20 2004 Lauren Moore, Hoy Cross S.S.
Name Year School Finals Points
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1	Stephanie Hulse	Holy Cross S	5:02.50
2	Megan Herritt	Napanee D S S-	5:12.80
3	Brianna Jeffrey	Sydenham H S - eosity	5:20.40
4	Riley Schkimba	Holy Cross S	5:30.10
5	Jenny Allan	Kingston C V I	5:41.10
6	Rosanna Beattie	Frontenac S S	5:41.40
7	Adrienne Hollington	Frontenac S S	5:41.90
8	Katrina Landon	Loyalist C V I	6:02.30
9	Hailey Feijo	Regiopolis	6:13.40
10	Katie Abeles	Regiopolis	6:18.50
11	Beverly Saillant	LaSalle S S - nols	6:46.50
--	Tamara Ramsy	Regiopolis	DNF

Women 3000 Meter Run Junior

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=====
KASSAA: * 10:42.00 2004 Allison Thomas, Frontenac S.S.
Name Year School Finals Points
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1	Stephanie Hulse	Holy Cross S	10:38.00*
2	Megan Herritt	Napanee D S S-	11:20.00
3	Brianna Jeffrey	Sydenham H S - eosity	11:25.00
4	Rosanna Beattie	Frontenac S S	12:05.00
5	Adrienne Hollington	Frontenac S S	12:22.00
6	Melanie Pulling	Kingston C V I	12:27.00
7	Jenny Allan	Kingston C V I	12:28.00
8	Emilie Brent	Bayridge S S - eobr	12:29.00
9	Kayla Boudreau	Bayridge S S - eobr	12:40.00
10	Katrina Landon	Loyalist C V I	12:47.00

KASSAA 2007 - 5/15/2007 to 5/16/2007**Track and Field
Richardson Stadium
Results****Women 80 Meter Hurdles Junior**

Name	Year	School	Prelims	Wind	H#
=====					
KASSAA: *	12.80	5/11/2006	Hannah Bagnall, Kingston C V I		
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Preliminaries

1	Shannon Walsh	Sydenham H S - eesy	13.18Q	NWI	2
2	Lydia Farnell	Kingston C V I	13.50Q	NWI	1
3	Mallory Hart	Sydenham H S - eesy	13.80Q	NWI	1
4	Robyn Young	Regiopolis	15.31Q	NWI	2
5	Lyndsay Glass	Sydenham H S - eesy	14.50Q	NWI	1
6	Erin Wing	Loyalist C V I	15.52Q	NWI	2
7	Ruth McLean	Kingston C V I	15.30q	NWI	1
8	Sydney Hannah	Frontenac S S	15.74q	NWI	2
9	Jen Gatenby	Loyalist C V I	17.08	NWI	2

Women 80 Meter Hurdles Junior

Name	Year	School	Finals	Wind	Points
=====					
KASSAA: *	12.80	5/11/2006	Hannah Bagnall, Kingston C V I		
=====					

Finals

1	Shannon Walsh	Sydenham H S - eesy	12.80*	NWI	
2	Mallory Hart	Sydenham H S - eesy	13.10	NWI	
3	Lydia Farnell	Kingston C V I	13.90	NWI	
4	Lyndsay Glass	Sydenham H S - eesy	14.40	NWI	
5	Erin Wing	Loyalist C V I	14.70	NWI	
6	Ruth McLean	Kingston C V I	15.00	NWI	
7	Sydney Hannah	Frontenac S S	15.50	NWI	
8	Robyn Young	Regiopolis	15.90	NWI	

Women 300 Meter Hurdles Junior

Name	Year	School	Finals	Points
=====				
KASSAA: *	46.90	5/10/2006	Catherine Farish, Frontenac S S	
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1	Laura Ogilvie	Frontenac S S	48.40	
2	Lydia Farnell	Kingston C V I	49.60	
3	Jen Gatenby	Loyalist C V I	51.90	
4	Lyndsay Glass	Sydenham H S - eesy	52.50	
5	Erin Wing	Loyalist C V I	53.90	
6	Victoria Reed	Sydenham H S - eesy	1:07.20	

Women 4x100 Meter Relay Junior

School	Year	Finals	Points
=====			
KASSAA: *	53.70	5/11/2006	Kingston C & V I - eoks, Kingston C
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1	Sydenham H S - eesy	'A'	52.30*
2	Loyalist C & V I - eolo	'A'	54.10
3	Kingston C & V I - eoks	'A'	57.70
4	Regiopolis-Notre Dame - eorn	'A'	J57.70
5	Napanee D S S - eona	'A'	1:02.00
--	Frontenac S S - eoft	'A'	DQ

KASSAA 2007 - 5/15/2007 to 5/16/2007**Track and Field
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Results****Women High Jump Junior**

=====				
KASSAA: * 1.50m 5/11/2006 Shade Makinde, Frontenac S S				
Name	Year	School	Finals	Points
=====				
1 Lindsay Ballance		Ernestown S S	1.55m*	
2 April Minnie		Sydenham H S - eesy	1.50m*	
3 Cassondra Carroll		Kingston C V I	1.30m	
4 Caroline Pollock		Kingston C V I	J1.30m	
5 Liz Cockerham		Frontenac S S	J1.30m	
6 Maygen Sudes		LaSalle S S - nols	1.25m	

Women Pole Vault Junior

=====				
KASSAA: * 2.40m 2005 Dominique Cartier, Bayridge S.S.				
Name	Year	School	Finals	Points
=====				
1 Jenny Allan		Kingston C V I	1.95m	
2 Caroline Pollock		Kingston C V I	J1.95m	
3 Kerstin Surgenor		Kingston C V I	1.80m	

Women Long Jump Junior

=====				
KASSAA: * 5.07m 2004 Janelle Taylor, Holy Cross S.S.				
Name	Year	School	Finals	Wind Points
=====				
1 Julia Reid		Ernestown S S	4.53m	NWI
2 Shauna Justinich		Regiopolis	4.40m	NWI
3 Heather Zilstra		Loyalist C V I	4.35m	NWI
4 Liz Cockerham		Frontenac S S	4.24m	NWI
5 Sydney Hannah		Frontenac S S	3.96m	NWI
6 Jordan Rendell		Napanee D S S-	3.93m	NWI
7 Jill Stoliker		Napanee D S S-	3.49m	NWI

Women Triple Jump Junior

=====				
KASSAA: * 10.33m 2004 Janelle Taylor, Holy Cross S.S.				
Name	Year	School	Finals	Wind Points
=====				
1 Heather Zilstra		Loyalist C V I	10.18m	NWI
2 Meredith Papps		Ernestown S S	J10.18m	NWI
3 Shannon Walsh		Sydenham H S - eesy	9.79m	NWI
4 Julia Reid		Ernestown S S	9.45m	NWI
5 Amanda Rodriguez		Frontenac S S	9.35m	NWI
6 Breanna Donovan		Napanee D S S-	8.17m	NWI
7 Kayla Boudreau		Bayridge S S - eobr	7.93m	NWI
8 Hailey Feijo		Regiopolis	7.91m	NWI
9 Jill Stoliker		Napanee D S S-	7.66m	NWI

Women Shot Put Junior

=====				
KASSAA: * 10.18m 5/11/2006 Stephanie Stewart, Frontenac S S				
Name	Year	School	Finals	Points
=====				
1 Julie Sleeth		Sydenham H S - eesy	11.20m*	

KASSAA 2007 - 5/15/2007 to 5/16/2007**Track and Field
Richardson Stadium
Results****Women Discus Throw Junior**

=====				
KASSAA: * 29.14m 2005 Samantha Thompson, Napanee D.S.S.				
Name	Year	School	Finals	Points
=====				
1 Julie Sleeth		Sydenham H S - eosy	32.90m*	
2 Meredith Papps		Ernestown S S	25.77m	

Women Javelin Throw Junior

=====				
KASSAA: * 33.20m 2005 Haley Powers, Kingston C.V.I.				
Name	Year	School	Finals	Points
=====				
1 Meredith Papps		Ernestown S S	36.18m*	
2 Lindsay Ballance		Ernestown S S	30.36m	
3 Sydney Hannah		Frontenac S S	27.01m	
4 Julie Sleeth		Sydenham H S - eosy	26.19m	
5 Breanna Donovan		Napanee D S S-	25.35m	
6 Kerstin Surgenor		Kingston C V I	18.29m	
7 Grace Robertson		Kingston C V I	15.94m	

Women 100 Meter Dash Senior

=====				
KASSAA: * 12.00 5/11/2006 Veronica Catry, Regiopolis				
Name	Year	School	Prelims	Wind H#
=====				
Preliminaries				
1 Veronica Catry		Regiopolis	12.20Q	NWI 2
2 Shade Makinde		Frontenac S S	12.70Q	NWI 1
3 Amy Blaser		Frontenac S S	12.90Q	NWI 2
4 Laura King		Regiopolis	13.20Q	NWI 1
5 Becki Lewis		Kingston C V I	13.40Q	NWI 2
6 Emily Coleman		Bayridge S S - eobr	13.60Q	NWI 1
7 Demetra Koutroumbas		Kingston C V I	13.60q	NWI 2
8 Michelle Smith		Frontenac S S	13.90q	NWI 1
9 Hilary Cox		Holy Cross S	14.10	NWI 2
10 Kathleen Heymans		Kingston C V I	14.20	NWI 1
11 Julia Reid		Ernestown S S	14.40	NWI 2
12 Asha Kinfuita		Regiopolis	14.70	NWI 1

Women 100 Meter Dash Senior

=====				
KASSAA: * 12.00 5/11/2006 Veronica Catry, Regiopolis				
Name	Year	School	Finals	Wind Points
=====				
Finals				
1 Veronica Catry		Regiopolis	11.90*	NWI
2 Shade Makinde		Frontenac S S	12.00*	NWI
3 Amy Blaser		Frontenac S S	12.50	NWI
4 Laura King		Regiopolis	13.50	NWI
5 Demetra Koutroumbas		Kingston C V I	J13.50	NWI
6 Becki Lewis		Kingston C V I	13.60	NWI
7 Emily Coleman		Bayridge S S - eobr	13.70	NWI

KASSAA 2007 - 5/15/2007 to 5/16/2007**Track and Field
Richardson Stadium
Results****Women 200 Meter Dash Senior**

=====				
Name	Year	School	Prelims	Wind H#
=====				
KASSAA: * 25.50 2001 Kim Laverty, Holy Cross S.S.				
Preliminaries				
1		Richelle Gaudet	LaSalle S S - nols	28.00Q NWI 1
1		Shade Makinde	Frontenac S S	28.00Q NWI 2
3		Brenley Jorgensen	Kingston C V I	28.10Q NWI 2
4		Emily Coleman	Bayridge S S - eobr	28.30Q NWI 1
5		Amy Blaser	Frontenac S S	28.70Q NWI 1
6		Michelle Smith	Frontenac S S	29.30Q NWI 2
7		Becki Lewis	Kingston C V I	29.10q NWI 1
8		Laura King	Regiopolis	29.50q NWI 1
9		Hilary Cox	Holy Cross S	30.60 NWI 1
10		Kirsten Hamilton	Kingston C V I	31.60 NWI 2
11		Asha Kinfuita	Regiopolis	33.60 NWI 2
12		Danielle Tohill	Sydenham H S - eosy	35.60 NWI 2

Women 200 Meter Dash Senior

=====				
Name	Year	School	Finals	Wind Points
=====				
KASSAA: * 25.50 2001 Kim Laverty, Holy Cross S.S.				
Finals				
1		Shade Makinde	Frontenac S S	26.70 NWI
2		Brenley Jorgensen	Kingston C V I	27.50 NWI
3		Emily Coleman	Bayridge S S - eobr	27.80 NWI
4		Richelle Gaudet	LaSalle S S - nols	28.00 NWI
5		Becki Lewis	Kingston C V I	28.30 NWI
6		Amy Blaser	Frontenac S S	28.50 NWI
7		Laura King	Regiopolis	29.00 NWI
8		Michelle Smith	Frontenac S S	29.20 NWI

Women 400 Meter Dash Senior

=====				
Name	Year	School	Finals	H# Points
=====				
KASSAA: * 57.70 1984 Cheryl Thibedeau, Frontenac S.S.				
1		Catherine Farish	Frontenac S S	1:01.70 1
2		Sophie Stephenson	Marie Rivier	1:02.80 1
3		Emily Coleman	Bayridge S S - eobr	1:04.10 1
4		Allisha Campaigne	Ernestown S S	1:04.50 2
5		Richelle Gaudet	LaSalle S S - nols	1:05.50 2
6		Alison Devlin	Sydenham H S - eosy	1:05.80 2
7		Danielle Boyd	Kingston C V I	1:06.70 1
8		Asia Zolnierczyk	Holy Cross S	1:12.10 1

Women 800 Meter Run Senior

=====				
Name	Year	School	Finals	H# Points
=====				
KASSAA: * 2:18.60 1995 Alison Forrest, Frontenac S.S.				
1		Alison Devlin	Sydenham H S - eosy	2:25.40 2
2		Dorelle Hinton	Kingston C V I	2:27.30 2

KASSAA 2007 - 5/15/2007 to 5/16/2007**Track and Field
Richardson Stadium
Results****....Women 800 Meter Run Senior**

3	Catherine Farish	Frontenac S S	2:30.90	2
4	Allisha Campaigne	Ernestown S S	2:39.80	2
5	Asia Zolnierczyk	Holy Cross S	2:47.20	1

Women 1500 Meter Run Senior

=====				
KASSAA: * 4:37.40 1999 Emily Tallen, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1	Dorelle Hinton	Kingston C V I	5:09.90	
2	Alison Devlin	Sydenham H S - eosy	5:22.50	
3	Michelle Teeple	Frontenac S S	5:24.60	
4	Kate Bell	Ernestown S S	5:34.20	
5	Angela Lanteigne	Regiopolis	5:39.30	
6	Asia Zolnierczyk	Holy Cross S	5:58.00	
7	Nicole Jackson	Regiopolis	6:12.70	

Women 3000 Meter Run Senior

=====				
KASSAA: * 9:57.60 1999 Emily Tallen, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1	Dorelle Hinton	Kingston C V I	11:44.00	
2	Kate Bell	Ernestown S S	12:11.00	
3	Michelle Teeple	Frontenac S S	12:17.00	
4	Angela Lanteigne	Regiopolis	12:29.00	
5	Ainslee Payne	Regiopolis	13:05.00	

Women 100 Meter Hurdles Senior

=====				
KASSAA: * 15.10 1992 Tracy Higgs, Loyalist C.V.I.				
Name	Year	School	Finals	Wind Points
=====				
1	Veronica Catry	Regiopolis	15.10*	NWI
2	Hannah Bagnall	Kingston C V I	15.60	NWI
3	Danielle Boyd	Kingston C V I	17.10	NWI
4	Erica Dennison	Frontenac S S	17.30	NWI
5	Olivia Decaire	Frontenac S S	19.20	NWI
6	Nikki Hill	Frontenac S S	19.60	NWI
7	Danielle Tohill	Sydenham H S - eosy	20.50	NWI

Women 400 Meter Hurdles Senior

=====				
KASSAA: * 1:07.40 1993 Rachel Joyce, Loyalist C.V.I.				
Name	Year	School	Finals	Points
=====				
1	Catherine Farish	Frontenac S S	1:07.40*	
2	Sophie Stephenson	Marie Rivier	1:12.20	
3	Danielle Boyd	Kingston C V I	1:13.20	
4	Brenley Jorgensen	Kingston C V I	1:14.60	
5	Sarah Splinter	Holy Cross S	1:24.00	
6	Michelle Grynburg	Kingston C V I	1:28.50	

KASSAA 2007 - 5/15/2007 to 5/16/2007**Track and Field
Richardson Stadium
Results****Women 4x100 Meter Relay Senior**

=====			
KASSAA: * 49.40 1993 Loyalist C.V.I., Loyalist C.V.I.			
School		Finals	Points
=====			
1 Regiopolis-Notre Dame - eorn 'A'		51.10	
2 Kingston C & V I - eoks 'A'		52.10	
3 Frontenac S S - eoft 'A'		52.90	
4 Ernestown S S - eoet 'A'		54.50	
5 Holy Cross C S S - eohc 'A'		56.60	
6 Sydenham H S - eosy 'A'		57.30	

Women High Jump Senior

=====			
KASSAA: * 1.77m 1987 Susan Campbell, Loyalist C.V.I.			
Name	Year	School	Finals Points
=====			
1 Shade Makinde		Frontenac S S	1.53m
2 Poppy Ruksys		Kingston C V I	1.50m
3 Sarah Mills		Kingston C V I	1.45m
4 Chelsea Finn		Ernestown S S	J1.45m
5 Hilary Mason		Frontenac S S	J1.45m
-- Lauren MacAlpine		Kingston C V I	NH

Women Pole Vault Senior

=====			
KASSAA: * 2.25m 2005 Maggie Matheson, Bayridge S.S.			
Name	Year	School	Finals Points
=====			
1 Sarah Mills		Kingston C V I	2.40m*
2 Hannah Bagnall		Kingston C V I	2.25m*
3 Emma Waugh		Kingston C V I	1.95m

Women Long Jump Senior

=====				
KASSAA: * 5.40m 1994 Danielle Froese, Loyalist C.V.I.				
Name	Year	School	Finals	Wind Points
=====				
1 Laura King		Regiopolis	4.57m	NWI
2 Kate Running		Holy Cross S	4.31m	NWI
3 Nikki Hill		Frontenac S S	4.25m	NWI
4 Hilary Mason		Frontenac S S	4.22m	NWI
5 Sarah Splinter		Holy Cross S	4.13m	NWI
6 Brooke Gregoire		Marie Rivier	3.94m	NWI
7 Lauren MacAlpine		Kingston C V I	3.77m	NWI
8 Serena Pugh		Holy Cross S	3.50m	NWI
9 Asha Kinfuita		Regiopolis	2.69m	NWI
-- Katerina Kolarczyk		Kingston C V I	FOUL	NWI

Women Triple Jump Senior

=====				
KASSAA: * 10.93m 1992 Lesley Hughes, Ernestown S.S.				
Name	Year	School	Finals	Wind Points
=====				
1 Allisha Campaigne		Ernestown S S	9.69m	NWI
2 Sarah Splinter		Holy Cross S	9.23m	NWI

KASSAA 2007 - 5/15/2007 to 5/16/2007**Track and Field
Richardson Stadium
Results****....Women Triple Jump Senior**

3	Kelsey Potter	Sydenham H S - eosity	8.85m	NWI
4	Kate Running	Holy Cross S	8.69m	NWI
5	Brooke Gregoire	Marie Rivier	8.30m	NWI
6	Katerina Kolarczyk	Kingston C V I	7.67m	NWI
7	Jessica Wilson	Napanee D S S-	7.61m	NWI
8	Serena Pugh	Holy Cross S	7.27m	NWI

Women Shot Put Senior

=====				
KASSAA: * 13.22m		1998	Nicole Clarke, LaSalle S.S.	
Name	Year	School	Finals	Points
=====				
1	Chelsea Keeley	Sydenham H S - eosity	9.71m	
2	Bobbi-Jo Cronk	Holy Cross S	9.53m	
3	Samantha Thompson	Napanee D S S-	8.99m	
4	Jessica Wilson	Napanee D S S-	8.52m	
5	Whitney Desarmia	Regiopolis	8.49m	
6	Alicia Cota	Sharbot Lake	8.44m	
7	Kate Running	Holy Cross S	7.11m	
8	Savannah Cronk	Sharbot Lake	7.09m	
9	Libby Drew	Loyalist C V I	6.91m	
10	Morgan Tapscott	Sydenham H S - eosity	6.24m	

Women Discus Throw Senior

=====				
KASSAA: * 41.40m		1998	Erin Sepic, Regiopolis N.D.C.H.S.	
Name	Year	School	Finals	Points
=====				
1	Samantha Thompson	Napanee D S S-	30.04m	
2	Chelsea Keeley	Sydenham H S - eosity	28.20m	
3	Michelle McFarland	Napanee D S S-	27.83m	
4	Whitney Desarmia	Regiopolis	26.96m	
5	Hannah Bagnall	Kingston C V I	23.31m	
6	Chelsea Finn	Ernestown S S	20.81m	
7	Sarah Eves	Regiopolis	18.86m	
8	Morgan Tapscott	Sydenham H S - eosity	17.64m	
--	Bambi Gray	Regiopolis	ND	

Women Javelin Throw Senior

=====				
KASSAA: * 37.63m		2000	Karen Wong, Frontenac S.S.	
Name	Year	School	Finals	Points
=====				
1	Kaley Powers	Kingston C V I	31.66m	
2	Chelsea Keeley	Sydenham H S - eosity	28.80m	
3	Whitney Desarmia	Regiopolis	27.35m	
4	Tara Thompson	Kingston C V I	26.52m	
5	Nikki Hill	Frontenac S S	25.98m	
6	Michelle McFarland	Napanee D S S-	24.15m	
7	Savannah Cronk	Sharbot Lake	21.66m	
8	Bambi Gray	Regiopolis	21.29m	
9	Maddie Brown	Sharbot Lake	20.10m	
10	Jayde Elliott	Regiopolis	17.97m	
11	Morgan Tapscott	Sydenham H S - eosity	13.66m	

KASSAA 2007 - 5/15/2007 to 5/16/2007**Track and Field
Richardson Stadium
Results****Women 1500 Meter Steeplechase Open**

=====			
Name	Year	School	Finals
=====			
KASSAA: * 6:05.00 5/11/2006 Melissa Reade, Holy Cross S			
1 Michelle Teeple		Frontenac S S	5:54.00*
2 Anne Marie Duarte		Kingston C V I	8:00.00
2 Jacquie Kueper		Regiopolis	8:00.00
2 Lauren Sagadore		Kingston C V I	8:00.00

Women 4x400 Meter Relay Open

=====			
School	Year	Points	Finals
=====			
KASSAA: * 4:08.60 1992 Loyalist C.V.I., Loyalist C.V.I.			
1 Kingston C & V I - eoks	'A'	4:23.60	
2 Frontenac S S - eoft	'A'	4:27.10	
3 Ernestown S S - eoet	'A'	4:28.90	
4 Sydenham H S - eosy	'A'	4:30.30	
5 Holy Cross C S S - eohc	'A'	4:35.00	

Men 100 Meter Dash Midget

=====				
Name	Year	School	Prelims	Wind H#
=====				
KASSAA: * 11.40 5/11/2006 Jonathon Ramirez, Frontenac S S				
Preliminaries				
1 Brandon McIntosh		Frontenac S S	11.60Q	NWI 1
2 Nate Hickey		Sydenham H S - eosy	11.90Q	NWI 3
3 Allicock Z'Haast		Loyalist C V I	12.50Q	NWI 2
4 Matt McEathron		Frontenac S S	12.20Q	NWI 3
5 Josh Thompson		Sydenham H S - eosy	12.30Q	NWI 1
6 Eric Ingle		Frontenac S S	12.80Q	NWI 2
7 Billy Adams		Bayridge S S - eobr	12.50q	NWI 1
8 Peter Nedow		Sharbot Lake	12.90q	NWI 3
9 Amr Omer		Regiopolis	13.10	NWI 1
9 Charles Hutchings		Marie Rivier	13.10	NWI 2
11 Josh Walker		Loyalist C V I	13.30	NWI 2
11 Jordan reda		Holy Cross S	13.30	NWI 3
13 Kendall Rowe		Kingston C V I	13.60	NWI 1
14 Gavin Teepell		Queen Elizab	13.70	NWI 2
15 Michael Sproule		Sharbot Lake	14.80	NWI 1

Men 100 Meter Dash Midget

=====				
Name	Year	School	Finals	Wind Points
=====				
KASSAA: * 11.40 5/11/2006 Jonathon Ramirez, Frontenac S S				
Finals				
1 Brandon McIntosh		Frontenac S S	11.70	NWI
2 Nate Hickey		Sydenham H S - eosy	11.80	NWI
3 Matt McEathron		Frontenac S S	12.40	NWI
4 Allicock Z'Haast		Loyalist C V I	12.60	NWI
5 Josh Thompson		Sydenham H S - eosy	J12.60	NWI
6 Billy Adams		Bayridge S S - eobr	12.90	NWI
7 Peter Nedow		Sharbot Lake	13.40	NWI

KASSAA 2007 - 5/15/2007 to 5/16/2007**Track and Field
Richardson Stadium
Results****....Men 100 Meter Dash Midget**

8 Eric Ingle	Frontenac S S	13.80	NWI
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Men 200 Meter Dash Midget

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=====
KASSAA: * 24.40 5/11/2006 Jonathon Ramirez, Frontenac S S
Name Year School Finals Wind Points
=====
```

1 Nate Hickey	Sydenham H S - eosity	24.90	NWI
2 Parker Woolcox	Frontenac S S	J24.90	NWI
3 Matt Fouzie	Sydenham H S - eosity	25.10	NWI
4 Matt McEathron	Frontenac S S	26.00	NWI
5 Peter Nedow	Sharbot Lake	27.70	NWI
6 Colin Coon	Kingston C V I	28.00	NWI
7 Kevin Cummings	Bayridge S S - eobr	30.50	NWI

Men 400 Meter Dash Midget

```
=====
KASSAA: * 54.80 2004 Jermaine Edwards, Holy Cross S.S.
Name Year School Finals Points
=====
```

1 Kieran Doyle	Sydenham H S - eosity	56.00	
2 Matt Fouzie	Sydenham H S - eosity	J56.00	
3 Aaron Gazendam	Holy Cross S	57.80	
4 Shane Caird	Sydenham H S - eosity	1:00.20	
5 Josh Darey	Holy Cross S	1:00.40	
6 Colin Coon	Kingston C V I	1:01.60	

Men 800 Meter Run Midget

```
=====
KASSAA: * 2:11.10 2005 Josh George, Frontenac S.S.
Name Year School Finals Points
=====
```

1 Jeff Davies	Holy Cross S	2:11.00*	
2 Kieran Doyle	Sydenham H S - eosity	2:12.00	
3 Nathan Jaros	LaSalle S S - nols	2:14.00	
4 Stephan Vanderholst	Sydenham H S - eosity	2:19.00	
5 Adrian Marshall	Holy Cross S	2:21.00	
6 Jesse Burtch	Sharbot Lake	J2:21.00	
7 Dylan O'Sullivan	Sydenham H S - eosity	2:23.00	
8 Zack Edwards	Ernestown S S	2:40.00	

Men 1500 Meter Run Midget

```
=====
KASSAA: * 4:34.60 2005 Josh George, Frontenac S.S.
Name Year School Finals Points
=====
```

1 Jeff Davies	Holy Cross S	4:40.70	
2 Nathan Jaros	LaSalle S S - nols	4:44.20	
3 Patrick Cuthbertson	Kingston C V I	4:44.50	
4 Stephan Vanderholst	Sydenham H S - eosity	4:44.80	
5 Adrian Marshall	Holy Cross S	4:45.30	
6 Dylan O'Sullivan	Sydenham H S - eosity	4:49.70	
7 Jesse Burtch	Sharbot Lake	5:01.50	

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Richardson Stadium
Results****....Men 1500 Meter Run Midget**

8	Robert Asselstine	Sydenham H S - eesy	5:03.20
9	Zack Edwards	Ernestown S S	5:17.60
10	Mitch Finn	Ernestown S S	5:22.40
11	Chris Grady	Holy Cross S	5:23.00
12	Paul Kenney	Regiopolis	6:18.40
13	Zach Hawley	Kingston C V I	6:28.20

Men 3000 Meter Run Midget

=====				
KASSAA: * 9:37.00 2005 Nick McGraw, Frontenac S.S.				
	Name	Year School	Finals	Points
=====				
1	Jeff Davies	Holy Cross S	10:01.00	
2	Adrian Marshall	Holy Cross S	10:11.00	
3	Dylan O'Sullivan	Sydenham H S - eesy	10:16.00	
4	Patrick Cuthbertson	Kingston C V I	10:17.00	
5	Robert Asselstine	Sydenham H S - eesy	10:20.00	
6	Nathan Jaros	LaSalle S S - nols	10:45.00	
7	Zack Edwards	Ernestown S S	11:14.00	
8	Patrick Reilley	Kingston C V I	11:15.00	

Men 100 Meter Hurdles Midget

=====				
KASSAA: * 16.00 5/11/2006 Tom Devlin, Sydenham H S				
	Name	Year School	Finals	Wind Points
=====				
1	Josh Thompson	Sydenham H S - eesy	15.60*	NWI
2	Micheal Carroll	Kingston C V I	17.60	NWI
3	Matt Henson	Sydenham H S - eesy	17.80	NWI
4	Matt Kiello	Frontenac S S	18.40	NWI
5	Sangee Martin	Loyalist C V I	19.70	NWI
6	Z'Laast Allicock	Loyalist C V I	20.00	NWI
7	Josh Walker	Loyalist C V I	20.70	NWI
8	Parker Woolcox	Frontenac S S	22.00	NWI

Men 300 Meter Hurdles Midget

=====				
KASSAA: * 45.50 5/10/2006 Nathan Moyse, Sydenham H S				
	Name	Year School	Finals	Points
=====				
1	Matt Fouzie	Sydenham H S - eesy	43.80*	
2	Josh Thompson	Sydenham H S - eesy	46.10	
3	Sangee Martin	Loyalist C V I	48.20	
4	Josh Walker	Loyalist C V I	49.00	
5	Matt Henson	Sydenham H S - eesy	49.30	
6	Z'Laast Allicock	Loyalist C V I	55.60	

Men 4x100 Meter Relay Midget

=====				
KASSAA: * 49.90 2004 Holy Cross S.S., Holy Cross S.S.				
	School		Finals	Points
=====				
1	Sydenham H S - eesy	'A'	48.90*	
2	Holy Cross C S S - eohc	'A'	52.50	

KASSAA 2007 - 5/15/2007 to 5/16/2007**Track and Field
Richardson Stadium
Results****....Men 4x100 Meter Relay Midget**

3 Kingston C & V I - eoks 'A'	54.30
-- Frontenac S S - eoft 'A'	DQ

Men High Jump Midget

=====				
KASSAA: * 1.75m 5/11/2006 Jason Steels, Regiopolis				
Name	Year	School	Finals	Points
=====				
1 Matt McEathron		Frontenac S S	1.76m*	
2 Spencer Lambert		Frontenac S S	1.70m	
3 Amr Omer		Regiopolis	1.60m	
4 Charlie Genge		Ernestown S S	J1.60m	
5 Derek Melrose		Sydenham H S - eosity	J1.60m	
6 Eric Williams		Kingston C V I	1.50m	
-- John Powell		Sharbot Lake	NH	
-- Ekijah Tremblay		Kingston C V I	NH	

Men Pole Vault Midget

=====				
KASSAA: * 2.55m 2005 Ben Blake, Kingston C.V.I.				
Name	Year	School	Finals	Points
=====				
1 Steven Otter		Kingston C V I	2.10m	
2 Ekijah Tremblay		Kingston C V I	1.95m	
3 Zach Hawley		Kingston C V I	1.40m	

Men Long Jump Midget

=====					
KASSAA: * 5.58m 5/11/2006 Jophiel Sardokie, Frontenac S S					
Name	Year	School	Finals	Wind	Points
=====					
1 Brandon McIntosh		Frontenac S S	5.63m*	NWI	
2 Sean Ho		Holy Cross S	5.14m	NWI	
3 Jake Berndt		Sydenham H S - eosity	5.02m	NWI	
4 Billy Adams		Bayridge S S - eobr	4.96m	NWI	
5 Shane Caird		Sydenham H S - eosity	4.80m	NWI	
6 Derek Melrose		Sydenham H S - eosity	4.72m	NWI	
7 Jordan reda		Holy Cross S	4.71m	NWI	
8 Raphael Chabot		Marie Rivier	4.68m	NWI	
9 Amr Omer		Regiopolis	4.60m	NWI	
10 Kevin Cummings		Bayridge S S - eobr	4.37m	NWI	
11 Eric Ingle		Frontenac S S	4.34m	NWI	
12 Josh Darey		Holy Cross S	3.95m	NWI	
13 Peter Nedow		Sharbot Lake	3.39m	NWI	

Men Triple Jump Midget

=====					
KASSAA: * 11.70m 2005 Brendan Perry, Holy Cross S.S.					
Name	Year	School	Finals	Wind	Points
=====					
1 Parker Woolcox		Frontenac S S	11.22m	NWI	
2 Aaron Gazendam		Holy Cross S	11.01m	NWI	
3 Spencer Lambert		Frontenac S S	10.42m	NWI	
4 Jake Berndt		Sydenham H S - eosity	10.32m	NWI	

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Richardson Stadium
Results****....Men Triple Jump Midget**

5	Matt Henson	Sydenham H S - eesy	10.12m	NWI
6	Sean Ho	Holy Cross S	10.06m	NWI
7	Chris Shibley	Sydenham H S - eesy	9.06m	NWI
8	Micheal Carroll	Kingston C V I	8.71m	NWI
9	John Powell	Sharbot Lake	8.42m	NWI
10	Jordan reda	Holy Cross S	1.05m	NWI

Men Shot Put Midget

=====				
KASSAA: * 12.29m 5/11/2006 Ryan Giddy, Sydenham H S				
Name	Year	School	Finals	Points
=====				
1	Brandon McIntosh	Frontenac S S	13.53m*	
2	Jason Wowk	Kingston C V I	11.53m	
3	Desmond Adams	Loyalist C V I	11.31m	
4	J.C. Richardson	Frontenac S S	10.97m	
5	Paul Grass	Kingston C V I	10.07m	
6	Hassan Dar	Bayridge S S - eobr	9.78m	
7	Taylor Gilmour	Bayridge S S - eobr	9.69m	
8	Nick Halliday	Sydenham H S - eesy	9.34m	
9	Ryan Fisher	Sydenham H S - eesy	9.24m	
10	Michael Sproule	Sharbot Lake	9.07m	
11	Dustin Latimer	Sydenham H S - eesy	9.03m	
12	Jonah Bellis	Ernestown S S	7.82m	
12	Hamza Dar	Bayridge S S - eobr	7.82m	
14	Greg Easterbrook	Ernestown S S	7.56m	

Men Discus Throw Midget

=====				
KASSAA: * 37.29m 2005 Graeme Pickett, Kingston C.V.I.				
Name	Year	School	Finals	Points
=====				
1	J.C. Richardson	Frontenac S S	32.19m	
2	Dustin Latimer	Sydenham H S - eesy	31.25m	
3	Jason Wowk	Kingston C V I	29.09m	
4	Greg Pickett	Kingston C V I	26.79m	
5	Adam Bernicky	Regiopolis	24.79m	
6	Ryan Fisher	Sydenham H S - eesy	23.10m	
7	Hassan Dar	Bayridge S S - eobr	22.61m	
8	Matt Kiello	Frontenac S S	22.10m	
9	Nick Halliday	Sydenham H S - eesy	20.16m	
10	Greg Easterbrook	Ernestown S S	17.89m	
11	Taimoor Butt	Bayridge S S - eobr	16.04m	
--	Jamie Higley	Bayridge S S - eobr	FOUL	

Men Javelin Throw Midget

=====				
KASSAA: * 42.98m 2005 Travis Wowk, Kingston C.V.I.				
Name	Year	School	Finals	Points
=====				
1	Aaron Gazendam	Holy Cross S	40.19m	
2	Charlie Genge	Ernestown S S	39.91m	
3	J.C. Richardson	Frontenac S S	38.35m	
4	Nathan Compeau	Regiopolis	36.85m	

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Results****....Men Javelin Throw Midget**

5	Chris Shibley	Sydenham H S - eosy	32.83m
6	Michael Sproule	Sharbot Lake	32.51m
7	Jason Wowk	Kingston C V I	30.77m
8	Paul Grass	Kingston C V I	29.33m
9	Jamie Higley	Bayridge S S - eobr	29.22m
10	Desmond Adams	Loyalist C V I	27.64m
11	Greg Pickett	Kingston C V I	26.59m
12	Nick Halliday	Sydenham H S - eosy	26.42m
13	Dustin Latimer	Sydenham H S - eosy	25.50m
14	Adam Bernicky	Regiopolis	24.29m
15	Jonah Bellis	Ernestown S S	22.25m
16	Greg Easterbrook	Ernestown S S	18.43m
17	Taimoor Butt	Bayridge S S - eobr	14.75m

Men 100 Meter Dash Junior

```
=====
KASSAA: * 11.20 2004          Wentao Shi, Frontenac S.S.
Name                          Year School                    Prelims  Wind H#
=====
```

Preliminaries

1	Jason Steels	Regiopolis	* 10.90Q	NWI	2
2	Jonathan Ramirez	Frontenac S S	11.40Q	NWI	3
3	Troy Cleland	Sharbot Lake	11.70Q	NWI	1
4	Matt Hummel	Ernestown S S	11.60Q	NWI	2
5	Branden Coulter	Sydenham H S - eosy	11.90Q	NWI	1
5	Dave Pratt	Napanee D S S-	11.90Q	NWI	3
7	Graham Slaughter	Holy Cross S	12.00q	NWI	2
7	Cody Glasner	Bayridge S S - eobr	12.00q	NWI	3
9	Thomas Cox-Rothwell	Kingston C V I	12.10	NWI	2
10	Mitch Ireland	Napanee D S S-	12.20	NWI	2
10	Jordan Clarke	Napanee D S S-	12.20	NWI	1
12	Logon Kidson	Holy Cross S	12.30	NWI	1
13	Andrew Reade	Holy Cross S	12.60	NWI	3
13	Kalib Neadow	Sharbot Lake	12.60	NWI	3
15	Adam Orozco	Bayridge S S - eobr	12.70	NWI	2
15	Hunter Vanleeuwen	Sydenham H S - eosy	12.70	NWI	3
17	Jess Beckwith	Sydenham H S - eosy	12.80	NWI	2
18	Connor Patterson	Kingston C V I	13.10	NWI	3
19	Erik Lagace	Marie Rivier	13.80	NWI	1
19	Brandon Marley	LaSalle S S - nols	13.80	NWI	1

Men 100 Meter Dash Junior

```
=====
KASSAA: * 11.20 2004          Wentao Shi, Frontenac S.S.
Name                          Year School                    Finals  Wind Points
=====
```

Finals

1	Jason Steels	Regiopolis	11.00*	NWI
2	Jonathan Ramirez	Frontenac S S	11.50	NWI
3	Matt Hummel	Ernestown S S	J11.50	NWI
4	Troy Cleland	Sharbot Lake	12.10	NWI
5	Dave Pratt	Napanee D S S-	J12.10	NWI
6	Branden Coulter	Sydenham H S - eosy	12.30	NWI
7	Graham Slaughter	Holy Cross S	12.40	NWI

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Richardson Stadium
Results****....Men 100 Meter Dash Junior**

8	Cody Glasner	Bayridge S S - eobr	J12.40	NWI
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Men 200 Meter Dash Junior

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=====
KASSAA: * 16.60 5/11/2006 Eric Lalonde, Frontenac S S
Name Year School Prelims Wind H#
=====
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Preliminaries

1	Jonathan Ramirez	Frontenac S S	24.30Q	NWI	2
2	Matt Hummel	Ernestown S S	24.60Q	NWI	1
3	Nathan Moyse	Sydenham H S - eosity	24.90Q	NWI	1
4	Jordan Clarke	Napanee D S S-	25.70Q	NWI	2
5	Abraham Anyoti	Kingston C V I	25.60Q	NWI	1
6	Richard Stethem	Frontenac S S	25.90Q	NWI	2
7	Cody Glasner	Bayridge S S - eobr	25.80q	NWI	1
7	Nick Lefebvre	Frontenac S S	25.80q	NWI	1
9	Logon Kidson	Holy Cross S	26.10	NWI	1
10	Hunter Vanleeuwen	Sydenham H S - eosity	26.90	NWI	1
11	Adam Orozco	Bayridge S S - eobr	28.30	NWI	2
12	Liam Coon	Kingston C V I	29.10	NWI	2
13	Thomas Holland	Holy Cross S	29.30	NWI	2

Men 200 Meter Dash Junior

```
=====
KASSAA: * 16.60 5/11/2006 Eric Lalonde, Frontenac S S
Name Year School Finals Wind Points
=====
```

Finals

1	Matt Hummel	Ernestown S S	23.30	NWI
2	Jonathan Ramirez	Frontenac S S	24.00	NWI
3	Richard Stethem	Frontenac S S	25.10	NWI
4	Nick Lefebvre	Frontenac S S	25.20	NWI
5	Jordan Clarke	Napanee D S S-	25.30	NWI
6	Cody Glasner	Bayridge S S - eobr	25.50	NWI
7	Abraham Anyoti	Kingston C V I	30.20	NWI

Men 400 Meter Dash Junior

```
=====
KASSAA: * 53.50 5/11/2006 Josh George, Frontenac S S
Name Year School Finals H# Points
=====
```

1	Andrew Dionne	Frontenac S S	54.30	2
2	Tom Devlin	Sydenham H S - eosity	54.50	2
3	Ben O'Connor	Frontenac S S	55.20	2
4	Ethan Stott	Sydenham H S - eosity	55.90	2
5	Sagriff Ben	Napanee D S S-	56.40	1
6	Evan Andrin	Kingston C V I	56.80	2
7	Cody Glasner	Bayridge S S - eobr	57.00	1
8	Richard Stethem	Frontenac S S	58.40	2
9	Lewis MacDonald	Holy Cross S	1:03.90	1
10	Mitch Mortenson	Kingston C V I	1:05.80	1

KASSAA 2007 - 5/15/2007 to 5/16/2007**Track and Field
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Results****Men 800 Meter Run Junior**

=====				
KASSAA: * 2:05.20 5/11/2006 Josh George, Frontenac S S				
Name	Year	School	Finals	Points
=====				
1 Andrew Dionne		Frontenac S S	2:08.00	
2 Evan Andrin		Kingston C V I	2:09.00	
3 Alexander Hinton		Kingston C V I	J2:09.00	
4 Charly Allan		Kingston C V I	2:12.00	
5 Ben O'Connor		Frontenac S S	J2:12.00	
6 Dylan McKellar		Frontenac S S	2:18.00	
7 Bryan Thompson		Napanee D S S-	2:33.00	

Men 1500 Meter Run Junior

=====				
KASSAA: * 4:10.70 2004 Matt Hulse, Holy Cross S.S.				
Name	Year	School	Finals	Points
=====				
1 Alexander Hinton		Kingston C V I	4:26.40	
2 Evan Andrin		Kingston C V I	4:35.60	
3 Charly Allan		Kingston C V I	4:35.80	
4 Chris Hull		Sydenham H S - eosy	4:47.50	
5 Lucas Lobo		Holy Cross S	4:48.60	
6 Dylan McKellar		Frontenac S S	4:56.50	
7 Dustin Diogaurdi		Bayridge S S - eobr	5:24.90	

Men 3000 Meter Run Junior

=====				
KASSAA: * 9:29.00 2004 Matt Hulse, Holy Cross S.S.				
Name	Year	School	Finals	Points
=====				
1 Alexander Hinton		Kingston C V I	9:16.00*	
2 Charly Allan		Kingston C V I	9:52.00	
3 James Waldie		Bayridge S S - eobr	10:20.00	
4 Lucas Lobo		Holy Cross S	10:24.00	

Men 100 Meter Hurdles Junior

=====				
KASSAA: * 14.50 5/11/2006 Dave McGinn, Sydenham H S				
Name	Year	School	Finals	Wind Points
=====				
1 Nathan Moyse		Sydenham H S - eosy	15.50	NWI
2 Tom Devlin		Sydenham H S - eosy	15.70	NWI
3 Naaman Sugrue		Loyalist C V I	15.90	NWI
4 Nabil Agbdasi		Frontenac S S	19.10	NWI
5 Josh Asselstine		Sydenham H S - eosy	19.80	NWI
6 Kenneth Lockwood		Kingston C V I	23.30	NWI

Men 300 Meter Hurdles Junior

=====				
KASSAA: * 41.50 5/10/2006 Dave McGinn, Sydenham H S				
Name	Year	School	Finals	Points
=====				
1 Nathan Moyse		Sydenham H S - eosy	42.40	
2 Naaman Sugrue		Loyalist C V I	42.70	
3 Tom Devlin		Sydenham H S - eosy	43.20	

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Results****....Men 300 Meter Hurdles Junior**

4	Sagriff Ben	Napanee D S S-	45.00
5	Josh Rodriguez	Sydenham H S - eesy	49.60
6	Kenneth Lockwood	Kingston C V I	50.00

Men 4x100 Meter Relay Junior

=====				
	KASSAA: *	47.10	2004	Bayridge S.S., Bayridge S.S.
Name	Year	School	Finals	Points
=====				
1	Napanee D S S - eona	'A'	47.80	
2	Sydenham H S - eesy	'A'	48.10	
3	Holy Cross C S S - eohc	'A'	49.50	
4	Kingston C & V I - eoks	'A'	50.00	
5	Frontenac S S - eoft	'A'	50.50	
--	Sharbot Lake H S - eosh	'A'	DQ	

Men High Jump Junior

=====				
	KASSAA: *	1.85m	2004	Tom Hughes, Sharbot Lake H.S.
Name	Year	School	Finals	Points
=====				
1	Jason Steels	Regiopolis	1.78m	
2	Scott Wilson	Regiopolis	1.76m	
3	Greg Faulkner	Holy Cross S	1.73m	
4	Dustin Harper	Ernestown S S	1.65m	
5	Mitch Ireland	Napanee D S S-	J1.65m	
6	Brett Hull	Frontenac S S	J1.65m	
7	Thomas Cox-Rothwell	Kingston C V I	1.60m	
8	Troy Cleland	Sharbot Lake	J1.60m	
9	Doug Irwin	Sydenham H S - eesy	1.55m	
9	Jimmy Stewart Shaver	Ernestown S S	1.55m	
11	Jordan Clarke	Napanee D S S-	1.50m	
--	Liam Coon	Kingston C V I	NH	
--	Nabil Agbdasi	Frontenac S S	NH	
--	Josh Rodriguez	Sydenham H S - eesy	NH	

Men Pole Vault Junior

=====				
	KASSAA: *	3.10m	2005	Rob Hackett, Bayridge S.S.
Name	Year	School	Finals	Points
=====				
1	Thomas Cox-Rothwell	Kingston C V I	2.40m	
1	Connor Patterson	Kingston C V I	2.40m	

Men Long Jump Junior

=====					
	KASSAA: *	6.59m	2004	David Jones, Ernestown S.S.	
Name	Year	School	Finals	Wind	Points
=====					
1	Abraham Anyoti	Kingston C V I	5.65m	NWI	
2	Cory Houlde-Schulman	Kingston C V I	5.62m	NWI	
3	Brett Hull	Frontenac S S	5.49m	NWI	
4	Johnny Sullivan	Holy Cross S	5.36m	NWI	
5	Nick Lefebvre	Frontenac S S	5.18m	NWI	

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6	Matt Pinder	Sydenham H S - eosity	5.04m	NWI
7	Greg Faulkner	Holy Cross S	4.95m	NWI
8	Josef Freundorfer	Regiopolis	4.87m	NWI
9	Troy Cleland	Sharbot Lake	4.83m	NWI
10	Kalib Neadow	Sharbot Lake	4.53m	NWI

Men Triple Jump Junior

=====				
KASSAA: * 12.93m 2004 David Jones, Ernestown S.S.				
Name	Year	School	Finals	Wind Points
=====				
1	Cory Houlde-Schulman	Kingston C V I	11.40m	NWI
2	Greg Faulkner	Holy Cross S	10.93m	NWI
3	Johnny Sullivan	Holy Cross S	10.83m	NWI
4	Josef Freundorfer	Regiopolis	10.34m	NWI
5	Kalib Neadow	Sharbot Lake	10.19m	NWI
6	Matt Pinder	Sydenham H S - eosity	9.95m	NWI
7	Nabil Agbdasi	Frontenac S S	9.94m	NWI
8	Connor Patterson	Kingston C V I	9.91m	NWI
9	Bryan Thompson	Napanee D S S-	9.12m	NWI

Men Shot Put Junior

=====				
KASSAA: * 14.35m 2005 Mathieu Widmont, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1	Hunter Steward	Bayridge S S - eobr	14.19m	
2	Adam Stroud	Sydenham H S - eosity	12.99m	
3	Nick Lefebvre	Frontenac S S	12.76m	
4	Tyler Grant	Holy Cross S	11.54m	
5	Ryan Giddy	Sydenham H S - eosity	11.10m	
6	Craig Kimmett	Ernestown S S	11.08m	
7	Dave Heroux	Holy Cross S	10.83m	
8	Mitch Mortenson	Kingston C V I	10.42m	
9	Jamie Spirak	Bayridge S S - eobr	8.88m	
10	Mike Regan	Bayridge S S - eobr	7.96m	
11	Jon Cartmill	Ernestown S S	7.91m	

Men Discus Throw Junior

=====				
KASSAA: * 40.21m 2005 Seth Tracey, Holy Cross S.S.				
Name	Year	School	Finals	Points
=====				
1	Hunter Steward	Bayridge S S - eobr	43.55m*	
2	Craig Kimmett	Ernestown S S	38.38m	
3	Dave Heroux	Holy Cross S	31.08m	
4	Ryan Schenk	Holy Cross S	28.89m	
5	Dylan Powers	Kingston C V I	25.48m	
6	Adam Stroud	Sydenham H S - eosity	23.05m	
7	Jon Cartmill	Ernestown S S	18.48m	

KASSAA 2007 - 5/15/2007 to 5/16/2007**Track and Field
Richardson Stadium
Results****Men Javelin Throw Junior**

=====				
KASSAA: * 43.70m 5/11/2006 Travis Wowk, Kingston C V I				
Name	Year	School	Finals	Points
=====				
1 Dylan Powers		Kingston C V I	43.59m	
2 Brock Evans		Holy Cross S	37.95m	
3 Dave Pratt		Napanee D S S-	37.25m	
4 Adam Stroud		Sydenham H S - eosy	34.94m	
5 John McCombs		Holy Cross S	33.68m	
6 Mitch Mortenson		Kingston C V I	33.06m	
7 Jimmy Stewart Shaver		Ernestown S S	32.36m	
8 Dustin Harper		Ernestown S S	31.89m	
9 Wes Kerr		Napanee D S S-	22.26m	
-- Mike Regan		Bayridge S S - eobr	FOUL	

Men 100 Meter Dash Senior

=====				
KASSAA: * 10.70 1980 Mike Plant, Queen Elizabeth C.V.I.				
Name	Year	School	Prelims	Wind H#
=====				
Preliminaries				
1 Tulloch Justin		Holy Cross S	11.00Q	NWI 1
1 Kevin Cooper		Regiopolis	11.00Q	NWI 2
3 Wentao Shi		Frontenac S S	11.40Q	NWI 3
4 Evan Jones		Sydenham H S - eosy	11.20Q	NWI 2
5 Aaron Streight		Kingston C V I	11.50Q	NWI 1
6 Tyler Lajoie		Regiopolis	11.90Q	NWI 3
7 Keiron Lafoon		Regiopolis	11.80q	NWI 1
8 Kyle McCutcheon		Napanee D S S-	12.00q	NWI 3
9 Nils Swinamer		Frontenac S S	12.10	NWI 1
10 Erik Lagace		Marie Rivier	12.20	NWI 1
11 Will Reed		Napanee D S S-	12.40	NWI 1
12 Curtis Ottenhoff		Holy Cross S	12.60	NWI 3
13 Brian Vo		Holy Cross S	13.00	NWI 2
14 Mat Davies		Frontenac S S	13.10	NWI 2
15 Colin Greenwood		Bayridge S S - eobr	13.50	NWI 2
16 Benson trousdale		Sydenham H S - eosy	14.00	NWI 3

Men 100 Meter Dash Senior

=====				
KASSAA: * 10.70 1980 Mike Plant, Queen Elizabeth C.V.I.				
Name	Year	School	Finals	Wind Points
=====				
Finals				
1 Wentao Shi		Frontenac S S	11.10	NWI
2 Tulloch Justin		Holy Cross S	11.20	NWI
3 Kevin Cooper		Regiopolis	11.30	NWI
4 Evan Jones		Sydenham H S - eosy	11.60	NWI
5 Aaron Streight		Kingston C V I	11.80	NWI
6 Tyler Lajoie		Regiopolis	12.00	NWI
7 Keiron Lafoon		Regiopolis	12.20	NWI
8 Kyle McCutcheon		Napanee D S S-	12.30	NWI

KASSAA 2007 - 5/15/2007 to 5/16/2007**Track and Field
Richardson Stadium
Results****Men 200 Meter Dash Senior**

=====					
KASSAA: * 22.40 2004 Brennan Wright, Regiopolis N.D.C.H.S.					
Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1	Tulloch Justin	Holy Cross S	23.30Q	NWI	2
2	Chris Blake	Kingston C V I	25.50Q	NWI	1
3	Kevin Cooper	Regiopolis	24.00Q	NWI	2
4	Curtis Ottenhoff	Holy Cross S	25.60Q	NWI	1
5	Jermaine Edwards	Holy Cross S	24.10Q	NWI	2
6	Mat Davies	Frontenac S S	27.10Q	NWI	1
7	Aaron Streight	Kingston C V I	24.70q	NWI	2
8	Rudi Jones	Regiopolis	25.90q	NWI	2
9	Eric Lalonde	Frontenac S S	26.30	NWI	2
10	Shu Zhang	Kingston C V I	27.70	NWI	2
11	Eric Neilson	Frontenac S S	27.90	NWI	1

Men 200 Meter Dash Senior

=====					
KASSAA: * 22.40 2004 Brennan Wright, Regiopolis N.D.C.H.S.					
Name	Year	School	Finals	Wind	Points
=====					
Finals					
1	Tulloch Justin	Holy Cross S	22.90	NWI	
2	Kevin Cooper	Regiopolis	24.00	NWI	
3	Jermaine Edwards	Holy Cross S	24.60	NWI	
4	Chris Blake	Kingston C V I	24.90	NWI	
5	Aaron Streight	Kingston C V I	25.20	NWI	
6	Curtis Ottenhoff	Holy Cross S	25.70	NWI	
7	Rudi Jones	Regiopolis	J25.70	NWI	
8	Mat Davies	Frontenac S S	27.66	NWI	

Men 400 Meter Dash Senior

=====					
KASSAA: * 49.40 1993 Micah McGowan, Frontenac S.S.					
Name	Year	School	Finals	H#	Points
=====					
1	Josh George	Frontenac S S	52.30	2	
2	Luke Clow	Sydenham H S - eosy	52.80	2	
3	Matt Stover	Kingston C V I	55.90	2	
4	Chris Blake	Kingston C V I	56.40	1	
5	Eric Lalonde	Frontenac S S	57.20	2	
6	James Lascelle	LaSalle S S - nols	58.50	1	
7	Ty Anderson	Queen Elizab	1:00.30	2	
8	Blair Segsworth	Sydenham H S - eosy	1:00.40	2	
9	Joey Seeley	Holy Cross S	1:01.70	1	
10	Gabriel Chamberlain	Marie Rivier	1:01.80	1	
11	Kyle Mullen	Kingston C V I	1:02.70	1	
12	Ryan Marshall	Holy Cross S	1:03.70	1	

KASSAA 2007 - 5/15/2007 to 5/16/2007**Track and Field
Richardson Stadium
Results****Men 800 Meter Run Senior**

=====				
KASSAA: * 1:52.70 1986 Trevor VanNest, Kingston C.V.I.				
Name	Year	School	Finals	H# Points
=====				
1 Josh George		Frontenac S S	2:03.00	1
2 Jermaine Edwards		Holy Cross S	2:04.00	2
3 Mike Bird		Sydenham H S - eosy	2:04.60	2
4 Mark Grant		Frontenac S S	2:07.70	2
5 Jon Visentin		Regiopolis	2:11.00	1
6 Keempee Stein		Kingston C V I	2:16.30	1
7 Brant Stachel		Ernestown S S	2:17.90	1
8 Ty Anderson		Queen Elizab	2:28.80	1

Men 1500 Meter Run Senior

=====				
KASSAA: * 3:55.50 1986 Trevor VanNest, Kingston C.V.I.				
Name	Year	School	Finals	Points
=====				
1 Nick McGraw		Frontenac S S	4:14.90	
2 Josh George		Frontenac S S	4:20.10	
3 Mike Bird		Sydenham H S - eosy	4:20.40	
4 Erik Bellefleur		Frontenac S S	4:28.00	
5 Dave Farnell		Kingston C V I	4:38.50	
6 Jon Visentin		Regiopolis	4:39.70	
7 Billy Bostad		LaSalle S S - nols	4:43.40	
8 Charles Ackerman		Loyalist C V I	4:44.20	
9 Greg Mittler		Regiopolis	4:50.10	
10 Keempee Stein		Kingston C V I	4:56.40	
11 Brant Stachel		Ernestown S S	4:57.20	
12 Kyle Mullen		Kingston C V I	5:07.00	
13 Haider Ali		Loyalist C V I	5:23.90	
14 Chris Green		Loyalist C V I	5:39.50	

Men 3000 Meter Run Senior

=====				
KASSAA: * 8:42.50 2001 Dylan Wykes, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1 Nick McGraw		Frontenac S S	8:50.00	
2 Erik Bellefleur		Frontenac S S	9:52.00	
3 Dave Farnell		Kingston C V I	10:04.00	
4 Billy Bostad		LaSalle S S - nols	10:06.00	
5 Charles Ackerman		Loyalist C V I	10:09.00	
5 Andrew Bala		Kingston C V I	10:09.00	
7 Brant Stachel		Ernestown S S	10:22.00	
8 Haider Ali		Loyalist C V I	10:27.00	

Men 110 Meter Hurdles Senior

=====				
KASSAA: * 14.70 2004 Sonny Mercer, Regiopolis N.D.C.H.S.				
Name	Year	School	Finals	Wind Points
=====				
1 Luke Clow		Sydenham H S - eosy	15.60	NWI
2 Tom Howes		Sydenham H S - eosy	16.10	NWI

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Results****....Men 110 Meter Hurdles Senior**

3	Dave McGinn	Sydenham H S - eesy	17.30	NWI
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Men 400 Meter Hurdles Senior

=====				
	KASSAA: * 57.30	1996	Steve Shragge, Frontenac S.S.	
Name	Year	School	Finals	Points
=====				
1	Luke Clow	Sydenham H S - eesy	59.00	
2	Tom Howes	Sydenham H S - eesy	1:01.40	
3	Dave McGinn	Sydenham H S - eesy	1:01.80	
4	Ben Bagnall	Kingston C V I	1:26.90	

Men 4x100 Meter Relay Senior

=====				
	KASSAA: * 44.00	1989	Kingston C.V.I., Kingston C.V.I.	
School	Year	School	Finals	Points
=====				
1	Sydenham H S - eesy	'A'	46.20	
2	Napanee D S S - eona	'A'	46.80	
3	Regiopolis-Notre Dame - eorn	'A'	47.70	
4	Holy Cross C S S - eohc	'A'	47.80	
5	Kingston C & V I - eoks	'A'	49.20	
6	Frontenac S S - eoft	'A'	51.40	

Men High Jump Senior

=====				
	KASSAA: * 2.11m	1987	Sanjaya Wijayakoon, Frontenac S.S.	
Name	Year	School	Finals	Points
=====				
1	Josh Edwards	Kingston C V I	1.85m	
2	Travis Genge	Ernestown S S	1.80m	
3	Tom Hughes	Sharbot Lake	J1.80m	
4	Zac MacDonald	Kingston C V I	1.70m	
5	Cory Dixon	Sydenham H S - eesy	1.60m	
6	Chris Cook	Sharbot Lake	1.50m	

Men Pole Vault Senior

=====				
	KASSAA: * 4.33m	1998	Mike Kleywegt, LaSalle S.S.	
Name	Year	School	Finals	Points
=====				
1	Scott McMillian	Kingston C V I	3.00m	
2	Ian Pinchin	Kingston C V I	2.85m	
3	Devin Ryan	Kingston C V I	2.40m	

Men Long Jump Senior

=====				
	KASSAA: * 6.75m	1992	Ted Farndon, Frontenac S.S.	
Name	Year	School	Finals	Wind Points
=====				
1	Dave Jones	Ernestown S S	6.19m	NWI
2	Travis Genge	Ernestown S S	5.75m	NWI
3	Brandon Holden	Napanee D S S-	5.70m	NWI
4	Brendan Perry	Holy Cross S	5.43m	NWI

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5	Justin Parks	Napanee D S S-	5.39m	NWI
6	Kyle McCutcheon	Napanee D S S-	5.31m	NWI
7	Stewart Petch	Frontenac S S	5.24m	NWI
8	Mitch Ranger	Sharbot Lake	5.22m	NWI
9	Scott McMillian	Kingston C V I	5.13m	NWI
10	Kyle Kilpatrick	Regiopolis	5.10m	NWI
11	Chris Robinson	Kingston C V I	5.07m	NWI
12	Keiron Lafoon	Regiopolis	5.06m	NWI
13	Robert Nartowski	Regiopolis	5.05m	NWI
14	Mat Davies	Frontenac S S	4.87m	NWI
15	Atif Rahman	Bayridge S S - eobr	4.51m	NWI
16	Shu Zhang	Kingston C V I	4.47m	NWI
17	Cody Fanning	Sharbot Lake	2.70m	NWI

Men Triple Jump Senior

=====				
KASSAA: * 13.82m		1982	Roger Skepple, Frontenac S.S.	
Name	Year	School	Finals	Wind Points
=====				
1	Dave Jones	Ernestown S S	13.18m	NWI
2	Travis Genge	Ernestown S S	12.56m	NWI
3	Jermaine Edwards	Holy Cross S	12.38m	NWI
4	Evan Jones	Sydenham H S - eosy	11.98m	NWI
5	Brendan Perry	Holy Cross S	11.97m	NWI
6	Brandon Holden	Napanee D S S-	11.84m	NWI
7	Chris Robinson	Kingston C V I	11.73m	NWI
8	Scott McMillian	Kingston C V I	11.40m	NWI
9	Justin Parks	Napanee D S S-	11.35m	NWI
10	Stewart Petch	Frontenac S S	10.91m	NWI
11	Mitch Ranger	Sharbot Lake	10.76m	NWI
12	Atif Rahman	Bayridge S S - eobr	10.57m	NWI
13	Randy Bedwell	Napanee D S S-	10.00m	NWI

Men Shot Put Senior

=====				
KASSAA: * 18.28m		1998	Corey Trudeau, Bayridge S.S.	
Name	Year	School	Finals	Points
=====				
1	Evan Karagiozov	Sharbot Lake	13.56m	
2	Affan Dar	Bayridge S S - eobr	12.99m	
3	Derek Morris	Napanee D S S-	12.97m	
4	Zack Tworek	Kingston C V I	12.89m	
5	Mark Laporte	Frontenac S S	12.53m	
6	Mathieu Widmont	Frontenac S S	12.28m	
7	Kurt Price	Frontenac S S	10.85m	
8	Matt Fabilli	Regiopolis	10.71m	
9	Marc-Andre Bouchard	Marie Rivier	10.04m	
10	Shawn Sudds	Regiopolis	9.99m	
11	Scott Cabral	Holy Cross S	9.76m	
12	Josh Edwards	Kingston C V I	9.40m	
13	Branden Lynch	Sydenham H S - eosy	9.13m	
14	Tony Carquez	Regiopolis	8.56m	
15	Chris Cook	Sharbot Lake	7.67m	
16	Corey Jordison	Bayridge S S - eobr	7.19m	

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Results****Men Discus Throw Senior**

=====				
KASSAA: * 51.44m 1998 Corey Trudeau, Bayridge S.S.				
Name	Year	School	Finals	Points
=====				
1	Evan	Karagiozov	Sharbot Lake	37.80m
2	Affan	Dar	Bayridge S S - eobr	36.22m
3	Zack	Tworek	Kingston C V I	34.85m
4	Matt	Fabilli	Regiopolis	34.05m
5	Seth	Tracey	Holy Cross S	32.91m
6	Erik	Lagace	Marie Rivier	32.58m
7	Mathieu	Widmont	Frontenac S S	31.98m
8	Derek	Morris	Napanee D S S-	30.40m
9	Kurt	Price	Frontenac S S	30.04m
10	Shawn	Sudds	Regiopolis	29.05m
11	Mark	Laporte	Frontenac S S	28.22m
12	Graeme	Pickett	Kingston C V I	27.33m
13	Anton	Freundorfer	Regiopolis	25.85m
14	Branden	Lynch	Sydenham H S - eosy	18.02m
--	Marc-Andre	Bouchard	Marie Rivier	FOUL

Men Javelin Throw Senior

=====				
KASSAA: * 59.32m 2001 Matt Murdock, Bayridge S.S.				
Name	Year	School	Finals	Points
=====				
1	Tyler	McIntosh	Frontenac S S	48.22m
2	Travis	Wowk	Kingston C V I	44.96m
3	Mitch	Ranger	Sharbot Lake	42.96m
4	Tom	Howes	Sydenham H S - eosy	41.92m
5	Kurt	Price	Frontenac S S	38.18m
6	Graeme	Pickett	Kingston C V I	38.12m
7	Branden	Lynch	Sydenham H S - eosy	37.89m
8	Kyle	Kilpatrick	Regiopolis	36.68m
9	Randy	Bedwell	Napanee D S S-	32.72m
10	Chris	Ho	Holy Cross S	32.43m
11	Matt	Fabilli	Regiopolis	26.79m
12	Cody	Fanning	Sharbot Lake	22.85m
13	Rob	Spicer	Sydenham H S - eosy	21.30m
14	Chris	Cook	Sharbot Lake	20.33m

Men 2000 Meter Steeplechase Open

=====				
KASSAA: * 6:07.70 2000 Brett Burns, Frontenac S.S.				
Name	Year	School	Finals	Points
=====				
1	Dave	Farnell	Kingston C V I	7:08.00
2	Chris	Hull	Sydenham H S - eosy	7:16.90
3	Greg	Mittler	Regiopolis	7:37.20
4	Taylor	Robertson	Regiopolis	7:48.80
5	Kenneth	Lockwood	Kingston C V I	7:59.30
6	Billy	Bostad	LaSalle S S - nols	8:09.70

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Results****Men 4x400 Meter Relay Open**

=====			
KASSAA: *	3:30.80	1993	Frontenac S.S., Frontenac S.S.
School			Finals Points
=====			
1 Sydenham H S - eesy 'A'			3:36.10
2 Frontenac S S - eoft 'A'			3:42.60
3 Holy Cross C S S - eohc 'A'			3:48.80
4 Kingston C & V I - eoks 'A'			3:49.60
5 Regiopolis-Notre Dame - eorn 'A'			4:04.70

Men 100 Meter Dash Ambulatory

=====			
Name	Year	School	Finals Wind Points
=====			
1 Zack Badour		Sharbot Lake	28.70 NWI