

**KASSAA XC CHAMPIONSHIPS 2022**

**Little Cataraqui  
Conservation Area**

2022-10-20

10/20/22 - 10/20/22

**Event # 1 GIRLS Novice 4 km Run**

|    |                       |      |                      |          |
|----|-----------------------|------|----------------------|----------|
| 1  | Athena Andrecyk       | 1483 | KINGSTON S.S.        | 16:40.72 |
| 2  | Ruth Maley            | 1492 | KINGSTON S.S.        | 17:07.25 |
| 3  | Katie Buchan          | 1587 | NAPANEE DISTRICT SEC | 17:42.69 |
| 4  | Erika Oleschuk        | 1498 | KINGSTON S.S.        | 18:13.84 |
| 5  | Sedona Reade          | 1233 | SYDENHAM H.S.        | 18:19.81 |
| 6  | Clara Kaiser          | 1430 | FRONTENAC SECONDAI   | 18:36.22 |
| 7  | Veronika Matheson     | 1493 | KINGSTON S.S.        | 18:40.50 |
| 8  | Cambelle Tran         | 1438 | FRONTENAC SECONDAI   | 18:41.15 |
| 9  | Sofia Andre           | 1451 | HOLY CROSS S.S       | 18:47.34 |
| 10 | Madison McCauley      | 1432 | FRONTENAC SECONDAI   | 19:00.22 |
| 11 | Maddie Willman        | 1440 | FRONTENAC SECONDAI   | 19:01.34 |
| 12 | Julia Coderre         | 1424 | FRONTENAC SECONDAI   | 19:08.59 |
| 13 | Brooklyn Niemy        | 1434 | FRONTENAC SECONDAI   | 19:42.62 |
| 14 | Vienna Ballance-Hinch | 1585 | NAPANEE DISTRICT SEC | 19:52.09 |
| 15 | Megan Braga           | 1454 | HOLY CROSS S.S       | 19:53.75 |
| 16 | Addy Best-Taylor      | 1453 | HOLY CROSS S.S       | 19:57.00 |
| 17 | Lauren Munroe         | 1591 | NAPANEE DISTRICT SEC | 20:34.00 |
| 18 | Giselle Cameron       | 1455 | HOLY CROSS S.S       | 20:43.88 |
| 19 | Sarah Monaghan        | 1497 | KINGSTON S.S.        | 20:46.53 |
| 20 | Ella Kennelly-Johnson | 1463 | HOLY CROSS S.S       | 20:49.00 |
| 21 | Carmen Gomez Martinez | 1458 | HOLY CROSS S.S       | 20:49.87 |
| 22 | Meghan Bartlett       | 1485 | KINGSTON S.S.        | 20:54.78 |
| 23 | Maggie Vanstone       | 1501 | KINGSTON S.S.        | 20:57.62 |
| 24 | Elizabeth Miller      | 1590 | NAPANEE DISTRICT SEC | 21:32.88 |
| 25 | Danica Stokes-Noonan  | 1472 | HOLY CROSS S.S       | 22:30.88 |
| 26 | Maya Bellegarde       | 1586 | NAPANEE DISTRICT SEC | 22:43.94 |
| 27 | Violet Roy            | 1436 | FRONTENAC SECONDAI   | 22:59.56 |
| 28 | Liz Rix               | 1542 | LA SALLE S.S.        | 23:37.97 |
| 29 | Jen Curragh           | 1538 | LA SALLE S.S.        | 23:38.59 |
| 30 | Arianna Phillips      | 1232 | SYDENHAM H.S.        | 24:23.97 |
| 31 | Kaitlyn Cardoso       | 1423 | FRONTENAC SECONDAI   | 24:29.59 |
| 32 | Daphka Aristilde      | 1484 | KINGSTON S.S.        | 24:43.59 |

**Event # 2 BOYS Novice 4 km Run**

|    |                          |      |                      |          |
|----|--------------------------|------|----------------------|----------|
| 1  | Jack Gregory             | 1593 | NAPANEE DISTRICT SEC | 13:39.91 |
| 2  | Sebastian Amador         | 1503 | KINGSTON S.S.        | 14:49.44 |
| 3  | Cailan MacGregor         | 1446 | FRONTENAC SECONDAI   | 15:03.81 |
| 4  | Chris White              | 1536 | KINGSTON S.S.        | 15:27.81 |
| 5  | Svatek Yannick           | 1573 | MARIE-RIVIER         | 15:30.18 |
| 6  | Matthew Sacilotto        | 1533 | KINGSTON S.S.        | 15:32.22 |
| 7  | Ryan Bosso               | 1508 | KINGSTON S.S.        | 15:40.84 |
| 8  | Jacob Campbell           | 1442 | FRONTENAC SECONDAI   | 16:12.56 |
| 9  | Carter Boyce             | 1407 | BAYRIDGE S.S.        | 16:26.00 |
| 10 | Micah James              | 1523 | KINGSTON S.S.        | 16:59.03 |
| 11 | Eli Clowater             | 1512 | KINGSTON S.S.        | 17:06.81 |
| 12 | Liam Rodgers             | 1554 | LA SALLE S.S.        | 17:12.18 |
| 13 | Bassel Brahim            | 1579 | MILLE-ÎLES           | 17:14.69 |
| 14 | Angus Goodwin            | 1561 | LOYALIST CVI         | 17:17.69 |
| 15 | Zachary Lee              | 1581 | MILLE-ÎLES           | 17:57.34 |
| 16 | Oliver Jackson           | 1522 | KINGSTON S.S.        | 18:00.15 |
| 17 | Federico Valencia        | 1584 | MILLE-ÎLES           | 18:00.59 |
| 18 | Jonathan Sponholz-Ruskin | 1414 | BAYRIDGE S.S.        | 18:06.75 |
| 19 | Gonzalo Morales Abril    | 1225 | REGIOPOLIS-NOTRE DA  | 18:10.28 |
| 20 | Saki Braun               | 1509 | KINGSTON S.S.        | 18:25.66 |
| 21 | Hamish MacGregor         | 1412 | BAYRIDGE S.S.        | 18:33.25 |
| 22 | Jack Zwicker             | 1537 | KINGSTON S.S.        | 19:11.18 |
| 23 | Luke Pritchett           | 1413 | BAYRIDGE S.S.        | 19:29.75 |
| 24 | David Martinez-Amaya     | 1224 | REGIOPOLIS-NOTRE DA  | 20:02.50 |
| 25 | Abdullah Hathi           | 1410 | BAYRIDGE S.S.        | 20:22.06 |
| 26 | Thomas Can Gruyden       | 1417 | ERNESTOWN            | 20:37.44 |
| 27 | Aidan Nicholson          | 1594 | NAPANEE DISTRICT SEC | 21:25.50 |
| 28 | Ben Dewal                | 1476 | HOLY CROSS S.S       | 22:20.69 |
| 29 | Dom Reeves               | 1553 | LA SALLE S.S.        | 22:26.12 |
| 30 | Liam Brown               | 1545 | LA SALLE S.S.        | 22:45.97 |
| 31 | Felix Elce               | 1546 | LA SALLE S.S.        | 22:54.22 |

**Event # 3 GIRLS Junior 4.8km Run**

|   |                  |      |               |          |
|---|------------------|------|---------------|----------|
| 1 | Sarah Gambarotta | 1575 | MILLE-ÎLES    | 19:49.50 |
| 2 | Tova Wells       | 1502 | KINGSTON S.S. | 20:26.03 |
| 3 | Jocelyn Leeder   | 1540 | LA SALLE S.S. | 21:16.41 |
| 4 | Reece Leeder     | 1541 | LA SALLE S.S. | 21:46.38 |

|    |                          |      |                      |          |
|----|--------------------------|------|----------------------|----------|
| 5  | Chelsea Ellacott         | 1574 | MILLE-ÎLES           | 22:02.31 |
| 6  | Sarah Irwin              | 1461 | HOLY CROSS S.S       | 22:13.84 |
| 7  | Tara Kennedy             | 1556 | LOYALIST CVI         | 22:25.62 |
| 8  | Elenya Gardner           | 1490 | KINGSTON S.S.        | 22:36.28 |
| 9  | Meredith Brown           | 1421 | FRONTENAC SECONDAI   | 22:41.66 |
| 10 | Cate Duggan              | 1488 | KINGSTON S.S.        | 23:08.59 |
| 11 | Lyla MacIsaac            | 1431 | FRONTENAC SECONDAI   | 23:17.81 |
| 12 | Abigail Hall             | 1209 | REGIOPOLIS-NOTRE DA  | 23:22.18 |
| 13 | Lylah Robichaud          | 1435 | FRONTENAC SECONDAI   | 23:24.53 |
| 14 | Elizabeth Creighton      | 1426 | FRONTENAC SECONDAI   | 23:33.50 |
| 15 | Jordyn Everson           | 1588 | NAPANEE DISTRICT SEC | 23:39.75 |
| 16 | Sophie Weber             | 1439 | FRONTENAC SECONDAI   | 23:50.66 |
| 17 | Olivia Serson            | 1437 | FRONTENAC SECONDAI   | 23:58.88 |
| 18 | Claire Allen             | 1482 | KINGSTON S.S.        | 24:10.97 |
| 19 | Robin Howe               | 1491 | KINGSTON S.S.        | 24:14.47 |
| 20 | Monem Fofou Dongmo       | 1208 | REGIOPOLIS-NOTRE DA  | 25:44.12 |
| 21 | Farah Zaza               | 1576 | MILLE-ÎLES           | 26:00.75 |
| 22 | Sarah O'Gorman           | 1470 | HOLY CROSS S.S       | 26:10.84 |
| 23 | Alejandra Alonso Martin  | 1200 | REGIOPOLIS-NOTRE DA  | 26:16.03 |
| 24 | Rachel Hackett           | 1555 | LOYALIST CVI         | 26:26.66 |
| 25 | Anna Roubalova           | 1405 | BAYRIDGE S.S.        | 26:33.03 |
| 26 | Kayla Ringrose           | 1499 | KINGSTON S.S.        | 26:38.62 |
| 27 | Avery McCaugherty        | 1494 | KINGSTON S.S.        | 26:56.66 |
| 28 | Carloa Luque Gonzalez    | 1212 | REGIOPOLIS-NOTRE DA  | 29:12.78 |
| 29 | Hanna Alstrup            | 1201 | REGIOPOLIS-NOTRE DA  | 30:17.56 |
| 30 | Olivia Mortimer          | 1433 | FRONTENAC SECONDAI   | 30:34.22 |
| 31 | Isabella Jodoin          | 1429 | FRONTENAC SECONDAI   | 30:42.06 |
| 32 | Mia Hollywood Mack       | 1428 | FRONTENAC SECONDAI   | 30:58.22 |
| 33 | Abril Navajo Perales     | 1214 | REGIOPOLIS-NOTRE DA  | 31:30.81 |
| 34 | Qing Vega Garcia         | 1474 | HOLY CROSS S.S       | 33:52.08 |
| 35 | Suvi Ashorn Seela Mirjam | 1202 | REGIOPOLIS-NOTRE DA  | 34:31.48 |

**Event # 4 BOYS Junior 4.8km Run**

|    |                         |      |                     |          |
|----|-------------------------|------|---------------------|----------|
| 1  | Tommy Fleming           | 1237 | SYDENHAM H.S.       | 17:41.94 |
| 2  | Garret Hopkins          | 1520 | KINGSTON S.S.       | 17:50.75 |
| 3  | Adam Hendry             | 1519 | KINGSTON S.S.       | 18:19.06 |
| 4  | Hayden Leeder           | 1550 | LA SALLE S.S.       | 18:45.03 |
| 5  | Noah Forgues-Arguin     | 1547 | LA SALLE S.S.       | 19:04.53 |
| 6  | Levi Sparrow-Edwards    | 1534 | KINGSTON S.S.       | 19:08.88 |
| 7  | Henry Pomeroy           | 1529 | KINGSTON S.S.       | 19:09.25 |
| 8  | Pranjol Das             | 1514 | KINGSTON S.S.       | 19:09.56 |
| 9  | Grayson Pickering       | 1552 | LA SALLE S.S.       | 19:29.91 |
| 10 | Zac Vandermeer          | 1416 | BAYRIDGE S.S.       | 19:43.66 |
| 11 | Anderson William        | 1572 | MARIE-RIVIER        | 19:54.59 |
| 12 | Sacha Philpot           | 1551 | LA SALLE S.S.       | 20:02.18 |
| 13 | Aaron Pananchickal      | 1479 | HOLY CROSS S.S      | 20:25.28 |
| 14 | Rodrigo Zepeda Mandri   | 1481 | HOLY CROSS S.S      | 20:39.81 |
| 15 | Ethan Sparkes           | 1566 | LOYALIST CVI        | 20:47.75 |
| 16 | Asher Oddie             | 1564 | LOYALIST CVI        | 20:52.06 |
| 17 | Ruben Juan Lopez        | 1220 | REGIOPOLIS-NOTRE DA | 20:55.59 |
| 18 | Asmir Hussain           | 1521 | KINGSTON S.S.       | 21:23.69 |
| 19 | McKail Holcomb          | 1563 | LOYALIST CVI        | 21:37.34 |
| 20 | Kohen George            | 1518 | KINGSTON S.S.       | 21:38.22 |
| 21 | Ahmed Fetar             | 1516 | KINGSTON S.S.       | 21:51.84 |
| 22 | Ronin Aiken             | 1577 | MILLE-ÎLES          | 21:59.62 |
| 23 | Marcos Vinuesa Gil      | 1226 | REGIOPOLIS-NOTRE DA | 22:53.03 |
| 24 | Kenneth Chen            | 1511 | KINGSTON S.S.       | 22:54.56 |
| 25 | William Phinney         | 1528 | KINGSTON S.S.       | 22:55.94 |
| 26 | Nicolas Del Moral       | 1218 | REGIOPOLIS-NOTRE DA | 23:06.38 |
| 27 | Javier Ludena Alzugaray | 1411 | BAYRIDGE S.S.       | 23:27.00 |
| 28 | Dale Millican           | 1525 | KINGSTON S.S.       | 23:52.97 |
| 29 | Avery Clement           | 1559 | LOYALIST CVI        | 23:54.88 |
| 30 | Christian Chan          | 1510 | KINGSTON S.S.       | 23:58.31 |
| 31 | Jack Ambrose            | 1504 | KINGSTON S.S.       | 24:15.69 |
| 32 | Joshua Xu               | 1227 | REGIOPOLIS-NOTRE DA | 24:35.34 |
| 33 | Korry Holcomb           | 1562 | LOYALIST CVI        | 27:22.53 |
| 34 | Chidi Ibeda             | 1477 | HOLY CROSS S.S      | 29:26.25 |
| 35 | Lewis Day               | 1515 | KINGSTON S.S.       | 29:27.75 |

**Event # 5 GIRLS Senior 6.1km Run**

|   |                 |      |                     |          |
|---|-----------------|------|---------------------|----------|
| 1 | Sienna Matheson | 1213 | REGIOPOLIS-NOTRE DA | 24:06.12 |
| 2 | Teegan Whitney  | 1543 | LA SALLE S.S.       | 24:22.06 |
| 3 | Haley Fraser    | 1489 | KINGSTON S.S.       | 24:53.66 |
| 4 | Claire Hamilton | 1460 | HOLY CROSS S.S      | 25:05.03 |

**KASSAA XC CHAMPIONSHIPS 2022**

**Little Cataraqui  
Conservation Area**

2022-10-20

10/20/22 - 10/20/22

|    |                         |      |                     |          |
|----|-------------------------|------|---------------------|----------|
| 5  | Isabelle Pawelleck      | 1404 | BAYRIDGE S.S.       | 25:17.22 |
| 6  | Alex Duggan             | 1207 | REGIOPOLIS-NOTRE DA | 25:28.91 |
| 7  | Mia Cantarutti          | 1204 | REGIOPOLIS-NOTRE DA | 25:58.50 |
| 8  | Anna Kenney             | 1464 | HOLY CROSS S.S      | 26:17.88 |
| 9  | Brin Coulter            | 1486 | KINGSTON S.S.       | 27:38.22 |
| 10 | Michelle Lacasandile    | 1466 | HOLY CROSS S.S      | 27:51.03 |
| 11 | Ava Handley             | 1210 | REGIOPOLIS-NOTRE DA | 28:23.38 |
| 12 | Sara Davis              | 1401 | BAYRIDGE S.S.       | 28:32.72 |
| 13 | Emma Aiken              | 1228 | SYDENHAM H.S.       | 28:44.31 |
| 14 | Anna Nevoit             | 1403 | BAYRIDGE S.S.       | 28:51.84 |
| 15 | Avery Nelder            | 1231 | SYDENHAM H.S.       | 29:09.72 |
| 16 | Tara Coulter            | 1205 | REGIOPOLIS-NOTRE DA | 29:19.15 |
| 17 | Maya Kabasawa           | 1402 | BAYRIDGE S.S.       | 29:23.34 |
| 18 | Berenice Perrin         | 1471 | HOLY CROSS S.S      | 29:45.84 |
| 19 | Lillie Marshall         | 1230 | SYDENHAM H.S.       | 30:28.84 |
| 20 | Emily Kenney            | 1465 | HOLY CROSS S.S      | 30:35.69 |
| 21 | Hannah Jeffs            | 1462 | HOLY CROSS S.S      | 30:58.41 |
| 22 | Jillian Dalton          | 1487 | KINGSTON S.S.       | 31:03.75 |
| 23 | Amy Beaulieu-Hebert     | 1203 | REGIOPOLIS-NOTRE DA | 31:08.03 |
| 24 | Sophie Saunders-Lambert | 1500 | KINGSTON S.S.       | 31:26.94 |
| 25 | Laura Seoane            | 1399 | BAYRIDGE S.S.       | 31:37.44 |
| 26 | Patricia Del Moral      | 1206 | REGIOPOLIS-NOTRE DA | 33:25.97 |
| 27 | Oriana Stokes-Noonan    | 1473 | HOLY CROSS S.S      | 33:38.50 |
| 28 | Kavla Loeff             | 1467 | HOLY CROSS S.S      | 34:11.53 |
| 29 | Presley Snowdon         | 1557 | LOYALIST CVI        | 34:16.28 |
| 30 | Taya Cooper             | 1425 | FRONTENAC SECONDAI  | 35:25.78 |
| 31 | Martina Lopez           | 1468 | HOLY CROSS S.S      | 38:30.34 |
| 32 | Amy Liu                 | 1211 | REGIOPOLIS-NOTRE DA | 38:54.69 |

**Event # 6 BOYS Senior 6.1km Run**

|    |                         |      |                     |          |
|----|-------------------------|------|---------------------|----------|
| 1  | Angus Skinner           | 1449 | FRONTENAC SECONDAI  | 19:35.38 |
| 2  | Owen Danby              | 1513 | KINGSTON S.S.       | 20:23.15 |
| 3  | Jordan Huddleston       | 1443 | FRONTENAC SECONDAI  | 20:41.06 |
| 4  | Jack Sacilotto          | 1532 | KINGSTON S.S.       | 20:52.91 |
| 5  | Noah Booth              | 1441 | FRONTENAC SECONDAI  | 21:48.06 |
| 6  | Josh Wilson             | 1450 | FRONTENAC SECONDAI  | 22:04.50 |
| 7  | Louis Etienne Boucher   | 1578 | MILLE-ÎLES          | 22:09.03 |
| 8  | Jack Flynn              | 1517 | KINGSTON S.S.       | 22:20.75 |
| 9  | Evan Jarvis             | 1241 | SYDENHAM H.S.       | 22:22.50 |
| 10 | Will Brown              | 1236 | SYDENHAM H.S.       | 22:27.97 |
| 11 | Brady Kyle              | 1221 | REGIOPOLIS-NOTRE DA | 22:38.34 |
| 12 | Edward King             | 1524 | KINGSTON S.S.       | 22:40.97 |
| 13 | Cooper Barrie           | 1217 | REGIOPOLIS-NOTRE DA | 22:53.28 |
| 14 | Owen Pitcher-Bond       | 1447 | FRONTENAC SECONDAI  | 23:31.97 |
| 15 | Jacob Ewing             | 1409 | BAYRIDGE S.S.       | 23:48.03 |
| 16 | Kirk Cooley             | 1560 | LOYALIST CVI        | 23:56.94 |
| 17 | Franklin Goodfellow     | 1238 | SYDENHAM H.S.       | 24:30.12 |
| 18 | Braeden Mackler         | 1223 | REGIOPOLIS-NOTRE DA | 24:45.03 |
| 19 | Dominique Nunzi         | 1582 | MILLE-ÎLES          | 24:47.59 |
| 20 | Ethan Dart              | 1475 | HOLY CROSS S.S      | 25:00.34 |
| 21 | Victor Nunzi            | 1583 | MILLE-ÎLES          | 25:10.78 |
| 22 | Baraka Nyale            | 1526 | KINGSTON S.S.       | 25:18.31 |
| 23 | Nate Ireland            | 1444 | FRONTENAC SECONDAI  | 25:28.50 |
| 24 | Svarnaraj Badakh        | 1506 | KINGSTON S.S.       | 25:30.09 |
| 25 | James Bosso             | 1558 | LOYALIST CVI        | 25:41.62 |
| 26 | Aathman Ram             | 1530 | KINGSTON S.S.       | 25:46.66 |
| 27 | Roger Ambrose           | 1505 | KINGSTON S.S.       | 25:52.25 |
| 28 | Kevin Ross              | 1448 | FRONTENAC SECONDAI  | 25:54.06 |
| 29 | Josh van Heyst          | 1242 | SYDENHAM H.S.       | 26:00.62 |
| 30 | Killian Lecose Oliveros | 1580 | MILLE-ÎLES          | 26:26.06 |
| 31 | Arthur Seymour          | 1565 | LOYALIST CVI        | 26:59.94 |
| 32 | Jace James              | 1219 | REGIOPOLIS-NOTRE DA | 27:39.97 |
| 33 | Liam Baker              | 1216 | REGIOPOLIS-NOTRE DA | 27:53.62 |
| 34 | George Lowdon           | 1445 | FRONTENAC SECONDAI  | 28:07.28 |
| 35 | Josh Flank              | 1418 | ERNESTOWN           | 28:15.00 |
| 36 | Wenyu Sun               | 1415 | BAYRIDGE S.S.       | 31:32.28 |
| 37 | Liam Guthrie            | 1239 | SYDENHAM H.S.       | 33:05.97 |
| 38 | Noah Stevens            | 1535 | KINGSTON S.S.       | 33:08.75 |
| 39 | Dylan Blackwell         | 1507 | KINGSTON S.S.       | 33:14.25 |

**Event # 8 BOYS Para 3K Run**

|   |           |      |           |          |
|---|-----------|------|-----------|----------|
| 1 | Kai Young | 1419 | ERNESTOWN | 26:21.00 |
|---|-----------|------|-----------|----------|